



Alabama Gymnastics 2009

2009 Alabama Gymnastics Schedule

Day, Date	Meet	Site	Time
Friday, January 9	Auburn	Auburn, Ala.	7:00 p.m.
Friday, January 16	Kentucky	Tuscaloosa, Ala.	7:30 p.m.
Friday, January 23	Georgia	Athens, Ga.	7:30 p.m.
Friday, January 30	Arkansas	Fayetteville, Ark.	7:00 p.m.
Friday, February 6	Denver	Tuscaloosa, Ala.	7:30 p.m.
Friday, February 13	LSU	Tuscaloosa, Ala.	7:30 p.m.
Friday, February 20	Florida	Gainesville, Fla.	7:00 p.m.
Friday, February 27	Auburn (The Power of Pink)	Tuscaloosa, Ala.	7:30 p.m.
Sunday, March 1	Penn State & Ohio State	University Park, Pa.	2:00 p.m.
Friday, March 6	Stanford	Tuscaloosa, Ala.	7:30 p.m.
Friday, March 13	Oklahoma & UNC	Tuscaloosa, Ala.	7:30 p.m.
Saturday, March 21	SEC Championships	Nashville, Tenn.	5:00 p.m.
Saturday, April 4	NCAA Regional Championships	Tuscaloosa, Ala.	6:00 p.m.
April 16-18	NCAA Championships	Lincoln, Neb.	TBA

All Times Local • All Tuscaloosa Meets in Coleman Coliseum
www.rolltide.com • www.gymtide.com

Sarah Says

"I take a tremendous amount of pride in all that Alabama Gymnastics has accomplished over the years, the national championships, the conference and regional titles and all the many, many honors our gymnasts have earned. The four years we get to spend with the ladies who come to Alabama is a magical time both for them and for the coaches as they strive to be the very best they can be and we have the opportunity to help them learn and grow along the way.

And as much as I enjoy those four years getting to know each of our ladies and getting to play a part in their lives, I also love the part that comes after they leave the Capstone and start the next phase of their lives.

For David and I, there is no greater reward than seeing our ladies go out into the world and become successful in whatever field they choose, to see them start careers and start families.

E-mail and the internet have made keeping up with our extended gymnastics family much easier over the years, with news and pictures flying across the country with a click of a button, but there is nothing quite like having everyone come back to town for a visit.

Last spring, we had more than 60 alumni come back to Tuscaloosa for our annual Alumni Weekend, helping David and I celebrate our 30th year at Alabama. It was a wonderful weekend filled with much laughter as everyone told their

favorite stories from their years on the team and stories of their lives now.

I think that is one of the best things about our program, the fact that we are a family, no matter what year you graduated, what teams you were on. And we are a family that can be depended on in the good times and the bad.

That fact has never been more clear than this past year. When Annie Dziadon, a member of our first recruiting class, was diagnosed with breast cancer last spring, the entire Alabama Gymnastics family rallied around her, sending her letters and e-mails of encouragement, sending prayers of hope and strength and, on each day of her treatment, sending her pink roses.

It was more of the same when it became evident that Sully Adams, the son of Tracey Adams, a member of our first national championship team, needed surgery. Everyone from our ladies on this year's team to our first class immediately chipped in, doing whatever they could to help raise money for the surgeon's fee.

In both instances the strength and support our ladies offer to each other, through thick and thin, was extremely touching. It is that strength and love, as much as our championship tradition, that serves as the foundation for what makes Alabama Gymnastics truly special."



A Championship Tradition Continues...

Welcome to the 2009 Alabama Gymnastics Media Guide. With an NCAA Champion and five All-Americans returning and a history as big as any program in the nation there is a lot of information to fit into one publication, so we started packing it in on the front cover and didn't stop until we ran out of pages. There's plenty about the last 30 years and of course there's plenty of space dedicated to last year's exciting accomplishments, which included Alabama's 26th consecutive NCAA Championship appearance, four All-Americans and 12 Scholastic All-Americans.

And because Alabama Gymnastics is so much more than what you see on a Friday night in Coleman Coliseum, we have striven to give you an inside look into all aspects of the program, from its academic triumphs to each of its four NCAA Championships and 229 All-American honors to its involvement in the community and everything else that makes these ladies and this program so special.

So we hope you enjoy the media guide and of course the season.

Roll Tide!



ON THE COVER: From the left - Senior Scholastic All-American Ashley O'Neal, junior Scholastic All-American and three-time SEC Champion Ricki Lebegern, junior All-American and Scholastic All-American Kassi Price, junior NCAA Champion and All-American Morgan Dennis, sophomore All-American and Scholastic All-American Kayla Hoffman, senior All-American and Scholastic All-American Brittany Magee, junior All-American and Scholastic All-American Casey Overton and senior Scholastic All-American Amanda Montgomery.

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A Crimson Guide to the 2009 Alabama Gymnastics Team

Alabama returns five All-Americans to the lineup in 2009 and is ready to shoot for the top again this season.



28

We Are Family

The Alabama Gymnastics program is one big family, one that takes care of each other in good times and bad.



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Sweet Home Alabama

Three former gymnasts have returned to the Capstone and are working for the athletics department.



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In the Community

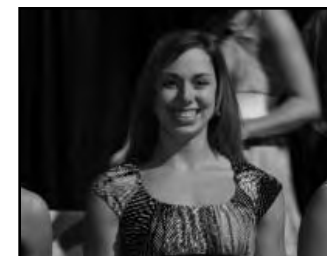
Crimson Tide gymnasts are a vital and active part of the Alabama community.



36

The Power of Pink

Sarah Patterson and the Crimson Tide "Drive 4 the Cause" in the fight against breast cancer.



20

Academic Success

Alabama Gymnastics continues to be one of the nation's best in the classroom, having earned 127 Scholastic All-American honors since 1991.



26

Record Fan Numbers

Alabama averaged over 12,000 fans per meet last season and over 10,000 each of the last five years, including a school and SEC record 12,578 fans per meet in 2006.



40
Keeping up with the Tide
 From newspapers, to television, from the radio to the internet, keeping up with Alabama Gymnastics has never been easier.



42
Sweet Home Alabama
 With construction complete on a nearly \$30 million renovation, the home of the Crimson Tide has never looked better.



44
The Medalist Club
 From sponsoring the Tide's radio broadcast to cheering from the stands, to hosting the postseason banquet, The Medalist Club does it all.



45
The MC Postgraduate Scholarship
 The Medalist Club Postgraduate scholarship is one of the most innovative ways the booster club supports the Crimson Tide.



46
Sarah and David Patterson
 One of coaching's great success stories, Sarah and David Patterson continue to add to their amazing legacy year-by-year.



50
Bryan Raschilla
 From coaching to recruiting, to creating the graphical look of the Crimson Tide, Bryan Raschilla does it all.



52
Dana Dobransky Duckworth
 The former two-time NCAA Champion and Alabama legend is in her first year as a full-time assistant coach after nine seasons as a volunteer coach.



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Alabama's Great Moments
 The Crimson Tide has developed into one of the most successful programs in the history of collegiate athletics. These are the moments from that journey.

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2009 Quick facts

Location: Tuscaloosa, Ala.

Enrollment: 27,052

Founded: April 12, 1831

Conference: Southeastern (SEC)

Colors: Crimson & White

Nickname: Crimson Tide

Mascot: Big Al

President: Dr. Robert E. Witt

NCAA Faculty Representative:

Joe Hornsby

Athletics Director: Mal Moore

Executive Athletics Director:

Dave Hart

Senior Associate Athletics Director:

Dr. Finus Gaston

Associate Athletics Director/

Senior Woman Administrator:

Marie Robbins

Associate Athletics Directors:

Kevin Almond, Jon Gilbert,
Wendell Hudson, Chris King,
Carol Parks, Sarah Patterson,
Jeff Purinton, Ronny Robertson,
Doug Walker, Larry White

Assistant Athletics Directors:

Chris Besanceney, Jon Dever

Gymnastics Academics Advisor:

Fern Hampton

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Jennifer Martin

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Media Notes

ALABAMA MEDIA RELATIONS: The Alabama Athletic Media Relations Office is located on the ground level of Coleman Coliseum.

INTERVIEWS: All interview requests should be made through Roots Woodruff of the Media Relations Office, at least 24 hours in advance, at (205) 348-2088. Gymnasts and coaches will not be available on the day of competition until after completion of the meet. Coaches Sarah and David Patterson, Bryan Raschilla and Dana Duckworth are available for interviews in person or by telephone. Coaches are available for phone interviews weekday mornings or after practice. Gymnasts are available before or after practice either in person or by phone.

CREDENTIALS: Credentials will be issued to working media ONLY and should be requested no later than 48 hours prior to any home event.

INTERNET: Information about The University of Alabama's athletics can be found several places on the world wide web, including the official site for Crimson Tide Athletics at www.rolltide.com. The Tide's booster club, the Medalist Club, has a site at www.gymtide.com. For information about The University of Alabama, go to www.ua.edu.

MEDIA SERVICES: Up-to-date rankings and meet notes will be available to working media prior to the meet. Results will be distrib-

uted following the competition. Requested coaches and gymnasts will be brought into the interview room following all home meets.

SATELLITE FEEDS: The University of Alabama, through Crimson Tide Sports Marketing, offers a weekly 15-minute satellite feed consisting of interviews with coaches and athletes, taped video highlights and narrated tape packages from September through May. The gymnastics team will be featured in this package regularly during the season. Call the Media Relations office for more details, including dates of the feed and coordinates.

Photography Credits: Primary photography by Kent Gidley, Cory Johnson and Jessica Smith. Additional photography by Jason Harless, Dr. William Castleman, Porfirio Solorzano, Robert Sutton, Jason Getz, Michael Palmer, Gerald Dutton, Chris Dutton, Jeff Sipsey and Mark Lent. Special thanks to The Tuscaloosa News for use of their reproductions on page 41.

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Recapping the 2008 Season

Dual Meet Record 10-4-0, 5-1-0 SEC
NCAA Championships 6th, 196.125
All-Americans Morgan Dennis FX, AA*, UB*

Kayla Hoffman V
 Casey Overton BB*
 Kassi Price UB

Scholastic All-Americans Alyssa Chapman, Kayla Hoffman, Jennifer Iovino,
 Ricki Lebegern, Brittany Magee, Cassie Martin,
 Megan Mashburn, Amanda Montgomery, Ashley O'Neal,
 Casey Overton, Kassi Price, Kaitlin White
 1st, 196.700

NCAA North Central Regional
NCAA North Central Regional Champions Morgan Dennis AA, V, FX
 Kassi Price BB, UB
 Brittany Magee, BB

SEC Championships
All-SEC Morgan Dennis, Ricki Lebegern,
 Casey Overton, Kassi Price*, Kayla Hoffman*

Freshman All-SEC Kayla Hoffman
SEC Champions Morgan Dennis, V, BB, FX
 Ricki Lebegern, V, BB
 Casey Overton BB

SEC Good Works Team Ricki Lebegern
SEC Academic Honor Roll Alyssa Chapman, Morgan Dennis, Kayla Hoffman,
 Jennifer Iovino, Ricki Lebegern, Brittany Magee,
 Cassie Martin, Megan Mashburn, Amanda Montgomery,
 Ashley O'Neal, Casey Overton, Kassi Price, Kaitlin White
 * Denotes second-team



Gymnastics Directory

HEAD COACH: Sarah Patterson
Alma Mater: Slippery Rock State College, '78
Overall record/years: 376-83-4/30 years
Record at Alabama/years: same
Office Phone: (205) 348-3830
e-mail: spatterson@ia.ua.edu

VOLUNTEER COACH: David Patterson
Alma Mater: Alabama, '82
Record at Alabama/years: 376-83-4/30 years
e-mail: dpatterson@ia.ua.edu

ASSISTANT COACH: Bryan Raschilla
Alma Mater: Youngstown State, '89
Record at Alabama/years: 140-36-1/12 years
Office Phone: (205) 348-0461
e-mail: braschilla@ia.ua.edu

ASSISTANT COACH: Dana Duckworth
Alma Mater: Alabama, '93
Coaching Years: 10th Year *
Office Phone: (205) 348-8381
e-mail: dduckworth@ia.ua.edu

* Spent nine years as a volunteer assistant

GYMNASTICS OPERATIONS DIRECTOR: Rita Martin
Office Phone: (205) 348-3830
e-mail: rmartin@ia.ua.edu

ADMINISTRATIVE ASSISTANT: Robin Kelley
Office Phone: (205) 348-7600
e-mail: rkelley@ia.ua.edu

ATHLETIC TRAINER: Monica Decker

STUDENT ASSISTANT TRAINERS:
 Joshua Logan - spring semester, Tonie Love - fall semester

STRENGTH AND CONDITIONING COACH: Travis Illian

MANAGERS: Caleb Hooks, Lauren Adair,
 Lauren Smelley and Russ Guin

MARKETING AND PROMOTIONS: Jennifer Martin

GYMNASTICS MAILING ADDRESS:
 P.O. Box 870393, Tuscaloosa, AL 35487-0393

GYMNASTICS OVERNIGHT SHIPPING ADDRESS:
 Coleman Coliseum — Room 339
 323 Bryant Drive, Tuscaloosa, AL 35487



10 Things You Should Know

1 Alabama, one of just four teams in the nation to win a NCAA Gymnastics Championship, won its fourth national title in 2002 and made its 26th consecutive NCAA Championship appearance last season. The Tide owns the second longest streak in the nation.

2 Alabama gymnasts like to bring home the gold. Twenty-one times since 1985, an Alabama gymnast has won an individual NCAA Championship. That mark includes five all-arounds and 16 event titles.

3 Four Alabama gymnasts have been named Southeastern Conference Athlete of the Year since the award was started in 1984.

4 No one collects NCAA Postgraduate Scholarships like the Crimson Tide. The Alabama Gymnastics program leads the nation in this prestigious award with 10 honors.

5 Alabama Gymnastics averaged a Southeastern Conference and school-record 12,578 fans per meet in 2006 and has averaged over 10,000 fans per meet each of the last five years. The Tide owns the top-25 single-meet attendance totals in SEC history.

6 When it comes to NCAA Regional Championships, Alabama is virtually automatic, winning 23 titles in the past 26 years. Individually, Alabama has won 111 regional titles.

7 It's a tough honor to get, but that hasn't stopped Alabama from racking up 127 Scholastic All-American honors. The Tide also leads the league in SEC Academic Honor Roll honors, earning the award 184 times, two dozen more times than anyone else in the Southeastern Conference.

8 Alabama gymnasts have earned 229 All-American awards. Dee Foster earned 17 first-team honors, an NCAA record. Jeana Rice earned 18 honors during her career, setting an NCAA record for first- and second-team honors combined.

9 The Crimson Tide is the only gymnastics program in the nation that broadcasts all its meets, home and away, regular and postseason, over the radio and internet. This will mark the fifth season for the Alabama broadcast.

10 From working with school children to raising money for Project AngelTree, giving back to the community that supports them so well is a big priority for the Crimson Tide gymnastics program.

10 Things You Should Know About Alabama Gymnastics



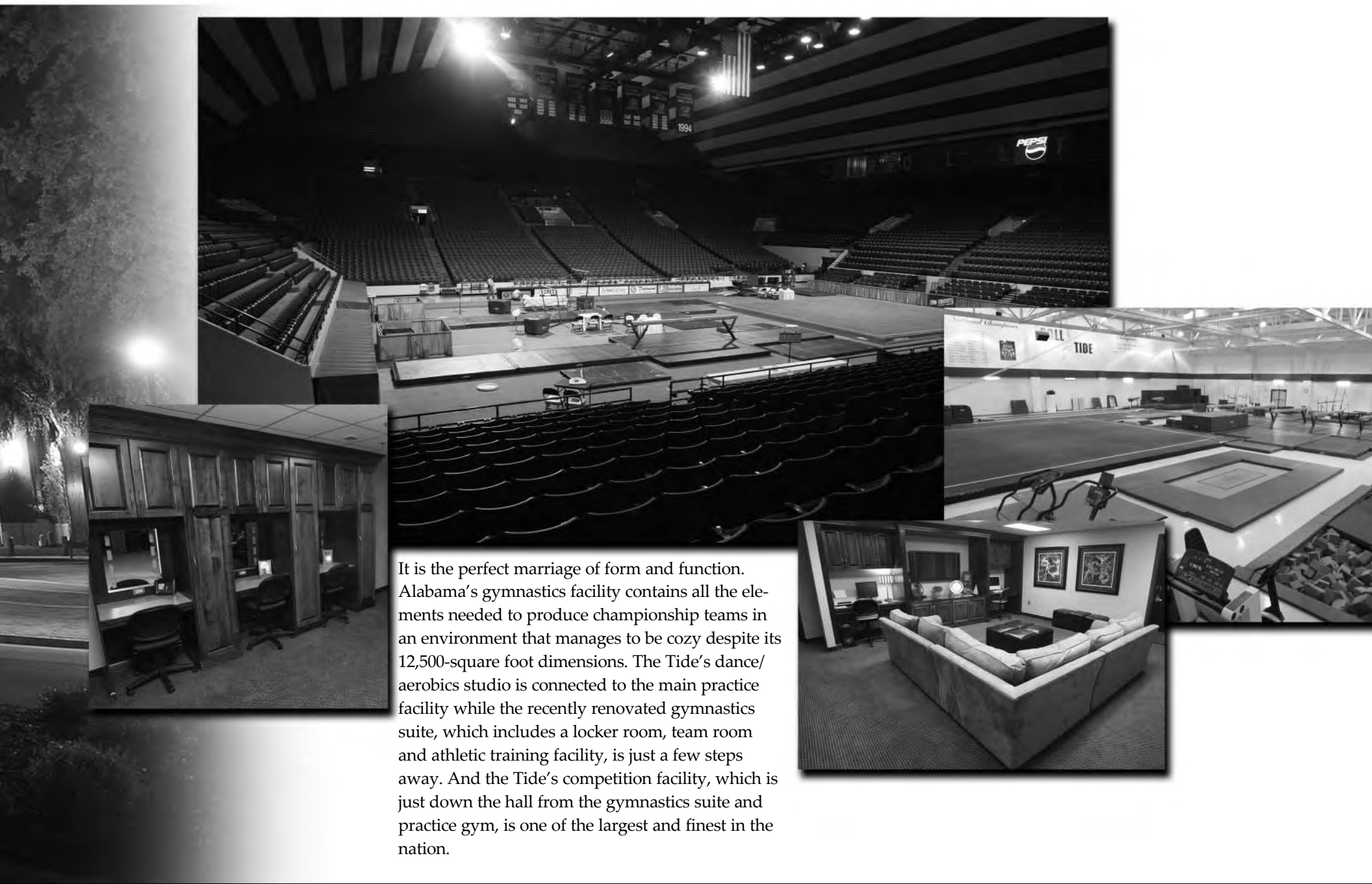




Alabama gymnastics fans are as loyal as they are numerous. Alabama averaged over 11,000 fans again last season, including two sell-out crowds of 15,075, marking the first time in the history of collegiate gymnastics that a team has drawn over 15,000 fans to two meets in the same year. Eight times since 1996, Alabama has had the nation's largest gymnastics crowd of the year. In 2006 the Crimson Tide set a school and SEC record with 15,162 fans filling Coleman Coliseum for the Florida meet as well as setting SEC and Alabama records for season average, drawing 12,578 fans per meet.

COLEMAN COLISEUM - HOME OF THE CRIMSON TIDE





It is the perfect marriage of form and function. Alabama's gymnastics facility contains all the elements needed to produce championship teams in an environment that manages to be cozy despite its 12,500-square foot dimensions. The Tide's dance/aerobics studio is connected to the main practice facility while the recently renovated gymnastics suite, which includes a locker room, team room and athletic training facility, is just a few steps away. And the Tide's competition facility, which is just down the hall from the gymnastics suite and practice gym, is one of the largest and finest in the nation.

THE GYMNASTICS SUITE





The Gift that Keeps on Giving

In 2004, local businessman Steve Smith made a \$1 million gift to the Crimson Tradition Fund in honor of his mother, a life-long Alabama fan who "never misses a home gymnastics meet." In honor of his donation, The University of Alabama Gymnastics Practice Facility, part of the Coleman Coliseum Annex, was dedicated the "Frances Smith Gymnastics Practice Facility" on Nov. 5, 2004 during a ceremony at Coleman Coliseum.

His generous donation has become the gift that keeps on giving. Funds from his donation were utilized to create the gymnastics locker room suite, which includes a team room, locker room and a full training room.

"The Smith family continues to be a great supporter not only of the University, but of our pro-

gram and we are very grateful for all they do for us. This latest addition to our facilities allows our ladies to have everything they need to prepare for practice and competition all in one place," Patterson said. "It also gives them a place to relax with their teammates as well as study and prepare for classes."

The new gymnastics suite is situated next to the practice facility and just a handful of steps from Coleman Coliseum's main competition floor.

"All of my life our family has been loyal fans and spectators of the Crimson Tide," Steve Smith said. "In 45 years as a local business in Tuscaloosa, we have been the beneficiaries of an extraordinary institution like The University of Alabama. I felt this was my opportunity to give

back to a school that has meant so much to us as community members and Crimson Tide fans."

The Smith family has lived in the Tuscaloosa community since 1960 when T.W. Smith moved his wife and five children from Maynardville, Tenn., to start a Krispy Kreme franchise. Frances Smith worked alongside her husband until his death in 1987. She and her children operated the local franchise from 1987 to 1994, a demanding job that often required 16-hour days, seven days a week. Her dedication resulted in her being named "Franchisee of the Year" in 1991, an honor that T.W. Smith earned in 1986 and Steve Smith, who operated franchises in Florida, earned in 1988 and 1996. The "Franchisee of the Year" is the highest honor given by the corporation.



As president of The University of Alabama, Dr. Robert E. Witt has committed the University to an ambitious plan for growth and achievement. His goals include increasing enrollment to 28,000 students by 2010 and stimulating significant growth in research in support of economic expansion for the state and nation. Under his leadership, enrollment has reached record levels and academic quality has increased significantly. The University ranks 12th nationally among public universities in the enrollment of National Merit Scholars and leads the nation in the number of students named to USA Today's All-USA College Academic Teams. Since its inception in 2003, the University's Honors

College has grown exponentially, enrolling more than 1,000 freshmen in 2007. Dr. Witt has also led a major building program on campus with 20 new facilities opening in the last five years. Private giving to the University is at an all-time high with supporters embracing the "Our Students. Our Future." capital campaign and its major goal of improving scholarship opportunities for deserving students.

Now in his sixth year as president, Dr. Witt came to UA with 35 years experience in the University of Texas System. He received his B.A. in economics from Bates College, his M.B.A. from Tuck School at Dartmouth College, and his Ph.D. from Penn State University. He currently chairs

the board of directors of the West Alabama Chamber of Commerce, serves on the board of directors of the Black Warrior Council Boy Scouts of America and is a member of the Tuscaloosa County Industrial Development Authority. Dr. Witt and his wife Sandee have two grandchildren.

>>>>>

Seven Students Named to USA Today's All-USA College Academic Team -- Seven University of Alabama students were named to the 2008 USA Today All-USA College Academic Team, the most of any school. This year's team brings UA's total for the last six years to 31, a figure that tops all other colleges and universities. In addition to this year, UA had the most students on the list in 2006 with six and in 2005 and 2003, both with five. In 2007, UA tied with Washington University-St. Louis for the most team members with four. In 2004, with four students on the team, UA came in second only to Harvard. Pictured (L-R) are Renee Rivas, Jackson Switzer, Dana Lewis, Dylan Whisenhunt, Adam Harbison, Michelle McGaha and Alex Flachsbart.



THE UNIVERSITY OF ALABAMA

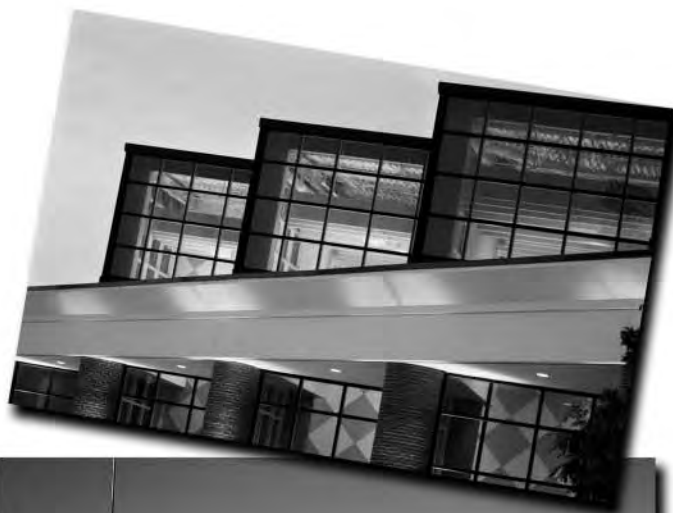


- The University of Alabama ranked 12th in the nation among public universities in the enrollment of National Merit Scholars in 2007.
- Enrollment at The University of Alabama is at a record high of 27,052 for fall 2008. The entering freshman class, at 5,116 students, is the largest in UA history.
- The University of Alabama has a dramatic impact on the economy of Alabama, returning three dollars for every one dollar invested in the University by the State. UA each year contributes \$1.8 BILLION to the state's economy.
- U.S. News and World Report perennially ranks the UA School of Law among the top 50 in the nation. Close to 99 percent of the 2007 graduates of the UA School of Law who took the Alabama bar exam in July 2007 passed.
- UA's undergraduate business program ranked 29th among public undergraduate business schools in U.S. News and World Report's annual college rankings, fall 2007 and 52nd when private universities are included.
- The Center for College Affordability and Productivity ranks The University of Alabama seventh in the nation among public universities in a study published in Forbes magazine, May 2008. Criteria included student evaluations, graduation rates, the percentage of students winning top national awards, and professional achievement of graduates.
- The University of Alabama College of Communication and Information Sciences' doctoral program in mass communication is ranked seventh nationally by the National Communication Association. The most recent U.S. News rankings for communication graduate programs placed UA's advertising program 12th and telecommunication 14th in the nation.
- UA is regularly ranked among the top 100 public universities in Kiplinger's annual list of colleges and universities that combine "great academics and affordable tuition."
- The doctoral program in health education, a joint program of The University of Alabama and the University of Alabama at Birmingham, ranks seventh in the nation according to a recent study published in the Journal of Health Education.
- The University of Alabama debate and forensics program has won 16 national debate championships.
- The University of Alabama's graduates and students include 15 Rhodes Scholars, 26 Goldwater Scholars, 11 Truman Scholars, 13 Hollings Scholars, two Javits Fellows, one Udall Scholar and one Portz Scholar.
- One in five freshmen is enrolled in UA's Honors College for fall 2008. These 1,065 scored in the top 2 percent nationally on the ACT.

THE UNIVERSITY OF ALABAMA



The University of Alabama is again ranked among the top 50 public universities in the nation, according to U.S. News and World Report's annual rankings for 2009. UA is ranked 37th among public national universities and 83rd among all universities, both public and private. In addition to the overall rankings, UA's Culverhouse College of Commerce and Business Administration is ranked 29th among business schools at public universities and 52nd among business schools at all universities. UA has consistently been ranked among the top 50 public universities for the last several years.





THE CAPSTONE CREED

As a member of
The University of Alabama com-
munity,
I will pursue knowledge;
act with fairness, honesty, and
respect;
foster civic responsibility;
and strive for excellence.



Mal Moore

ATHLETICS DIRECTOR

Normally, the naming of a building in your honor would serve as a fitting end to an outstanding career, but Mal Moore's ongoing vision remains focused on two primary objectives: elevating athletic facilities at the Capstone to premier status nationally for all sports and making all Crimson Tide athletic teams competitive at the highest level nationally.

Moore's distinguished record of service to UA began almost 50 years ago when he joined the Crimson Tide football squad as a scholarship player for Coach Paul "Bear" Bryant from 1958-62. Moore has the distinction of being a part of seven national championship teams during his career as a player and coach, the first as a member of the Crimson Tide's 1961 national championship team.

During his coaching tenure, Moore served as Coach Bryant's graduate assistant in 1964, then as defensive backfield coach for five years beginning in 1965 before becoming quarterbacks coach from 1971-1982 and taking on additional responsibility as the Tide's first offensive coordinator in 1975. He is the only individual connected with the Alabama coaching staffs, both past and present, to be a part of seven national championships (1961, 1964, 1965, 1973, 1978, 1979, and 1992). After coaching stops at Montana State, Notre Dame and the NFL's St. Louis and Phoenix Cardinals, Moore returned to Alabama and was named assistant athletics director in 1993 and associate director for external affairs in 1994. He was named director of athletics on Nov. 23, 1999.

Three elements of his story make Mal Moore deserving of a special place in UA athletics history. First, he has been a part of seven national championship football teams (as a player



and coach). Second, he's been the leader who brought the UA athletic program into the 21st century in terms of facilities and staffing. Third and, perhaps most importantly, his love for the University of Alabama is unsurpassed.

Now in his 10th year as the Tide's Director of Athletics, Moore made an indelible mark on one of the nation's most storied athletic programs. Alabama's athletic teams have excelled in competition and he directed completion of a \$125 million facilities campaign that revitalized the Crimson Tide's athletic facilities. Moore's leadership, vision and initiative enabled the monumental project to reach fruition.

A 1963 graduate of The University of Alabama, Moore holds both an undergraduate de-

gree in Sociology and a 1964 Master's Degree in Secondary Education from the Capstone.

Under Moore's direction Alabama's athletic teams have produced a number of Southeastern Conference titles, including men's basketball, gymnastics, baseball, men's golf and softball and SEC tournament titles in both baseball and softball, and an NCAA gymnastics title. Alabama athletes have earned some of the highest honors the SEC and NCAA have to offer, including SEC Athlete of the Year, SEC Scholar-Athlete of the Year, NCAA Top VIII, NCAA Postgraduate Scholarships and NCAA Sportsman of the Year. These honors are over and above the individual conference and national titles that Alabama athletes continue to

bring home to the Capstone.

Coaching football for 31 years, 22 of those at Alabama, provided Moore with a wealth of experience and knowledge in the world of college athletics. Alabama won national championships, in 1964, 1965, 1973, 1978, 1979 and 1992 with Moore coordinating all the offensive plays for the last four of those championship teams.

Moore was born December 19, 1939, in Dozier, Ala. He has been married to the former Charlotte Davis of Tuscaloosa since July 20, 1968. They have one daughter, Mrs. Steve (Heather) Cook of Scottsdale, Ariz., a granddaughter, Anna Lee, and a grandson, Charles Cannon.



**KEVIN
ALMOND**
Associate Athletics Director
Support Services



**CHRIS
BESANCENEY**
Assistant Athletics Director
Ticket Office/TIDE PRIDE



**JON
DEVER**
Assistant Athletics Director
Student Services



**FINUS
GASTON**
Senior Associate Athletics
Director/Chief Financial Officer



**JON
GILBERT**
Director of Major Gifts
Development



**DAVE
HART**
Executive Director of Athletics



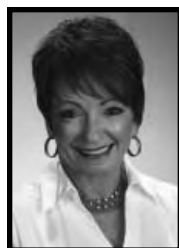
**JOE
HORNSBY**
Faculty Athletic Representative



**CAROL
PARK**
Associate Athletics Director
Business



**CHRIS
KING**
Associate Athletics Director



**SARAH
PATTERSON**
Associate Athletics Director
Community Relations



**RONNY
ROBERTSON**
Associate Athletics Director
Development



**MARIE
ROBBINS**
Associate Athletics Director
Sr. Woman Administrator



**THAD
TURNIPSEED**
Director of Athletic
Capital Projects



**DOUG
WALKER**
Associate Athletics Director
Media Relations



**MIKE
WARD**
Assistant Athletics Director
Compliance



**LARRY
WHITE**
Associate Athletics Director
Events

THE UNIVERSITY OF ALABAMA ATHLETICS MISSION STATEMENT

The mission of The University of Alabama Department of Intercollegiate Athletics is to actively support the University's mission of teaching, research and service, by providing an atmosphere in which student-athletes can succeed at championship levels within the spirit of fair play, sportsmanship and integrity.

Toward this mission, the following athletics-related objectives are promoted:

-
- Development of the total person
-
- Demonstration of academic achievement
-
- Adherence to NCAA and SEC rules of competition
-
- Development of programs and services which ensure equitable treatment, respect and opportunity for men and women
-
- Expectation of success in all sponsored programs
-
- Recognition and enhancement of the athletic traditions at The University
-
- Programmed outreach initiatives for student-athletes, coaches and athletics staff to serve The University and local communities

Classroom Excellence

The University of Alabama is one of the nation's top scholastic institutions and the Crimson Tide gymnastics program is among those leading the charge of academic excellence, earning countless academic honors and continually producing outstanding results in the classroom.

The Tide's tremendous success is in direct correlation to the level of importance the coaching staff puts on academics. Priority one at Alabama is a great education that will catapult the Tide gymnasts into exciting futures.

"From the day we begin recruiting an athlete to the day they walk across the stage at graduation, we stress academics as the most important aspect of their experience here at Alabama," coach Sarah Patterson said. "I want our ladies to win national championships and I want them to break records, but first and foremost I want them to do the best they can in the classroom."

The emphasis the coaching staff puts on academics has paid huge dividends. Alabama has produced 10 NCAA and seven Southeastern Conference Scholarship recipients since 1983. Three Alabama gymnasts have been named the SEC's Scholar Athlete of the Year, an honor bestowed on the conference's top senior student-athlete, regardless of sport. The award carries with it the H. Boyd McWhorter Scholarship, a \$10,000 grant that can be applied to the graduate program of the recipient's choice. Tide gymnasts have placed their names on national honor societies more than 150 times over the past 30 years, including three with membership in Phi Beta Kappa.

And while the Crimson Tide has built a sparkling reputation in the academic arena, that reputation is not just a case of letting a squad of naturally academically talented athletes loose in the classroom.

"Many of our athletes are what I would consider average college students, and yet they continue to perform at above-average levels, and that is what I am most proud of," Sarah Patterson said. "There's a misconception, I think, that all these young ladies have a great deal of natural ability. They're all bright young women, but I attribute our success to the fact that they come in here knowing that school comes first. They know we feel that way, and they take the support system, which is second to none, and they surround themselves with it and work within that system. That's why we do so well. I think if the same student came in here and worked the same

amount of time, but didn't use the support system, I don't think their grades would be as good."

Some of Alabama's greatest success stories involve student-athletes that came in as at-risk students. Through a combination of their own hard work, unflagging support from the coaching staff and the resources Alabama put at their disposal, they were able to graduate. They then went on to careers that might not have been possible without the education they received at the Capstone.

Once a prospective student-athlete signs, it is up to her how successful she is academically. But because of Alabama's Center of Athletic Student Services and the commitment of its coaches, every opportunity for success is there for the taking.

During the first semester, freshmen are required to attend nightly study hall. After that, attendance is based on the individual's GPA and study needs. Every member of the gymnastics team utilizes the study hall and tutorial staff throughout their careers.

Between the Pattersons, CASS and individual initiative of the student-athletes, the gymnastics program is assured of capturing more perfect 10s in the gym and perfect 4.0s in the classroom.

Academic Excellence

Always a source of pride, Alabama gymnastics' academic excellence has hit an impressive stride over the past several years providing some truly awe inspiring results.

- Last season, Alabama was one of just two teams to finish in the Super Six at the NCAA Championships and among the top 15 nationally in terms of team grade point average. The Crimson Tide was once again the top-ranked Southeastern Conference school with its 3.48 GPA.
- Alabama gymnasts have earned 10 NCAA Postgraduate Scholarships, more than any other gymnastics program in the nation.
- Alabama has earned 127 Scholastic All-American honors since the award's inception in 1991, including 12 accolades last season, the second highest total in UA's history. The Tide has averaged nine Scholastic All-Americans per year over the past decade.
- A Crimson-Tide-best 13 gymnasts earned Scholastic All-American honors during Alabama's 2002 NCAA Championship season.
- Alabama has earned SEC Academic Honor Roll honors 184 times since the award was first given out in 1984. That total includes an average of 10 honors per year since 2000.
- The Tide's 15 SEC Academic Honor Roll honorees in 2002 stands as a league record for a single year. The Tide had 13 honorees last season.
- Over the past decade, Alabama has been a fixture at the top nationally among all gymnastics programs in team grade point average. On its way to its fourth NCAA title in 2002, the Tide checked in at No. 3 with a 3.6 GPA.

Left: Kassie Price carries a 4.0 grade point average for her career, helping lead the Crimson Tide to the highest team GPA of any team in the Southeastern Conference during her first two years.



Making the Grade

The Crimson Tide's Center of Athletic Student Services offers many services that help Alabama gymnasts make a smooth transition into the world of collegiate academics. The CASS Center provides tutors, study sessions and works with student-athletes to help them develop study, note taking and organizational skills. CASS will also provide a personal monitor that helps guide the student-athlete as long as they or the team's academic advisor feels it is necessary in order for that student-athlete to be successful in the classroom.

Sophomore All-American and Scholastic All-American Kayla Hoffman is a shining example of what a student-athlete can accomplish when they utilize all the resources that Alabama and the CASS Center put at their disposal. Hoffman came to the University after being home schooled since the fourth grade.

"Kayla is certainly a role model for someone who comes to college after being homeschooled," Patterson said. "She came in, worked hard and used all the resources the University and athletics department put at her disposal and really excelled, earning a 4.0 GPA and Scholastic All-American honors in her freshman year."

Assistant Director of the Center for Athletic Student Services

Fern Hampton

Fern Hampton is in her eighth year as an academic advisor with the Center of Athletic Student Services (CASS) and her fifth working with the gymnastics program.

"Fern is an absolute dream to work with," Sarah Patterson said. "She works very hard and is dedicated to making sure that our ladies have everything they need to be successful in the classroom."

For her efforts in helping Alabama Gymnastics maintain its status as one of the nation's best academic programs, Hampton received the David Dutton Award last season, given to individuals who go above and beyond the call of duty for the Alabama Gymnastics program.

Hampton's job includes helping the athletes under her guidance map out their academic plan, from picking a major and registering for classes to requesting a personal monitor and scheduling a tutor. Hampton, in her 18th year overall with the University, worked in student recruitment through the undergraduate admissions office before joining the athletics department.

"I really enjoy working with gymnastics," Hampton said. "They are very dedicated young women who work very hard to make sure they are getting the most out of their academic opportunities."

For Alabama gymnasts, the impetus to succeed academically is all around them. The coaching staff makes it clear from day one that their very best is expected in the classroom while their teammates encourage them to excel both through word and deed. And while the bar is set high by the coaches and athletes themselves, Hampton is there to add her encouragement and provide the tools for that success.

"There are tremendous resources here at Alabama and we make sure that the student-athletes have full access to them, that they have everything they need to be successful," Hampton said. "I absolutely believe you get a top rate edu-

cation at The University of Alabama, and we're continuing to expand our services in the Center for Athletic Student Services. If you look at the growth, not just in athletics, but across the board, it's an exciting time to be on this campus."

CASS is headed by Assistant Athletics Director for Student Services Jon Dever. In addition to Hampton, Dever is assisted by Heather Anders, Tom Buttram, Barbara DeLaire, Brenda Elliott, Jason Johns, Jill Lancaster, Lisa Patrick and Lance Walker. Joining this group are six interns and 65 part-time tutors. The entire operation is housed in the Bryant Hall Academic Center.

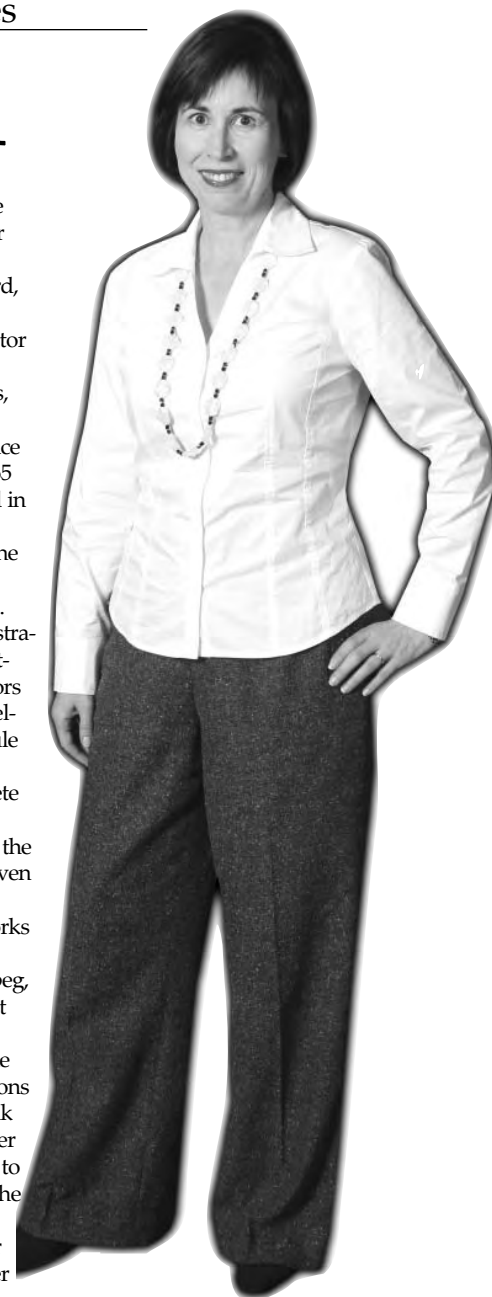
The CASS staff works as a liaison between the Athletic Department, undergraduate divisions, and the administrative offices of the University. The staff assists with class-scheduling and registration, makes sure all athletes are maintaining satisfactory progress toward their degrees, monitors academic eligibility and provides career counseling. The advisors also secure tutors and schedule study sessions.

Hampton's relationship with a student-athlete starts on their recruiting trip. She sets up individual appointments within the department of the recruit's area of study and then the recruit is given a tour of campus and learns about the services provided by CASS. From that point on, she works with the athletes until the day they graduate.

One of the big things that makes the Winnipeg, Manitoba native's job easier, is the commitment the coaching staff has to the education process.

"One of the things that has impressed me the most is Sarah's total accessibility for any questions on academic issues," Hampton said. "I can walk in at any point and we take care of business. Her accessibility and desire for her student-athletes to be successful academically makes it clear that she considers it a top priority."

Hampton and her husband Robert Meintzer have two children, a son Robbie and a daughter Caroline.





The Paul W. Bryant Academic Center

The Center for Athletic Student Services (CASS), a mainstay of The University of Alabama's academic success, got a huge boost when it moved into its new home in the spring of 2005.

The Crimson Tide's academic home, the Paul W. Bryant Academic Center, is the crown jewel in Alabama's \$125-plus million Crimson Tradition building initiative.

"This project was certainly one of our focal points when we started the renovations of our athletic facilities," athletics director Mal Moore said. "Academics are at the center of our mission at Alabama and we wanted to create a place that would aid all our student-athletes in their educational pursuits. Bryant Hall provides everything we need in that regard."

Through the auspices of the Crimson Tradition Fund, Alabama took its former athletic dorm and converted it into

a 55,000-square foot state-of-the-art facility that benefits all 500-plus Crimson Tide student-athletes.

"Bryant Hall is an incredible facility for our student-athletes," Fern Hampton, the gymnastics team's academic advisor said. "I can't help but be proud to give tours to recruits and their parents. Bryant Hall demonstrates the level of commitment to academics of The University of Alabama and its athletics department. With over 50,000 square feet, Bryant Hall meets the needs of our student-athletes all under one roof, a tremendous asset for them and their busy schedules. A student-athlete can meet with their advisor, work with a tutor, attend their orientation class, use the math lab, reading lab, writing lab, or computer lab – all within Bryant Hall."

Among the building's many amenities is a 48-seat computer lab with brand-new equipment. The computer lab also houses 25 laptop computers that can be checked out by stu-

dent-athletes for use on road trips. There are math, English, and writing labs as well as individual study rooms. The athletic academic advisor offices are also housed in the building along with several study lounges, two 50-seat classrooms and a 140-seat classroom.

The classrooms utilize cutting-edge teaching devices, including digital overhead projectors and "smart boards" that allow instructors to interact with students on the go. Throughout the building there are 16 information stations that provide student-athletes with news about tutorials, study sessions and even practice schedules.

The building also houses the Crimson Tide's Academic Hall of Fame and its nationally recognized LifeSkills program.

Alabama's NCAA & SEC Postgraduate Scholarships

It is one of the most coveted and hard to acquire national honors available to collegiate athletes. The NCAA Postgraduate Scholarship is awarded to athletes in their final year of competition who have performed with distinction both athletically and academically. Some programs never have an athlete receive the scholarship. Alabama gymnastics has had 10, including 2004 senior Stephanie Kite, the 2004 CoSIDA Academic All-American Team Member of the Year. The Tide's total leads all gymnastics programs.

In addition to the NCAA honors, Alabama gymnasts have earned eight Southeastern Conference Postgraduate Scholarships, including 2003 senior Kristin Sterner and 2002 senior Andree Pickens. The Tide's eight SEC scholarships also leads all gymnastics programs.

All told, 12 Alabama gymnasts have earned either NCAA or SEC postgraduate scholarships, with six earning both.

Stephanie Kite



Stephanie Kite helped Alabama to an NCAA and SEC Championship during her years at the Capstone. In 2004, she also became

the 10th Alabama gymnast to earn an NCAA Postgraduate Scholarship and was named the 2004 CoSIDA Academic All-American of the Year, a first for a Crimson Tide athlete. She is currently the executive director of the Laps for CF Foundations which raises money in the fight against Cystic Fibrosis.

Kristin Sterner



In 2003, Kristin Sterner, now Kristin LeGrand, became the sixth Alabama gymnast to earn both an NCAA and SEC Postgraduate

Scholarship. She also became the third to be named SEC Scholar-Athlete of the Year. She earned three championship rings during her Crimson Tide tenure, including the 2002 NCAA championship and the 2000 and 2003 SEC titles. She was an NCAA Woman of the Year finalist and earned NCAA Top VIII honors. She graduated from Michigan State's medical school in 2008 and is currently doing her residency in Washington.

Andree Pickens



In 2002, Andree Pickens became the first Crimson Tide gymnast to earn the Southeastern Conference's Community Service

Postgraduate Scholarship which was first awarded in 1995. As the president of Alabama's Student Athlete Advisory Board, she directed the Tide's student-athlete community to new heights in the area of community outreach and service. Pickens has begun work on her Master's degree and is currently an assistant director of compliance at Alabama.

Merritt Booth



Merritt Booth, now Merritt Baumgartner, was part of NCAA and SEC Championship squads. She earned six All-American

honors, three each first and second team. A finalist for the NCAA Woman of the Year award and a four-year Scholastic All-American, she earned an NCAA Postgraduate Scholarship. She used her scholarship to earn a physician's assistant degree at South Alabama.

Meredith Willard



Meredith Willard, now Meredith Luber, graduated with a pair of championship rings, one each SEC and NCAA as well as the

1996 NCAA All-Around title. She also took home an NCAA and SEC scholarship. An 11-time first-team All-American during her tenure and NCAA Top VIII award winner, she was also an NCAA Woman of the Year finalist. She obtained a Master's of Business Administration from UNC-Charlotte and worked for Racing Champions, a public relations' company whose hottest property is NASCAR.

Dana Dobransky



Dana Dobransky, now Dana Duckworth, earned both SEC and NCAA Postgraduate Scholarships to go with

an SEC Championship ring, an NCAA Championship ring and a pair of individual NCAA Balance Beam titles. In the fall of 1996, she returned to Alabama to obtain a Master's of Business Administration. After more than a decade in the corporate world, including a highly successful turn with Pfizer Pharmaceutical, she joined the Alabama coaching staff full time in the fall of 2008.

Katherine Kelleher



Katherine Kelleher, now Katherine Laubenthal, graduated with an NCAA and SEC championship ring to keep her NCAA

and SEC Postgraduate scholarships company. A three-time All-American, SEC Champion and two-time Regional Champion, she graduated with a degree in corporate finance and investment management. She is a Systems Consultant for Blue Cross Blue Shield in Birmingham.

Kelly Good



Kelly Good graduated with an SEC and NCAA Championship ring and a matching pair of scholarships to go

with them. The All-American attended Alabama-Birmingham. Good, now Kelly Baham, received a Master's of Science in physical therapy. She works for Healthsouth in Richmond, Va.

Marie Robbins



Marie Robbins graduated with one NCAA and two SEC Championship rings as well as an SEC Postgraduate scholarship. The

four-time All-American and two-time SEC Champion graduated from Alabama Law School. She then went to work for the Southeastern Conference. She returned to Alabama as Associate Athletics Director for Compliance in 1996 and was promoted to Senior Woman Administrator in 2002.

Julie Estin



Julie Estin, a 1987 recipient of both the NCAA and SEC scholarships, attended Alabama-Birmingham medical school

and is now Dr. Julie Estin Vaughn, a Tuscaloosa area pediatrician. During her tenure at the Capstone, Vaughn was a six-time All-American, two-time SEC Champion, five-time Regional Champion and Alabama's first SEC Scholar-Athlete of the Year. She was also a two-time GTE Academic All-American.

Barbara Mack



Barbara Mack earned the NCAA scholarship in 1985. Mack was an All-American, SEC and Regional Champion and

the winner of the AMF American Award as the nation's most outstanding senior. She was also a Rhodes Scholarship finalist. Mack, now Barbara Harding, used her scholarships to go on to Georgetown Law School. She served as a prosecutor for the U.S. Department of Justice and is now in private practice.

Julie Garrett



Julie Garrett was the first Alabama gymnast to receive the scholarship. Garrett was also the Tide's first All-American and SEC

Champion. She competed before the Southeastern Conference gave postgraduate scholarships. The league first gave its scholarship in 1985.

Alabama's Honor Roll

NCAA Postgraduate Scholarship

2004 Stephanie Kite
2003 Kristin Sterner
1998 Merritt Booth
1997 Meredith Willard
1993 Dana Dobransky
1992 Katherine Kelleher
1989 Kelly Good
1987 Julie Estin
1985 Barbara Mack
1983 Julie Garrett

H. Boyd McWhorter SEC Scholar Athlete of the Year

2003 Kristin Sterner
1997 Meredith Willard
1987 Julie Estin

SEC Postgraduate Scholarship

2003 Kristin Sterner
1997 Meredith Willard
1993 Dana Dobransky
1992 Katherine Kelleher
1990 Marie Robbins
1989 Kelly Good
1987 Julie Estin

SEC "Good Works" Team

2008 Ricki Lebegern
2007 Courtney Priess
2006 Dana Pierce
2005 Dana Pierce
2004 Stephanie Kite

CoSIDA Academic All-America At-Large Team Member of the Year

2004 Stephanie Kite

CoSIDA Academic All-America

2008 Kassi Price, third team
2004 Stephanie Kite, first team
2003 Stephanie Kite, first team
2003 Kristin Sterner, first team
1998 Merritt Booth, third team
1997 Meredith Willard, first team
1993 Dana Dobransky, second team
1992 Dana Dobransky, second team
1988 Kelly Good, third team
1987 Julie Estin, first team
1986 Julie Estin, first team

CoSIDA Academic All-Region

2007 Cassie Martin

NCAA Foundation Leadership Conference

2006 Courtney Priess
2001 Andree Pickens

National Association of Collegiate Gymnastics Coaches - Scholastic All-America

2008 Alyssa Chapman
Kayla Hoffman
Jennifer Iovino
Ricki Lebegern
Brittany Magee
Cassie Martin
Megan Mashburn
Amanda Montgomery
Ashley O'Neal
Casey Overton
Kassi Price
Kaitlin White
2007 Alyssa Chapman
Ricki Lebegern
Brittany Magee
Cassie Martin
Amanda Montgomery
Casey Overton
Kassi Price
Kaitlin White
2006 Melanie Banville
Mari Bayer
Rachael Delahoussaye
Brittany Magee
Cassandra Martin
Amanda Montgomery
Dana Pierce
Bianca Puello
Erin Rightley
2005 Mari Bayer
Rachael Delahoussaye
Shannon Hrozek
Meredith Laxton
Michelle Reeser

2004 Mari Bayer
Rachael Delahoussaye
Johnna Gay
Lauren Holdefer
Shannon Hrozek
Stephanie Kite
Meredith Laxton
Michelle Reeser

2003 Mari Bayer
Rachael Delahoussaye
Lauren Holdefer
Shannon Hrozek
Stephanie Kite
Dana Pierce
Michelle Reeser
Kristin Sterner

2002 Natalie Barrington
Helen Burgin
Tiffany Byrd
Krista Gole
Erin Holdefer
Lauren Holdefer
Shannon Hrozek
Stephanie Kite
Alexa Martinez
Whitney Morgan
Andree Pickens
Michelle Reeser
Kristin Sterner

2001 Natalie Barrington
Tiffany Byrd
Krista Gole
Robin Hawkins
Katie Hornecker
Stephanie Kite
Alexa Martinez
Jeana Rice
Kristin Sterner

2000 Lexa Evans
Robin Hawkins
Katie Hornecker
Alexa Martinez
Whitney Morgan
Sara Scarborough
Lissy Smith
Kristin Sterner
Dara Stewart

1999 Natalie Barrington
Mandy Chapman
Lexa Evans
Robin Hawkins
Gina Logan
April Makinson
Alexa Martinez
Whitney Morgan
Lissy Smith
Raegan Tomasek

1998 Merritt Booth
Mandy Chapman
Lexa Evans
April Makinson
Danielle McAdams

1997 Merritt Booth
Mandy Chapman
Heidi Harriman
Danielle McAdams
Meredith Willard

1996 Merritt Booth
Lisa Gianni
Danielle McAdams
Marna Neubauer
Meredith Willard
1995 Merritt Booth
Chasity Junkin
Danielle McAdams
Marna Neubauer
Meredith Willard
1994 Sheryl Dundas
Chasity Junkin
Kara Stilp
Meredith Willard
1993 Dana Dobransky
Sheryl Dundas
Chasity Junkin

1992 Dana Dobransky
Sheryl Dundas
Chasity Junkin
Katherine Kelleher
Shea McFall
1991 Dana Dobransky
Sheryl Dundas
Katherine Kelleher
Shea McFall

F. David Mathews Award

1997 Meredith Willard

Alumni Student Award — University of Alabama National Alumni Association

2002 Andree Pickens
1997 Meredith Willard

Paul W. Bryant Memorial Award

2003 Kristin Sterner
1997 Meredith Willard
1992 Katherine Kelleher
1990 Marie Robbins
1986 Julie Estin
1985 Barbara Mack

Sington Soaring Spirit Award

2000 Andree Pickens
1997 Meredith Willard
1993 Dee Foster
1989 1988 NCAA Championship Team

Commerce & Business Administration Athlete of the Year

1997 Meredith Willard
1996 Meredith Willard
1985 Patti Rice

College of Arts and Sciences Dean's Award of Merit

1985 Barbara Mack

University of Alabama Outstanding Junior

1986 Julie Estin

College of Arts & Sciences — Woodrow Alvin David Family Student-Athlete Award

2004 Kristin Sterner
2003 Andree Pickens
1988 Julie Estin

Comer Mathematics Medal

1988 Julie Estin

Commerce & Business Administration Outstanding Undergraduate Award

1992 Katherine Kelleher
1992 Shea McFall
1991 Katherine Kelleher

Freshman Scholarship Achievement Award in Women's Athletics

1986 Kelly Good

Alpha Epsilon Rho Outstanding TCF Senior Award

1993 Dana Dobransky

Dept. of Management Recognition of Excellence

2008 Amanda Montgomery

Dept. of Marketing Recognition of Excellence

2004 Stephanie Kite
2001 April Makinson
1994 Kara Stilp

New College Award of Excellence in Athletics

1993 Dee Foster

New College Outstanding Independent Studies/Out-of-Class Learning Experiences

1993 Dee Foster

Outstanding Healthcare Management Undergraduate Student

2002 Krista Gole
2001 Krista Gole
1999 Gina Logan
1998 Gina Logan

Economics Freshman Achievement Award

2008 Kassi Price
2001 Stephanie Kite

Barbara Rene Shoemaker Memorial Scholarship

2001 Lexa Evans

Charles A. Odewahn Managerial Excellence Award

2002 April Makinson

Linda Lantz Hallmark Consumer Sciences Service Award

2005 Shannon Hrozek

Dow Chemical Undergraduate Award

2003 Stephanie Kite

William Ray Moore Physical Sciences Scholar

2003 Rachael Delahoussaye

National Society of Collegiate Scholars

2004 Rachael Delahoussaye
2003 Shannon Hrozek
2002 Michelle Reeser

Council of President's Freshman Academic Achievement Award

2003 Dana Pierce

Phi Mu Patience Stevens Award

2006 Dana Pierce

Outstanding Work in Natural Sciences

2007 Rachael Delahoussaye
Cassie Martin

Council of Presidents' Freshman Academic Achievement Awards- Human Environmental Science

2008 Megan Mashburn

Arthur Ashe Award

2008 Ashley O'Neal

Honor Societies

XXXI

Merritt Booth
Lexa Evans
Dee Foster
Kelly Good
Robin Hawkins
Ashley Miles
André Pickens
Marie Robbins
Kristin Sterner
Meredith Willard

Alpha Lambda Delta

Ashley Ford
Lisa Gianni
Lauren Graffeo
Robin Hawkins
Katie Hornecker
Stephanie Kite
April Makinson
Danielle McAdams
Amanda Montgomery
Whitney Morgan
Kassi Price
Kristin Sterner
Raegan Tomasek

Beta Alpha Psi

Michelle Reeser

Beta Beta Beta

Shay Murphy
Kristin Sterner

Beta Gamma Sigma

Stephanie Kite
April Makinson
Alexa Martinez
Meredith Willard

Blue Key

Lexa Evans

Cardinal Key

Kassi Price
Cassie Martin

Delta Sigma Pi

Stephanie Kite

Gamma Beta Phi

Merritt Booth
Mandy Chapman
Lexa Evans
Ashley Ford
Lauren Graffeo
Erin Holdefer
Lauren Holdefer
Katie Hornecker
Katherine Kelleher
Gina Logan
Whitney Morgan
Danielle McAdams
Shea McFall
Whitney Morgan
André Pickens
Dana Pierce
Kassi Price
Michelle Reeser
Erin Rightley
Tina Rinker
Dara Stewart
Meredith Willard

Golden Key

Mari Bayer
Merritt Booth
Mandy Chapman
Rachael Delahoussaye
Lexa Evans
Krista Gole
Robin Hawkins
Katie Hornecker
Shannon Hrozek
Chasity Junkin
Gina Logan



Kristin Sterner

Danielle McAdams
Amanda Montgomery
Whitney Morgan
Kassi Price
Lissy Smith
Raegan Tomasek
Meredith Willard

Kappa Delta Pi

Dana Pierce

Kappa Tau Alpha

Lexa Evans
Robin Hawkins
Alexa Martinez

Lambda Sigma

Amanda Montgomery
Kassi Price

Mortar Board

Alli Beldon
Dana Dobransky
Julie Estin
Lexa Evans
Kelly Good
Katherine Kelleher
Patti Kleckner
Barbara Mack
Patti Rice
Erin Rightley
Tina Rinker
Marie Robbins
Tracey Tillman
Meredith Willard

Omega Chi Epsilon

Tina Rinker

Meredith Willard

Omicron Delta Kappa

Mari Bayer
Alli Beldon
Kathy Bilodeau
Merritt Booth
Mandy Chapman
Julie Estin
Lexa Evans
Dee Foster
Kelly Good
Chasity Junkin
Katherine Kelleher
Kim Kelly
Stephanie Kite
Patti Kleckner
Barbara Mack
Cassie Martin
Alexa Martinez
Shea McFall
Amanda Montgomery
Heather Nasser
André Pickens
Patti Rice
Erin Rightley
Tina Rinker

Marie Robbins
Kristin Sterner
Tracey Tillman
Ann Wilhide
Meredith Willard

Phi Beta Kappa

Merritt Booth
Julie Estin
Kelly Good
Barbara Mack

Phi Delta Phi

Natalie Barrington

Phi Eta Sigma

Melanie Banville
Mari Bayer
Helen Burgin
Tiffany Byrd
Alyssa Chapman
Sheryl Dundas
Ashley Ford
Lisa Gianni
Lauren Graffeo
Robin Hawkins

Katie Hornecker
Shannon Hrozek
Stephanie Kite
Meredith Laxton
Ricki Lebegern
Brittany Magee
April Makinson
Cassie Martin
Danielle McAdams
Amanda Montgomery
Whitney Morgan
Dana Pierce
Kassi Price
Bianca Puella
Chasity Junkin
Sara Scarborough
Raegan Tomasek
Holly Voorheis
Meredith Willard

Phi Kappa Phi

Kathy Bilodeau
Katherine Kelleher
Meredith Willard

Phi Upsilon Omicron

Mandy Chapman
Raegan Tomasek

Pi Tau Sigma

Katie Hornecker

Psi Chi

Lauren Holdefer
Lissy Smith

Sigma Alpha Lambda

Melanie Banville
Mari Bayer
Rachael Delahoussaye
Amanda Montgomery
Kassi Price
Erin Rightley

Tau Beta Pi

Whitney Morgan
Tina Rinker



Stephanie Kite



Julie Estin



The Crimson Tide's Very Crowded House

For Alabama gymnasts, competing at home is electrifying. Marching into Coleman Coliseum and one by one their names are called and 12,000-plus fans roar their approval, it is an experience like no other. For most of them, it is the largest crowd they have ever competed in front of.

"Our ladies have worked, for some since they were four and five years old, in relative obscurity," Sarah Patterson said. "They don't get near the recognition during their club careers, even at the Elite level, that they will here. I think the recognition they get here is one of the nicer aspects of their careers."

And that fan support is constantly reaching new heights. Alabama has averaged over 10,000 fans per meet for the season six times, including the last five years in a row.

Last season, Alabama made history when it became the first school in gymnastics history to draw two crowds of over 15,000 fans in a single season. It marked the Crimson Tide's fourth and fifth sell-out of Coleman Coliseum since 1997. Alabama also averaged over 12,000 fans for the second time in program history, with 12,141 fans per meet.

In 2006, Alabama set a new school and Southeastern Conference single meet record of 15,162. That season also saw the Tide shatter its own Southeastern Conference and school season record, averaging 12,578 fans per meet.

In all of women's collegiate athletics, there are only a handful of programs that enjoy the level of fan support that Alabama gymnastics does. Along with Tennessee and UConn basketball and Utah gymnastics, Alabama is a perennial among the top-5 women's programs in attendance.

"Our fans love when we win," Patterson said. "And they love when we bring home championships, but they are just as appreciative of our success in other areas as well. People like that we have a well-rounded program. Our fans come in the years we finish second, third or fifth at the national championships as much as they do the years we win it all. I think that's because of what the program stands for. The fans appreciate the type of people who are involved in the program, the emphasis on community involvement and academics; it's the total package. That's why people support us, there's not any one reason."

That appreciation is a two-way street. Alabama gymnasts are mindful of how great their fan base is. It is one of the factors that draws athletes to the Tide.

"Our fans are so amazing," sophomore All-American Kayla Hoffman said. "My favorite memory from last season is from last year's Florida meet, when we were on floor and the fans just got louder and more excited with every routine, with every pass, and that got us more excited. It was just so cool."

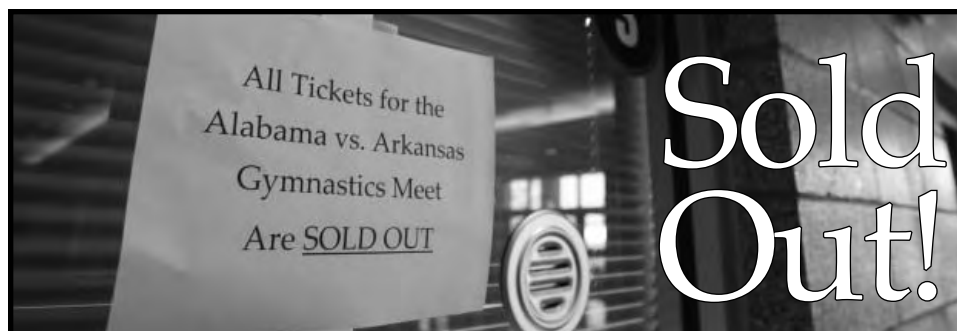
Outstanding fan support can push a good team to greatness and a great team to championships, a fact that Patterson and the Alabama Gymnastics program can well attest. The Crimson Tide has won three NCAA Championships at home in front of some of the biggest crowds in NCAA history.

The trip from Alabama's inaugural meet in 1975 to the packed houses of the past dozen years has been a long one. Success in terms of "box office receipts" came gradually, built by each generation of Alabama gymnasts.

"I remember in the early days, looking up into the stands between rotations and being able to count the crowd . . . easily," Patterson said. "But we worked at it, every year, in ways big and small. It was important to us not only to have a great team, but that people see that team as well."

The fan support shown the Alabama gymnastics team not only heralds the program's success, it sparks that success.

"The crowd can elevate your performance another notch, to a level above where it has been," Patterson said. "We have used that in a lot of different respects. I like the type of crowd we have; I think they've become extremely educated in the sport of gymnastics, and they continue to get better every year."



Thirty times since 1995, crowds of more than 10,000 fans have come to Coleman Coliseum to cheer on the Crimson Tide. But filling the Coliseum all the way to the top, without a seat to be had? That has happened an amazing five times at Alabama, including four times in the past three years.

One of the top draws in women's athletics, Alabama Gymnastics reached another amazing milestone when it sold out back-to-back meets,

drawing 15,075 fans for the Georgia and Arkansas meets.

"It is such a tremendous sight, to see 15,000 fans fill up Coleman Coliseum and to hear them cheering our ladies on," Patterson said. "But to have that happen twice in one year was truly amazing and one of the great highlights of my career."

The first sellout came in 1997 when 15,043 fans crammed the coliseum on February 1 for the

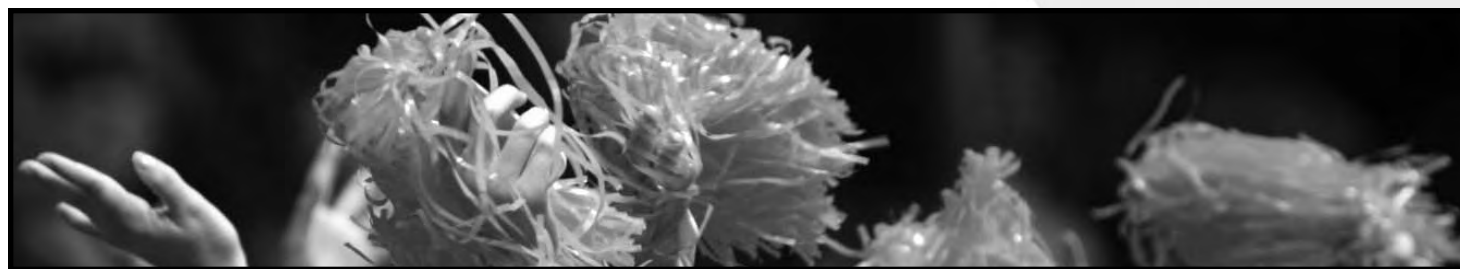
Alabama-Georgia meet.

"I remember looking up into the stands, trying to drink it all in," Sarah Patterson said of the Tide's first capacity crowd. "We worked so long and hard for that moment, and to have it come true like that, it was just amazing."

In 2006, the Crimson Tide opened up its home season in the newly renovated Coleman Coliseum with the Florida Gators. Both teams were wearing pink for the second annual "Drive 4 the Cause" meet, the goal of which is to raise awareness for the fight against breast cancer. Patterson had asked the Tide fans to wear pink and they had responded in force.

Before the end of warm-ups the word came down, the meet was a sell out, the first in the newly renovated Coliseum, and there was a new SEC and Alabama record when a standing room-only crowd of 15,162 filled the arena.

"Tonight was the result of a lot of long, hard work," Patterson said at the time. "More than just the sellout crowd though was the support for the cause. Tonight if one woman helps herself or a loved one then all our work will be worthwhile."



National Single-Meet Attendance Highs Over the Past 15 Years

Rank	Attendance	Meet	Date
1.	15,447	Utah vs. BYU	3-28-08
2.	15,162	Alabama vs. Florida	1-20-06
3.	15,075	Alabama vs. Arkansas	2-8-08
4.	15,075	Alabama vs. Georgia	2-1-08
5.	15,075	Alabama vs. Auburn	1-26-07
6.	15,042	Alabama vs. Georgia	2-1-97
7.	14,679	Utah vs. BYU	1-21-94
8.	14,407	Utah vs. BYU	3-24-06
9.	14,285	Utah vs. BYU	3-23-02
10.	14,263	Alabama vs. Georgia	2-10-06

Alabama's Yearly Home Attendance Averages

Rank	Average	Year
1.	12,578	2006
2.	12,141	2008
3.	11,284	2007
4.	10,570	2005
5.	10,301	1997
6.	10,274	2004
7.	9,815	1998
8.	9,510	2000
9.	9,427	1999
10.	9,301	1996
11.	8,983	2002
12.	8,496	2001
13.	8,120	2003
14.	7,997	1995

Alabama's All-Time Home Attendance Highs

1.	#15,162	vs. Florida	Jan. 20, 2006
2.	**15,075	vs. Auburn	Jan. 26, 2007
	15,075	vs. Georgia	Feb. 1, 2008
	15,075	vs. Arkansas	Feb. 8, 2008
5.	*15,043	vs. Georgia	Feb. 1, 1997
6.	14,263	vs. Georgia	Feb. 10, 2006
7.	**14,079	vs. Georgia	Feb. 13, 1999
8.	13,579	vs. Arkansas	Feb. 17, 2006
9.	**13,573	vs. Georgia	March 1, 1996
10.	13,299	vs. Auburn	Feb. 4, 2005
11.	**12,971	vs. Georgia	Feb. 20, 2004
12.	**12,573	vs. Georgia	Jan. 17, 1998
13.	**12,316	vs. Georgia	March 4, 2000
14.	12,021	vs. Georgia	March 4, 1995
15.	11,996	vs. Oklahoma	Jan. 12, 2007
16.	11,864	vs. Florida	Feb. 29, 2008
17.	11,380	vs. Florida	Jan. 30, 2004
18.	11,212	vs. Minnesota	Jan. 30, 1999
19.	11,134	vs. Illinois	Jan. 11, 2008
20.	10,823	vs. Auburn	Jan. 18, 1997
21.	10,673	vs. UNC	March 18, 2005
22.	10,540	vs. Kentucky	Feb. 2, 2007
23.	10,378	vs. Georgia	Jan. 18, 2002
24.	10,260	vs. Stanford	March 10, 2006
25.	10,153	vs. Auburn	March 21, 2008
26.	10,113	vs. LSU	March 2, 2007
27.	10,077	vs. UCLA	March 16, 2002
28.	10,053	vs. Penn State	Jan. 31, 1998
29.	10,045	vs. UCLA	March 9, 2007
30.	10,008	vs. Auburn	March 17, 2006

SEC and Alabama Record and the nation's largest single-meet crowd in 2006.

* The first sellout of Coleman Coliseum for a women's event and the largest attendance in the nation that year.

** Largest attendance in the nation that year.

Noteworthy Attendance Figures

- The Crimson Tide's meets against Georgia and Arkansas last season marked the first time in collegiate gymnastics history that a program has drawn over 15,000 fans to two different meets in the same season.
- The Tide now owns the five of the six largest crowds in the nation over the past 15 years.
- Alabama's 15,075 fans for the Arkansas and Georgia meets last season were the fourth and fifth sellouts in school history.
- Alabama averaged 12,141 fans in 2008, its second highest average ever.
- UA has drawn over 10,000 fans to a meet 30 times since 1995.
- Eight times since 1996 Alabama has had the year's largest gymnastics crowd in the nation.
- Alabama has averaged over 10,000 fans per meet during six different times in the past dozen years, in 2008, 2007, 2006, 2005, 2004 and 1997.
- Alabama holds the top 25 single meet attendance marks in SEC history.
- Alabama's 15,162 fans for the 2006 Alabama-Florida meet is the second largest crowd in the nation since 1993 and the fourth largest all-time. It is also an SEC and Alabama school record.
- Alabama averaged a school and Southeastern Conference record 12,578 fans per meet in 2006, the third best average in collegiate gymnastics history.
- Since 1997, Alabama Gymnastics has drawn more than half a million fans to its meets, for a 12-year average of over 10,000 fans per meet.

We Are Family

by Jessie Patterson Jones

When young women join the gymnastics team at The University of Alabama, their coaches tell them what four years as an Alabama gymnast will mean to them. They talk of academic excellence, teamwork, success and what it will mean to become a member of the Alabama gymnastics family.

Head coach Sarah Patterson has always touted the family atmosphere above all else, believing that making a complete person—not just a great gymnast—is what her calling has been.

"We are dedicated to nurturing the whole person," Patterson said. "We are going to compete for championships at Alabama, we are going to excel in the classroom, and we are going to do our very best to make a positive impact in the world around us."

"Alabama is about far more than the four years that our ladies compete for the Crimson Tide. It is about building relationships that last a lifetime. As the years have passed, it has been especially gratifying to watch as our ladies have gone on to lead lives of distinction filled with success."

For two alumnae, the support base this group of friends shared became the difference in surviving nightmares and living each day to the fullest.

Annie Wilhide Dziadon, an Alabama gymnast from 1980-83, had always gone for regular doctor's appointments and mammograms. Because of recurring cysts, her mammograms were almost always followed by ultrasounds to double-check the findings. So, when she noticed a lump in her right breast, she went in again.

This time, however, the doctor wanted to monitor the lump. In January 2008, she was diagnosed with breast cancer. A day after telling her three sons, Annie began making phone calls to family and friends. Two of the first phone calls went to her former coaches, Sarah and David Patterson, and the other went to former teammate Barbara Mack Harding.

"Outside of my family, it was my Alabama gymnastics family I called," Annie said.

Annie's diagnosis came a week and a half before the fourth-annual Power of Pink gymnastics meet that Patterson and her squad uses to raise money and awareness for breast cancer.

"It was so bizarre. When I was diagnosed and started chemotherapy one day before that meet,

I just knew I had to make it up there somehow," Annie said.

When Annie's chemotherapy began, the Alabama gymnastics family had a surprise waiting.

"They had pink roses waiting for me when I arrived home from this treatment and continued that wonderful surprise for all other 'chemo' days," Annie said.

One day after starting chemotherapy, Annie's friends from Pensacola drove her the four and a half hours to have her in Tuscaloosa for the "Power of Pink" meet that Friday night.

"I was really excited that I was able to come and had some friends that were willing to drive me," she said. "I can't tell you how much this meant to me. I needed to see my Alabama Gymnastics family. I needed their strength, their love and their support."

Annie joined more than 60 former gymnasts, managers and coaches along with their families that weekend to celebrate the Pattersons' 30 years of coaching Alabama gymnastics.

"What was planned as a celebration weekend became, in part, a way for us to reach out to Annie as she faced breast cancer chemotherapy," Sarah Patterson said. "To have her here that night, it meant the world to us."

After the alumni meet, Annie returned to Pensacola and her chemo treatments. She lost her hair and bought a wig. The treatments continued through June.

While Annie was undergoing her treatments, life kept going full steam ahead for the Dziadon family. During her rounds of chemotherapy, each of her sons celebrated a birthday. Tim turned 18, Matt turned 15 and Daniel turned 13. Matt went through confirmation in the church. Tim graduated from high school, went on college visits, and selected his parents' alma mater, the University of Alabama, for his own.

Annie and her husband Greg also celebrated their 24th anniversary.

With all of those things going on, Annie and Greg still found time to make it back to Tuscaloosa for numerous events.

They brought Tim to look at the campus, to orientation, and, finally, to move him into the dorms in August.

"We wanted to go there and have him visit as a student," Annie said. "He really liked it, and we



Annie Dziadon with the 2008 Crimson Tide at the annual Tuscaloosa Toyota/DCH Foundation Golf Tournament that raises funds for the Alabama Gymnastics DCH Foundation Breast Cancer Fund.

were very excited. We never pushed Alabama. It had to be his decision."

Now, Annie said she takes comfort in knowing he has so many gymnastics family members around.

"I know he's there with people who care about him and can take him in in a heartbeat."

All through August and into October, Annie took radiation treatments to shrink the tumor in her right breast. After undergoing a lumpectomy, a mastectomy, and 33 radiation treatments, Annie only has weekly Herceptin treatments to continue through April 2009.

For Annie, it was the relationships with her Alabama gymnastics family that kept her going.

"It was really meaningful," she said. "I think during the whole process of my cancer and my treatment, I got so much strength and support from that group of women. That really helped keep me going. It really was a very strong supportive group that met my needs in so many ways. And that's without them being physically here. They met my emotional needs."

When Annie enrolled as a freshman at Alabama, few had come before her in the fledgling program. For her, the importance of this close-knit group of women has grown over time.

"I don't think anyone really realizes how important it will be," she said. "When I was first there, it wasn't there, because we were the first ones. I think we always knew though."

"The freshmen, I don't think they understand it then, but by the time you're a junior or a senior, it's special."

Alumni meets and gatherings over the years have only produced more friendships between women who were never on the same team in college. The earliest Alabama gymnasts and the most recent alumni get to know each other through the yearly reunions.

"I think that's what's really neat. The family is not just those who were there the years I was here," Annie said. "There were also women who competed with Alabama gymnastics that I didn't even know that I got cards from or e-mails from. It's that type of family. The word goes out that someone is in need for whatever it may be, and we just rally round. We feel that bond. We know it's something we all care about."

Even members of the current Alabama gymnastics team reached out to the Dziadon family.

"It was different, because we didn't know her, but at the same time, she is like one of our sisters," junior gymnast Jacqueline Shealy said. "We just wanted to help her and make her feel supported and loved."

"When you hear about the pink meet so much, it can start to get old, but when you see why it's pink and what it means and know that you could be saving someone's life, it's indescribable."

For Annie and other gymnasts, those ties are life changing.

"That's the most incredible thing about the Alabama gymnastics family," Annie said. "It's not just the people you were on the team with. The team is part of that family too. For them to be so aware of the types of issues that people go through, to be so supportive, it is awe-inspiring."

"These girls, who I don't know on a personal basis, were writing on my web site and saying prayers and supporting me in so many ways. They are incredible young women."

Tracey Tillman Adams, an Alabama gymnast from 1987-90, will tell you she's been blessed.

At her daughter Macy's second birthday in 2002, her 18-day-old son Sully's right hand and foot began twitching. When the twitching persisted, Tracey and her husband Jason took him to the emergency room. Sully was having seizures. A day later, he was diagnosed with hemimegalencephaly, a rare brain disorder that causes seizures and developmental delays.

The Adams were told to take Sully home, and to love him, but that he would never walk, talk or crawl. He was expected to have up to 300 seizures a day. Doctors told them that at 6 months old, they would need to remove half of Sully's brain. They were told to avoid reading the information on the Internet, because it would scare them.

"We fired that doctor," Tracey said.

Instead, they found a new doctor and began intensive speech, physical, occupation and vision therapy with Sully.

At the time of Sully's diagnosis, only 10 babies were born each year with the disease.

"It seems like he is the best-case scenario," Tracey said. "Sully has always given other families hope when you get this awful diagnosis. I had trouble going on Web sites, because a lot of these kids are not doing well. It breaks my heart for other families."

Brain surgery was put off as long as possible, because according to the doctors, the more Sully knew before surgery, the more he would hopefully be able to remember after.

In April, the Adams faced a decision. Brain monitors showed that Sully was having irregular electrical activity on his left side almost every second.

A hemispherectomy surgery to remove that half of Sully's brain would put a stop to this bad activity. The doctors said they believed that Sully should have the surgery. The downside would come in the physical side effects, like possible weakness on the right side of the body.

"At the very least, there appears to be a trade-off," Jason wrote in Sully's CaringBridge.com journal. "The benefits of having the surgery are numerous. Sully would be better off with no seizure activity and no heavy medication. The trade off comes with the physical effects of the procedure. It's a lot to think about."

Sully's seizures grew worse starting in January. He began to have more than 30 seizures each day. Tracey and Jason decided it was time for him to have the brain surgery.

Sully had the hemispherectomy performed by Dr. Ben Carson at Johns Hopkins on Oct. 14.

"The surgeon in Atlanta had only done seven surgeries, so we chose to go to Ben Carson, who has done more than 100. It was more expensive because it was out of state, but it was a major surgery. He was supposed to be in for 6 hours and he was in for 13."

For Tracey, it was the scariest day of her life.

"I was hoping he would survive the surgery," she said. "Then I was hoping he would remember us. Then I prayed for talking. Then I prayed for walking. I hope God doesn't think I am greedy. We have been so blessed."

Friends, family and former teammates got together in Atlanta in September to raise money for Sully's surgery and the Adams family's month-long stay in Baltimore to be with him at Johns Hopkins.

In Tuscaloosa, the Alabama gymnastics team staff got together to figure out a way they could help.

"We had a staff meeting and wondered what we could do to bring attention to the situation and help people want to do it," David Patterson said. "We felt like normally a car wash does not raise that much money, but in this case we just let people give. One person gave a thousand dollars."

On Sept. 27, the Alabama gymnastics team held "Suds for Sully." The three-hour car wash raised more than \$3,500 for Sully's fund and was punctuated by gymnasts donning specially designed pink t-shirts as they flipped and walked on their hands down McFarland Boulevard to get people's attention.

"We stepped out of our boxes for that period of time, and we did it all for him and his family, for his mom and his dad," said Shealy, whose mother Ann Woods Shealy was a member of the Pattersons' first team at Alabama.

"It was 'What can we do to make this happen?'

We were flipping in front of the car wash, and to see people respond and help us, it was great."

For Sarah Patterson, the opportunity for her team to serve was one for them to learn from as well.

"I wanted our ladies to know, to participate and learn from someone else's struggles and to know that if it was them, 10 to 15 years from now or one of their family members, that the Alabama gymnastics family would be there for them," she said. "I truly believe we all face challenges in our lives and if they can be a part of helping someone recover from their challenges, it will affect them later in life. When their time comes, they will have the strength, the support and the encouragement to prevail."

For the Adams family, the support they received from the Alabama gymnastics family was overwhelming.



Tracey, Sully, Macy and Jason Adams.

"It's absolutely amazing," Tracey said. "My teammates, we were all very, very close and we've stayed close over the years. But I guess you never think it's going to be you that has the child that is sick. It's so shocking. So many of the gymnasts that were 10 years older than me, their parents, people you aren't as close to, they have just reached out and done amazing things for our family. It's just been overwhelming. And it hasn't stopped yet. That's the crazy thing."

One of Tracey's former teammates, Ali Blumberg Smith, her daughter Lauren and Lauren's cheerleading squad in Hoover helped spearhead "Suds for Sully II" in November in yet another crimson-colored effort to help Sully. Tracey and Ali were teammates on the Alabama's first NCAA Championship team in 1988.

An e-mail went out to the alumni base as well, detailing Sully's prognosis and what the Adams' family needed. Support flooded in. In total, more than \$12,000 was raised on behalf of the program.

"It brought tears to my eyes that so many people that don't even know Tracey or Sully and Jason, that they pulled together to help one of our own," said Marie Robbins, the University of Alabama senior women's administrator and former teammate of Tracey's. "I said it to someone the other day, 'once a teammate, always a teammate.' You're looking out for each other even beyond your years here on campus."

For the Adams family and the Alabama gymnastics family, Sully has proven to be a bright spot as he has recovered from surgery. On Nov. 18, Tracey,

Jason, sister Macy and Sully returned home to Atlanta to continue his recovery.

Both of these stories have left a lasting impact on the Alabama gymnastics program on all levels – current gymnasts, staff, and alumni. The generosity of the Alabama gymnastics family has left an impression.

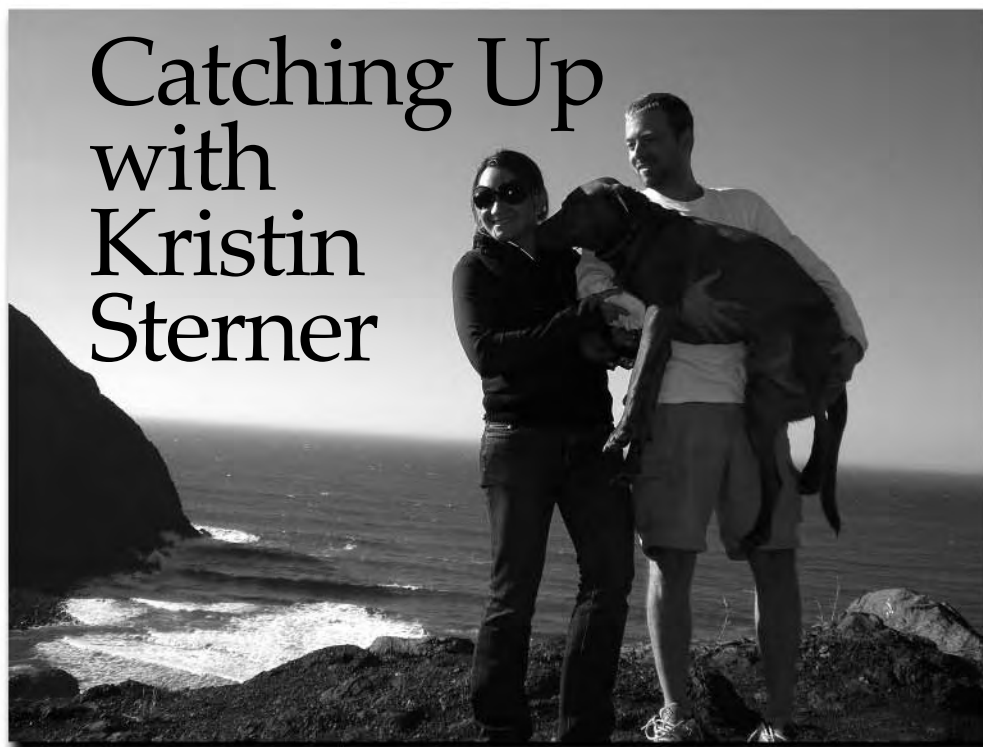
For the Pattersons, in their 31st year at the helm of the Alabama gymnastics program, the opportunity for the program to give back to former gymnasts is a telling one.

"It's a microcosm of Alabama gymnastics," David Patterson said. "It brings together all the things we have tried to teach. Even though they are so diverse in their ages and stages of life, they share the common bond of Alabama gymnastics. And that common bond has helped unite them in many causes."

"There is nothing like the sense of satisfaction I get watching our ladies go out into the world and use what they learned at Alabama, both in the classroom and in the gym, to make themselves successful," Sarah Patterson said. "To pull together to help our gymnastics family when they need it; it is simply the best feeling in the world."

Having grown up in the Alabama Gymnastics family, Jessie Patterson Jones, the daughter of Sarah and David Patterson, brings a unique and life-long perspective to this story. An alumna of Alabama, she graduated last spring with a Bachelor's Degree in Journalism.

Catching Up with Kristin Sterner



For Kristin Sterner (2000-03), now Kristin LeGrand, there was never one moment. There was never that “aha!” moment when she knew that she wanted to be a doctor.

“I started off interested in the sciences, but I didn’t know what I was going to do with it, whether I was going to be a teacher, or something else, I just didn’t know,” LeGrand said. “And I don’t know when it really clicked; I just kind of grew into it.”

There were signs along the way, and finally there was a stint where she shadowed Alabama’s team physicians Dr. James Robinson and Dr. Jeff Laubenthal, when it started to be clear to her that medicine might be in her future.

“I feel like Dr. Robinson and Dr. Laubenthal really are two of my mentors, I went into medicine because of the kind of doctors they are, the kind of people they

are. There were just these moments when I was shadowing them when I thought ‘this is something I want to do.’”

So after a career that included helping lead Alabama to the 2002 NCAA Championship as well as the 2003 and 2000 SEC Championships, the 13-time All-American applied to medical school. After graduating from Alabama in December of 2003 with a degree in biology she returned to her home state of Michigan to attend Michigan State. When she got there she found that she was ready for the rigors of medical school.

“I think I was really well prepared for medical school because of my experiences at Alabama,” LeGrand said. “It wasn’t more of a time commitment than undergraduate combined with gymnastics, it was just a different kind of time commitment; it was all academics.”

It was a busy time in her life. Between her second and third year of medical school she married Matt LeGrand, a former Crimson Tide distance runner. They got a dog, Dorito who “loves to run, that’s what he lives for.” Which was good since Kristin picked up running as a means of both exercise and stress relief after her gymnastics career. Never one to do anything halfway, Kristin has run two marathons and a number of road races, though now she says she just runs to keep Dorito happy.

After three years spent almost exclusively in the classroom, she spent her fourth year doing different rotations in different locales. One of those rotations brought her back to Tuscaloosa to work with Drs. Robinson and Laubenthal.

“It was exciting to come back and do a rotation in Tuscaloosa because Dr. Robinson and Dr. Laubenthal played such a big part in where I am today.”

She also planned it out just right, doing her rotation during the Crimson Tide’s alumni weekend last spring, giving her the opportunity to catch up with everyone.

“It was really great to be there during alumni weekend,” LeGrand said. “It was really exciting to get back together with everyone. We’ve all picked such different paths and everyone seems really happy to me. When we get together it doesn’t feel like we’ve missed a beat.”

Another rotation took her to Vancouver, Wash. and the Southwest Washington Medical Center where she found something that felt very familiar.

“I really liked the people here and I felt like the program fit me,” Kristin said. “The personalities, the work ethic and team work were things that I really felt good about. I saw a group of young doctors that really knew how to work together and get things done. I felt almost like I did when I knew that Alabama was the right fit for me.”

She was there for a month. After a week she called Matt.

“I told him I wanted to bring him out here so he could see it, because I thought this is where I wanted to be,” LeGrand said. “And he was very much onboard. I don’t know that he was a big fan of the Michigan winters.”

After graduating medical school, she and Matt and Dorito packed up and headed west, and on July 1st, she began her residency, officially, at that point, a doctor, though she still hasn’t gotten use to the title just yet. When someone calls out for “Dr. LeGrand” it still takes her a minute to realize that they’re talking to her.

“I’m still adjusting to the idea,” Kristin said. “It’s not like you graduate from medical school and magically you’re ready to be a doctor, there’s still so much to learn and on a pretty steep learning curve, but that’s what residency is for.”

And while there are large chunks when being a resident means sleep is a rare commodity, much less leisure time, the pacific northwest has afforded Kristin, Matt and Dorito some great opportunities to do the things they love when the spare moment presents itself.

“The beach is just an hour away and there are lots of hiking trails,” LeGrand said. “And Mt. Hood is only an hour and a half away which is great because I love to ski.”

And while even today she can’t tell you exactly what turned her on this path to becoming a doctor, LeGrand can tell you why she’s here.

“You get the whole spectrum, from birth to the final moments of someone’s life and it’s a big responsibility but it also lets you go home at the end of the day feeling like you did something for someone. And that is such an amazing feeling.”



Sweet Home Alabama

They came to The University of Alabama from three different backgrounds, three different states and at three different times, but all three fell in love with the school, the gymnastics team and the city of Tuscaloosa and all three have, after different periods away from the Capstone, returned not only to make it their home, but their work as well.

Marie Robbins, Dana Dobransky Duckworth and Andreé Pickens all led Alabama to national championships during their tenures with the Crimson Tide and now, each in their own way, they are helping give the current generation of Alabama athletes their opportunity to compete for championships as part of the Tide's athletic department staff.

"Being a student-athlete here and all that meant to me, having the opportunity to come back and be a part of this again and help others enjoy the kind of experience I had ... it was an opportunity I couldn't pass up," Duckworth said. "Alabama has meant everything to me and as a coach, my main focus is

making sure that our ladies get the absolute most out of their careers, both in the gym and in the classroom."

Robbins, who joined the Alabama staff in 1996, is an Associate Athletics Director and the Senior Woman Administrator for the Tide. Duckworth, after nine years as a volunteer coach, started her first year as a full-time assistant in September. Pickens also joined the Tide staff this fall, serving as a coordinator in Alabama's compliance office.

"Tuscaloosa has always felt like home to me," Pickens said. "Alabama gets into your blood and the athletics department becomes part of who you are. When I had the opportunity to come back here and start a career in administration it was like a dream come true."

All three women worked for the athletics department while they pursued graduate degrees and all three left Alabama for a time, trying different things and places before returning.

Robbins, who was a member of the Tide's 1988 NCAA Championship and 1988 and 1990 SEC Championship teams, went to work for the Southeastern Conference Office in Birmingham, Ala. for the better part of three years after earning her undergraduate and law degree from Alabama.

"The University of Alabama has always been a place where you can have it all," Robbins said. "That was certainly true of my career as a gymnast and has remained true in my career in administration. It has been a tremendous experience to be able to be a part of the lives of so many student-athletes and trying to assure that they have everything they need to be successful, in athletics, in academics and in life."

Duckworth, a member of the 1991 NCAA and 1990 SEC Championship teams, went into corporate America for a while before returning to Tuscaloosa for graduate school. After earning her Master's of Business Administration, she returned to the corporate world.

Pickens, a member of the 2002 NCAA and 2000 SEC Championship teams, went into coaching at the college and club level as well as pursuing a career as a national caliber pole vaulter, a career that took her to the United States Olympic Trials this past summer.

Duckworth, Pickens and Robbins aren't the only former gymnasts to call Tuscaloosa home. Dr. Julie Estin Vaughn is a pediatrician in town while Katherine Kelleher Laubenthal works for Blue Cross and Blue Shield in town and her husband Jeff, a former UA baseball player, is a local physician and one of the Tide's team doctors.

As for working for Alabama, Patti Rice Eggers, who currently lives and works in Birmingham, Ala., served as the director of Alabama's MBA program for a period of time and 2008 senior Kaitlin White is a graduate assistant in the athletics department while she pursues a master's degree in sports administration.





Barbara Harding Earns Bryant Alumni-Athlete Award

As an Alabama gymnast in the mid-1980s, Barbara Mack Harding made a career out blazing a trail to ever greater heights.

The first, and to date only, freshman to be chosen captain of a Sarah Patterson coached team, Harding led Alabama to its first NCAA Championship appearance as a sophomore in 1983, the start of a streak that is still going strong today with 26 consecutive appearances. She was one of the first UA gymnasts to earn All-American honors, as well as one of the first to win individual Southeastern Conference and NCAA Regional titles.

And this fall, more than 20 years after she

graduated from the Capstone, she produced another Crimson Tide first, becoming the first female to be honored with the Paul W. Bryant Alumni-Athlete Award, accepting the accolade in front of 92,138 Tide fans during halftime of the Alabama-Tulane football game from Athletics Director Mal Moore.

"I was particularly honored to be accepting the award as the first woman recipient," Harding said. "I told Sarah that I am accepting the award on behalf of the program she and David (Patterson) built. I really feel this award recognizes the gymnastics program and all that it has become under Sarah and David's guidance."

The Bryant Alumni-Athlete Award honors those outstanding alumni whose accomplishments since leaving The Capstone represent excellence in the areas of character, contributions to society, professional achievement and service to their community.

"I don't think there is any question that Barb is the epitome of what this award represents," Sarah Patterson said. "She holds herself to the highest standards and continues to excel in all aspects of her life. She is the perfect role model for what we wish for our ladies; she enjoyed tremendous success as a student-athlete and has continued that success every step of the way

since, building a great life professionally and personally."

A Rhodes Scholar finalist, Harding used an NCAA Postgraduate scholarship to attend Georgetown University Law School where she was the editor of the law review. After earning her law degree, she worked as a prosecutor for the U.S. Justice Department and as the Deputy Director of the White House Security Review. A long-standing partner with the Kirkland and Ellis law firm, she has also served as an adjunct professor and a visiting lecturer at George Washington University Law School. The inaugural winner of the Sarah Patterson Outstanding Alumni Award, she was a Southeastern Conference "Story of Character" during the SEC's 75th Anniversary celebration last year.

"When you receive an athletic scholarship, I think it is important that you honor it not just while you are at your college, but also in all your endeavors once you leave campus," Harding said. "I am very honored to receive this reward because I know how many successful, accomplished and community-oriented student-athletes from the University are out there around the country making the University proud."

This wasn't the first time that Harding has been honored with an award bearing the name of Alabama's legendary football coach, who won six national championships with the Crimson Tide during his 25-year Alabama career. She was the inaugural winner of the Paul W. Bryant Scholar-Athlete Award as a senior in 1985. She also met Bryant during her Alabama career, presenting him, along with her teammates, with a cake on his birthday.

"Growing up as one of three girls in a house with a dad who loved sports, I knew my football and I knew how legendary Coach Bryant was," Harding said. "When I met him on his birthday, I knew even then the significance of that moment and that I would always treasure it. Coach Bryant, as athletic director, recognized the potential of women's athletics and was extremely supportive of Coach Patterson's efforts to take Alabama women's athletics to the top. I think he would be very proud that the women's athletics program has been honored in this way, and in his name."



Terin Humphrey Named to USAG Hall of Fame

Just after the completion of her collegiate career, two-time NCAA Champion Terin Humphrey was honored for her international career when she was inducted into the USA Gymnastics Hall of Fame as part of the 2003 World Championship team.

"It was great to go to the induction and see the girls again and to find out what everyone is up to now," Humphrey said. "In a way the World Championships seems like such a long time ago, I'd almost forgotten we were the first U.S. team to win the gold. It's certainly an honor to be in the hall."

Humphrey and her World Championship teammates, Courtney Kupets, Chellsie Memmel, Carly Patterson, Tasha Schwikert, Hollie Vise and alternates Annia Hatch and Ashley Postell, claimed the United States' first team world title, as

well as three individual event medals in 2003.

"Terin's induction into the USAG Hall of Fame is a testament to the tremendous career that she enjoyed, one that saw her reach tremendous heights on the national, international and collegiate stages," Sarah Patterson said.

Humphrey, Kupets, Patterson and Hatch went on to compete at the 2004 Olympic Games, where they won the team silver medal. Humphrey added an Olympic Silver medal of her own at the 2004 Games when she took second on the uneven bars.

Humphrey, who graduated in December with a degree in Criminal Justice, followed her hall of fame USA Gymnastics career with an outstanding collegiate career.

"After the Olympics and the World Championships, competing at Alabama

was really the icing on the cake of my career," Humphrey said. "It was such a great experience but most of all it was an opportunity to get a phenomenal education."

She won the NCAA Uneven Bars Championship as a freshman in 2005, just after her Olympic-medal performance during the summer of 2004 and the subsequent T.J. Maxx Olympic tour that fall. She followed that up with a second national uneven bars title in 2007, just months after double-elbow surgery cleaned up problems she'd been working through for years.

The Bates City, Mo. native also won Southeastern Conference and NCAA Regional titles during her Crimson Tide career and finished her career as a 10-time All-American.

Making a Difference

From day one, Sarah and David Patterson knew that their program would be about one thing, helping prepare young ladies for life beyond gymnastics. They were going to compete for championships, and academics were going to be priority one, but more than that, they were going to encourage their gymnasts to be a part of the larger community around them, to have a sense of balance outside the gym as well as within. They were going to make sure that their ladies knew the importance in making a difference.

Flash forward to today, 30 years of Patterson gymnastics has been a rousing success on all levels, winning championships, earning countless academic honors and above all, graduating successful women who are outstanding members of their community.

"I'm so proud of everything our ladies accomplish," Sarah Patterson said. "And I think I'm most proud of the impact they are having on the world around them."

And when it comes to working in the community, Sarah and David Patterson definitely lead by example. They are extremely active in making the community they live in a better place.

The causes they support are many and varied, with the common denominator being making the world around them a better place, helping many worthy causes with their time, encouragement and hard work.

Despite their many hours in the community, the Pattersons' biggest impact is on the lives of their athletes. With each class they introduce to the fulfillment that comes with community service, they create another generation of gymnasts who take those lessons out into the world with them, creating a virtual army of young women who know the importance of helping those around them.

"Learning to be involved in the community at this young point is something you can take with you for the rest of your life," Sarah Patterson said. "If you've learned to give back and be very unselfish with your time while in college, then when you are grown, settled, matured and have your own career, you will continue to give back to society."



Sarah Patterson's "Power of Pink" initiative has raised over \$750,000 for the Alabama Gymnastics/DCH Breast Cancer Fund, including the \$265,000 presented during last year's "Drive 4 the Cause" meet.

Anyone who knows her for more than a few moments, will tell you that Sarah Patterson is all about action, which is part of what makes her such a dynamic figure in the Alabama community. She continually brings the same boundless energy and unbelievable work ethic that has made Alabama Gymnastics such a success to her work in the community.

Always a force in the community, over the past six years her work with the DCH Medical Center Foundation has taken things to an entirely new level. In December of 2004, she joined with the DCH Foundation to create the Alabama Gymnastics DCH Breast Cancer Fund and went on to create the "Power of Pink" initiative to help raise money and awareness in the fight against breast cancer. The results have been phenomenal. The Crimson Tide has hosted four

"Drive 4 the Cause" meets, bringing nearly 60,000 people to Coleman Coliseum to not only witness outstanding gymnastics, but to learn about how to fight a disease that is among the top killers of women in this country.

"We have this amazing platform at Alabama and I knew that it was something that we could use to help the women of this community," she said. "If just one woman comes to our meets and is helped by what we're doing, then it's all been worth it."

In addition to raising awareness through the "Drive 4 the Cause" meets, Patterson's "Power of Pink" initiative has also raised more than \$750,000 for the DCH Breast Cancer Fund, which provides for breast cancer screenings and treatment for the less fortunate in the Tuscaloosa community.

"So many people have worked extremely hard and put in long hours for this worthy cause, this vital fight," Patterson said. "What we all realize is that as Coach Paul Bryant was fond of saying 'The price of victory is high, but so are the rewards.' I can think of no greater reward, no better return on the investment of time and resources so many have put forth, than beating this disease."

And while those around her sing her praises for all she has done in the community, especially in the fight against cancer, Sarah Patterson says she receives so much more than she gives.

"I am so fortunate to not only be in a position where I can offer this help," she said. "But to be able to work with some many wonderful, dynamic people who are out there every day making a difference in this community. I draw on their enthusiasm and

spirit. The people involved in the 'Power of Pink' initiative are truly some of the best people I have ever known and I am blessed to work with them."

Among those who have joined with Sarah for the "Power of Pink" cause are Larry O'Neal, DCH's Vice President of Development, who not only encouraged her when she first brought the idea for the cause to him, but immediately went to work in creating the DCH Breast Cancer Fund.

"I will always be grateful to Larry O'Neal, for listening to me and my vision for this event and believing in me and the power of dreams," Patterson said. "Without Larry, none of this would have been possible."

She also found a more than willing partner in local businessman David DeSantis.

"We have come so far because of the vision of David DeSantis, general manager of Tuscaloosa Toyota," Patterson said. "He is without a doubt the most charitable businessman that I have ever been associated with. Everyone that has been associated with this endeavor will tell you that David's drive and can-do spirit has been a driving force for the 'Power of Pink'."

For all her hard work, Sarah Patterson was named to the DCH Foundation, Inc. board in 2005, allowing her to make an even greater impact.

"The DCH Foundation Board of Directors commends Coach Patterson for her vision and for her perseverance and determination to beat this terrible disease which affects everyone, not just the one struck with the disease," O'Neal, said.

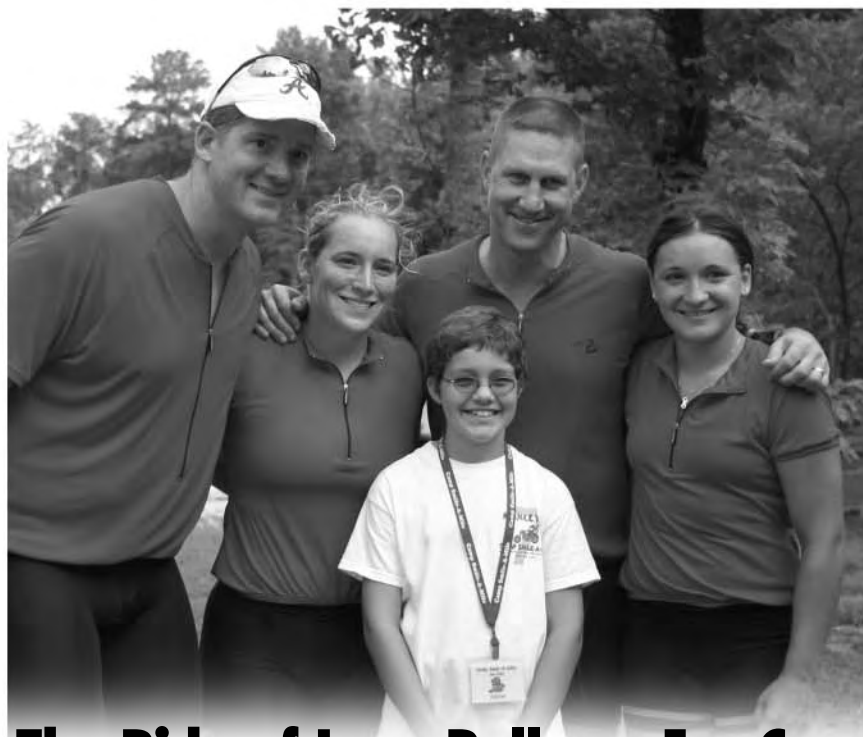
Most importantly to Sarah Patterson though, is the fact that through her work with the cause and as a member of the board, the fight against breast cancer in this community has reached a new level.

"I'm proud to be a part of such an effort," she said. "Everywhere I've gone, everyone I've talked to about what we're trying to do, has been so very positive. No one has said no and everyone has asked how they can help. It's very gratifying to see the community embrace such an important cause."

She is also one of the chairs of the DCH Regional Medical Center's capital campaign which is raising funds for the new Cancer Center in Tuscaloosa.

Her work in the fight against breast cancer is just another example of Sarah Patterson's tireless work in the community. She has also served as chairperson for the Help & Hope Barbecue, the proceeds of which go to the DCH Regional Medical Center's Cancer Center as well as working tirelessly for the United Way, United Cerebral Palsy and the Salvation Army among a host of others.

In addition to all their various projects, Sarah and David Patterson have also served as honorary chairpersons of the Chamber of Commerce of West Alabama's Adopt-a-School Benefit Golf and Tennis Tournaments for the Tuscaloosa City and County School System.



The Ride of Love Rolls on For Camp Smile-a-Mile

For the better part of a decade, David Patterson has made a big difference in the Alabama community through his involvement with the Camp Smile-a-Mile fund raiser, "The Ride of Love".

The Ride of Love is based around the 150-plus mile bike ride from Tuscaloosa to Camp SAM which is located on the shores of Lake Martin at Children's Harbor.

The fund raiser was started by Stephanie Wilkins, Camp Smile-A-Mile's community relations manager, in 2001. In 2002 David Patterson, himself a cancer survivor, joined Wilkins and the Ride and its impact has grown exponentially every year since.

"The whole decision process involved my five-year anniversary of having kidney cancer," Patterson said. "I felt like I

wanted to do more for others with cancer. I had known Stephanie for several years because she had been our team nutritionist, so I decided I would get involved with her project."

Camp Smile-A-Mile is an organization that gives children with cancer a place to go for camp. A place where they can be themselves and get treatment, go without prosthetic limbs and hair, and be around others who are like them for support.

Patterson isn't the only member of the Alabama Gymnastics family that has made the Ride. In addition to Wilkins, who served as the Tide's nutritionist, assistant coach Bryan Raschilla and team physician Jimmy Robinson have both made the trek. Former gymnasts Kristin Sterner and Whitney Morgan have also

ridden for the cause.

"It is a tremendous cause and it means a great deal to me that so many members of the Tide family have chosen to get involved in the Ride," Patterson said.

In the ROL's first year, Wilkins riding alone raised approximately \$12,200. In June 2002, the duo of Wilkins and Patterson raised approximately \$21,500. The numbers of riders and the amount of money raised has continued to grow year-by-year. To date the Ride has raised over \$500,000 and more than 2000 children have been able to attend Camp SAM thanks to the Ride of Love.

This year's ride is scheduled for May 16, 2009.





Alabama Gymnasts Lending a Helping Hand

It comes at the busiest time of year. Mid-December finds the Crimson Tide gymnasts working in overdrive, getting ready for the season, studying for finals that are just days away and the holidays are right around the corner, so there is shopping to be done for Christmas gifts and planning to be done for the upcoming trip home.

But there is at least one December day every year when the Tide gymnasts put aside all their stress and worries and the smiles come often and wide. For more than 15 years, the Alabama Gymnastics team takes one afternoon just before exams hit, and welcomes the children of the Stallings' RISE Center for their annual Christmas Party, entertaining them in the Tide's practice gym, a party that always includes a visit from Santa.

"It is the best day," senior Ashley O'Neal said. "No matter what else is going on around you, the RISE kids will put a smile on your face. I know they have so much fun, but we're definitely the ones that benefit the most."

The RISE Christmas party is far from the only foray Alabama gymnasts make into the area of community service, though it is the most long-standing project. Whether it is speaking to local school children about staying away from drugs and alcohol, organizing a bake sale to raise funds for Project Angel Tree, painting faces and helping school children with their somersaults during the Tide's annual Halloween Extravaganza or helping to raise awareness for the fight against breast cancer with the "Power of Pink" meet, Alabama

gymnasts are busy throughout the community.

For Sarah Patterson such selfless giving by her athletes ranks right up there with winning national championships and is right in line with the program's central goal of developing the entire person.

"In the grand scheme of things, we are trying to develop the most balanced student-athlete possible," Patterson said. "That balance includes helping out where we can. There is no doubt that our ladies understand the importance of giving back, of stepping up to help where they can. It is one of the aspects of this program that I am most proud of."

In 2002, two-time NCAA Champion Andree Pickens earned the Southeastern Conference Community Service award for her

tireless work in the Tuscaloosa and University communities.

"The community has already given so much to this team in terms of support," Pickens, now a member of the Tide's compliance staff, said. "When you have crowds in excess of 10,000, it's a great tribute to our program. This is our small way to give to them."

And the Tide continues to roll in this crucial area. Ricki Lebegern was named to the Southeastern Conference's "Good Works Team" last season while Courtney Priess earned the honor in 2007, Dana Pierce in 2005 and 2006 and former All-American Stephanie Kite was named to the team in 2004.

It's important to note that Patterson does not press her athletes to participate in community service.

Individual efforts are strictly voluntary. But each athlete finds their own way to make a difference, from working in soup kitchens to visiting the elderly at assisted living facilities and nearly every gymnast has encouraged schoolchildren through various speaking engagements.

"Any time you have a recognizable student-athlete volunteering her time, it shows people in the community the types of individuals we have involved in our program," Patterson said. "Community service helps our student-athletes to realize that winning and losing aren't the entire game. The collegiate experience should be about the experiences of life. Our involvement with these programs does just that."

Carrying the Torch Forward



It is one of the central pillars of Sarah and David Patterson's coaching philosophy. Crimson Tide gymnasts will compete for championships. They will excel in the classroom. And they will absolutely do their part in making the world around them a better place. Community service, for the Tide gymnasts, is as much a part of the Alabama experience as practice, as studying, as winning.

For Sarah and David Patterson, as gratifying as anything their charges do in the realm of community service while they are at Alabama, is the fact that Tide gymnasts by and large continue their community outreach efforts once they leave the Capstone.

For some, it is taking on the coach's role, showing others how they can help. Patti Rice Eggers falls into that category. The former Southeastern Conference Champion has enjoyed marked success since graduating from Alabama in the mid-80s. She earned a Master's of Business Administration from the

famed Harvard Business School and has gone on to an exciting and busy career. Beyond her professional success, Eggers has also made a huge difference in her community. She and her husband Neil helped found Hands on Birmingham, a nonprofit organization designed to promote volunteerism in the community.

At its core, HOB is designed to make volunteering easier for busy professionals. Now in its 10th year, HOB has evolved from a handful of people looking to do volunteer work to a growing base of 6,200 active volunteers who have provided over 20,000 hours of service to the community.

For former All-American Raegan Tomasek Powell, one of the founders of the Tide's popular Bake Sale fundraiser, her dedication to community service played into her choice of professions. After graduating from the culinary school at Johnson and Wales University she started looking at different career options and in the end, she chose Starbucks, where she's now

a regional manager for a variety of reasons, not the least of which was the work the company does to make the community around it better, another aspect that carries over from her gymnastics career.

"I know it sounds like a cliché, but Starbucks really has the mentality of think globally, but act locally," Powell said. "I knew that I wanted to work for a company that community service was important to."

In that way, she is like so many of her Alabama gymnastics sisters, finding ways to make a difference in the world around them in ways both large and small, carrying on a Tide tradition as important as any other.

LEFT: Patti Rice Eggers during Alumni Night at Coleman Coliseum last season. RIGHT: Raegan Tomasek Powell with her staff at Starbucks.



the power of PINK

It started with a simple idea. Sarah Patterson wanted to help raise awareness for the fight against breast cancer, a disease that has touched the lives of so many women around the world.

"I realize that I am very lucky," Patterson said. "Not only to be healthy, but also that I have access to excellent medical care. Not everyone is so fortunate, and I wanted to do something that would help those who need it most."

So she picked a meet, Alabama vs. Auburn on Feb. 4, 2005, and designated it as "Drive 4 the Cause." She asked everyone to mark the date and to "Think Pink, Wear Pink" for the meet.

Since that first meet, the numbers have been staggering. Over the past four years nearly 60,000 fans have filled Coleman Coliseum with pink for the annual event, including an Alabama and Southeastern Conference record 15,162 fans in 2006 and matching sell-outs of 15,075 in 2007 and 2008.

There is no doubt that Sarah Patterson's "Power of Pink" initiative has been an overwhelming success, but to Patterson, the most exciting thing is that it continues to grow by leaps and bounds.

"I have been so amazed at how the community has responded to this, how it has been embraced at every turn and how it continues to grow day-by-day," Patterson said.

That growth hasn't been limited to the Tuscaloosa area or even the state of Alabama. The Power of Pink has gone nation-wide. Since the Crimson Tide hosted its first meet in 2005, more than three dozen of the nation's top gymnastics programs have either hosted or participated in a "pink" meet, including every member of the Southeastern Conference. The Women's Basketball Coaches Association



started its pink initiative in 2007, encouraging its members to participate in a "Think Pink" week that has now evolved into the WBCA's "Pink Zone". There have been similar efforts in women's soccer and volleyball at the collegiate level as well and even Major League Baseball got in the act using pink bats on Mother's Day in a show of support in the fight against breast cancer.

"When I look around at all the meets and events and how this has spread through the sports world, it is an unbelievable feeling," Patterson said. "It's such a vital cause and these events really bring attention to the fight that goes on every day. I can't help but smile when I'm out grocery shopping, or working out, or where ever I am, and I see someone wearing a Tuscaloosa Toyota "Power of Pink" t-shirt, and there is rarely a day that goes by when I don't see someone wearing one, because that tells me that the message continues long after the event is over."

This year, Alabama will host its fifth "Drive 4 the Cause" meet on Friday, Feb. 27 when the

Auburn Tigers come to Coleman Coliseum with their pink leotards.

From the beginning, support for Patterson's "Power of Pink" initiative was swift and widespread. She started to talk to the leaders in the Tuscaloosa community about her idea and everyone she talked to got on board, offering advice and support.

And then there was the DCH Regional Medical Center, which was quick to see the power of what Patterson was doing and immediately asked what they could do to help. Within the DCH Foundation, the DCH Breast Cancer Fund was set up. The fund is designed to provide disadvantaged women with the means for early detection and treatment of breast cancer.

"Every three minutes a woman in the United States is diagnosed with breast cancer, but how many women experience problems that go undetected due to a lack of knowledge or limited financial abilities to undergo testing or treatment?" Patterson said. "After watching first hand as friends, family members

and loved ones deal with the impact of this disease, I felt it was important to use our sport, its visibility, and this event as a platform to help raise the awareness of breast cancer and how women can protect themselves from this disease."

When the leotard company Elite Sportswear GK found out what the pink leotards were for, they generously donated them to the cause.

Response in the Alabama community was just as positive. David DeSantis co-owner of Tuscaloosa Toyota stepped to the plate immediately and has, along with DCH's Vice President of Development Larry O'Neal, been a driving force in growing the "Power of Pink" events ever since.

"David DeSantis has been a tremendous help in pushing this cause and really helping us promote it to the fullest extent possible," Patterson said. "He has helped us take it to the next level and for that, I am extremely grateful."

Media coverage of the Alabama Gymnastics team's Power of Pink campaign has been extensive to say the least. Three times The Tuscaloosa News has done a special "Gameday" section on "The Pink Meet" as well as providing Alabama front page exposure the next day.

The coverage has not only been state-wide, with stories in all Alabama's daily papers and on TV news broadcasts, but nation-wide as well. USA Today has featured the meet extensively and for three years in a row, the Alabama gymnastics program has been featured in Time magazine as part of Toyota's ad campaign that recognizes dealerships making an impact in the community.

"To be in Time was certainly amazing," Alabama head coach Sarah Patterson said. "But most importantly, it is yet another way to get the word out about our fight against breast cancer."

The "Power of Pink" continues to grow every day, and because of the way Tuscaloosa has taken to the "Power of Pink", women in the West Alabama community have someone in their corner in the fight against breast cancer.

"Coach Sarah Patterson's 'Power of Pink' gymnastics meets have provided a highly visible vehicle to raise funds for a very worthy cause – The DCH Breast Cancer Fund," O'Neal said. "Through her efforts and initiative the DCH Foundation established the Breast Cancer Fund in December, 2004. Because of her vision and passion in fighting breast cancer, lives will be saved. What better legacy can one create during a lifetime?"



A Nite on the Green

It was another simple idea that grew into something so much more. A Nite on the Green evolved from a dinner held before the 2005 "Tuscaloosa Toyota/DCH Foundation Golf Classic" to thank players and sponsors. A Nite on the Green served that purpose, "but it also gave us a chance to reach out to the community and give those people who don't play golf a way to be part of the event," Larry O'Neal, vice president for development at the DCH Foundation, said.

Now, three years later, A Nite on the Green has quickly become one of the "must attend" events in Tuscaloosa. The event features live and silent auctions throughout the evening. This year's event had a '70s theme that had everyone breaking out their tie-dye and disco finery and getting down to the music of the era courtesy of Dr. Zarr's Amazing Funk Monster band. At the end of the night, a reverse drawing was held for a brand new car from Tuscaloosa Toyota.

"It was so great to see everyone in their '70s finery and dancing to such great music," Sarah Patterson said. "And of course best of all we continue to raise money for such a vital cause."

In that first year, the event's planners thought 400 to 500 people would participate and were delighted when the final count was 1000. The past two years, tickets have been limited and have sold out in no time.

Between A Nite on the Green and Tuscaloosa Toyota/DCH Foundation Golf Classic more than three-quarters of a million dollars has been raised for the DCH Breast Cancer Fund over the past three years.

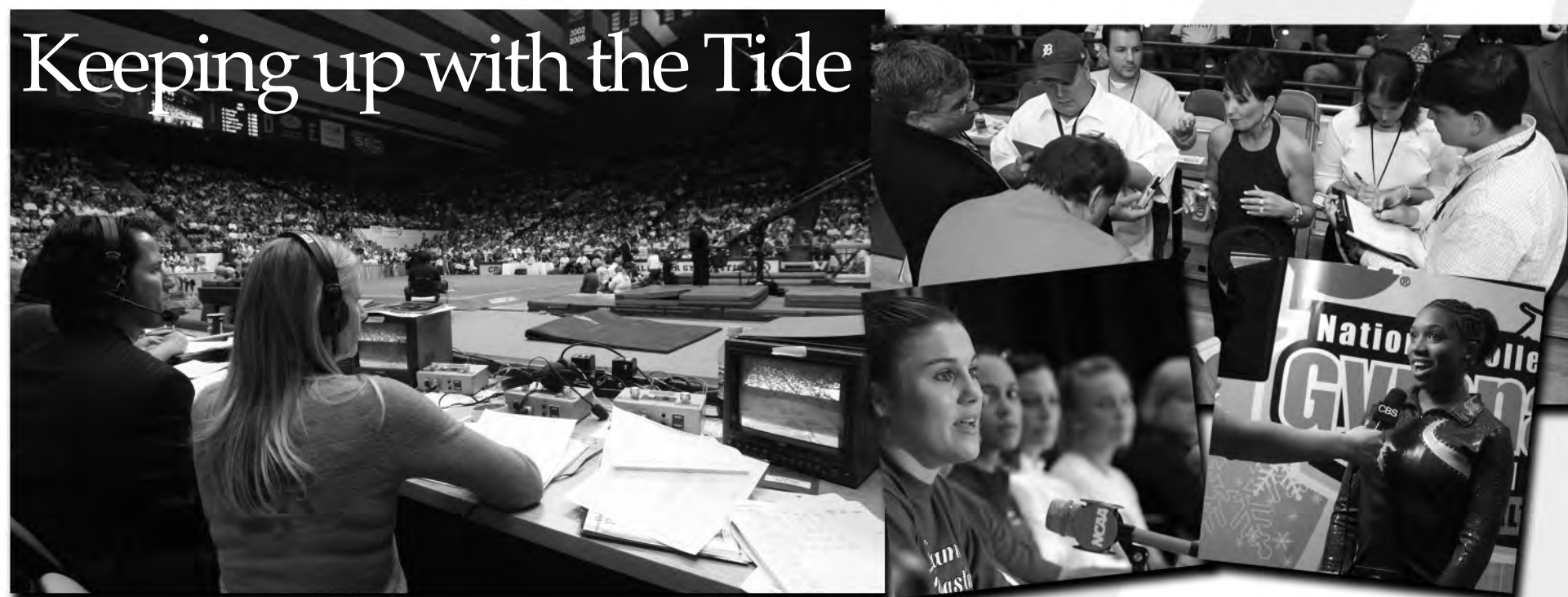
"It was beyond our expectations," Tuscaloosa Toyota's David DeSantis said. "The support of the community and the corporate community was unbelievable."

The DCH Breast Cancer Fund

The DCH Foundation has set up a fund to support Sarah Patterson's "The Power of Pink" initiative. Donation can be made to the DCH Breast Cancer Fund by mailing a check to: DCH Foundation, 809 University Blvd. E., Tuscaloosa, AL 35401. The DCH Breast Cancer Fund should be noted on the memo line of the check.

The DCH Foundation, Inc. was established in 1973 to provide a way for citizens of West Alabama to help create for themselves the best health system in the nation.

More about the DCH Breast Cancer Fund: The fund's purpose is to provide the means for early detection and treatment of breast cancer. Patients who meet the eligibility requirements as disadvantaged will be provided assistance to pay for early detection; and if detection is made then assistance in the subsequent treatment of the disease at the DCH Regional Medical Center, or Northport Medical Center. Eligibility criteria will be prepared and provided upon request.



Keeping up with the Tide

Keeping up with the Alabama Gymnastics team is no problem these days. Newspapers, television, radio, magazines and the internet ... if it carries information, you can be guaranteed Alabama Gymnastics has a voice in it.

Over the past two-dozen years, coverage of the Crimson Tide gymnastics program has grown exponentially. There's no secret formula for the Tide's media success. Alabama wins - a lot - with four NCAA Championships and five Southeastern Conference Championships since 1988 to go with over 350 regular season wins since 1979.

The second part of Alabama's formula for media success is interest. To have such a wide variety of media outlets covering its doings

on a regular basis, Alabama had to prove that people cared. An average of 10,000-plus fans per meet over the past dozen years, including an average of 12,141 last season, certainly qualifies as interest.

"It's not just enough to win if you want the media to cover you," head coach Sarah Patterson said. "You have to convince them, especially if you are a women's team, that people care. Once our attendance started to rise into the thousands, I think the newspapers and television stations started to understand."

And as the number of media outlets has grown, so too has the Tide's exposure. This season, Alabama will again be staples on CBS, ESPN and Fox Sports.

Alabama is also in the fifth year of simulcasting all its meets on the

radio and internet. This year Allen Faul will join veteran Leesa Davis in calling the action. The broadcasts originate from WVUA-FM in Tuscaloosa and are available over the internet at www.newrock907.com.

In addition to the Tide's meets, Patterson and the gymnasts are regulars on "Hey Coach!", the Crimson Tide's weekly radio program. Radio show hosts throughout the state who like lively and knowledgeable guests on their shows call on Patterson often.

Technology has taken a definite hand in broadening the scope of Alabama Gymnastics' reach. The internet has been a boon to Alabama fans around the world. Not only can they read newspaper accounts from their home computer, they can also access a pair of websites devoted

to the Alabama gymnasts and their accomplishments. The official University of Alabama Athletics site is located at www.rolltide.com. The Medalist Club was one of the first booster organizations for any sport to have its own website.

Since the 2000 season, Jan Davis has been providing live online commentary of all the Tide's meets, routine-by-routine, on GymTide.com. And to round out the family affair on the GymTide.com, Jan and Leesa Davis' brother Jim has been providing photography for the site since its inception in the late 90s. Through the Davis family and a host of other hardworking volunteers, Alabama Gymnastics enjoys unprecedented coverage online.

"When I started, I had no way of knowing the advances that would be

made in communication and technology," Patterson said. "But I did know that I wanted Alabama to compete and achieve at the highest level and I wanted people to know about it. Some of the ways in which we receive coverage boggles my mind. The amount of coverage is what I had hoped for."

Alabama Gymnastics also has its own weekly television show. The "Sarah Patterson Show" is in its 10th season this year. The half-hour television program, co-hosted by Sarah Patterson and long-time Tide personality Tom Roberts, is broadcast to millions of homes per week.

Patterson and company are also featured on a weekly satellite feed that broadcasts highlights and interviews. Television stations around the country pick up this feed for use in

The "Sarah Patterson Show" is in its 10th season this year. The weekly half-hour television program, co-hosted by Sarah Patterson and long-time Tide personality Tom Roberts, features highlights, interviews, trivia and more throughout the regular season.

local and national broadcasts.

Coverage from Alabama's dozen daily newspapers has grown to the point that Patterson has a weekly media teleconference to accommodate all the writers. The Tuscaloosa News has done several "Game Day" sections on the Crimson Tide. The gymnastics team is a regular on the front page of the state's sports sections and occasionally makes its way onto the front page of the paper.

Magazines devoted to Crimson Tide athletics, such as Bama Magazine, routinely cover the gymnastics program, but national magazines such as Sports Illustrated for Women, Sports Illustrated on Campus and Glamour Magazine have also featured Tide gymnasts. Sports Illustrated on Campus featured four-time NCAA Champion Ashley Miles as one of six collegiate athletes, regardless of sport or gender, to watch in 2005.

Alabama is also one of the few women's teams in the nation that has a full program for each of its home events. Crimson Tide Sports Marketing, the marketing arm of the athletic department, produces a full color, 52-page program for each regular season home meet of the season. The programs include interviews, statistics, features and opponent information.



Radio Waves Follow Crimson Tide Gymnastics

From Tuscaloosa to State College, Penn. to Lincoln, Neb. and all the Crimson Tide stops in between, Alabama gymnastics fans who can't see all the action live can once again follow along on the radio courtesy of WVUA-FM.

Leesa Davis is in her fifth season broadcasting the Alabama Gymnastics meets and will be joined on the air by Allen Faul this season. The duo makes Alabama the only team in the nation to have all its meets, home and away, regular and postseason, broadcast on the radio and the internet.

The enterprise has been a resounding success, with fans who can't be at the Tide's meets following on the radio or through WVUA's web presence. There are even those who listen to the call during the meets.

In addition to describing the action, gymnast and coach interviews, trivia quizzes and postmeet wrap-ups are all part of the show.

For their hard work in covering the Crimson Tide, the Davis family - sisters Jan and Leesa and brother Jim - were honored with the Dutton Award, which goes to those individuals that go above and beyond for the Alabama Gymnastics program, in 2007.

With Leesa on the radio, Jan doing online commentary for GymTide.com and Jim, the 2007-08 Medalist Club President, taking care of photography and video for the web, the Davis trio makes sure Alabama fans stay up to date.



Whether it's television, newspapers, magazines or the internet, the Alabama Gymnastics team is well covered. There are two web-sites dedicated to the gymnastics program RollTide.com, the official website of Crimson Tide athletics, and GymTide.com, the website of The Medalist Club, the official booster organization for the gymnastics team.

ALABAMA GYMNASTICS FACILITIES



Whether practice or competition or the time in between, the Alabama gymnastics program has one of the finest facilities in the nation and it just keeps getting better. Recently a new team suite was constructed specifically for the gymnastics program. The new suite includes an expanded locker room and shower area, a team area that includes study and computer stations as well as a meeting space. There is also a full training room in the new suite which allows Crimson Tide gymnasts to have everything they need before and after practice in one place.

"We are very excited about this addition to our facility," Sarah Patterson said. "Our goal is to always ensure that our ladies

have everything that they need to be successful and this suite is part of that commitment. From a study area and team meeting room to having a training room positioned between our practice gym and competition arena, this is a tremendous upgrade to our already outstanding facilities."

The gymnastics suite is just the latest upgrade to Alabama's facilities. Coleman Coliseum underwent a complete renovation costing nearly \$30 million in 2005 as part of Alabama's overall \$125-plus million Crimson Tradition Building initiative.

In addition to modernizing the facility, the project added offices, locker and meeting rooms for all sports and a new 6,400-square

foot club level on the east side that opens into the arena.

"I was told by the architects that they think it's one of the top five college arenas in the nation," Alabama's Athletics Director Mal Moore said.

The interior of the coliseum features expanded lobbies and concourses as well as new training and equipment rooms. The project also replaced all 15,000 seats in the main arena making watching a meet even more comfortable.

Also among the renovations was the addition of several huge display cases to encompass all the trophies and awards the gymnastics team has earned over the years. There are also eight six-foot square murals depicting highlights from 30 years of Alabama Gymnastics.

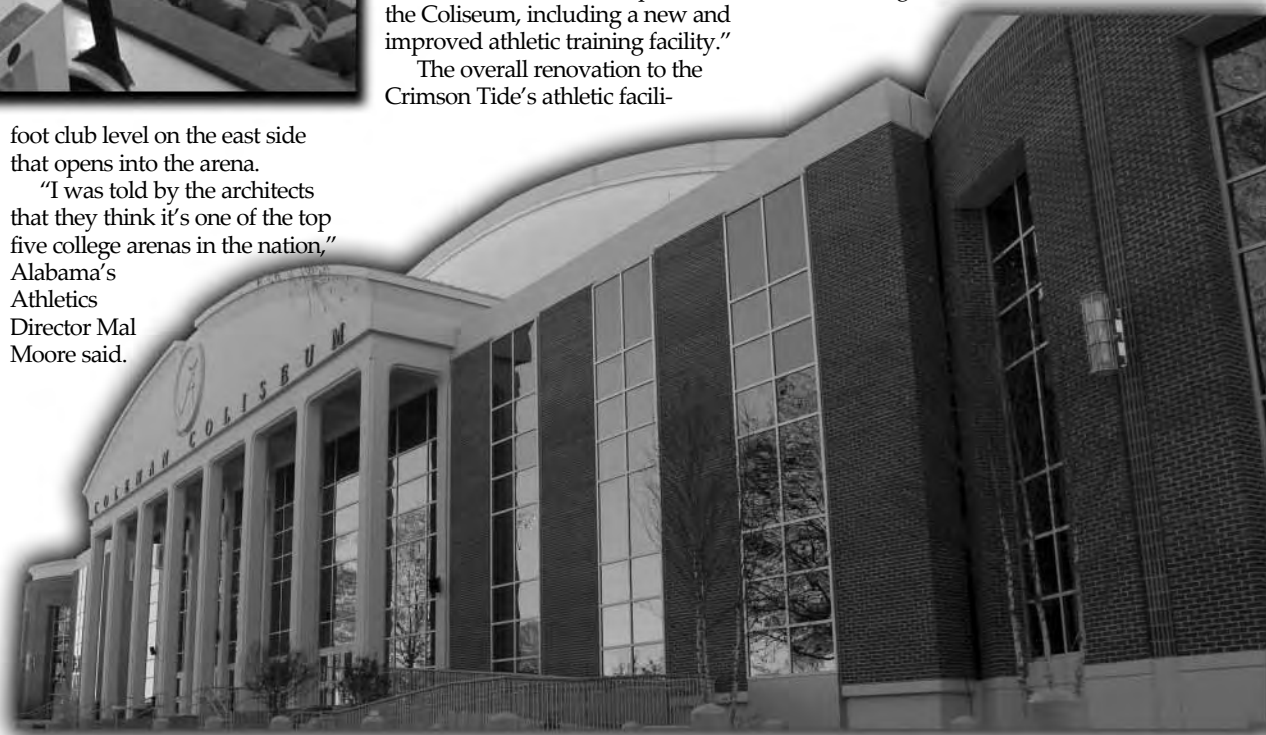
"The renovation of Coleman Coliseum allows our gymnastics fans to enjoy great competitions in one of the finest facilities in the nation," head coach Sarah Patterson said. "We're also excited about some of the 'behind the scenes' parts of the Coliseum, including a new and improved athletic training facility."

The overall renovation to the Crimson Tide's athletic facili-

ties also included a new spacious strength and conditioning center and an athletic training center that is among the nation's very best. Both facilities are located in the Mal Moore Athletic Facility adjacent to Coleman Coliseum.

Another aspect of the now completed Crimson Tradition Building initiative that has paid huge dividends is the Bryant Hall Academic Center, one of the finest academic centers in the nation, which opened in 2005 (for more on Bryant Hall, see page 22).

The Alabama practice gym, part of the Coliseum annex completed in 1996, is a state-of-the-art training facility. The main practice space boasts a design that is at once attractive and extremely functional. The equipment is all arranged to make the flow of





practice extremely fluid. There are six uneven bars stations, five balance beams, three vaults and an oversized floor in place.

All aspects of the complex come together in a marriage of form and function that gives Alabama a training edge. That is important to the coaching staff, which spent countless hours in designing the 12,500-square foot gym, but the most important aspect of the space isn't readily apparent to the casual observer.

"We train everyday in a beautiful facility that has everything we could ever need," Sarah Patterson said. "Most importantly though, it was totally designed to minimize and alleviate impact on the gymnasts. If you look at it, the facility is aesthetically pleasing, but if you look close, you will notice that it was designed with the gymnasts' bodies in mind."

Multiple soft landing pits are

available for all four apparatus, giving the Tide the freedom to train skills in enhanced safety. It also gives Alabama the capability of teaching a variety of skills at the same time.

"We have the equipment and space to choose how we want to run practice," coach David Patterson said. "We can split into two or three groups or we can all be on one event if we are having an intra-squad. It gives us the freedom to do that or to have everyone on four different events at the same time. We have the room and the staff to do that and be effective with it. Also, we put enough diverse things into the design of the facility where it is very helpful in terms of teaching new skills."

The main practice area includes an in-ground trampoline and tumbling strips. The sound system that drives the Tide's practices is top-notch, surrounding the floor exercise area with the same level of sound the Tide will encounter in a meet setting. There is also an array of cardio equipment, including a pair of treadmills, a stairstepper, two elliptical trainers and a recumbent bicycle.

A separate 2,000-square foot aerobics/dance studio is connected to the main practice area. That area houses another sound system, utilized during the Tide's spinning workouts. The gymnastics team has 20 spinning bikes, all housed in the aerobics/dance studio.

Even before the renovations, Coleman Coliseum was already one of the best places in the nation to watch gymnastics. There are few atmospheres better in collegiate athletics than a gym-



nastics Friday night in Coleman Coliseum. The roar of the crowd as Alabama marches in, the program's accomplishments being touted on the twin Jumbo Tron video screens at either end of the arena and the newly installed video board on the competition floor, is deafening.

Coleman Coliseum has hosted some of the biggest gymnastics meets in the country including the 1991, 1996 and 2002 NCAA Championships and the 1988, 1993 and 1999 SEC Championships. The Tide will host its 11th NCAA Regional in 2009.

THE MEDALIST CLUB



Officially organized in 1987, The Medalist Club was formed to support all aspects of Alabama gymnastics. Since that time, the group has grown to over 300 memberships representing more than 700 people.

As the Alabama gymnastics program continues to grow, so does its fan base. The Medalist Club seeks not only to cheer on the gymnasts, but also provide a means by which fans can come together in an organized way to support the program. More than that, members of the club have the

opportunity to get close to the program.

"I became involved with Alabama Gymnastics because I could see at a distance, and later close up, what quality individuals we have as coaches in Sarah and David Patterson," 2008 Medalist Club President Jim Davis said. "Their concern and desire to see the athletes who join the team be successful in every way, from academics to community service and in competition, is evident and gives me all the motivation I need to help them accomplish their goals. Alabama Gymnastics is very

easy to support once you meet the talented, bright and dedicated gymnasts who come to the University, and The Medalist Club is all about giving them the support they need and the publicity they deserve. Their academic accomplishments and the success of so many gymnastic alumni around the country brings honor to the University of Alabama as few things could."

Without the Medalist Club, Crimson Tide head coach Sarah Patterson believes the gymnastics team would be missing an important link on its chain of successes.

"This goes beyond the realm of a plain booster organization that provides financial support," Patterson said. "The emotional support they provide is what sets them apart from any other organization."

"This is a group of people focused together on providing support for our student-athletes in terms of fans and fellowship in a family atmosphere," Patterson explained. "They have taken the art of being a fan and turned it into something that allows everyone, including the student-athletes, to enjoy the benefit of it."

Families are a focal point of the booster group. With the inception of "Tide Tykes/Tide Teens" in 1999, children have had the chance to hang out with the gymnasts in their own special reception. That program continues the sense of family that the Tide gymnastics program has fostered over the past 30 years under Sarah and David Patterson.

"It's a great family activity," Patterson said. "It provides children with the opportunity to be involved with some terrific role models."

The Medalist Club is also instrumental in helping the Tide host the number of conference and national competitions that come to Tuscaloosa and Coleman Coliseum over the years, including the 2002 NCAA

Championships and this year's NCAA Regional Championships.

"The support we get from the Medalist Club in hosting championship meets is one of the reasons that our hospitality is nationally known," Patterson said.

The Medalist Club is continually growing and changing, working diligently to remain at the forefront of support organizations.

"The addition of several new benefactors enabled us to directly help the team in a material way," Davis said. "And we added new content in the form of video of team meets, and this proved to be quite popular. Our ability to promote the University of Alabama and its Gymnastics team have never been greater, and we will continue to look for ways to draw fans to meets and create new fans world-wide via the web."

For the fifth season in a row the club will help underwrite the radio broadcasts of all the Tide's meets, home and away, on WVUA-FM and the internet. The club's website, www.gymtide.com, sponsored through corporate partnerships, was among the nation's first and remains one of the best with a variety of features that allows the Tide's fans to get to know and keep up with the program. The highly popular site boasts innovative and informative features in a wide array of formats, all designed to give a comprehensive look at one of the nation's top collegiate programs.

Throughout the season the club sponsors a vast array of initiatives designed to help the gymnastics program in many ways. Moreover, the group has donated several items to the team over the years, including computers and printers for the team room.

Pictured above, 2008 Medalist Club President Jim Davis at the year-end banquet.

w w w . g y m t i d e . c o m



The Patterson Distinguished Alumni Award

Dana Dobransky Duckworth was honored with The Medalist Club's "Sarah Patterson Distinguished Alumni Award" last season during the Alabama-Auburn meet. The award recognizes members of the Crimson Tide Gymnastics family who have gone on to lead lives of distinction.

A two-time individual NCAA Champion, Duckworth was also a member of the Tide's 1991 NCAA Championship team. She earned NCAA and Southeastern Conference Postgraduate Scholarships, which she used to acquire a Masters of Business Administration from Alabama in 1999.

After earning her degree she moved quickly up the corporate ladder, including a seven-year stint with Pfizer Pharmaceuticals where she was a multiple Vice President Cabinet winner and earned the Circle of Excellence award which means she is in the top ten percent of the representatives in the Southeast Region.

Duckworth also served as the Tide's volun-

teer coach for nine seasons, enjoying tremendous success, a span that saw her choreograph four NCAA Championship floor exercise routines, including junior Morgan Dennis' winning routine in 2007.

"Dana has always put her tremendous drive and talents to good use, excelling in the corporate world and being a great resource for our ladies as a volunteer coach," Sarah Patterson said. "She is not only an awesome coach and choreographer, but she is a role model for these young women. Her success is an inspiration and her journey can serve as road map for our ladies."

Duckworth joined the Alabama staff as a full-time assistant coach this fall, giving the Tide a tremendous boost.

Duckworth follows Marie Robbins, Patti (Rice) Eggers and the award's inaugural recipient Barbara (Mack) Harding.

Sarah Patterson presents Dana Duckworth with the 2008 Distinguished Alumni Award during the Alabama-Arkansas meet.



The Medalist Club Postgraduate Scholarship

One of the unique and wonderful aspects of The Medalist Club is its postgraduate scholarship program designed to give members of the Crimson Tide gymnastics family a chance to continue their education at The University of Alabama.

Patti Eggers chairs the committee for the postgraduate scholarship. As a former Alabama gymnastics stand out, Eggers recognized the importance and significance of finally awarding the gifts.

"It is tremendous," Eggers said. "We can show success and how important academics are to all the people who supported us."

"This again demonstrates that the Medalist Club supports student-athletes," coach Sarah Patterson explained. "It exemplifies the things about the program that we want to emphasize: we are about athletes and education."

Anyone who has made a significant contribution to the Alabama gymnastics program may apply for the postgraduate scholarship. This includes alumni, trainers and managers.

The money is awarded upon completion of eligibility and graduation.

The scholarship is the first of its kind to be awarded, Patterson said. "It's nice to set the standard. We lead the nation in NCAA and SEC postgraduate scholarship winners in our program. This is just another arena that we have opened up to our student-athletes."

Kaitlin White, a 2008 Tide senior and two-time Scholastic All-American, is the latest recipient of the scholarship. She is pursuing a Master's in sports administration.

"I'm extremely honored to receive a Medalist Club Scholarship," White said. "I worked very hard in the classroom and to be recognized for that effort means the world to me."

Past recipients include Lexa Evans, Gwen Spidle, Andr   Pickens, Alexa Martinez and Michelle Reeser.

2008 Medalist Club President Jim Davis, Medalist Club Postgraduate Scholarship recipient Kaitlin White and coach David Patterson

Coaches
Sarah & David
PATTERSON



Excellence at the highest level has long been a hallmark of Sarah and David Patterson's careers.

The duo, in their 31st year coaching the Alabama gymnastics team, have built a program that has remained a fixture among the nation's elite for more than 25 years, a span that includes four NCAA Championships, five Southeastern Conference titles and 23 NCAA Regional Championships.

The seeds for Alabama's success were planted with the Pattersons' very first recruiting class. The duo promised that class Alabama would make it to the national championships during their careers. As seniors, that first recruiting class marched into the 1983 NCAA Championships where the Tide finished an amazing fourth at their first national championship appearance. The Crimson Tide has not missed an NCAA Championship appearance since, making it 26 in a row last season, the second longest streak in the history of collegiate gymnastics.

During that 26 year span, Alabama became one of just four teams in collegiate gymnastics history to win an NCAA Championship as well as finishing in the top six 24 times, including 21 "final-four" finishes.

Alabama's first national title came in 1988 and it cemented the Tide's place among the nation's elite program and gave credence to the coaching philosophy that Sarah and David Patterson had utilized since day one of their coaching career.

"For David and me, that championship validated our coaching philosophy of being a balanced program, striving for success athletically, academically and socially," Sarah Patterson said. "It proved you could have that philosophy, those priorities. It proved you could coach for a championship, you could instill that aca-

demical success was first and foremost and you could treat your student-athletes as maturing individuals who you want to see become better citizens who will continue to grow after graduation."

Alabama followed the 1988 NCAA crown with national championships in 1991, 1996 and 2002. The Tide also collected SEC titles in 1988, 1990, 1995, 2000 and 2003.



Alabama Athletics Director Mal Moore with Sarah and David Patterson at a reception honoring the Pattersons 30 years of service to the Crimson Tide.

In addition to the Tide's success as a team, individually, Alabama gymnasts have earned 229 All-American honors and 21 NCAA Championships. Six times a member of the Crimson Tide has earned the Honda Award, given annually to the nation's top gymnast.

Patterson-coached athletes have earned 18 NCAA and Southeastern Conference postgraduate scholarships, another figure that is best in the nation as well as 127 Scholastic All-American and 184 SEC Academic Honor Roll honors.

And while those numbers just scratch

the surface of the Pattersons' accomplishments, it does outline a pattern of success that is extraordinary even among the nation's elite collegiate programs.

Sarah and David Patterson are most proud of the success their gymnasts enjoy after they leave Alabama. After spending their collegiate careers at the Capstone, Tide gymnasts invariably go on to lead lives of distinction, both professionally

and personally.

"Winning championships never grows old," Sarah Patterson said. "And I have thoroughly enjoyed watching our ladies take home conference and national awards and championships, but there is nothing like the sense of satisfaction I get watching our ladies go out into the world and use what they learned at Alabama, both in the classroom and in the gym, to make themselves successful. It is simply the best feeling in the world."

Alabama's all-time roster is filled with highly successful doctors and lawyers,

mothers and executives, teachers and engineers and they all share the common thread that they learned the habit of success at Alabama. And that fact is probably the greatest single measure of Sarah and David Patterson's three decades of success at Alabama. The Pattersons are also extremely proud of the role their current gymnasts and alumni play in the community.

"I think as David and I have matured we've placed a greater emphasis in our own lives on community service and how we can help," Sarah Patterson said. "I feel that if we can instill that quality, that characteristic of giving in our athletes when they are 18 to 22, and they have the sense of accomplishment that working in the community gives, then when they graduate and go out into the world, they will have gained so much from that experience that they will always be giving people. That's something that's very important."

One of the reasons that the Pattersons have been so successful over the years is that the tenets of excellence upon which they have built the Alabama program have been a constant from day one.

"The core of what we are today hasn't changed from 20, 30 years ago," Sarah Patterson said. "Now we've gotten a little older and a little wiser, but when you get right down to it we still have the same philosophy, the same goals and the same drive to succeed on all levels that we did at the start."

There have been some changes along the way, including one this season which changed the structure of the Tide's coaching staff, making it stronger overall. This fall David Patterson opted to retire from the University, which allowed him to assume the volunteer coaching position. He had surgery after the 2005 season to fuse four vertebrae in his spine to help ease chronic back problems.



every day," Sarah Patterson said. "And that is a tremendous benefit for our ladies."

Another change for the Patterson family came this December when their daughter Jessie married fellow Alabama graduate Brett Jones. It was an exciting time not only for the Pattersons' immediate family but its extended gymnastics family as well.

"It was so wonderful to have everyone there for Jessie and Brett's day," Sarah Patterson said. "We were very touched to have so many of our alumni in attendance to help us celebrate

their wedding. It was very fitting since they have watched Jessie grow up over the years."

Jessie's wedding came after her graduation last spring from Alabama with a degree in journalism. She spent much of her college career on the journalistic side of sports, serving first as a reporter, then sports editor and finally managing editor of *The Crimson White*, Alabama's student paper. She also spent three years covering high school football along with Alabama football's spring and preseason football camps for *The Tuscaloosa News*. She is currently in graduate school at Alabama serving as a graduate assistant while pursuing a master's in journalism.

The Pattersons' younger daughter Jordan has enjoyed a very successful athletic career of her own. A high school junior at American Christian Academy, she plays volleyball and softball at ACA as well as

competing on a travel softball team. As a family the Pattersons are also active members of the Church at Tuscaloosa.

David, in his scant spare time, is an avid fly fisherman and cyclist. He has caught fish in 47 states, with an ultimate goal of conquering all 50. As a cyclist he has helped spearhead the "Ride of Love", a one-day, 150-mile ride through Alabama to raise money for Camp Smile-a-Mile, which caters to children with cancer. And as if all that weren't enough, he has taken up woodworking over the last few years, creating ever larger and more intricate pieces.

And while it may seem that Sarah Patterson's favorite hobby is speaking to groups about Alabama gymnastics, she has become an enthusiastic scrapbooker over the past few years and a big country music fan, filling her iPod with Sara Evans, Carrie Underwood, Toby Keith, Kenney Chesney and others.

In addition to her coaching duties, she is the driving force behind the "Power of Pink" initiative that raises awareness in the fight against breast cancer and has raised over \$750,000 for the DCH Breast Cancer Fund established by Alabama Gymnastics in 2004 to help women in need prevent, detect and treat breast cancer. In 2005 she was also named to the DCH Foundation Board.

She has served in Alabama's athletic administration as Associate Athletics Director since 1985 and was on the SEC Executive Committee, the NCAA Women's Gymnastics Committee and the NCAA Recruiting Committee.

With lives as busy as they have ever been, Sarah and David Patterson, find their days filled with family and work and the wide variety of details that intertwine everything together. It is an intricate act of balance to keep everything going at such a high level for such a long time, but it is a balancing act at which the Patterson family excels at and thrives upon.

Sarah Patterson Career Capsule

Education: Slippery Rock State College (Penn.), 1978

Major: Physical education

HONORS:

- Alabama Sports Hall of Fame (inducted March 2003)
- National Coach of the Year - 2002, 1991, 1988 & 1986
- SEC Coach of the Year - 1985, 1995 & 2000
- 1997 U.S. World University Games coach (silver medal)
- 1983 U.S. World University Games coach
- Honorary member of The University of Alabama National Alumni Association
- Alabama State Gymnastics Association Coach of the Year 1978-79

ADMINISTRATION:

- Associate Athletic Director, 1985-present
- DCH Foundation Board member, 2004-present
- Senior Women's Administrator, 1985-96
- SEC Executive Committee
- NCAA Women's Gymnastics Committee, 1985-90
- NCAA Recruiting Committee, 1991-96

David Patterson Career Capsule

Education: University of Alabama, 1982

Major: Coaching and public relations

CLUB COACHING ACHIEVEMENTS:

- Bama Bounder Age Group Club
 - 260 state champions
 - 210 regional champions
 - 22 national champions
- Named assistant coach for the 1989 and 1991 World University Games.

HONORS:

- 1982-83 Alabama State Gymnastics Association Coach of the Year
- 1992 & 1993 NCAA Central Region Assistant Coach of the Year

Alabama Under The Pattersons

Year at Alabama: 31st Overall Regular Season Record: 376-83-4/30 years

- 2002, 1996, 1991 & 1988 NCAA Team Champions
- 2003, 2000, 1995, 1990 & 1988 SEC Team Champions
- 1983-85, 1987-96, 1998-03, 2005-08 NCAA Regional Team Champions
- 21 individual NCAA Championships
- 10 NCAA Postgraduate Scholarships
- 8 SEC Postgraduate Scholarships
- 52 athletes with 229 All-American honors
- 56 athletes with 127 Scholastic All-American honors (since 1991)
- 49 All-SEC honors
- 184 SEC Academic Honor Roll honors
- 40 individual SEC Championships
- 3 NCAA Top VIII honors
- 6 NCAA Region Gymnast of the Year honors
- 4 SEC Athletes of the Year
- 3 SEC Scholar Athletes of the Year
- 5 SEC Gymnast of the Year honors
- 3 SEC Freshmen of the Year
- SEC Single meet attendance record (15,162 vs. Florida 1/20/06)
- SEC Single season attendance record (12,578 per meet, 2006)



David and Sarah Patterson, Jessie and Brett Jones and Jordan Patterson



Jessie and Jordan

THE PATTERSON RECORD

Year	Record	SEC Finish	Regional Finish	NCAA Finish
2008	10-4-0	2nd	1st	6th
2007	8-2-0	3rd	1st	9th
2006	14-1-0	2nd	1st	3rd
2005	11-3-0	3rd	1st	2nd
2004	12-1-0	2nd	2nd	3rd
2003	10-7-0	1st	1st	2nd
2002	12-3-0	2nd	1st	1st
2001	15-2-1	2nd	1st	4th
2000	14-3-0	1st	1st	5th
1999	8-3-0	2nd	1st	3rd
1998	10-3-0	4th	1st	3rd
1997	13-2-0	4th	2nd	9th
1996	12-1-0	2nd	1st	1st
1995	15-1-0	1st	1st	2nd
1994	7-3-1	2nd	1st	2nd
1993	9-2-0	2nd	1st	2nd
1992	9-4-0	2nd	1st	3rd
1991	16-0-0	2nd	1st	1st
1990	14-1-0	1st	1st	2nd
1989	13-3-0	2nd	1st	3rd
1988	14-3-2	1st	1st	1st
1987	12-5-0	3rd	1st	4th
1986	18-2-0	3rd	2nd	3rd
1985	16-4-0	2nd	1st	4th
1984	15-5-0	—	1st	6th
1983	15-1-0	—	1st	4th
1982	17-2-0	—	—	—
1981	14-1-0	—	—	—
1980	16-4-0	—	—	—
1979	7-7-0	—	—	—



Bryan Raschilla

Assistant Coach

To Bryan Raschilla, now in his 13th season with the Crimson Tide, there is no better place to be than the University of Alabama and no better job than coaching its gymnastics team.

"I absolutely love what I am doing," Raschilla said. "I get to meet and build relationships with some really wonderful people. The chance to work with this caliber of student-athlete, I don't think you get anywhere else. And what I like the most is that it's not just about gymnastics and it's not just about the four years they're here on campus. Being at Alabama is about creating lifelong relationships."

Most importantly to him, Raschilla has seen class after class of Alabama gymnasts come through the program, grow as athletes and people and graduate, ready to make something great of their lives.

"I'm at Alabama to be a part of a program that does things the right way," Raschilla said. "I have the good fortune to coach athletes who excel in academics, athletics and community service. To be able to have some part in their development is really at the heart of why I coach."

Since he joined the Tide for the 1997 season, Raschilla has helped coach Alabama to 10 top-6 national finishes, including the 2002 NCAA Championship and a pair of NCAA runner-up finishes. With Raschilla on board, the Tide also owns a pair of Southeastern Conference titles in 2000 and 2003. Alabama gymnasts have won 10 individual NCAA titles during his tenure, including junior Morgan Dennis' 2007 NCAA Floor Exercise Championship. The Tide has earned 121 All-American honors and 101 Scholastic All-American honors during his tenure. On a conference level, in addition to the team titles, Alabama has won 32 individual SEC titles and been named to the SEC Academic Honor Roll 124 times since Raschilla arrived.

Raschilla's excitement about Alabama goes far beyond the gymnastics program, extending to the University as a whole.

"I love the energy this campus has and how it's growing all the time," Raschilla said. "Our president, Dr. Robert Witt, is doing a tremendous job in raising the bar in all ways, from enrollment to the facilities and everything in between. His dedication to excellence has Alabama reaching new heights in all areas, something that's being recognized on a national basis. There's just a ton of things going on, it's an exciting time."

For Raschilla the campus atmosphere makes Tuscaloosa a great place to raise his family. And while he and wife Laura are both Ohio natives, their children, Adam, born in 1998, and daughter, Kathryn, born in 2001, were both born in Alabama.

"Both our children were born here, we have family that have moved here to be with us and to get warm," Raschilla said with a laugh. "Laura and I may be from Ohio originally, but we consider ourselves Alabamians now and we feel fortunate to be raising our family in Tuscaloosa. It's a strong community, one that's growing all the time."

And as his own family has grown, Raschilla has come to appreciate the family aspect of the Tide gymnastics program more and more.

"I am impressed and amazed by how our ladies stay connected to the program and to each other," Raschilla said. "They also remain big fans and supporters of the team, from those that graduated 30-plus years ago to those that graduated last year. There is just a tremendous bond, one that lasts a lifetime, and it's truly a family, one that is there in the good times and the tough times."

His duties with the Crimson Tide are as wide ranging as his talents. In addition to in-the-gym coaching, the Mineral Ridge, Ohio native also

helps develop the Tide's strength and conditioning program and coordinate Alabama's recruiting efforts.

"Bryan not only brings his keen technical analysis to the team," Sarah Patterson said. "He also brings the sort of stability that is expected of this program. After all, he is now in his 13th year with us, and he is only the third coach to serve as an assistant. He adds a comforting continuity for the athletes."

He also brings a talent for graphic design to the Tide. Before joining the collegiate coaching ranks, in addition to coaching club gymnastics, Raschilla worked in the art department of one of Ohio's top advertising agencies. Every year, Raschilla brings his skills to bear on the Tide's posters, logos, advertising, media guide covers along with a host of other projects.

So how did the 6-foot, 5-inch red-head with a degree in graphic design get involved in the one sport he'd never tried?

"I probably get asked that question a hundred times a year," Raschilla laughed.

Asked to spot for his high school team, Raschilla's interest continued to develop throughout his time at

Youngstown State University in Ohio when he coached age-group gymnastics. After eleven years of club gymnastics and countless state champions, national qualifiers and national team members, he moved into the collegiate arena. "I started in 1983," Raschilla said. "And I've been coaching ever since."

Following a two-year stretch at the University of Michigan, where the Wolverines were second and sixth at nationals during his tenure, Raschilla moved on to The University of Alabama.

In the years that have passed in Tuscaloosa with the Crimson Tide, Raschilla has accumulated masses of great memories, but for him, it's not just the championships, the titles and the victories that stick with him.

"As a coach, I think some of my greatest memories come from those moments that no one else sees," Raschilla said. "It's those moments in the gym when someone is having a hard time, but they push through anyway. It's breakthroughs in practice, and all the hard work along the way that sets up the championship moments. Those are some of my best memories."



The Raschillas - From the left, Adam, Laura, Bryan and Kathryn

Bryan Raschilla Capsule

Family: *Wife* - Laura

Son - Adam, *Daughter* - Kathryn

Hometown: Mineral Ridge, Ohio

Education: Youngstown State University (Ohio), 1989

Major: Graphic Design

Record at Alabama/Years: 140-37-1/12

The Crimson Tide With Raschilla

- 2002 NCAA Team Champion
- 2003 & 2000 SEC Team Champions
- 1998-03, 05-07 NCAA Regional Team Champions
- 10 individual NCAA Championships
- 4 NCAA Postgraduate Scholarships
- 3 SEC Postgraduate Scholarships
- 28 athletes with 116 All-American honors

- 46 athletes with 101 Scholastic All-American honors
- 124 SEC Academic Honor Roll honors
- 32 individual SEC Championships
- 29 All-SEC honors
- 3 NCAA Top VIII Honors
- 6 NCAA Region Gymnast of the Year Honors
- SEC Freshman of the Year
- 5 SEC Gymnast of the Year Honors
- 2 SEC Athletes of the Year
- 2 SEC Scholar Athletes of the Year
- SEC Single meet attendance record (15,162 vs. Florida 1/20/06)
- SEC Single season attendance record (12,578 per meet, 2006)





Dana Duckworth

Assistant Coach

Alabama had her at hello.

When Dana Dobransky Duckworth came on her recruiting trip to the University of Alabama in 1989, she had no idea she was about to fall in love with a place, a team and a university, but that's just what happened.

"I took recruiting trips to the top five schools, the schools that are still in the top five today, and I felt something here, I felt a connection with the coaches and with the team, a chemistry that I knew, even then, that I would not find at a different school. I went on four other trips and they just solidified what I felt here at Alabama. I love our environment, I love our culture, I love our tradition and I love the fact that when you go out as an Alabama gymnast you represent all those things."

And it was those same elements that made her decision to leave a lucrative career with Pfizer Pharmaceuticals and join the Alabama coaching staff on a full-time basis this fall after nine years as a volunteer coach with the Crimson Tide such an easy one.

"I really enjoyed what I was doing at Pfizer, and it's a tremendous company, but my heart and my passion have always been here at the Capstone with our program," Duckworth said. "I felt like this was an opportunity for me to do what I love and everyone I have ever talked to has said, if you love what you do, you'll never go to another day of work in your life."

It was an equally easy decision for Sarah and David Patterson.

"There was no search; there was no thought of someone else," Sarah Patterson said. "We are very excited to have Dana's enthusiasm, passion and love for our program in the gym on a full-time basis. We feel very fortunate to have the opportunity to work side-by-side with someone we believe represents the epitome of everything we have strived to achieve in our program and to have her help shape and mold the next generation of Alabama gymnasts."

The choice to become a full-time assistant coach also made sense from a family perspective for the Duckworths.

"When my family made this decision, it was because my husband and I came to the realization that this was not only an awesome opportunity for me, but for our family as well," Duckworth said. "And I would not have made this decision if my husband had not been 100-percent supportive of it."

She and her husband Joe, who married in 2000, have two children, Joseph Clemson, "Jace", born in 2006, and Camryn Elizabeth who was born in 2004.

In addition to her infectious enthusiasm for the Crimson Tide and her skills as a technical coach, Duckworth also brings her standing as one of the nation's premiere choreographers. Nothing could drive that point home quite like the success the athletes she has worked with have enjoyed.

In 2007, when junior Morgan Dennis capped off her rookie season by winning the NCAA Floor Exercise Championship, it marked the fourth time that a routine that Duckworth choreographed won the NCAA floor title. In what is believed to be

a first, two of the athletes she worked with shared the NCAA floor exercise title in 2004 when Alabama's Ashley Miles and North Carolina's Courtney Bumpers tied for top honors. In 2005 Bumpers scored a 10.0 to win her second floor title, with Miles a fraction off the lead with a 9.975. That same year Miles also scored a 10.0 during the Super Six Team Final, leading Alabama to a second place finish. Miles closed out her storied Alabama career with a third place national finish on the floor exercise giving her four top-3 NCAA finishes.

With Duckworth's help, Miles also won four consecutive Southeastern Conference and NCAA Regional floor exercise titles. She is the first gymnast in SEC history to win the same event all four years of her career.

"It's such a wonderful experience to be able to help these athletes bring out their personality and perform routines that shine," Duckworth said. "They work very hard and have certainly been very successful. It's a lot of fun to watch them compete."

For Sarah Patterson, Duckworth brings more than just coaching and choreography skills to the gym.

"Dana is a great role model for our ladies," Patterson said. "She enjoyed tremendous success in all aspects of her Alabama career, in the gym and in the classroom. Her experience is an invaluable resource to our ladies."

Duckworth has now seen both sides of a national team championship, having been a part of the Tide's 1991 NCAA title as a sophomore and the 2002 NCAA Championship as a volunteer coach. She has also won a conference title as an athlete (1990) and a coach (2003).

In addition to her team championships, Duckworth earned eight All-American accolades and finished her career in 1993 by winning her second consecutive NCAA Balance Beam title with a perfect 10.0. She was named NCAA Woman of the Year for the State of Alabama in 1993.

As a student, she soared to great heights, becoming a three-year Scholastic All-American and a two-time CoSIDA At-Large Academic All-American, an award that spans several sports. She was inducted in Mortar Board as an undergraduate and earned both an NCAA and Southeastern Conference Postgraduate Scholarship, using them to attend graduate school at Alabama and obtain her Master's of Business Administration in 1999.

"I could have gone anywhere in the country to get my MBA," Duckworth said. "But I chose to come back to Alabama because Alabama's business school is one of the best in the country and I loved the size of the campus, I love the MBA program and more than all that, it was a chance to come back to a place I considered home."

After graduating with her Bachelor's degree, she moved up the corporate ladder quickly at AMX Corporation, a high tech firm out of Dallas. She finished her tenure there as manager of the company's training programs. After receiving her Master's degree, she served as Director of Marketing of a Trussville based automotive company followed by a short stint as Vice President of Corporate Solutions for a Birmingham company before returning to Tuscaloosa to work for Pfizer.

With Pfizer, Duckworth was extremely successful becoming a multiple Vice President Cabinet winner denoting the top representative in the Gulf Coast Region and earning the Circle of Excellence award which means she was in the top ten percent of the representatives in the Southeast Region. She was also elected district captain for the Legislative Action Committee, which works with state and local Senators and Congressmen to address healthcare issues and the impact they have on constituents.

Duckworth's wealth of experiences in the business world gives her a unique perspective when it comes to coaching.



The Duckworths: From the left - Joe, Camryn, Dana and Jace.

Dana Duckworth Capsule

Family: *Husband* - Joe

Daughter - Camryn, *Son* - Jace

Hometown: Sterling Heights, Mich.

Education: University of Alabama
Telecommunications and Film, '93
Master's of Business Administration, '98

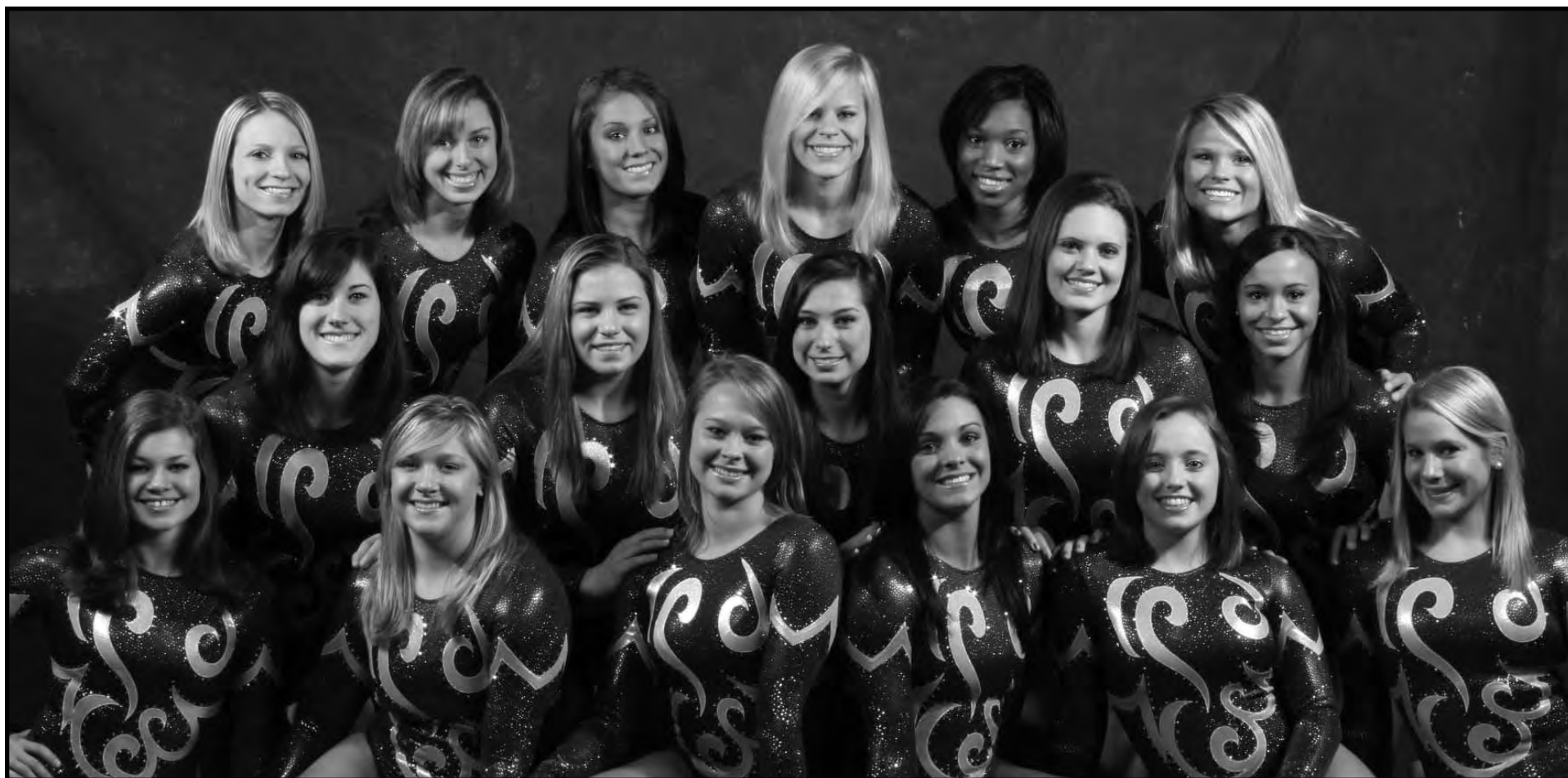
The Crimson Tide With Duckworth As A Coach

- 2002 NCAA Team Champion
- 2003 SEC Team Champions
- Eight NCAA Regional Team Championships
- 10 individual NCAA Championships
- 98 All-American honors
- 78 Scholastic All-American honors
- 92 SEC Academic Honor Roll honors

- 26 individual SEC Championships
- 23 All-SEC honors

As An Athlete

- 1991 NCAA Team Champion
- 1990 SEC Team Champions
- 1990-93 NCAA Regional Team Champions
- 1992 and 1993 NCAA Balance Beam Champion
- Eight-time All-American
- NCAA Postgraduate Scholarship
- SEC Postgraduate Scholarship
- NCAA Woman of the Year - State Honoree
- Second-team GTE/CoSIDA Academic All-American
- SEC Academic Honor Roll
- SEC Champion and All-SEC honoree
- Regional Champion



The 2009 Alabama Gymnastics Team: Bottom row, from the left - Rachel Terry, Geralen Stack-Eaton, Ericka Pearson, Caitlin Sullivan, Jocelyn Fowler and Ashley Priess. Middle row - Megan Mashburn, Brittany Magee, Kayla Hoffman, Amanda Montgomery and Ashley O'Neal. Top row - Ricki Lebegern, Kassi Price, Casey Overton, Alyssa Chapman, Morgan Dennis and Jacqueline Shealy.

2009 Alabama Roster

Name	Yr.	Exp.	Hgt.	Hometown	Club Team
Alyssa Chapman	Junior	2L	5-3	Spartanburg, S.C.	Kozeev's World of Gymnastics
Morgan Dennis	Junior	2L	5-2	Westampton, N.J.	Arena Gymnastics
Jocelyn Fowler	Freshman	HS	5-0	Tuscaloosa, Ala.	Bama Bounders
Kayla Hoffman	Sophomore	1L	5-3	Union, N.J.	Rebound Gymnastics
Ricki Lebegern	Junior	2L	4-11	Annandale, Va.	Capital Gymnastics
Brittany Magee	Senior	3L	5-2	Arlington, Texas	Texas Dreams Gymnastics
Megan Mashburn	Sophomore	1L	5-4	Greenville, S.C.	Haydens Gymnastics Academy
Amanda Montgomery	Senior	3L	5-4	Jacksonville, Fla.	Starlight Gymnastics
Ashley O'Neal	Senior	3L	5-2	Kennesaw, Ga.	Gymnastics Academy of Atlanta
Casey Overton	Junior	2L	5-2	Virginia Beach, Va.	Excalibur Gymnastics
Erika Pearson	Freshman	HS	5-3	Chickamauga, Ga.	Tennessee Academy of Gymnastics
Kassi Price	Junior	2L	5-4	Plantation, Fla.	Orlando Metro Gymnastics
Ashley Priess	Freshman	HS	5-3	Wheaton, Ill.	Cincinnati Gymnastics Academy
Jacqueline Shealy	Junior	2L	5-2	Tuscaloosa, Ala.	World Olympic Gymnastics Academy
Geralen Stack-Eaton	Freshman	HS	5-3	Horsham, Penn.	Parkettes
Caitlin Sullivan	Freshman	HS	5-2	Elkhart, Ind.	Cutting Edge Athletics
Rachel Terry	Freshman	HS	4-10	Hoover, Ala.	JFJ Elite Gymnastics

HEAD COACH	VOLUNTEER COACH	ASSISTANT COACH	ASSISTANT COACH
Sarah Patterson 31st Year	David Patterson 31st Year	Bryan Raschilla 13th Year	Dana Duckworth 10th Year

PRONUNCIATION GUIDE:

Alyssa Chapman	Ah-liss-uh	Ashley Priess	Preess
Ricki Lebegern	Leba-gurn	Bryan Raschilla	Rah-shill-uh
Brittany Magee	Mah-gee	Geralen Stack-Eaton	Jer-ah-lyn
Casey Overton	Kay-see		

GYMNASTICS SUPPORT STAFF

Director of Gymnastics Operations:	Rita Martin
Administrative Assistant:	Robin Kelley
Assistant Athletic Trainer:	Monica Decker
Student Athletic Trainers:	Joshua Logan - spring semester, Tonie Love - fall semester
Managers:	Caleb Hooks, Lauren Adair, Lauren Smelley and Russ Guin
Academic Advisor:	Fern Hampton
Strength and Conditioning Coach:	Travis Illian
Promotions Director:	Jennifer Martin

RETURNING NCAA CHAMPION

Morgan Dennis — 2007 Floor Exercise

RETURNING ALL-AMERICANS (5)

Morgan Dennis (5):	2008 —	Floor, Bars*, All-Around*
	2007 —	Floor, All-Around*
Kayla Hoffman (1):	2008 —	Vault
Brittany Magee (1):	2006 —	Floor*
Casey Overton (1):	2008 —	Beam*
Kassi Price (2):	2008 —	Bars
	2007 —	Bars*

* Denotes second-team All-American

RETURNING SEC CHAMPIONS (3)

Morgan Dennis (3):	2008 —	Vault, Floor, Beam
Ricki Lebegern (3):	2008 —	Vault, Beam
	2007 —	Beam
Casey Overton (1):	2008 —	Beam

2008 SCHOLASTIC ALL-AMERICANS (12)

Alyssa Chapman, Kayla Hoffman, Jennifer Iovino, Ricki Lebegern, Brittany Magee, Cassie Martin, Megan Mashburn, Amanda Montgomery, Ashley O'Neal, Casey Overton, Kassi Price, Kaitlin White

2008 SEC ACADEMIC HONOR ROLL (13)

Alyssa Chapman, Morgan Dennis, Kayla Hoffman, Jennifer Iovino, Ricki Lebegern, Brittany Magee, Cassie Martin, Megan Mashburn, Amanda Montgomery, Ashley O'Neal, Casey Overton, Kassi Price, Kaitlin White

STATE-BY-STATE BREAKDOWN

ALABAMA	NEW JERSEY
Jacqueline Shealy	Morgan Dennis
Jocelyn Fowler	Kayla Hoffman
Rachel Terry	
FLORIDA	ILLINOIS
Amanda Montgomery	Ashley Priess
Kassi Price	
GEORGIA	INDIANA
Ashley O'Neal	Caitlin Sullivan
Erika Pearson	
	PENNSYLVANIA
	Geralen Stack-Eaton

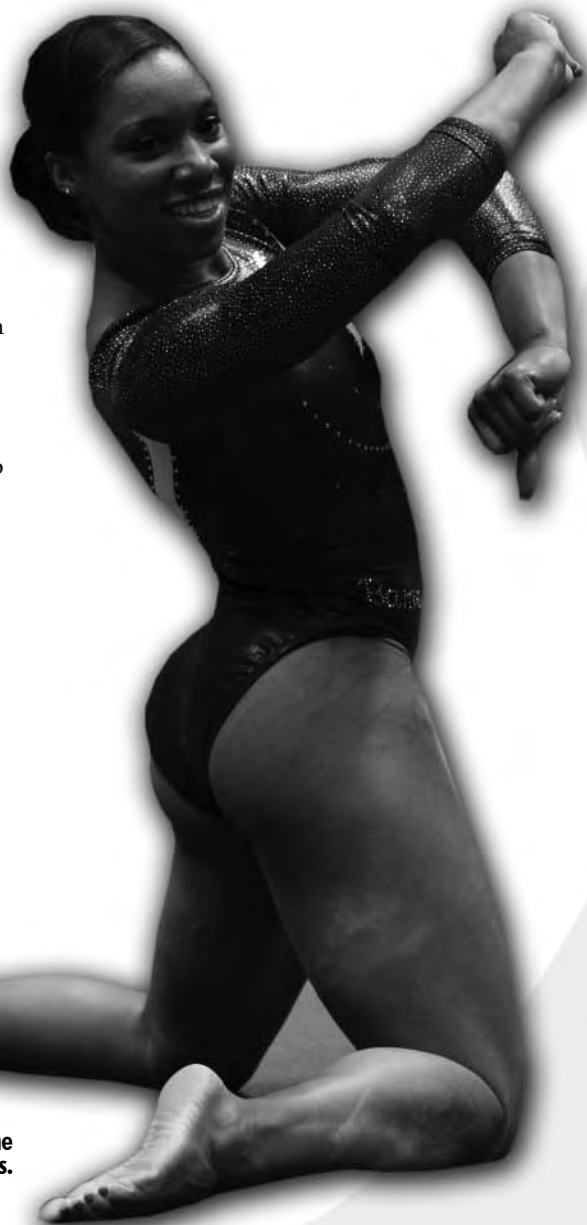
CLASS BREAKDOWN

Seniors (3)	Sophomores (2)
Brittany Magee	Kayla Hoffman
Amanda Montgomery	Megan Mashburn
Ashley O'Neal	
Freshmen (6)	
Jocelyn Fowler	
Erika Pearson	
Ashley Priess	
Geralen Stack-Eaton	
Caitlin Sullivan	
Rachel Terry	
Juniors (6)	
Alyssa Chapman	
Morgan Dennis	
Ricki Lebegern	
Casey Overton	
Kassi Price	
Jacqueline Shealy	

The 2009 Crimson Tide Preview

THE 2009 SEASON -

There are 17 gymnasts on this year's Crimson Tide roster, which ties it for the largest in school history. With six freshmen and 11 upperclassmen, Alabama has a strong mixture of youth and experience on hand as it strives to take Alabama to its 27th NCAA Championship and goes for its fifth national title.



Junior NCAA Champion and five-time All-American Morgan Dennis.

THE DETAILS -

- There are 17 gymnasts on this year's roster - 3 seniors, 6 juniors, 2 sophomores and 6 freshmen.
- The Crimson Tide returns NCAA Champion Morgan Dennis to this year's squad. Dennis won the 2007 floor exercise title.
- Alabama returns five All-Americans this season, juniors Morgan Dennis, Casey Overton and Kassi Price, sophomore Kayla Hoffman and senior Brittany Magee.
- There are four SEC Champions on this year's roster - junior Ricki Lebegern, Dennis, Overton and Magee.
- Sarah and David Patterson are in their 31st season coaching the Crimson Tide and assistant coach Bryan Raschilla is in his 13th season coaching at Alabama. After nine years as a volunteer assistant coach, Dana Dobransky Duckworth, is in her first year as a full-time assistant coach, taking that position when David Patterson moved to the volunteer assistant role this fall.
- Alabama is coming off its 26th consecutive NCAA Championship appearance, making it one of only two schools in the nation with a streak of more than 25 national championship appearances in a row.
- The Crimson Tide is one of just four teams to win an NCAA Championship, taking home the crown in 2002, 1996, 1991 and 1988. Alabama has also won five Southeastern Conference titles and 23 NCAA Regional Championships.

THE SCHEDULE -

Once January rolls around, the fun really begins. Alabama will host six "Fun Family Fridays" during the regular season as well as the 2009 NCAA Regional Championship on April 4. The Crimson Tide remains one of the biggest draws in women's athletics, averaging over 12,000 fans per meet last season, including two sellouts of 15,075.

Stanford, Oklahoma, LSU, Auburn, Kentucky, Denver and UNC will all join the Tide in Coleman Coliseum this season, Alabama Gymnastics remains a very hot ticket, especially the Tide's "Power of Pink" meets. This year's "Pink" meet is on February 27 against Auburn. The annual event which helps raise awareness in the fight against breast cancer has sold out each of the last three years.

The Tide faces Georgia, Florida, Penn State, Ohio State, Arkansas and Auburn on the road this year.

Alabama's championship season starts in Nashville, Tenn. on March 21 with the SEC Championships, before returning to Tuscaloosa for the NCAA Regional Championship, and ends with the NCAA Championships in Lincoln, Neb. April 16-18 with Alabama striving for a fifth NCAA Championship crown.



Sophomore All-American and Scholastic All-American Kayla Hoffman

THE FRESHMEN -

The freshmen in the gym this fall included U.S. National team members Ashley Priess and Geralen Stack-Eaton, as well as Jocelyn Fowler, Erika Pearson and Rachel Terry. The Tide also added to its rookie class when Caitlin Sullivan graduated from high school early and joined the team right after the Christmas holidays, bringing Alabama's rookie total to six. All six have the potential to make an immediate impact on the Tide's lineup with Priess, Stack-Eaton and Sullivan having the potential to see action in the all-around as freshmen.



**Junior
two-time
All-American
and Scholastic
All-American
Kassi Price**

THE VETERANS -

Alabama returns 11 gymnasts from last year's team that took the Tide to its 26th consecutive NCAA Championships and led Alabama to its 24th top-6 national finish.

Junior All-Americans Morgan Dennis, Kassi Price and Casey Overton and three-time SEC Champion Ricki Lebegern, along with sophomore All-American Kayla Hoffman and senior All-American Brittany Magee lead the way for the Tide this season. Among those six, four - Dennis, Hoffman, Price and Lebegern - went all-around last season while Overton competed on all four events during the season.

Dennis comes into her junior season a five-time All-American who earned three SEC Championships and a trio of NCAA Regional titles last season. She also earned All-SEC recognition.

Price earned All-American honors on the uneven bars for the second year in a row and won NCAA Regional titles on the uneven bars and balance beam. She was second team All-SEC and a member of the SEC Academic Honor Roll.

Overton enjoyed a breakout season in 2008, earning balance beam All-American honors as well as winning the SEC beam title being named All-SEC.

Lebegern not only successfully defended her 2007 SEC Balance Beam title last season, but added SEC gold on the vault as well, earning All-SEC honors. She was also named to the SEC's 2008 Community Service Team.

Hoffman had an outstanding freshman year, starting things off by earning a 4.0 grade point average in the fall, her first semester in the classroom after being home schooled since the fourth grade. In the gym, she became a vault All-American and was named second team All-SEC and to the inaugural Freshman All-SEC team. Off-season shoulder surgery slowed her training this fall, but the coaches expect her to be back in the full swing of things by February.

Magee added an NCAA Regional title on the balance beam to her resume.

Senior Ashley O'Neal worked her way into the balance beam and floor exercise lineup during the latter part of the 2008 season after fighting through knee problems that slowed her early on. O'Neal's floor exercise routine helped Alabama's floor lineup, one of the nation's best in 2008, get off to a strong start. Junior Jacqueline Shealy continued to come back from the torn ACL she ended her freshman season and should be even stronger this season.

Senior Amanda Montgomery competed on the uneven bars and balance beam last season, but off-season shoulder surgery will slow her going into this season. Junior Alyssa Chapman, who Sarah Patterson calls the team's most improved through the fall, and sophomore Megan Mashburn both saw time on the vault last season and will be working to make the competitive six this season.

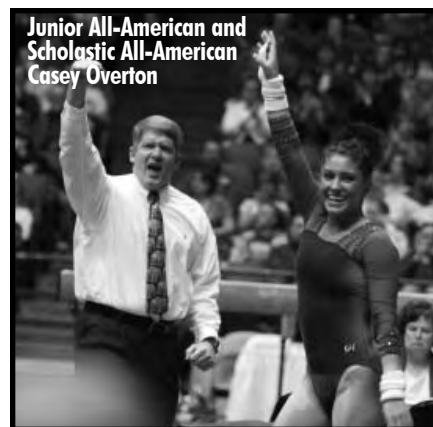
THE BOTTOM LINE -

One of the reasons for Alabama's unrelenting success over the past 30 years is that its focus has never wavered. In the gym, for the Crimson Tide, there is one goal.

"On the last night of the season," Sarah Patterson said. "We want to be on the floor of the national championships with a chance to win."

Simple, but effective, that goal has led Alabama to 26 straight appearances at the NCAA Championships. Only one team has been to more consecutive national championships. The determination, drive and dedication with which Alabama pursues its singular goal has earned the Tide four national championships and 24 top-6 NCAA finishes.

**Junior All-American and
Scholastic All-American
Casey Overton**



THE CLASSROOM -

The Crimson Tide continues to lead the way in the classroom. Last year 12 gymnasts earned Scholastic All-American honors and 13 were named to the Southeastern Conference Academic Honor Roll.

As a team, Alabama's gymnasts earned a 3.48 team grade point average last season, the highest in the Southeastern Conference. Alabama was one of just two teams in the nation last year to finish in both the top-6 at the NCAA Championships and in the top-15 nationally in terms of team grade point average.

Alabama returns 11 SEC Academic Honor Roll honorees and nine Scholastic All-Americans from last season including junior Kassi Price who carries a 4.0 GPA and earned a place on the prestigious ESPN the Magazine/CoSIDA Academic All-American At-Large team last year.

**Junior Scholastic All-American
and three-time SEC
Champion Ricki Lebegern**



The 2009 Crimson Tide at a Glance



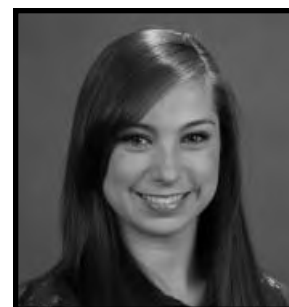
ALYSSA CHAPMAN
Spartanburg, S.C.
Junior



MORGAN DENNIS
Westampton, N.J.
Junior
**NCAA Champion
All-American**



JOCELYN FOWLER
Tuscaloosa, Ala.
Freshman



KAYLA HOFFMAN
Union, N.J.
Sophomore
All-American



RICKI LEBEGERN
Annandale, Va.
Junior



BRITTANY MAGEE
Arlington, Texas
Senior
All-American



MEGAN MASHBURN
Greenville, S.C.
Sophomore



AMANDA MONTGOMERY
Jacksonville, Fla.
Senior



ASHLEY O'NEAL
Kennesaw, Ga.
Senior



CASEY OVERTON
Virginia Beach, Va.
Junior
All-American



ERIKA PEARSON
Chickamauga, Ga.
Freshman



KASSI PRICE
Plantation, Fla.
Junior
All-American



ASHLEY PRIESS
Wheaton, Ill.
Freshman



JACQUELINE SHEALY
Tuscaloosa, Ala.
Junior



GERALEEN STACK-EATON
Horsham, Penn.
Freshman



CAITLIN SULLIVAN
Elkhart, Ind.
Freshman



RACHEL TERRY
Hoover, Ala.
Freshman

alyssa CHAPMAN

Junior • 2L • 5-3
Hometown: Spartanburg, SC
Major: Pre-physical Therapy
Events: Vault, Beam, Floor
High School: Dorman
Club: Kozeev's World of Gymnastics

ALABAMA HIGHLIGHTS:

2008 — sophomore

Scholastic All-American ... SEC Academic Honor Roll ... Competed on the vault in exhibition during the season ... Earned a perfect 4.0 grade point average for the fall semester, earning President's List honors ... Inducted into Phi Eta Sigma, Gamma Beta Phi Honor Society, Sigma Alpha Lambda and The National Society of Collegiate Scholars honor societies.

2007 — freshman

Joined Alabama for the spring semester ... Earned Dean's List honors for the spring semester ... Scholastic All-American

PREP HIGHLIGHTS:

Coached by Anatoly and Tamara Kozeev at Kozeev's World of Gymnastics ... Five-time Region VIII Qualifier ... Six-time Kozeev Gymnast of the Year ... 2006 Level 10 South Carolina State all-around, vault, uneven bars, balance beam, floor exercise champion ... 2005 Level 10 South Carolina State vault, balance beam, floor exercise champion ... Finished 13th in the all-around and fifth on the balance beam at the 2006 Level 10 Regional Championships ... Finished 3rd on the balance beam at the 2005 Level 10 Regional Championships ... Level 9 Eastern National Qualifier ... Member of the Beta Club and National Art Honor Society ... National Honor Society

PERSONAL INFORMATION:

Full name: Alyssa Brooke Chapman ... Daughter of John and Marilee Chapman ... Sister - Samantha ... Brother - Jason ... Born November 30, 1988





morgan DENNIS

Junior • 2L • 5-4
Hometown: Westampton, N.J.
Major: Psychology
Events: All-Around
High School: Holy Cross
Club: Arena Gymnastics

ALABAMA HIGHLIGHTS:

2008 — sophomore

All-American on the floor exercise and second team All-American in the all-around and uneven bars ... Posted the highest floor exercise score of the championships, a 9.95, during the NCAA Super Six Team Final ... Posted five scores of 9.9 or better at the NCAA Championships, including a career-best 9.9 on the uneven bars during prelims ... NCAA South Central Regional Champion in the all-around, vault and floor exercise ... Won 16 individual titles, including six in the postseason ... Posted 20 scores of 9.9, including 11 on the floor exercise ... Scored 39.4 or better in the all-around in every postseason meet ... Scored a career-best 39.625 in the all-around to win the NCAA SC Regional ... SEC Vault, Balance Beam and Floor Exercise Champion ... All-SEC ... SEC Academic Honor Roll ... Posted a career-best 9.9 to win the balance beam at the SEC Championships ... Led Alabama with 58 routines for the season.

2007 — freshman

2007 NCAA Floor Exercise Champion ... Sixth Alabama Gymnast to win an NCAA title as a freshman ... All-American on the floor exercise and second team All-American in the all-around ... Ranked No. 1 in the nation on the floor exercise at the end of the regular season ... Won the NCAA Central Regional Vault Championship with a 9.95 ... Fifth in the all-around at the SEC Championships with a 39.5, earning second team All-SEC honors in the process ... Won the all-around twice, at Auburn, tying her career best with a 39.525 and against LSU with a 39.5 ... Ranked No. 1 in the nation in the all-around during the week of Jan. 29 ... Won a Tide best 15 individual event titles dur-

ing the season ... Led Alabama on the floor exercise 10 times, winning it eight times - at the NCAA Championships and against Oklahoma, Auburn, Kentucky, UNC, LSU, UCLA and at Auburn ... Posted the Tide's season best marks on the vault, 9.950 and floor exercise, 9.975 ... Posted a career best 9.875 on the balance beam against UCLA ... Named to the Dean's List for the summer semester after earning a 3.5 grade point average ... SEC Academic Honor Roll.

PREP HIGHLIGHTS:

Coached by Magda During, Jill Cookingham, Valdi Kolasa and Wes Marutani at Arena Gymnastics ... Second in the all-around and the floor exercise and third on the uneven bars and balance beam at the 2006 Parkettes Invitational ... Won the all-around at the 2006 New Jersey Level 10 State Championships ... Won the vault and floor exercise at the 2005 Twisters Invitational ... Competed at the 2004 U.S. National Championships ... Won the all-around at the U.S. Coaches' Cup ... Won the vault at the 2004 Podium Meet ... Ninth in the all-around at the 2004 U.S. Classic ... 2003 New Jersey Optional Athlete of the Year ... Won the all-around at the 2003 US Challenge ... Ninth in the all-around at the 2003 Level 10 Nationals ... Won the all-around at the 2003 Level 10 region 7 Championships and the 2003 Level 10 New Jersey State Championships ... Four-year honor student ... National Honor Society.

PERSONAL INFORMATION:

Full Name: Morgan Marie Dennis ... Daughter of Al and Carla Dennis ... Born October 1, 1988

DENNIS' TOP SCORES:

All-Around: 39.625 | Vault: 9.950 | Bars: 9.900 | Beam: 9.900 | Floor: 9.975

jocelyn FOWLER

Freshman • HS • 5-0
Hometown: Tuscaloosa, Ala.
Major: Pre-major Studies
Events: All-Around
High School: American Christian Academy
Club: Bama Bounders

PREP HIGHLIGHTS:

Coached by Stephen Buckner and former Alabama gymnast Erin Holdefer-Kightlinger at the Bama Bounders ... A Level 10 gymnast, she won the all-around, vault and floor exercise at the 2008 IGI Chicago Style meet ... Finished eighth on the vault at the 2008 Junior Olympic Level 10 Regionals ... Won the vault and balance beam and took third in the all-around at the 2006 IGI Chicago Style meet ... Finished second in the all-around at the 2005 Vegas Vacation ... Won the vault, took second on the floor exercise and was third in the all-around at the 2004 Atlanta Crown Invitational ... Won the balance beam and floor exercise and finished sec-

ond on vault and third in the all-around at the 2008 Alabama State Championships ... Swept the 2006 Alabama State Championships, winning all four apparatus and the all-around ... Won the balance beam and all-around at the 2004 Alabama State Championships ... Won the all-around at the 2003 Alabama State Championships ... Member of the National Honor Society ... Made the A/B honor roll throughout high school

PERSONAL INFORMATION:

Full Name: Jocelyn Elaine Fowler ... Daughter of Charles and Lisa Fowler ... Brothers - Andrew and Stewart ... Sister - Tracy ... Born May 23, 1991



kayla HOFFMAN

Sophomore • 1L • 5-1
Hometown: Union, N.J.
Major: Pre-major Studies
Events: All-Around
High School: Home Schooled
Club: Rebound Gymnastics

ALABAMA HIGHLIGHTS:

2008 — freshman

All-American on the vault ... Scholastic All-American ... Second Team All-SEC ... Freshman All-SEC ... SEC Academic Honor Roll ... Won seven vault titles including a season-best 9.975 at UCLA ... Finished the season with 14 titles ... Scored 9.925 or better on the vault eight times ... Scored 9.9 or better 19 times ... Posted a career-best floor exercise score of 9.95 against Florida ... Earned a perfect 4.0 grade point average for the fall semester, earning President's List honors ... Named to the Dean's List (3.5 or better GPA) for the spring semester.

PREP HIGHLIGHTS:

Two year member of the United States National Team ... Competed for Diane Farrell at Rebound Gymnastics ... Took 11th in the all-around at the 2006 USA National Championships ... Was second in the floor exercise, eighth on the uneven bars and 10th in the all-around at the 2006 U.S. Classic ... Was seventh on the floor exercise and uneven bars as part of the U.S. National Team at the 2006 Moscow World Cup ... Won the

floor exercise and was second in the all-around and vault at the 2006 Friendship Classic ... Finished eighth in the all-around at the 2005 USA National Championships and was sixth on the uneven bars ... Won the all-around at the 2005 American Challenge and second on the balance beam, third on the floor exercise and fourth on the vault and uneven bars ... Took second on the floor exercise at the 2005 Parkette Invitational and was seventh in the all-around and fifth on the vault ... Finished third and fourth respectively at the 2003 and 2004 Friendship Classic ... Took seventh in the all-around and third on the balance beam at the Level 9 Eastern National Championships ... Was fourth on the balance beam at the Level 10 National Championships ... Competed at the 2003 and 2004 U.S. Classic ... Honor Roll Student all four years

PERSONAL INFORMATION:

Full Name: Kayla Marie Hoffman ... Daughter of Richard and Helen Hoffman ... Sister - Emma ... Born August 13, 1988.

HOFFMAN'S TOP SCORES:

All-Around: 39.475 | Vault: 9.975 | Bars: 9.900 | Beam: 9.800 | Floor: 9.950





ricki LEBEGERN

Junior • 2L • 4-11
Hometown: Annandale, Va.
Major: Exercise and Sports Science
Events: All-Around
High School: Falls Church
Club: Capital Gymnastics

ALABAMA HIGHLIGHTS:

2008 — sophomore

Scholastic All-American ... SEC Vault and Balance Beam Champion ... All-SEC ... SEC Academic Honor Roll ... Named to the SEC's 2008 Community Service Team ... Scored a career-best 9.95 to win a share of the SEC vault championship ... Scored a season-best 9.9 to earn her second SEC balance beam title ... Scored a career-best 9.925 on the floor exercise against Auburn ... Scored a career-best 9.85 on the uneven bars against Auburn, a score she matched at the NCAA SC Regional ... Won four individual titles ... Earned Dean's List (3.5 or better GPA) honors for the spring semester.

2007 — freshman

SEC Balance Beam Champion with a career high 9.925 ... Led Alabama in nine events, winning six individual titles ... Scored a career all-around high of 39.475 against LSU, including a career high 9.925 vault and a 9.9 balance beam score ... Led Alabama in the all-around against Georgia and won the all-around at Arkansas ... Posted a 9.875 to share top honors on the balance beam at Arkansas ... Scored a career high 9.9 on the floor exercise against Kentucky and matched that score against UCLA ... Won the vault to open the season, against Oklahoma with a 9.85, and to close the regular season, at Auburn with a 9.9 ... Scored a career-high 9.825 on the uneven bars against UNC and at Auburn ... Earned Dean's List honors for the fall and spring semesters after posting a 3.6 grade point average in the fall and a 3.866 GPA in the spring ... Scholastic All-American ... SEC Academic Honor Roll

PREP HIGHLIGHTS:

Member of the U.S. Junior Olympic National Team ... Finished fourth in the all-around and third on the vault at the 2005 Level 10 National Championships ... Trained at Capital Gymnastics National Training Center where she was coached by Tatiana Perskaia, Victor Vectrov and Marina Gerom ... Second in the all-around and the balance beam at the 2006 Junior Olympic National Championships ... Won the all-around, vault, uneven bars and balance beam at the 2006 JO Region 7 Championships as well as taking second in the floor exercise ... Won the all-around at the 2006 Excalibur Cup ... Fourth in the all-around at the 2005 JO Nationals ... Won the vault, uneven bars and balance beam and took second in the all-around at the 2005 JO Region 7 Championships ... Won the all-around and vault at the 2005 Maryland Classic ... Won all four apparatus and the all-around at the 2005 Winter Island Getaway Invitational and the 2004 World Class Invitational ... National Honor Society

PERSONAL INFORMATION:

Full Name: Erica Leigh Lebegern ... Daughter of William and Jamie Lebegern ... Brother - Terry ... Sister - Sophie ... Born December 12, 1987

LEBEGERN'S TOP SCORES:

All-Around: 39.475 | Vault: 9.950 | Bars: 9.850 |
Beam: 9.925 | Floor: 9.900



brittany MAGEE

Senior • 3L • 5-2
Hometown: Arlington, Texas
Major: Criminal Justice
Events: All-Around
High School: Coppell
Club: Texas Dreams Gymnastics

ALABAMA HIGHLIGHTS:

2008 — junior

Scholastic All-American ... Won the NCAA South Central Regional Balance Beam title, tying her career-best score of 9.9 in the process ... SEC Academic Honor Roll ... Scored a season-best 9.9 on the vault at the NCAA SC Regional ... Scored a season-best 9.825 on the floor exercise at UCLA ... Earned Dean's List (3.5 or better grade point average) honors for the fall and spring semesters.

2007 — sophomore

Scholastic All-American ... SEC Academic Honor Roll ... Won the beam with a career high 9.9 against UCLA and at Auburn ... Posted a 9.875 to share top honors on the balance beam at Arkansas ... Scored a season high 9.875 on the vault against LSU ... Earned a perfect 4.0 grade point average for the summer semester, earning a place on the prestigious President's List ... Posted a 3.934 grade point average in the spring, earning Dean's List honors.

2006 — freshman

Second team Floor Exercise All-American ... NCAA West Regional floor exercise and vault champion, scoring 9.90s ... SEC floor exercise champion, scoring a career best 9.95 on the way to the title ... All-SEC ... Won the vault at Kentucky and against Arkansas and

Auburn, tying for top honors with teammate Ashley Miles all three times ... Won the beam with a career best 9.875 against Arkansas and at LSU ... Scored a career high 9.95 on the vault against Kentucky ... Won the floor exercise with a 9.9 at Penn State ... Competed on the vault, balance beam and floor exercise in all 14 meets ... Competed 42 routines as a freshman ... Scored 9.85 or better on the vault 10 of 14 meets, including a 9.9 during the NCAA Championship Super Six Finals ... Joined the Crimson Tide Dec. 26th for the second semester ... Earned Dean's List honors (3.5 GPA or better) for the spring semester ... Scholastic All-American

PREP HIGHLIGHTS:

Member of the USA National Team ... Competed in the 2005 North American Trimeet ... 2004 and 2005 U.S. Championships qualifier ... Competed for Kim Zmeskal Burdette and Chris Burdette, Directors at Texas Dreams Gymnastics

PERSONAL INFORMATION:

Full name: Brittany Lauren Magee ... Daughter of J.D. and Dalena Magee ... Brother - Joe ... Sister - Kara ... Born June 9, 1988

MAGEE'S TOP SCORES:

Vault: 9.950 | Beam: 9.900 | Floor: 9.950

MASHBURN

megan

Sophomore • 1L • 5-4
Hometown: Greenville, S.C.
Major: General Health Studies
Events: Bars, Vault, Floor
High School: Evans
Club: Hayden's Gymnastics

ALABAMA HIGHLIGHTS:

2008 — freshman

Scholastic All-American ... SEC Academic Honor Roll ... Competed on the floor exercise and vault in exhibition during the season ... Earned Dean's List (3.5 or better grade point average) honors for the fall semester.

Prep Highlights:

Coached by Dennis Hayden and Craig Kirby at Hayden's Gymnastics ... Finished seventh on the vault at the 2006 Level 10 National Championships ... Competed at the 2007 Level 10 National Championships ... At the 2007 Level 10 Regional Championships, finished third in the all-around, second on the

vault and fourth on the uneven bars ... Took fifth on the vault and balance beam at the 2005 Level 10 Regional Championships ... Finished third in the all-around, second on the vault and eighth on the uneven bars and floor exercise at the 2004 Eastern Championships ... Won the all-around and balance beam and was second on the vault and floor exercise at the 2004 Level 9 Regional Championships ... Beta Club ... Four-year honor roll student ... National Honor Society

PERSONAL INFORMATION:

Full Name: Megan Kay Mashburn ... Daughter of Mike and Kay Mashburn ... Father, Mike, played football at the University of Memphis ... Brothers – Matt and Drew ... Born April 28, 1989





amanda MONTGOMERY

Senior • 3L • 5-5
Hometown: Jacksonville, Fla.
Major: Entrepreneurship
& Small Business Management
Events: All-Around
High School: Bartram Trail
Club: Starlight Gymnastics

ALABAMA HIGHLIGHTS:

2008 — junior

Scholastic All-American ... SEC Academic Honor Roll ... Scored a career-high 9.8 on the uneven bars at Auburn ... Competed in the competitive balance beam lineup in eight of 11 meets this season ... Made her first regular-season appearance in the Tide's competitive lineup in the season opener against Illinois after making her debut in the Tide's competitive lineup during the 2007 NCAA Central Region Championships ... Named to the President's List for the spring semester after posting a perfect 4.0 grade point average ... Earned Dean's List (3.5 or better GPA) honors for the fall semester ... Inducted into Golden Key and Omicron Delta Kappa honor societies ... Named a Commerce and Business Administration Scholar-Athlete and earned Recognition of Excellence in Scholarship from the Management department.

2007 — sophomore

Competitive debut came at the NCAA Central Regional Championships on the uneven bars and balance beam ... Named to the President's List for the spring semester after posting a perfect 4.0 grade point average ... Earned a 3.936 GPA in the fall, earning a spot on the Dean's List ... Scholastic All-American ... SEC Academic Honor Roll

2006 — freshman

Inducted into Phi Eta Sigma Honor Society ... Scholastic All-American ... SEC Academic Honor Roll

PREP HIGHLIGHTS:

2003 Level 10 U.S. National Team member ... 2005 Florida State Balance Beam Champion ... 2005 National Qualifier ... Competed for Vessy Ivanov and Valentin Marinov at Starlight Gymnastics ... National Honor Society ... Character Counts Award

PERSONAL INFORMATION:

Full name: Amanda Vaughn Montgomery ... Daughter of Ladson and Angie Montgomery ... Father graduated from Alabama while mother graduated from Alabama's Law School ... Brother - Ladson ... Sisters - Kelsie and Samantha ... Born May 18, 1987

MONTGOMERY'S TOP SCORES:

Bars: 9.800 | Beam: 9.775

ashley O'NEAL

Senior • 3L • 5-2

Hometown: Kennesaw, Ga.

Major: Restaurant & Hospitality Management

Events: All-Around

High School: Kennesaw Mountain

Club: Gymnastics Academy of Atlanta

ALABAMA HIGHLIGHTS:

2008 — junior

Scholastic All-American ... SEC Academic Honor Roll ... Scored a season-best 9.85 on the floor exercise against Penn State, Auburn and at the NCAA SC Regional Championships ... Scored a season-best 9.8 on the balance beam at the SEC Championships ... Earned a perfect 4.0 grade point average for the fall semester, earning President's List honors ... Named to the Dean's List (3.5 or better GPA) for the spring semester ... 2008 Arthur Ashe Jr. Sports Scholar.

2007 — sophomore

Posted a career-high 9.875 to share top honors on the balance beam at Arkansas and matched that score at Auburn in the last regular season meet ... Posted a career high 9.9 to share top honors on the vault at Arkansas ... Competed three events (vault, balance beam and floor exercise) in seven meets this season ... Posted a career-best 9.875 on the floor exercise in the season opening meet against Oklahoma and matched that score against UCLA ... Posted a 3.583 grade point average for the spring semester, earning Dean's List honors

2006 — freshman

Scored a career high 9.85 on the floor exercise during the NCAA Championships Super Six team final ... Posted a career high 9.85 twice on the vault, at Penn State and at Auburn ... Scored career high 9.825 on the balance beam at LSU ... SEC Academic Honor Roll

PREP HIGHLIGHTS:

Took seventh in the all-around at the 2005 Level 10 National Championships ... Finished eighth on the balance beam at the 2005 Level 10 National Championships ... Won the all-around, vault, balance beam and floor exercise at the 2005 Region 8 Championships ... 2004 Level 10 Region 8 Balance Beam Champion ... Competed for Jacobo Giron and Natalia Valter at the Gymnastics Academy of Atlanta

PERSONAL INFORMATION:

Full name: Ashley Brooke O'Neal ... Daughter of Gary and Helen O'Neal ... Born April 10, 1987

O'NEAL'S TOP SCORES:

Vault: 9.900 | Beam: 9.875 | Floor: 9.875



casey OVERTON

Junior • 2L • 5-2
Hometown: Virginia Beach, Va.
Major: Psychology
Events: All-Around
High School: Alpha Omega Academy
Club: Excalibur Gymnastics

ALABAMA HIGHLIGHTS:

2008 — sophomore

Second team All-American on the balance beam ... Scholastic All-American ... SEC Balance Beam Champion ... All-SEC ... SEC Academic Honor Roll ... Led off Alabama's balance beam lineup at the SEC Championships with a career-best 9.9, winning a share of the league title ... Won the balance beam from the leadoff spot four times during the season, including the Tide's first meet of the season against Illinois and in the regular-season finale against Auburn ... Posted a career-best 9.9 on the vault at UCLA ... Competed on the uneven bars for the first time since her senior year in high school against Auburn, scoring a 9.825 ... Earned Dean's list honors for the spring semester after posting a 3.9 grade point average.

2007 — freshman

Scholastic All-American ... SEC Academic Honor Roll ... Matched career best of 9.875 on the balance beam at the SEC Championships ... Won the balance beam against UNC posting a 9.85 ... Earned Dean's list honors for the fall and spring semester after posting a 3.538 and 3.835 grade point average respectively ... Posted a perfect 4.0 GPA for the summer semester, earning President's List honors.

PREP HIGHLIGHTS:

U.S. National Team member ... Member of the U.S. National Training Squad from 2000-06 ... Helped the United States National Team to a team gold at the 2004 USA/Japan Meet ... Competed for the U.S. at the 2002 International Massilia Cup in Marseille, France ... Coached by Jim and Dena Walker at Excalibur Gymnastics club, the same gym that produced former Tide All-Americans Alexis Brion and Dana Filetti ... Finished in the top-20 in the all-around at the 2004 USA Championships ... Took eighth in the all-around at the 2003 USA National Championships and finished in the top-10 in the floor exercise, balance beam and uneven bars ... Won the floor exercise and was second in the all-around at the 2004 Parkettes Invitational ... Took second in the all-around at the 2005 Parkettes Invitational ... National Honor Society

PERSONAL INFORMATION:

Full name: Lauren Casey Overton ... Daughter of George and JoAnn Overton ... Born July 5, 1988

OVERTON'S TOP SCORES:

Vault: 9.900 | Bars: 9.825 | Beam: 9.900 | Floor: 9.850





erika PEARSON

Freshman • HS • 5-3
Hometown: Chickamauga, Ga.
Major: Pre-major Studies
Events: All-Around
High School: Gordon Lee
Club: Tennessee Academy of Gymnastics

PREP HIGHLIGHTS:

Coached by Larry Denham at the Tennessee Academy of Gymnastics ... TAG Gymnast of the Year in 2004 and 2005 ... TAG Optional Gymnast of the Year in 2003 ... A Level 10 gymnast, she won the floor exercise at the 2008 Buckeye Classic and finished third on the balance beam ... Finished third on the vault, uneven bars and floor exercise at the 2007 Buckeye Classic ... Finished third at the 2005 Junior Olympic National Championships on the balance beam ... Finished sixth on the floor exercise at the 2003 Junior Olympic National Championships 2008 Tennessee State Floor and Vault Champion ... Won the floor exercise at the 2007 and 2008 Flip

Fest ... Won the balance beam at the 2008 Gasparilla Invitational ... Finished third in the all-around and balance beam and second on the uneven bars and vault at the 2005 Regional Championships ... Won the floor exercise and vault at the 2005 New Orleans Jazz Invitational ... Won the vault at the 2003 Tennessee State Championships Three-year member of the National Honor Roll.

PERSONAL INFORMATION:

Full Name: Erika Danielle Pearson ... Daughter of David and Tammy Pearson ... Born February 3, 1990.



kassie PRICE

Junior • 2L • 5-4

Hometown: Plantation, Fla.

Major: Marketing and Advertising

Events: All-Around

High School: Crenshaw School of Performing Arts

Club: Orlando Metro

ALABAMA HIGHLIGHTS:

2008 — sophomore

All-American on the uneven bars ... Scholastic All-American ... Named to the ESPN the Magazine/CoSIDA Academic All-America Women's At-Large Third Team ... NCAA SC Regional Uneven Bars and Balance Beam Champion ... Posted a career-best 9.9 to win the balance beam at the NCAA SC Regional and against Florida ... SEC Academic Honor Roll ... Second Team All-SEC ... Won 17 individual titles during the season, including 10 on the uneven bars ... Scored 9.9 or better on the uneven bars 11 times ... Scored 9.9 or better 19 times ... Scored better than 39.25 in the all-around in eight meets ... Scored a career-best 9.925 on the floor exercise in the regular season-finale against Auburn ... Won the all-around against Florida with a season-best 39.5 ... Won the season opening all-around for the second year in a row, scoring a 39.300 against Illinois ... Earned a perfect 4.0 grade point average for the fall, spring and summer semesters, earning President's List honors ... Inducted into Golden Key, Cardinal Key, Alpha Lambda Delta, Gamma Beta Phi and Lambda Sigma honor societies ... Earned the Economics Freshman Achievement Award ... Named a Commerce and Business Administration Scholar-Athlete.

2007 — freshman

Second team All-American on the uneven bars ... Scholastic All-American ... Featured in Sports Illustrated's "Faces in the Crowd" section during the first week of February ... Ranked No. 1 in the nation in the all-around during the season's second and fourth week ... Led the Tide 12 times, winning 11 individual titles in the process ... Won the all-around in the first three meets of the season, scoring a career high 39.575 against Auburn ... Won the uneven bars with a career high 9.95 against UNC and against Auburn and Kentucky and at Auburn ... Posted a career high 9.875 to share top honors on the balance beam at Arkansas ... Scored career-best 9.925 marks

on the vault and floor exercise against Auburn ... Won the vault against Oklahoma and Kentucky ... Posted the Tide's top balance beam score of the season of 9.875 at Florida, a score she matched against Kentucky ... Earned a perfect 4.0 grade point average for the fall, spring and summer semesters, earning a spot on the President's List each time ... SEC Academic Honor Roll ... Inducted into Phi Eta Sigma, Sigma Alpha Lambda and National Society of Collegiate Scholars honor societies.

PREP HIGHLIGHTS:

Six-year member of the United States National Team ... Earned silver on the uneven bars and bronze in the vault at the 2006 World Cup meet in Lyon, France ... Led the United States to a silver medal in the 2005 Massilia Cup in Marseille, France, winning the all-around, uneven bars and floor exercise and taking second in the vault ... Led the United States to the gold at the 2004 Junior Pan Am Championships in San Salvador, El Salvador, winning the all-around and taking second in the uneven bars and third in the balance beam and floor exercise ... Won the all-around and led the United States to the gold at the 2002 Copa International in Puerto Rico ... Took seventh in the all-around at the 2006 U.S. Championships ... Fifth in the all-around at the 2004 and 2005 U.S. Championships ... Ninth in the all-around at the 2003 U.S. Championships ... Won the all-around, floor exercise and uneven bars at the 2000 Junior Olympic National Championships ... Trained under Jeff Wood and Christi Barineau at Orlando Metro ... Valedictorian of her senior class

PERSONAL INFORMATION:

Full Name: Cassandra Rose Price ... Daughter of Paul and Annjanette Price ... Sister - Karlee ... Born August 2, 1989

PRICE'S TOP SCORES:

All-Around: 39.575 | Vault: 9.925 | Bars: 9.950 | Beam: 9.900
| Floor: 9.925

ashley PRIESS

Freshman • HS • 5-3
Hometown: Wheaton, Ill.
Major: Pre-major Studies
Events: All-Around
High School: Lakota West
Club: Cincinnati Gymnastics Academy

PREP HIGHLIGHTS:

Coached by Mary Lee Tracy at Cincinnati Gymnastics Academy ... A seven-year member of the USA National team ... A Senior International Elite, she was a member of the 2006 USA World Championship team, finishing 10th in the all-around and helping the U.S. to the silver medal ... Took second in the all-around at the 2008 International Exchange ... Competed with current Alabama All-American Kassi Price on the 2006 U.S. World Cup team in Lyon, France, winning the balance beam and uneven bars ... Earned a silver and bronze medal in the balance beam and floor exercise respectively at the 2006 World Cup

event in Ghent, Belgium ... Earned a silver medal on balance beam and was seventh in the all-around at the 2005 Massilia Gym Cup in Marseilles, France ... Finished fifth on the balance beam and sixth in the all-around and on the uneven bars and floor exercise at the 2006 USA Championships ... 2004, 2005 and 2006 U.S. Classic all-around champion.

PERSONAL INFORMATION:

Full Name: Ashley Priess ... Daughter of Mel and Linda Priess ... Her sister, Courtney, is a former Alabama gymnast ... Born March 8, 1990





jacqueline SHEALY

Junior • 2L • 5-3
Hometown: Tuscaloosa, Ala.
Major: Public Relations
Events: All-Around
High School: Spring Creek Academy
Club: World Olympic Gymnastics Academy

ALABAMA HIGHLIGHTS:

2008 — sophomore

Scored a career-high 9.8 on the uneven bars against Georgia ... Competed in the Tide's uneven bars lineup at Auburn marking her first appearance in the Tide's lineup since tearing her ACL in the first meet of 2007.

2007 — freshman

Competed on the uneven bars in the season opener, tearing the ACL in her left knee on the landing, still scoring a 9.775.

PREP HIGHLIGHTS:

Coached by Evgeny Marchenko at World Olympic Gymnastics Academy ... Finished second in the all-around and the floor exercise and fourth in the vault, uneven bars and balance beam at the 2005 WOGA Classic ... Won the vault and took fifth in the all-around and second in the uneven bars at the 2005 Lady Luck Invitational ... Finished second in the all-

around and won the uneven bars at the 2004 Classic ... Won the vault and balance beam and took second in the all-around at the 2003 Big Chill Invitational ... Led Region 8 to the 2001 Level 10 National Championship ... National Honor Society.

PERSONAL INFORMATION:

Full name: Jacqueline Ann Shealy ... Daughter of Steadman and Ann Shealy ... Brothers - Steadman, Robert and John David ... Sister - Anna Catharine ... Mother was The University of Alabama's first scholarship gymnast and a member of Sarah and David Patterson's first Crimson Tide team ... Father was a two-time national champion quarterback for Alabama in 1978 and 1979 ... Attending Alabama on a Bryant Scholarship ... Sarah and David Patterson's first legacy gymnast ... Born February 9, 1988.

SHEALY'S TOP SCORES:

Bars: 9.800

geralen STACK-EATON

PREP HIGHLIGHTS:

Coached by Bill and Donna Strauss, John Holman and Robin Netwall at Parkettes ... A Senior International Elite, she finished sixth in the all-around, fourth on the uneven bars and fifth on the balance beam at the 2007 USA Championships ... Took seventh on the balance beam at the 2007 DTB Pokal World Cup meet in Stuttgart, Germany ... Competed in the USA/Belgium dual meet in 2003, helping the United

States to the win and taking the bronze medal in the all-around and floor exercise and silver medal in the balance beam ... Helped lead the U.S. to team gold against Japan in 2002.

PERSONAL INFORMATION:

Full Name: Geralen Joni Stack-Eaton ... Daughter of Susan Stack and the late Jon Eaton ... Brother - Ryan ... Sister - Melissa ... Born Oct. 25, 1989.

Freshman • HS • 5-3
Hometown: Horsham, Penn.
Major: Communications Studies
Events: All-Around
High School: Bridgeway Academy
Club: Parkettes





caitlin SULLIVAN

Freshman • HS • 5-3
Hometown: Elkhart, Ind.
Major: Pre-major Studies
Events: All-Around
High School: Elkhart Central High School
Club: Cutting Edge Athletics

PREP HIGHLIGHTS:

Member of the USA National Team in 2003-04 ... Finished fifth in the all-around at the 2003 USA National Championships as well as finishing second on the floor exercise ... Finished third in the all-around at the 2001 Junior Olympic National Championships ... Member of USA Junior Olympic National Team in 2001 and 2002 ... The 2002 USA Junior Olympic National All-Around Champion ... Also won the balance beam and was second on floor exercise and uneven bars in 2002 ... Finished sixth in the all-around at the 2003 American Classic ... Finished 10th in the all-around at the

2008 USA Junior Olympic National Championships as well as taking fourth on the balance beam and seventh on floor exercise ... A four-year member of the honor roll ... Served as co-captain of the Elkhart Central High School gymnastics team as a junior ... Also lettered in track after competing in the pole vault ... Earned "Rookie of the Year" honors in track.

PERSONAL INFORMATION:

Full Name: Caitlin Sullivan ... Daughter of Cindy and Daniel Sullivan ... Born October 5, 1990.

rachel TERRY

Freshman • HS • 4-10
Hometown: Hoover, Ala.
Major: Pre-major Studies
Events: All-Around
High School: SMIC Academy
Club: JFJ Elite Gymnastics

PREP HIGHLIGHTS:

Coached by David and Kelly Hill and Kathy Chambers at the JFJ Elite Gymnastics ... A Level 10 gymnast, she competed at the 2008 Junior Olympic National Championships, taking 11th on the uneven bars ... Took second in the all-around and on the uneven bars at the 2008 Junior Olympic Region 8 Championships ... Finished second on the vault and third on the uneven bars at the 2008 Cancun Classic ... Won the vault at the 2007 Junior Olympic Region 8 Championships ...

Won the all-around at the 2007 and 2008 Alabama State Championships ... Won the all-around and floor exercise and finished second on the balance beam at the 2005 Level 9 Region 8 Championships.

PERSONAL INFORMATION:

Full Name: Rachel Elizabeth Terry ... Daughter of Darcy and Jim Terry ... Three sisters - Rachel, Esther and Ruth ... Brother - Paul ... Born July 18, 1990.



Administrative Staff



Rita Martin

Director of Gymnastics Operations

For every minute that Alabama Gymnastics shines in the white hot spotlight of national success, there are thousands of behind the scene details that make it possible.

For the Crimson Tide, there are two women charged with handling those details and keeping everything running smoothly. Rita Martin, the gymnastics operations director, and Robin Kelley, the Tide's administrative assistant, work hard every day to keep the Alabama Gymnastics world shining bright and running like a well-oiled machine.

As director of operations, Martin is responsible for a wide variety of tasks, from daily paperwork to being the meet director for the home events to coordinating the pre-meet light show that accompanies the gymnasts' entrance to Coleman Coliseum, and everything in between.

The New Jersey native has been a part of the athletics department for more than 25 years and the University for 30. When Sarah Patterson added Associate Athletics Director to her list of



Robin Kelley

Administrative Assistant

duties in 1985, Martin became her assistant.

"Rita is so great at keeping everything together," Patterson said. "She allows us to be our best because she handles all the fine points so well."

Martin and her husband Buddy have a daughter, Kelly, and two sons, Paul, a Tide graduate, and Brett, an Alabama senior.

Kelley is in her seventh year with the gymnastics program, though she has been a part of the athletics department for the past nine years. She also performs a wide variety of duties, including keeping up with the program's correspondence and recruiting efforts. She also travels with the Tide, taking care of the details on the road.

"Robin does so many things for us," Patterson said. "She is invaluable on the road, taking care of all the arrangements, from where we stay to where we eat and how we get from here to there."

A native of Northport, Ala., Kelley and her husband Jay have two sons, Tanner and Jesse.

Managers



The 2009 Alabama Gymnastics Managers, from the left - Lauren Smelley, Caleb Hooks, Lauren Adair and Russ Guin.

With jobs that vary from moment-to-moment, the Alabama Gymnastics team's crew of managers are vital to the Crimson Tide's success.

Lauren Smelley is in her third season working with the program while Lauren Adair, Caleb Hooks and Russ Guin are in their first year with the Crimson Tide.

All four have specific duties that keep them busy, whether it is making sure each gymnast has the right apparel, video-taping routines and individual skills, playing floor exercise music or moving the mats and spring boards into position during practice and at meets. The main job description is

helping the team run smoothly.

Smelley, who helps Rita Martin and Robin Kelley with office related duties, is a junior. She graduated from American Christian Academy. The daughter of Jeff and Karen Smelley, she is pursuing a degree in Fashion Retail.

Adair, who is charged with a variety of in the gym duties during practice and meets, also keeps up with the gymnasts' apparel and equipment. A junior, she is majoring in Health Science with a pre-occupational therapy focus. The daughter of Robert and Debbie Adair, she is from Semmes, Ala. and graduated

from Mary G. Montgomery High School.

Guin and Hooks are charged with setting up equipment for practice each day and helping put things in the right place during practice.

A sophomore, Guin is from Brownville, Ala. where he graduated from Northside High School. The son of Terry and Teresa Guin, he is majoring in General Health Studies while preparing for medical school.

Hooks is from Tuscaloosa and graduated from American Christian Academy. A sophomore at the Capstone, he is a History major. He is the son of Stephen and Cyndy Hooks.



Jennifer Martin

Director of Marketing and Promotions

What you see at any given Alabama Gymnastics meet, from the up-tempo music to the t-shirts flying through the air and video highlights flashing across the Crimson Tide's video display boards takes a lot of work to prepare and Jennifer Martin has a lot to do with creating that fun-filled atmosphere.

Martin is in her second year as the Tide's director of marketing and promotions and fourth overall with Alabama and one of her main responsibilities is the gymnastics program and all that goes with it.

"Working with Sarah Patterson and the gymnastics program has been so much fun," Martin said. "She is such a dynamic figure who has been at the forefront of athletic marketing for such a long time. I have learned a tremendous amount working with her."

In 2006, Martin was part of Alabama history when the gymnastics team became the first team to sellout the newly reno-

vated Coleman Coliseum with a beyond-capacity crowd of 15,162, a new Alabama and SEC record for gymnastics attendance. She has also been a part of three more sellouts, including two last season.

"Selling out the coliseum the last three seasons has been such a great experience," Martin said. "It never gets old, to look up in the stands and see every seat filled. It's an amazing atmosphere and experience."

In addition to gymnastics, Martin works with football and serves as the director of the Tide's trademark licensing office.

A native of Natchitoches, La., Martin came to Alabama after a two-year stint as Northwestern State's Assistant Athletics Director for Marketing and Promotions. Before that she served as a marketing assistant at both Texas State and LSU. She graduated from LSU in 2001 with a degree in general studies.

She and Kevin Martin were married in 2007.

Tony Giles

The Voice of the Crimson Tide

Tony Giles is in his 17th season as the voice of Alabama Gymnastics. Giles, the public address announcer for the Crimson Tide home meets since 1993, is considered one of the nation's best. In addition to serving as the announcer for the Tide's regular season home schedule for nearly two decades, he was also the voice of the 1996 and 2002 NCAA Championships as well as several NCAA Regional and Southeastern

Conference Championships, a role he will reprise at this spring's Coleman Coliseum based NCAA Regional Championship.

A financial advisor and estate planning consultant for Morgan Stanley, Giles is also Alabama's announcer for men's basketball and football. A 1976 graduate of The University of Alabama, Giles and his wife Lynn have two sons, Scott and Rowdy.



Dominic Benetti

Assistant Director of
Athletic Ticket



Beth Garner

Director of
Athletic Ticket



Kent Gidley

Photography Coordinator
for Athletics



Jonathan King

Video Services
Intern



**Patrick
MacDonald**

Assistant Manager
of Video Services



Jason Nance

Athletic Equipment
Manager



Ashley Waters

Assistant Director of
Event Management



Joe Whitehead

Assistant Coleman Coliseum
Manager



Steve Wilson

Coleman Coliseum Manager



Athletic Trainer

Monica Decker

There is nothing more important to Sarah Patterson than the health and welfare of her gymnasts which is why athletic trainer Monica Decker, in her ninth year as a member of the gymnastics program, is such an important part of Patterson's staff.

"Monica is by far one of the finest athletic trainers that I have worked with," Patterson said. "Her rapport with the staff and the athletes is exceptional and her knowledge of rehabilitation is outstanding. She has a gift for working with elite level athletes. I think anyone can know the nuts and bolts of training, but I think it takes someone who is gifted to work with elite-level athletes."

A native of Phoenix, Ariz., Decker came a long way to work with the Crimson Tide. She earned her Bachelor's Degree in Exercise Science from Arizona State in 2000. In 2002 she earned a Master's in Sports Medicine Health Care from Alabama where she is currently pursuing a second Master's in Food and Nutrition.

"To take the best care of my athletes, I don't think I can ever stop learning," Decker said. "And that's why I'm pursuing a degree in nutrition. I think it's a degree that will really complement the work I do as an athletic trainer."

In addition to serving as a certified athletic trainer on the Tide staff, Decker is also an instructor in Alabama's athletic training undergraduate program as well as serving as coordinator of the University's clinical proficiency lab.

Much of her day-to-day work, especially in the preseason, is spent on preventative measures, helping stop problems before they get started. During the season, most of Decker's time is spent helping the athletes maintain their health and fitness levels.

"Positive reinforcement is a big part of the job," Decker said. "To be there everyday, encouraging them, letting them know that they are making progress and keeping them positive."

And in the case of injuries, she is there through their rehab to help them return to peak health as quickly and safely as possible. Decker worked extensively with 2002 senior Andree Pickens, helping her come back from a torn Achilles tendon. She was part of a team that included orthopedic surgeon Dr. James Andrews, that helped Pickens not only come back in record time, but helped Alabama to its fourth NCAA Championship in 2002. For her efforts during the 2002 season, Decker was awarded the David Dutton Award, given to individuals who go above and beyond the call of duty for the Alabama Gymnastics program.

In addition to her other duties, Decker also tries to teach her charges the importance of carrying on healthy habits into the life beyond their career.

"I hope that I can teach them all enough about taking care of themselves, that when they go out into the world, they enjoy healthy and successful lives," Decker said. "And being part of the Alabama gymnastics 'family' I look forward to watching them grow and mature over the years."

Decker has a daughter, Ayana Berenice and a son Christian.

Athletic Training Student Staff - Athletic trainer Monica Decker is assisted during the school year by members of The University of Alabama's athletic training program. In the fall she was assisted by Tonie Love. In the spring she was joined by Joshua Logan.



Strength and Conditioning Coach

Travis Illian

To maintain its status as a top team in the nation, Alabama gymnasts must stay in top form. Enter Travis Illian, the Crimson Tide's strength and conditioning coach.

"Travis has done a wonderful job with our program," Sarah Patterson said. "His knowledge and enthusiasm are tremendous."

Illian, in his second year with the Crimson Tide, works hand in hand with the gymnastics coaches to modify the Tide program to make sure it best meets the needs of the current team.

"I don't think there is anyone better than Travis Illian," Bryan Raschilla said. "He is phenomenal at what he does and his knowledge and expertise is amazing. We are able to combine our experience as a coaching staff with his and come up with a program that is individualized to each gymnast's needs."

On average, the team spends nearly five hours a week improving and enhancing their flexibility as well as their physical and aerobic strength.

This preseason, the gymnasts spent two to three days conditioning in the gym and a day spinning. Each gymnast also is given a specific, individual routine that fits their needs.

Illian works closely with the Alabama coaching staff to design an overall program that fits each gymnast's individual needs.

The preseason workouts are designed to build the gymnast's core strength, Raschilla explained.

"Once the season arrives, we are still building, but we don't increase our levels of frequency. We also add more joint stabilization exercises to prevent injury."

Illian's job isn't finished when the final Alabama gymnast competes at the NCAA Championships. Instead, he is busy preparing the squad's summer conditioning. The gymnasts get four to six weeks off depending on individual needs. Then it is back to maintaining the strength they worked so hard to develop over the past year.

Illian also leads the team through spinning, the core of the aerobic program. "While spinning is basically an aerobic exercise, we've modified it to be more strength oriented, more explosive," Raschilla said.

Leaner, faster and stronger. That is the aim of the Crimson Tide strength and conditioning program and staff for the athletes. Every step an Alabama gymnast makes to build these characteristics is just another step closer to another national championship title.



Strength & Conditioning

Maintaining The Crimson Tide

Alabama's Medical Staff

When Dr. Jimmy Robinson talks about his work with the Alabama Crimson Tide, you can hear the excitement in his voice.

"When I was doing my residency, I got bit by the sports medicine bug," Robinson said. "The more I worked with the teams, the more I wanted to do this kind of medicine."

One of Robinson's rotations during his Family Practice Residency in Tuscaloosa was with Alabama team physician Dr. Bill DeShazo. Not only did he work the required hours of his rotation, but he found himself hanging around and helping out even when he wasn't on duty.

As a matter of fact, Robinson traveled with the gymnastics team to Salt Lake City, Utah in 1988 and was on hand for the Tide's first ever NCAA Championship.

"It was a blast," Robinson said. "I was still in training and just getting interested in sports medicine. So to be out there with the gymnasts when they won the first championship Alabama's ever had outside of football, it was definitely an exciting moment."

After doing a fellowship in sports medicine at the Cleveland Clinic in Cleveland, Ohio, Robinson received a call from Sang Lyda, the trainer in charge of the Tide's Olympic Sports. Dr. DeShazo was retiring and Lyda wanted to know if Robinson would be interested in taking over as the team physician for the Olympic Sports. It was an opportunity Robinson jumped at. "I came back and opened a practice in August of 1989 and have been with the University ever since," Robinson said.

As Robinson's practice began to grow, he began to look for someone to join him. With high standards, his search took quite a while. He had been practicing seven years when he asked Craig Buettner to join him and another five years after that when Jeff Laubenthal was asked to join the practice.

"Both Craig and Jeff were handpicked. Both have the right kind of personalities and are smart as can be to boot," Robinson said. "When I identified them through the residency program, and they caught the sports medicine bug, we tried to set them on the path that would bring them back here. Both men are big Alabama fans, so working with the athletics department was a big incentive."



From the left — Dr. Craig Buettner, Dr. Jimmy Robinson, Dr. Les Fowler and Dr. Jeff Laubenthal are all part of the Crimson Tide's medical staff.

Laubenthal in particular is very familiar with the Alabama athletics department. Not only is he a former stand-out baseball player for the Tide, but he is married to former All-American gymnast Katherine Kelleher.

Now the three men serve as the primary physicians for the Crimson Tide. Robinson and his colleagues are involved in all levels of an athlete's healthcare, from the first physical of the year before an athlete can even start practice, to an exit physical at the end of an athlete's career and everything in between. The hours involved are long to say the least, but for Robinson and his cohorts, the effort is worth it.

"I'm a fan and the opportunity to work with the department is better than a paycheck," Robinson said. "To me, the biggest thrill is when I get to work with an athlete and maybe something I do helps them be as good an athlete as they can be. There's nothing like feeling that in some small way, I made a positive difference in an individual or team's performance."

Robinson's expertise in the sports medicine has reached international acclaim. For the 2000 Olympics in Sydney he was one of eight team physicians for the U.S. Olympic squad. He served in the same capacity at the 1998 Goodwill Game and 1999 Pan Am Games.



Dr. James Andrews (center), one of the world's foremost experts in orthopedic medicine, and Dr. Lyle Cain, one of the nation's top orthopedic surgeon's, consult with junior Jacqueline Shealy after her ACL surgery in 2007.

In addition to the near daily attention of Drs. Robinson, Buettner and Laubenthal, Alabama has several specialists on call including former Alabama quarterback Dr. Les Fowler who serves as the department's orthopedist.

Alabama athletes can also count on Dr. James Andrews who serves on the Tide's medical staff as a consultant. Andrews is one of the world's foremost orthopedic surgeons, internationally known and recognized for his scientific and clinical research contributions in knee, shoulder and elbow injuries

and his skill as an orthopedic surgeon. Many of the world's outstanding athletes seek his expertise in sports injuries. His work with André Pickens' ruptured Achilles' tendon allowed her to not only compete her senior year but compete at a higher level than before the injury. She led Alabama to the 2002 NCAA Championship and captured the NCAA Uneven Bars crown. In the fall of 2006, Andrews and Dr. Lyle Cain, another Alabama team physician, removed bone chips from both of Terin Humphrey's elbows, allowing her greater range of motion than she has had in many years. Their exper-

tise had her back in the lineup for the start of the season, and winning her second NCAA Uneven Bars championship by April.

THE TRAINING STAFF

Keeping Crimson Tide gymnasts fine-tuned is the No. 1 job of The University of Alabama trainers. Their "body shop" is the newly renovated state-of-the-art training room located in Coleman Coliseum, and their tools consist of hot and cold whirlpools, electrical stimulation and ultrasound machines, tape and pre-wrap and QDA

spray, and a brain full of knowledge needed to make sure each gymnast performs to her full potential.

Bill McDonald heads the athletic training staff. A member of the Tide staff since 1987, McDonald's area of expertise extends from athletic training to administration. After serving as the Tide's head athletic trainer from 1987 through the 1998 season, he moved to the administrative side in 1999, and currently serves as Director of Sports Medicine. Rodney Brown is the director of rehabilitations services.

The Coleman Coliseum training room is staffed by seven full-time athletic trainers, including Sherry Kimbro (soccer and rowing), John Morr (men's basketball, men's and women's tennis, and men's and women's golf), Joe Hoffer (baseball and volleyball), Bernard Burroughs, (men's and women's track and field), Monica Decker (gymnastics), Nick Seiler (Softball) and Jeremy Dobbbs (women's basketball, swimming and diving). Jeff Allen is the head football athletic trainer. He is assisted by assistant athletic trainer Ginger Gilmore and Jeremy Gsell and two graduate assistants, Nick Williams and Dan Jacobi.

The coliseum staff also consists of six graduate assistant athletic trainers: Brandon Rayne (swimming and diving), Andrea Torbey (men's and women's track and field), Katie Murphy (women's track and field), Nick Kregal (rowing), Mark Mohler (rowing) and Jody Green (volleyball).

Athletic trainers can spend an average of 10 to 12 hours a day on the job depending on what point of the season the team is in.

Alabama ensures the safety of its athletes by assigning at least one athletic trainer to each team to cover home and away events, conditioning, practice and travel.

Highlights from the Season

THE REGULAR SEASON

Alabama posted a 10-4-0 regular season record including a 5-1 mark in Southeastern Conference competition. The Crimson Tide's mark included wins over No. 3 Florida, No. 5 LSU, No. 8 UCLA and No. 10 Arkansas. Sophomore Morgan Dennis led the Crimson Tide with a team-best 41 routines through the regular season. Freshman Kayla Hoffman posted Alabama's top vault score of the season with a 9.975. Sophomore Kassie Price posted a 9.95 for Alabama's top uneven bars score. Dennis, Price and sophomores Ricki Lebegern and Casey Overton all scored team-best 9.9s on the beam during the year. Dennis also scored a team-high 9.975 on the floor exercise.



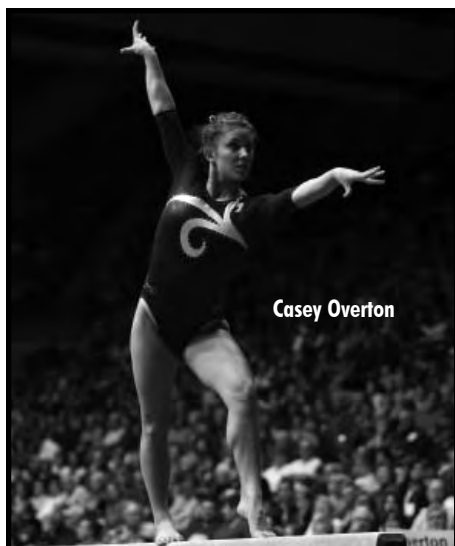
NCAA REGIONAL CHAMPIONS

Alabama won its 23rd NCAA Regional Championship on the strength of a 197.300 score.

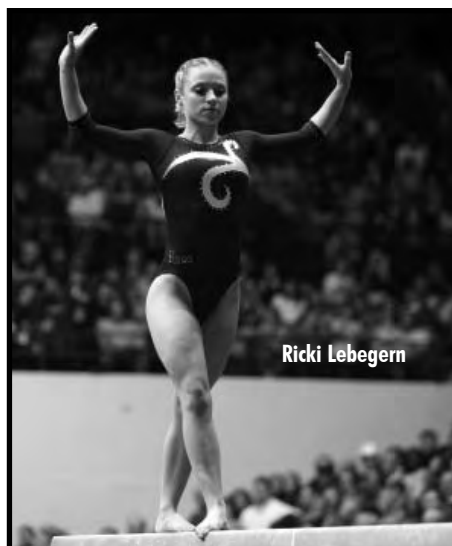
Sophomore Morgan Dennis used a career-best 39.625 on in the all-around to lead the way. She also won the vault and floor exercise.

Sophomore Kassie Price won the uneven bars and shared the balance beam title with junior Brittany Magee.

The win propelled the Crimson Tide to its 26th consecutive NCAA Championship appearance.



Casey Overton



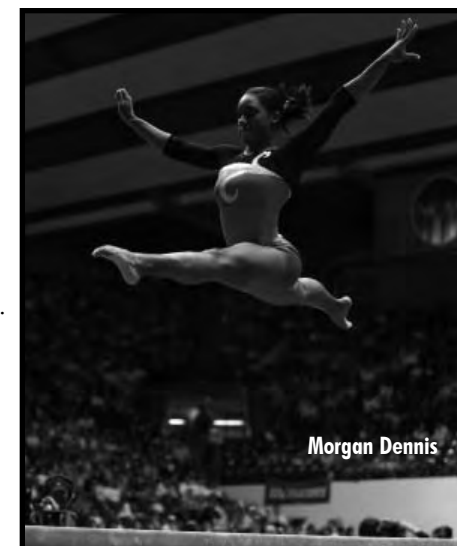
Ricki Lebegern

ALABAMA'S SEC CHAMPION TRIO

Alabama finished second at the Southeastern Conference Championships by the smallest margin possible, .025, finishing a fraction behind eventual national champions Georgia. The Crimson Tide has now finished first or second at the SEC Championships 18 times.

Three Tide gymnasts brought home six SEC titles. Sophomores Casey Overton, Ricki Lebegern and Morgan Dennis shared top honors on the balance beam. It was Lebegern's second SEC beam title. Dennis and Lebegern also shared first place on the vault while Dennis won the floor exercise as well.

Their championship turns earned Dennis, Lebegern and Overton first team All-SEC honors. Sophomore Kassie Price and freshman Kayla Hoffman earned second team All-SEC honors. Hoffman was also named to the inaugural Freshman All-SEC team.



Morgan Dennis



Kassi Price, Morgan Dennis, Sarah Patterson and Kayla Hoffman

ACADEMIC SUCCESS CONTINUES

The Crimson Tide continued to shine in the classroom last season both individually and as a team. Sophomore Kassi Price was named to the CoSIDA Academic All-American At-Large team. Price carries a perfect 4.0 grade point average to this point in her career. Student-athletes from 13 different sports strive for a place on the at-large teams, making it a tough honor to get. Alabama also had 12 athletes earn Scholastic All-American honors and 13 earn SEC Academic Honor Roll recognition. The Tide finished with a 3.4 team grade point average on a 4.0 scale putting them at No. 1 in the Southeastern Conference and second among the teams that made last year's NCAA Championships Super Six Team Finals.

THE NCAA CHAMPIONSHIPS AND ALL-AMERICAN SUCCESS

In its 26th consecutive NCAA Championship appearance, Alabama tallied its 24th top-six finish. Four Crimson Tide gymnasts earned six All-American honors. Sophomore Morgan Dennis earned first team honors on the floor exercise and was second team in the all-around and on the uneven bars. Sophomore Kassi Price earned first team All-American honors on the uneven bars while freshman Kayla Hoffman earned first team honors on the vault. Sophomore Casey Overton earned second team All-American honors on the balance beam. A total of 52 Alabama gymnasts have now earned 229 All-American honors since Julie Garrett earned the first honor in 1982.



BACK-TO-BACK FULL HOUSES

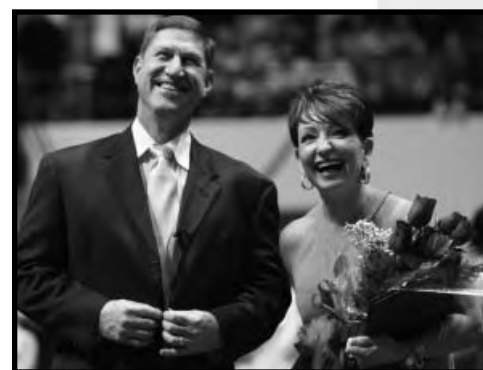
The Alabama Gymnastics program continues to raise the bar in terms of attendance and last year was no different. The Crimson Tide became the first team in the history of collegiate gymnastics to draw more than 15,000 fans to two meets in the same season when it tallied sellout crowds of 15,075 in back-to-back meets against Georgia and Arkansas. Last season also marks the third year in a row that Alabama has had at least one sellout. Overall the Tide drew an average of 12,141 fans per meet last year, the second largest average in school and Southeastern Conference history. The two sellouts in 2008 also gives Alabama five of the six highest single-meet crowds in the nation over the last 15 years.



The 1988 NCAA and SEC Champion Alabama Crimson Tide

CELEBRATIONS

The 2008 season featured a pair of special anniversaries. Sarah and David Patterson celebrated their 30th year coaching at Alabama while the Crimson Tide also celebrated the 20th anniversary of Alabama's first NCAA and Southeastern Conference Championships. Both the Pattersons and the 1988 team were honored during a pre-meet ceremony during the Alabama-Arkansas meet which included a surprise video shown on the coliseum's video screens honoring the Pattersons' three decades of excellence.



THE 2008 SEASON

Team Results

Date	Ala. Rank	Ala. Score	Opponent (Opp. Rank)	Opp. Score	Attendance	Site	Overall	SEC
Jan. 11	No. 6	196.300	Illinois (23)	192.775	11,134	Tuscaloosa, Ala.	1-0	0-0
Jan. 18	No. 3	196.425	Auburn	195.900	3,003	Auburn, Ala.	2-0	1-0
Jan. 25	No. 3	196.300	Kentucky	193.525	1,511	Lexington, Ky.	3-0	2-0
Feb. 1	No. 4	196.000	Georgia (1)	196.625	15,075	Tuscaloosa, Ala.	3-1	2-1
Feb. 8	No. 4	196.775	Arkansas (10)	195.950	15,075	Tuscaloosa, Ala.	4-1	3-1
Feb. 22		196.300	LSU (5)	196.125	7,717	Baton Rouge, La.	5-1	4-1
Feb. 29	No. 5	197.225	Florida (3)	197.125	11,864	Tuscaloosa, Ala.	6-1	5-1
March 7	No. 6	195.775	Stanford (9)	196.775		Palo Alto, Calif.	6-2	5-1
			Nebraska (16)	196.050			6-3	5-1
March 9	No. 6	195.925	Arkansas (12)	196.425	4,622	Los Angeles, Calif.	6-4	5-1
			UCLA (8)	195.800			7-4	5-1
			CS-Fullerton	192.625			8-4	5-1
March 14	No. 6	197.300	Penn State (20)	194.675	9,503	Tuscaloosa, Ala.	9-4	5-1
March 21	No. 6	197.100	Auburn (12)	195.900	10,193	Tuscaloosa, Ala.	10-4	5-1
March 29	No. 6	197.325	SEC Championships		9,022	Duluth, Ga.	2nd	
April 12	No. 4	197.300	NCAA South Central Regional			Norman, Okla.	1st	
April 24	No. 6	196.650	NCAA Championships - Prelims			Athens, Ga.	2nd	
April 25	No. 6	196.125	NCAA Championships - Super Six			Athens, Ga.	6th	

Individual Results

Alyssa Chapman	V	UB	BB	FX	AA
Illinois	9.700e	—	—	—	—
@Auburn	9.500e	—	—	—	—
Career Best	9.700e	—	—	—	—

Morgan Dennis	V	UB	BB	FX	AA
Illinois	9.850	9.750	9.750e	9.625	—
@Auburn	9.850	9.850	9.650e	9.900	—
@Kentucky	9.850	9.825	9.850	9.900	39.425
Georgia	9.850	9.800	9.525	9.950	39.125
Arkansas	9.850	9.775	9.850	9.725	39.200
@LSU	9.825	9.800	9.375	9.875	38.875
Florida	9.900	9.700	9.875	9.925	39.400
@Stanford/Nebraska	9.875	9.725	9.775	9.750	39.125
@UCLA Quad	9.925	9.775	9.825	9.950	39.475
Penn State	9.925	9.775	9.875	9.800	39.375
Auburn	9.900	9.850	9.725	9.975	39.450
SEC Championships	9.950	9.775	9.900	9.950	39.575
NCAA SC Regional	9.950	9.875	9.875	9.925	39.625
NCAA Champ-Prims	9.825	9.900	9.750	9.925	39.400
NCAA Super Six	9.900	9.775	9.850	9.950	39.475
NCAA Individuals	—	—	—	9.900	—
Career Best	9.950	9.900	9.900	9.975	39.625

Kayla Hoffman	V	UB	BB	FX	AA
Illinois	9.875	9.750	9.650	9.900	39.175
@Auburn	9.875	9.900	9.800	9.900	39.475
@Kentucky	9.925	9.850	—	—	—
Georgia	9.875	9.800	9.250	9.875	38.800
Arkansas	9.950	9.875	8.800	9.900	38.525
@LSU	9.775	9.350	9.650e	—	—
Florida	9.950	9.750	9.775e	9.950	—
@Stanford/Nebraska	9.925	9.825	9.325e	9.850	—
@UCLA Quad	9.975	9.825	—	9.850	—



Penn State	9.925	9.900	9.250e	9.925	—
Auburn	9.800	9.825	9.775e	9.900	—
SEC Championships	9.925	9.850	—	9.900	—
NCAA SC Regional	9.925	9.750	—	9.875	—
NCAA Champ-Prims	9.900	9.875	—	9.875	—
NCAA Super Six	9.750	9.800	—	9.925	—
NCAA Individuals	9.7625	—	—	—	—
Career Best	9.975	9.900	9.800	9.950	39.475

Terin Humphrey	V	UB	BB	FX	AA
Illinois	—	9.825	—	—	—
@Kentucky	—	9.900	—	—	—
Arkansas	—	9.900	—	—	—
Florida	—	9.725	—	—	—
Career Best	9.900	9.950	9.950	9.950	39.575

Ricki Lebegem	V	UB	BB	FX	AA
Illinois	9.750	9.800e	9.825	9.825	—
@Auburn	9.700	—	9.775	—	—
@Kentucky	9.900	—	9.875	9.825	—
Georgia	9.800	9.800	9.800	9.575	38.975
Arkansas	9.900	9.375	9.875	9.825	38.975
@LSU	9.850	9.675	9.825	9.825	39.175
Florida	9.875	9.825	9.850	9.875	39.425
@Stanford/Nebraska	9.850	9.750	9.800	9.850	39.250
@UCLA Quad	9.875	9.100	9.275	—	—
Penn State	9.875	9.825	9.825	9.850	39.375
Auburn	9.850	9.850	9.825	9.925	39.450
SEC Championships	9.950	9.150	9.900	9.875	38.875
NCAA SC Regional	9.875	9.850	9.725	9.850	39.300
NCAA Champ-Prims	9.800	9.850	9.700	9.850	39.200
NCAA Super Six	9.825	9.800	9.775	9.900	39.300
Career Best	9.950	9.850	9.925	9.900	39.475

Brittany Magee	V	UB	BB	FX	AA
Illinois	9.775	—	9.825	—	—
@Auburn	9.725	—	9.850	9.550	—
Georgia	9.675	—	9.675	—	—
Arkansas	9.825	—	—	—	—
@LSU	9.850	—	9.875	9.750	—
Florida	—	—	9.850	—	—
@Stanford/Nebraska	—	—	9.300	9.725	—
@UCLA Quad	9.875	—	9.850	9.825	—
Penn State	9.825	—	9.875	9.750e	—
Auburn	9.875	—	9.800	—	—
SEC Championships	9.825	—	9.850	—	—
NCAA SC Regional	9.900	—	9.900	—	—
NCAA Champ-Prims	9.775	—	9.775	—	—
NCAA Super Six	9.725	—	9.725	—	—
Career Best	9.950	—	9.900	9.950	—

Cassie Martin	V	UB	BB	FX	AA
@Auburn	—	9.700e	—	—	—
@LSU	—	9.750	8.850e	—	—
Florida	—	9.775e	—	—	—
@Stanford/Nebraska	—	9.675	—	—	—
@UCLA Quad	—	9.075	—	—	—
Penn State	—	9.200	—	—	—
Auburn	—	9.775e	—	—	—
NCAA SC Regional	—	9.500	—	—	—
Career Best	—	9.925	9.900	9.875	—

Megan Mashburn	V	UB	BB	FX	AA
@Kentucky	9.650e	—	—	—	—
Arkansas	9.600e	—	—	—	—
@LSU	9.800e	—	—	9.800e	—
Florida	9.750e	—	—	—	—
@Stanford/Nebraska	9.700e	—	—	—	—
Penn State	9.675e	—	—	—	—
Auburn	9.800e	—	—	—	—
Career Best	9.800e	—	—	9.800e	—

Amanda Montgomery	V	UB	BB	FX	AA
Illinois	—	9.675	9.700	—	—
@Auburn	—	9.800	9.750	—	—
@Kentucky	—	9.725	9.750	—	—
Georgia	—	9.725e	9.150e	—	—
Arkansas	—	—	9.500	—	—
@LSU	—	9.525e	9.750	—	—
Florida	—	—	9.725	—	—
@Stanford/Nebraska	—	9.675e	9.250	—	—
@UCLA Quad	—	9.025e	9.250	—	—
Penn State	—	—	9.700e	—	—
Auburn	—	—	9.675e	—	—
Career Best	—	9.800	9.775	—	—

Ashley O'Neal	V	UB	BB	FX	AA
Illinois	—	—	—	9.800	—
@Auburn	—	—	—	9.775	—
@Kentucky	9.725	—	9.775	9.625	—
Georgia	—	—	—	9.825	—
@Stanford/Nebraska	—	—	—	9.800e	—
@UCLA Quad	—	—	9.775e	9.825	—
Penn State	—	—	9.775	9.850	—
Auburn	—	—	9.725	9.850	—
SEC Championships	—	—	9.800	9.825	—
NCAA SC Regional	—	—	9.575	9.850	—
NCAA Champ-Prims	—	—	8.600	9.800	—
NCAA Super Six	—	—	9.225	9.825	—
Career Best	9.900	—	9.875	9.875	—

Casey Overton	V	UB	BB	FX	AA
Illinois	—	—	9.850	—	—
@Auburn	—	—	9.850	—	—
@Kentucky	—	—	9.600	9.175	—
Georgia	9.625e	—	9.775	—	—
Arkansas	9.875	—	9.825	9.850	—
@LSU	9.800	—	9.850	9.775	—
Florida	9.875	—	9.800	9.675	—
@Stanford/Nebraska	9.825	—	9.850	—	—
@UCLA Quad	9.900	—	9.875	—	—
Penn State	9.800	9.750e	9.875	—	—

Auburn	9.825	9.825	9.875	—	—
SEC Championships	9.750	9.800	9.900	—	—
NCAA SC Regional	9.850	—	9.850	—	—
NCAA Champ-Prlms	9.825	9.300	9.825	—	—
NCAA Super Six	9.850	9.800	9.825	—	—
Career Best	9.900	9.825	9.900	9.850	—

Kassi Price	V	UB	BB	FX	AA
Illinois	9.725	9.900	9.775	9.900	39.300
@Auburn	9.800	9.950	9.775	9.875	39.400
@Kentucky	9.725	9.875	9.750	9.825	39.175
Georgia	9.625	9.950	9.825	9.875	39.275
Arkansas	—	9.950	9.800	9.875	—
@LSU	9.850	9.875	9.825	9.850	39.400
Florida	9.850	9.850	9.900	9.900	39.500
@Stanford/Nebraska	9.650	9.875	9.850	9.825	39.200
@UCLA Quad	9.800	9.900	9.775	9.900	39.375
Penn State	9.850	9.900	9.800	9.900	39.450
Auburn	—	9.900	9.700	9.925	—
SEC Championships	9.800	9.900	9.800	9.850	39.350
NCAA SC Regional	—	9.900	9.900	9.850	—
NCAA Champ-Prlms	—	9.925	9.800	9.850	—
NCAA Super Six	9.775	9.900	9.250	9.900	38.825
NCAA Individuals	—	9.850	—	—	—
Career Best	9.925	9.950	9.900	9.925	39.575

Jacqueline Shealy	V	UB	BB	FX	AA
@Auburn	—	9.725	—	—	—
@Kentucky	—	9.625e	—	—	—
Georgia	—	9.800	—	—	—
Arkansas	—	9.700e	—	—	—
@LSU	—	9.500e	—	—	—
@Stanford/Nebraska	—	9.025e	—	—	—
@UCLA Quad	—	9.625e	—	—	—
Penn State	—	9.675e	—	—	—
Auburn	—	9.775e	—	—	—
Career Best	—	9.800	—	—	—

Kaitlin White	V	UB	BB	FX	AA
Illinois	9.725	9.850	—	9.850	—
@Auburn	9.725	9.775	—	9.675	—
@Kentucky	9.725	9.775	—	9.775	—
Georgia	9.700	9.775	—	9.825	—
Arkansas	9.800	9.850	—	9.150	—
@LSU	—	9.825	—	9.725	—
Florida	9.775	9.825	—	9.875	—
@Stanford/Nebraska	9.775	9.775	—	9.125	—
@UCLA Quad	—	9.800	—	9.850	—
Penn State	9.700e	9.825	—	9.900	—
Auburn	9.800	9.825	—	9.925	—
SEC Championships	—	9.800	—	9.750	—
NCAA SC Regional	9.875	9.800	—	9.850	—
NCAA Champ-Prlms	9.750	9.825	—	9.800	—
NCAA Super Six	—	9.775	—	9.850	—
Career Best	9.875	9.875	—	9.925	—

e = exhibition routine



The Crimson Tide's Top Individual Scores:

	Vault	Bars	Beam	Floor	Totals
Morgan Dennis	9.950	9.850	9.900	9.975	39.625
Kayla Hoffman	9.975	9.900	9.800	9.950	39.475
Terin Humphrey	—	9.900	—	—	—
Ricki Lebegern	9.950	9.850	9.900	9.925	39.450
Brittany Magee	9.875	—	9.985	9.825	—
Cassie Martin	—	9.750	—	—	—
Amanda Montgomery	—	9.800	9.750	—	—
Ashley O'Neal	9.725	—	9.800	9.850	—
Casey Overton	9.900	9.825	9.900	9.850	—
Kassi Price	9.850	9.950	9.900	9.925	39.500
Jacqueline Shealy	—	9.800	—	—	—
Kaitlin White	9.800	9.850	—	9.925	—

Alabama's Team Scores

	Vault	Bars	Beam	Floor	Totals
Illinois	48.975	49.075	48.975	49.275	196.300
@Auburn	48.975	49.275	49.050	49.125	196.425
@Kentucky	49.125	49.225	49.000	48.950	196.300
Georgia	48.900	49.150	48.600	49.350	196.000
Arkansas	49.400	49.350	48.850	49.175	196.775
@LSU	49.175	48.925	49.125	49.075	196.300
Florida	49.450	48.975	49.275	49.525	197.225
@Stanford/Nebraska	49.250	48.950	48.575	49.000	195.775
@UCLA Quad	49.550	48.400	48.600	49.375	195.925
Penn State	49.400	49.225	49.250	49.425	197.300
Auburn	49.250	49.250	48.950	49.650	197.100
SEC Championships	49.450	49.125	49.350	49.400	197.325
NCAA SC Regional	49.525	49.175	49.250	49.350	197.300
NCAA Champ-Prelims	49.125	49.375	48.850	49.300	196.650
NCAA Super Six	49.100	49.075	48.425	49.525	196.125
Season Best	49.550	49.350	49.350	49.650	197.325

NCAA Championships Scores

April 24-26 • Athens, Ga.

— SUPER SIX TEAM FINAL

	Vault	Bars	Beam	Floor	Totals
Georgia	49.225	49.375	49.375	49.475	197.450
Utah	49.400	49.350	49.100	49.275	197.125
Stanford	49.125	49.225	49.175	49.225	196.750
Florida	49.400	49.050	48.850	49.400	196.700
LSU	49.225	49.200	48.800	49.125	196.350
Alabama	49.100	49.075	48.425	49.525	196.125

— PRELIMINARIES

AFTERNOON SESSION

	Vault	Bars	Beam	Floor	Totals
Florida	49.100	49.300	48.975	49.525	196.900
Alabama	49.125	49.375	48.850	49.300	196.650
LSU	49.050	49.450	48.825	49.250	196.575
Oklahoma	48.775	49.125	48.950	49.225	196.075
Arkansas	49.150	49.125	48.575	48.975	195.825
Oregon State	48.725	49.150	48.750	48.850	195.475

EVENING SESSION

	Vault	Bars	Beam	Floor	Totals
Georgia	49.375	49.500	49.350	49.400	197.625
Utah	49.400	49.300	49.040	49.200	196.950
Stanford	49.200	49.325	49.200	49.175	196.900
UCLA	49.250	49.475	48.800	49.200	196.725
Michigan	48.950	49.375	48.650	49.100	196.075
Denver	48.625	48.850	47.950	48.775	194.200

NCAA Regional Championships Scores

April 12 • Norman, Okla.

	Vault	Bars	Beam	Floor	Totals
Alabama	49.525	49.175	49.250	49.350	197.300
Arizona State	48.700	47.825	47.975	48.700	193.200
Boise State	48.800	48.900	47.700	49.000	194.400
Illinois	48.875	48.950	48.650	48.950	195.425
SE Missouri St.	48.525	48.525	48.300	48.500	193.850
Oklahoma	49.050	49.075	48.500	49.250	195.875

SEC Championships Scores

March 29 • Duluth, Ga.

	Vault	Bars	Beam	Floor	Totals
Georgia	49.225	49.500	49.300	49.325	197.350
Alabama	49.450	49.125	49.350	49.400	197.325
Florida	49.375	49.400	49.175	49.375	197.325
LSU	49.350	48.975	48.900	49.275	196.500
Auburn	49.025	49.050	49.000	49.025	196.100
Arkansas	48.625	47.950	49.025	49.050	194.650
Kentucky	48.525	48.500	48.850	48.150	194.025

TRAVELING WITH THE CRIMSON TIDE

Oh the places they'll go! An Alabama gymnast will travel far and wide during their Crimson Tide tenure and will get there in style. The Tide travels to the vast majority of its competitions by charter plane, keeping time away from home to a minimum. Chartering also allows Sarah Patterson to adjust departure times to best accommodate her athletes' class schedule.

Nothing brings a team together like time on the road. Time on the plane is spent studying, reading, listening to music and with the advent of DVDs, watching movies. Time is also spent chatting, singing and generally having a good time.

And just to make sure everything runs smoothly on a trip, a laminated travel card is handed out before the Tide sets off for the Tuscaloosa Airport, detailing the schedule, what to wear and other important information.

During the regular season, once the plane touches down, a bus comes plane-side to pick the Tide up and take them to the hotel. The Tide then makes its way to a team dinner, usually at a well-known local restaurant that has the kind of variety where the gymnasts, coaches and staff

can sample local cuisine or a personal favorite.

Back at the hotel after dinner, everyone goes their own way, some back to their room to study or chat, some gathering in one room or another to watch a movie.

Breakfast usually finds everyone on their own, after which there is a trip to the mall arranged for those who want to hit the shops.

Team lunch starts the pre-meet ritual, with the Tide taking over a section of a restaurant. After the competition the bus takes the Tide back to the airport, where the charter plane stands ready to whisk them back to Tuscaloosa.

On longer trips, especially during the postseason, Alabama travels with its massage therapist, allowing them to get massages in preparation for competition.

And while many trips find the Tide flying in and out of town for a meet, sometimes the trip is stretched to accommodate some exploring.

For the last three years, trips to the West Coast have allowed Alabama to see the sites, including stops in San Francisco for cable car rides and wandering around Fisherman's Wharf as well as tours of Hollywood.

This season Alabama will visit Happy Valley for a meet at Penn State and will make an extended trip to Music City when they travel to Nashville, Tenn. for the Southeastern Conference Championships.

The gymnasts aren't the only ones hitting the road for away meets. The Tide has a dedicated group of family, friends and fans that follow them from one end of the country to the other. There is never a meet that doesn't see some crimson and white clad fans in the stands. And for those that can't make it to an away meet, the Tide is the only school in the country whose home and away meets are broadcast on the radio and online as well.



2009 Opponents & Championships

Auburn

- Friday, January 9, 2009
Auburn, Ala. • 7:00 pm
- Friday, February 27, 2009
Tuscaloosa, Ala. • 7:00 pm



Nickname: Tigers
Colors: Blue and Orange
Head Coach: Jeff Thompson
SID Contact: Amanda Dahl
Phone: (334)-844-9900
e-mail: acd0010@auburn.edu
website: www.auburntigers.com

Kentucky

- Friday, Jan. 16
Tuscaloosa, Ala.
7:30 pm



Nickname: Wildcats
Colors: Blue and White
Head Coach: Mo Mitchell
SID Contact: Sara Reichbaum
phone: 859.257.6846
e-mail: sara.reichbaum@uky.edu
website: www.ukathletics.com

Georgia

- Friday, Jan. 23
Athens, Ga.
7:30 pm



Nickname: Bulldogs
Colors: Red and Black
Head Coach: Suzanne Yoculan
SID Contact: Steve Colquitt
phone: 706.542.1620
e-mail: scolquitt@sports.uga.edu
website: www.georgiadogs.com

Arkansas

- Friday, Jan. 30
Fayetteville, Ark.
7:00 pm



Nickname: Razorbacks
Colors: Red and White
co-Head Coaches: Mark and Rene Cook
SID Contact: Jeri Thorpe
phone: 479.575.5037
e-mail: jthorpe@uark.edu
website: www.arkansasrazorbacks.com

Denver

- Friday, Feb. 6
Tuscaloosa, Ala.
7:30 pm



Nickname: Pioneers
Colors: Crimson and Gold
Head Coach: Melissa Kutcher-Rinehart
SID Contact: Derek Nagy
phone: 303.871.3800
e-mail: dnagy@du.edu
website: www.denverpioneers.com

LSU

- Friday, Feb. 13
Tuscaloosa, Ala.
7:30 pm



Nickname: Tigers
Colors: Purple and Gold
Head Coach: D-D Breaux
SID Contact: Jake Terry
phone: 225.578.8226
e-mail: jterry9@lsu.edu
website: www.lsusports.net

Florida

- Friday, Feb. 20
Gainesville, Fla.
7:00 pm



Nickname: Gators
Colors: Orange and Blue
Head Coach: Rhonda Faehn
SID Contact: Mary Howard
phone: 352.375.4683 xt: 6110
e-mail: Maryh@gators.ufl.edu
website: www.gatorzone.com

Penn State

- Sunday, March 1
University Park, Penn.
2:00 pm



Nickname: Nittany Lions
Colors: Blue and White
Head Coach: Steve Shephard
SID Contact: Jen Armson-Dyer
phone: 814.865-1757
e-mail: jma19@psu.edu
website: www.gosusports.com

Ohio State

- Sunday, March 1
University Park, Penn.
7:00 pm



Nickname: Buckeyes
Colors: Scarlet and Gray
Head Coach: Carey Fagan
SID Contact: Alissa Clendenen
phone: 614.292.0134
e-mail: clendenen@osu.edu
website: www.ohiostatebuckeyes.com

Stanford

- Friday, March 6
Tuscaloosa, Ala.
7:30 pm



Nickname: Cardinal
Colors: Cardinal and White
Head Coach: Kristen Smyth
SID Contact: Simon Ogus
phone: 650.736.7921
e-mail: sogus@stanford.edu
website: www.gostanford.com

Oklahoma

- Friday, March 13
Tuscaloosa, Ala.
7:30 pm



Nickname: Sooners
Colors: Red and White
Head Coach: K.J. Kindler
SID Contact: Phillip Rogers
phone: 405.325.8231
e-mail: philliprogers@ou.edu
website: www.soonersports.com

North Carolina

- Friday, March 13
Tuscaloosa, Ala.
7:30 pm



Nickname: Tar Heels
Colors: Carolina Blue and White
Head Coach: Derek Galvin
SID Contact: Greg Dziwulski
phone: 919.962.2123
e-mail: gregdz04@email.unc.edu
website: www.tarheelsblue.com

SEC Championships

- Saturday, March 21
Nashville, Tenn.
5:00 pm



Location: Nashville, Tenn.
SID Contact: Chuck Dunlap
phone: 205.458.3010
e-mail: cdunlap@secsports.org
website: www.secsports.com

NCAA Regional Championships

- Saturday, April 4
Tuscaloosa, Ala.
6 pm



Location: Tuscaloosa, Ala.
SID Contact: Roots Woodruff
phone: 205.348.2088
e-mail: rwoodruff@ia.ua.edu
website: www.rolltide.com

NCAA Championships

- April 16-18
Athens, Ga.



Location: Lincoln, Neb.
SID Contact: Bonnie Ryan
phone: 402.472.2263
e-mail: bryan@huskers.com
website: www.huskers.com

Alabama Gymnastics



A Tradition of Excellence - A Legacy of Champions

It started quietly. The University of Alabama's brand-new gymnastics squad, under the direction, that first year, of Riki Sutton, came together in the fall of 1974 and would compete for the first time in January of 1975. That first team finished third at the state championships and sixth at the regionals. Through the first four seasons of the program there are four different coaches and no winning seasons, and there is talk about discontinuing the program. That talk will come to an abrupt halt soon though, because things are about to get better for the young program, much, much better.

In the summer of 1978, "Grease" reigned at the box office and ABBA's "Take a Chance on Me" filled dance floors coast to coast. "Laverne and Shirley" was the most popular TV series on the air, though it was in re-runs. It's the summer of 1978 and things are about to turn around for the Crimson Tide because Sarah Patterson has said **yes**.

She didn't ask about salary, or facilities or equipment. When the letter came asking if she would be Alabama's head coach, Patterson, all of 22 years old and just out of Slippery Rock State College, gave the Crimson Tide an emphatic and unequivocal yes.

Her first move as Alabama's coach was to hire David Patterson, coming out of his freshman year as a Crimson Tide diver, as an assistant coach. The couple, married in 1984, then turned to the task at hand, taking a team without a winning season and creating a juggernaut that has performed at the highest conceivable level for three decades.

A fast 30 years later, "Dancing with the Stars" and "Grey's Anatomy" are keeping everyone glued to the TV set while The Dark Knight and Mama Mia were the summer blockbusters (Mama Mia incidentally, featured ABBA's "Take a Chance on Me" in one of its final scenes, proving yet again, everything that goes around comes back around). On the radio Duffy, Katy Perry, Coldplay and Usher top the music charts. And 2009 finds the little program that couldn't quite find its feet before Sarah and David Patterson came along, has won four NCAA Championships, five Southeastern Conference crowns, 23 NCAA Regional titles, 21 individual NCAA Championships and 229 All-American honors.

The adventures along the way came fast and furious. Sarah found herself explaining to her boss Paul "Bear" Bryant, the Tide's legendary football coach and athletics director, why a wrestling mat with a hole in the middle wouldn't do as a floor exercise mat.

"Once I explained what we needed," Sarah Patterson said, "Coach Bryant told Coach (Sam) Bailey (Bryant's right hand man administratively) to get us what we needed. Coach Bryant wanted all our sports to be winners and he was willing to provide us with the tools."

And the facilities that Sarah hadn't asked about when taking the job, started as Foster Auditorium, where the Tide shared its practice space with the volleyball team.

"It was interesting," David Patterson said. "Every once in a while you'd have a stray volleyball come zinging through practice. Before every practice we'd have to set up all the equipment and the mats and at the end of every practice we'd have to break it all down again."

Things progressed quickly though. Their first season, Sarah and David scoured the dorms on campus looking for anyone with tumbling experience, just so they could fill their lineup. They were though, doing some far more important recruiting farther afield.

In signing their first class, Sarah and David made one basic promise to their recruits. They promised the freshmen of 1980 that they would go to the National Championships.

"The first real defining moment of our program was the first year we went to NCAAs," Sarah said. "Our first recruiting class was in their senior year. We had promised them that we would make it to NCAAs. In their junior year, we finished 11th, and they took 10 teams. At the end of 1982, we all knew that we had one year to fulfill our commitment to these ladies. Seeing it happen their senior year, making it to the NCAA Championships — I couldn't have been prouder."

One promise fulfilled and another goal on the horizon. Sarah and David built their program, almost from scratch on the simple premise that Alabama would develop the whole person instead of just the athlete. From the beginning, Patterson-coached student-athletes excelled not just in the gym, but also in the classroom. And beyond that, they developed lives outside of both. By the mid-1980s, Sarah and David Patterson began to wonder if their system would take the Tide to a national championship. They began to wonder if the Tide could truly have the best of all worlds.

The answer came as another emphatic yes in 1988 when the Tide won its first Southeastern Conference and NCAA Championships.

"Before '88, I think sometimes we looked back and said, 'Maybe you can't have this philosophy of developing the whole person and be number one.' When we won, it was a validation of that philosophy. We could do it this way and be successful on all fronts. We may not win every year, but we will be successful."

And just to prove that '88 was no fluke, the Pattersons led the Tide to NCAA titles in 1991, 1996 and 2002.

Everything else has progressed as well. Alabama is one of the nation's top academic teams too, earning a national best eight NCAA Postgraduate Scholarships and over 184 SEC Academic Honor Roll honors. And long gone are the days of stray volleyballs flying through practice. Since 1996, the Tide has trained in a state-of-the-art practice facility dedicated to gymnastics alone.

The fan base has grown by leaps and bounds. Alabama gymnastics is one of the top draws in women's collegiate athletics, averaging over 11,000 fans the last three seasons. That wasn't always the case though.

“The first real defining moment of our program was the first year we went to NCAAs... Our first recruiting class was in their senior year. We had promised them that we would make it to NCAAs.”

—Sarah Patterson

“In the early days we’d have three dozen people and two dozen would be Ann Wood’s family and friends,” Sarah Patterson said.

And most importantly to the Pattersons is that the student-athletes who helped turn Alabama into a national powerhouse have themselves developed into outstanding women making a difference in the world around them. The Tide’s all-time roster is filled with doctors, lawyers, mothers and executives all excelling at the highest level.

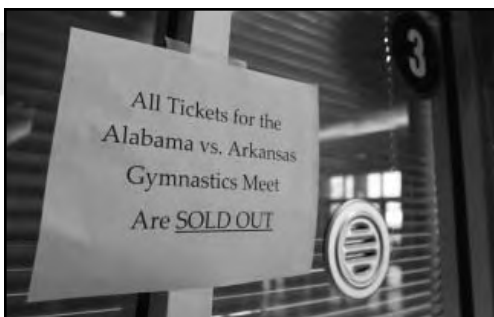
“When we started, winning championships was the biggest reward,” Sarah Patterson said. “And that’s still our goal every year, to be in a position on the last night of the season, to win the national title. But now, David and I are proudest not of the trophies and rings, but of the ladies that have won them and wear them still. We are proud of the lives they are leading and to have been a small part of their lives.”

That attitude has created more than one of the nation’s best overall athletic programs, it has built a family that stretches back to the class of 1979 and up through the freshmen of 2009. And that attitude gives credence to another top-song from 1978 by Sister Sledge, one that sums up the first 30 years of Alabama gymnastics under Sarah and David Patterson. “We are family ... I got all my sisters and me...”

Great Moments in Alabama Gymnastics History



Being first is not new to Barbara Mack Harding. As an Alabama gymnast in the early '80s, she was the first, and to date only, freshman to be chosen captain of a Sarah Patterson coached team. She also led Alabama to its first NCAA Championship appearance as a sophomore in 1983. She was also among Alabama's first All-Americans and NCAA Regional and SEC Champions. And on **September 6, 2008**, she led the way again, becoming the first female to be honored with the Paul W. Bryant Alumni-Athlete Award, which recognizes those outstanding alumni whose accomplishments since leaving The Capstone represent excellence in the areas of character, contributions to society, professional achievement and service to their community. It wasn't the first time that Harding was honored with an award bearing the name of Alabama's legendary football coach, who won six national championships with the Crimson Tide during his 25-year Alabama career. She was the inaugural winner of the Paul W. Bryant Scholar-Athlete Award as a senior in 1985.



When Alabama sold out its 2008 meeting with Georgia, it was exciting, but nothing new. The Tide has sold out one meet each of the two previous seasons and three times prior to the '08 season, but on **Feb. 08, 2008**, the Crimson Tide once again made history selling out its second meet in as many weeks with 15,075 on hand to see Alabama take on Arkansas. The Tide, one of only two schools to draw more than 12,000 for a single meet, becomes the first program in collegiate gymnastics history to have 15,000-plus fans at two meets in a single season.



One of the greatest legacies in collegiate sports continues when on **July 1, 2007** Sarah and David Patterson begin their 30th year coaching the Alabama Gymnastics team. They are the longest tenured coaching duo in Alabama athletics history and own four NCAA Championships and 25 consecutive NCAA Championship appearances. Their success, which shows no signs of abating, is legendary.



Alabama capped the 2007 season with a pair of individual NCAA Championships on **April 26, 2007** when junior Terin Humphrey and freshman Morgan Dennis take home the nation's top prize on the uneven bars and floor exercise respectively. Humphrey, who also won the 2005 NCAA Uneven Bars titles, is the sixth Tide gymnast to win multiple national championships. Dennis is also the fifth Alabama gymnast to win an NCAA title as a rookie. It is the sixth year in a row that Alabama has won at least one individual NCAA title.



GREAT MOMENTS

They came to support Sarah Patterson's "Power of Pink" initiative and they came in droves and they brought their friends, and on **January 20, 2006**, for only the second time in school history, an Alabama Gymnastics meet sells out, drawing a Southeastern Conference and Alabama record 15,162 fans to Coleman Coliseum. It is the largest collegiate gymnastics crowd in the nation since 1993 and the third largest all-time. Everyone at the Alabama-Florida gymnastics meet, including both teams is wearing pink in support of "Drive 4 the Cause". Conceived by Patterson in conjunction with the DCH Foundation, the meet raises awareness and money for the fight against breast cancer.



On **May 3, 2006**, Ashley Miles wins Alabama's sixth Honda Award, capping a senior season that includes her fourth NCAA title with the national gymnast of the year award. A month later she becomes a top-5 finalist for the Honda-Broderick Cup, given annually to the nation's top female athletes. She receives her Honda Award in front of 92,000-plus fans at half time of a UA football game.



Doing the amazing is nothing new for Ashley Miles, and so no one is surprised when on **March 25, 2006**, she becomes the first gymnast in Southeastern Conference history to win the same event four years in a row when she takes home the SEC floor exercise title. She finishes her career with 20 individual postseason titles, including four NCAA championships, six SEC titles and 10 NCAA Regional championships.

On **October 29, 2005**, Michelle Reeser caps off her Crimson Tide career by being honored at the NCAA Woman of the Year Banquet in Indianapolis. She is the fourth Alabama gymnast to be named a top-10 finalist for the honor and the ninth to be honored as a state winner. As a senior, Reeser earned All-American honors on the balance beam and was named the SEC Gymnastics Scholar-Athlete of the Year.



Already a legend, Ashley Miles secures her legacy on **April 22, 2006**, by winning her third NCAA vault championship, making her only the second gymnast in NCAA history, and first in over twenty years, to win a trio of vault titles. She finished her career with four individual national titles, tying her for third in NCAA history.



Ashley Miles had scored other 10s, and she'd even scored 10s at the NCAA Championships before, but none were as dramatic as her back-to-back 10s on **April 22, 2005** during the NCAA Super Six Team finals when the San Antonio, Texas native posts perfect marks on the floor exercise and vault, leading Alabama to a second place team finish.

On **August 22, 2004**, freshman-to-be Terin Humphrey, who had already helped guide the United States to a Silver Medal in the team competition at the 2004 Athens Olympics, earns a Silver of her own on the uneven bars. When she joins the Crimson Tide on Dec. 26, 2004 after traveling with the T.J. Maxx Tour of Champions through the fall, she becomes the Tide's first Olympian and first Olympic Medalist. She keeps things rolling along in that first season with the Tide, winning the NCAA Uneven Bars Championship.



On **April 17, 2004** Ashley Miles became the first Crimson Tide gymnast to defend an NCAA Vault title. And for good measure, she threw in the NCAA Floor Exercise title as well. Miles became the first Alabama gymnast to win two different NCAA apparatus titles in the same season. In addition to winning the NCAA Floor Exercise crown, Miles repeated as SEC and NCAA Regional floor exercise champion.



Jeana Rice won six postseason titles as a senior, including a clean sweep of the Southeastern Conference, NCAA West Regional and NCAA All-Around Championships and finished her career with an NCAA record 18 All-American honors. For all that she accomplished, on **April 23, 2004** Rice was named the 2004 Honda Award Winner given annually to the nation's best gymnast. It marked the fifth time an Alabama gymnast earned that recognition. She was also named SEC "Athlete of the Year" by the conference's athletics directors.

In a show of overwhelming generosity, businessman Steve Smith made a one million dollar gift to the Crimson Tradition Fund in honor of his mother, a life-long Alabama fan who "never misses a home gymnastics meet." In honor of his donation, The University of Alabama Gymnastics Practice Facility, part of the Coleman Coliseum Annex, was dedicated the "Frances Smith Gymnastics Practice Facility" on **November 5, 2004**.



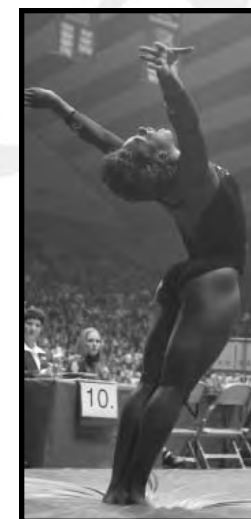
Not only will Kristin Sterner graduate with three championship rings, including one for the 2002 NCAA Championship and one each for the 2000 and 2003 Southeastern Conference titles, but she will also earn 11 All-American honors, serve as the Tide's captain as a junior and senior and post a 3.9 grade point average in biology during her standout career. Such excellence is recognized on **May 29, 2003** when she is named the Southeastern Conference's Scholar-Athlete of the Year. It marks the third time in school history that an Alabama gymnast has earned this award with Sterner joining Julie Estin (1987) and Meredith Willard (1997). Sterner will also earn the prestigious NCAA Top VIII award, making her the third Alabama gymnast to do, joining Willard (1997) and Andree Pickens (2002).

On **January 12, 2003**, Andree Pickens caps a career that is second to none with the most prestigious award given by the NCAA. The 14-time All-American and two-time NCAA Champion is chosen as one of the NCAA's Top-VIII, an award that spans both men and women as well as all sports and divisions of the NCAA. Not only is Pickens chosen for this award, she is also asked to give the key-note address, giving a speech that brings those gathered at the NCAA Convention to their feet.



On **March 8, 2003**, Sarah Patterson is inducted into the Alabama Sports Hall of Fame. She is just the sixth woman ever elected to the hall and the first female coach. "It's my name they're going to call out," Sarah Patterson said of the honor. "But as anybody who has followed our program knows, it is honoring what David and I have accomplished together." The induction comes on the heels of the Tide's fourth NCAA Championship under the Pattersons and Sarah Patterson being named National Coach of the Year for a fourth time. It precedes Alabama winning its fifth SEC Championship under the Pattersons and posting its 14th top-3 finish at the NCAA Championships, where the Tide finishes second.

Stephanie Kite's career was a balanced attack. The All-American was an all-star in the classroom and a tireless worker in the community. As such she became the eighth Alabama Gymnast to be named NCAA Woman of the Year for the State of Alabama on **October 31, 2004**. As a senior, Kite earned an NCAA Postgraduate Scholarship, was named to the SEC's inaugural "SEC Good Works Team" and the CoSIDA Academic All-American of the Year, a first for a Crimson Tide athlete.



After wowing fans throughout the season with her soaring vaults, on **April 26, 2003**, freshman Ashley Miles impresses the toughest crowd of all by winning the Crimson Tide's first national vault crown, scoring a 10.0 on her first vault and a 9.875 on her second to secure the NCAA Championship in Lincoln, Neb. Miles had already scored two 10.0s in NCAA Championship competition, winning the NCAA Central Region floor exercise title with a perfect mark and scoring a 10.0 during the first night of the NCAA team competition.

GREAT MOMENTS



It's **March 15, 2003** and Alabama wins Southeastern Conference title No. 5 in a competition that comes down to the Tide's last competitor on the last event, clipping second place Georgia 197.275-197.225. Junior Jeana Rice wins the all-around, balance beam and uneven bars and is named SEC Gymnast of the Year, marking the fourth year in a row an Alabama athlete has won the award. Freshman Ashley Miles, whose 9.975 floor exercise routine not only clinches the Tide's title, but wins the event and earns her All-SEC honors as well. Freshman Larissa Stewart posts a career best on the uneven bars, earning second-team All-SEC honors in the process and sophomore Michelle Reeser's leadoff balance beam routine earns her second-team All-SEC honors on that event. Senior Kristin Sterner, juniors Lauren Holdefer and Stephanie Kite, sophomores Alexis Brion and Shannon Hrozek and freshmen Mari Bayer, Rachael Delahoussaye, Dana Filetti, Dana Pierce and Lauren Pruitt all do their part to bring home the big trophy to Tuscaloosa.



Alabama rolls to NCAA Championship No. 4 on **April 19, 2002** in Coleman Coliseum with a rock solid performance on all four events, especially the balance beam, where the Tide finished off the meet (and all the other teams) for the fourth meet in a row. Senior Andree Pickens posts the night's top all-around score and earns five All-American honors in leading the Tide to victory. In all, Alabama earns a meet high 14 All-American honors with sophomore Jeana Rice earning three, junior Kristin Sterner and sophomore Alexis Brion taking two a piece while senior Natalie Barrington and freshman Shannon Hrozek earn one each. Seniors Alexa Martinez, Whitney Morgan and Raegan Tomasek, junior Sara Scarborough, sophomores Helen Burgin, Tiffany Byrd, Erin Holdefer, Lauren Holdefer and Stephanie Kite and freshman Michelle Reeser round out the championship roster.

Andree Pickens wins her second NCAA Championship and the 13th in Alabama history **April 20, 2002**. It is her 12th routine in three days and the Houston, Texas native is exhausted, but she finds the energy for one more routine, the last of her career, and makes it count. The 14-time All-American and winner of both the AAI American Award and the Honda Award for Gymnastics, scores a 9.925 to win. With a tired wave to the crowd which is giving her a standing ovation, Pickens closes out a career that was legendary even before she won the title.

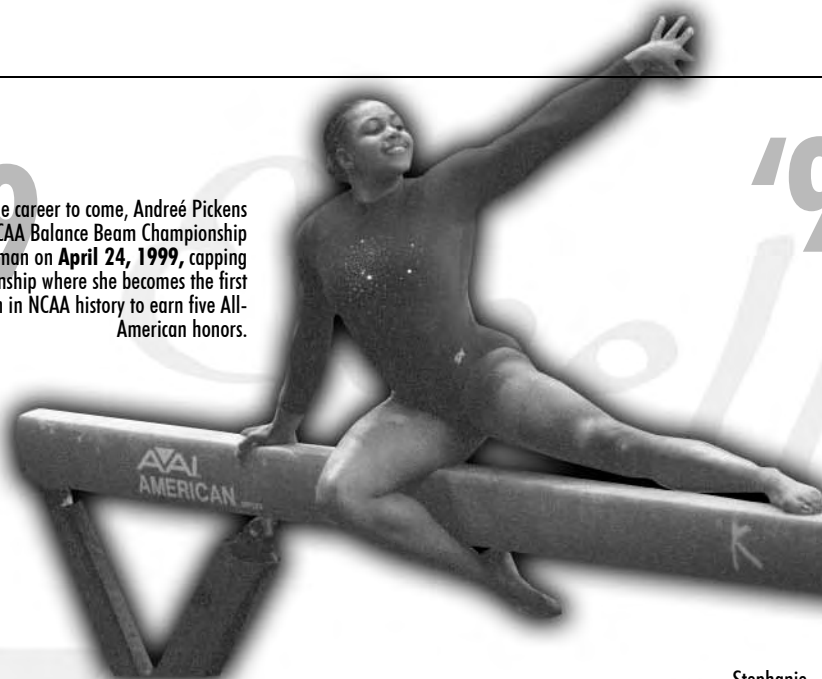


Senior Andree Pickens has the most dominating performance in Southeastern Conference Championship history on **March 23, 2002** when she wins four of the five individual titles up for grabs that night at Bartow Arena. Not only is she the first gymnast to win four SEC titles in one year, she also earns her third SEC Gymnast of the Year honor. Pickens is the only gymnast to win the award more than once. She finishes her career with seven SEC titles, including two all-arounds, the SEC Community Service Postgraduate Scholarship and the SEC Athlete of the Year award.

Alabama travels to Gainesville for the 2000 Southeastern Conference Championship and falls into a groove that carries it through a dominating performance to win SEC title No. 3 on **March 18, 2000**. Sophomore Andree Pickens wins the vault, uneven bars and all-around titles and is named SEC Gymnast of the Year. She and freshman Kristin Sterner earn first-team All-SEC honors, while juniors Katie Hornecker and Dara Stewart (pictured above with their championship rings) along with sophomore Natalie Barrington all earned second-team All-SEC honors. Seniors Lexa Evans and Gina Logan, juniors Robin Hawkins, April Makinson and Lissy Smith, sophomores Krista Gole, Alexa Martinez, Whitney Morgan and Raegan Tomasek and freshman Sara Scarborough round out the championship roster.



In a hint of the career to come, Andréé Pickens wins the NCAA Balance Beam Championship as a freshman on **April 24, 1999**, capping a championship where she becomes the first freshman in NCAA history to earn five All-American honors.



She didn't believe it. "Check again," she admonished everyone within her grasp. "There's been some kind of mistake," she told them. She tugged urgently at the sleeve of the nearest meet official, asking him to check, then double check the scores. There had been a mistake, someone else was supposed to be where she was. No mistake, the scores were right. On Thursday, **April 25, 1996**, Meredith Willard, the ultimate team player in a sport filled with individuals, had won the NCAA All-Around Championship.



The shine on Meredith Willard's career, in and out of the gym, continues to grow. On **January 11, 1998**, the Clemmons, N.C. native becomes the first Alabama athlete to earn the NCAA's prestigious Top VIII award, given annually to the nation's top eight senior athletes regardless of gender or sport. The award encompasses athletics, academics and character.

Stephanie Woods knew that the uneven bars routine she had just finished had been special, she just wasn't sure if anyone else knew. It was the night of the event finals at the NCAA Championships and she had just completed her routine. But the Austin, Texas, native's feeling about her routine carried over to the judges, who knew they had seen something of championship caliber. On Saturday, **April 27, 1996**, Woods won the NCAA Uneven Bars Championship, etching her name in Crimson legend.



One fan after another made their way into Coleman Coliseum Saturday, **February 1, 1997** until finally, just before 7:00 p.m. and the start of the Alabama-Georgia gymnastics meet, history was made and Alabama Gymnastics sold out. A capacity crowd of 15,043 fills Alabama's arena. It is the largest crowd to ever see a women's athletic event in the State of Alabama and the largest crowd to ever see an SEC Gymnastics contest. Alabama's challenge for the record was foiled not by lack of fans, but lack of seats. Reportedly more than 400 fans were turned away from the doors of the coliseum.



On Friday, **April 26, 1996**, paced by three individual NCAA Champions and a program record eight All-Americans, the Tide posted an NCAA Super Six record 198.025 to win its third NCAA title, second in the '90s. Senior Kim Kelly and juniors Meredith Willard and Stephanie Woods, all earned individual NCAA titles. Junior Kim Bonaventura, sophomore Merritt Booth, Kelly, sophomore Danielle McAdams, sophomore Shay Murphy, senior Marna Neubauer, Willard and Woods combined to earn 18 All-American honors. Sophomore Heather Nasser and freshmen Mandy Chapman, Lisa Gianni and Gwen Spidle round out Alabama's championship roster.



GREAT MOMENTS

'96

In the final performance of her Crimson Tide career, as the music of her floor routine reached its final beat and tears streamed down her face, Kim Kelly's success-studded career turned golden. The King of Prussia, Penn. native won the 1996 NCAA Floor Exercise Championship in front of the home crowd with a perfect 10.0 and an avalanche of applause. For Kelly, that's how it ended, Saturday, **April 27, 1996**. One last floor routine, perfect in execution - a moment in time - for all time, filled with tears of joy and sadness - and rolls upon rolls of cheers.



After three rotations of the 1995 Southeastern Conference Championships being held in Gainesville, Fla., the Crimson Tide finds themselves in fourth place with the chance for a third SEC Championship looking bleak.

Fortunately, Alabama sees not a chance to give up, but a chance to make history. Alabama soars past Georgia, LSU and Florida on the strength of the best vault total in NCAA history on rotation No. 4 to win the '95 title on **March 25, 1995**. The Tide's 196.175 is just .05 in front of second-place LSU. Alabama counts nothing less than a 9.900 on the way to setting the vault mark. Junior Kim Kelly hits a 10.0 to win the vault. Senior Chasity Junkin and freshman Merritt Booth both turn in career-high 9.975s. Sophomore Stephanie Woods wins the SEC uneven bars title. Junior Marna Neubauer, sophomores Kim Bonaventura and Meredith Willard, freshmen Danielle McAdams, Shay Murphy and Heather Nasser all contribute to bringing SEC title No. 3 home to Tuscaloosa.



The theme of the 1991 NCAA Gymnastics Championships is "Stars Fall on Alabama" and nothing could be closer to the truth as the host Crimson Tide use a slew of talented ladies on **April 19, 1991**, to keep the championship in Tuscaloosa. Alabama's 195.125 total is a new NCAA Championship scoring record. The Tide outdistances second-place Utah by three quarters of a point. Georgia is third followed by Oregon State, Penn State and Florida. Senior Kim Masters, juniors Gina Basile, Katherine Kelleher and Shea McFall, sophomores Dana Dobransky and Dee Foster, and freshman Kara Stilp all earn All-America honors. Senior Tina Rinker, freshmen Keri Duley, Sheryl Dundas, and Marti Watson round out the Tide's hometown championship roster.



No one could say that Dana Dobransky was not a pressure player. Dana wins two NCAA balance beam titles during her legendary Crimson Tide career. The first in 1992 and the second, as a senior, in Corvallis, Ore. on **April 17, 1993**, with a perfect 10.0. With her perfect performance, Dana becomes the first Tide gymnast to repeat as national champion on an individual event. Dana goes on to earn an NCAA and SEC Postgraduate Scholarship, putting an exclamation on one of the greatest careers in Crimson Tide history.

The Crimson Tide starts the '90s off on the right foot. Alabama marches into the Georgia Coliseum on **March 25, 1990** and marches out with its second SEC Team title. Alabama finishes more than a point ahead of second-place LSU. The Tide's 193.55 total is a new SEC Championship record. Senior Marie Robbins caps an outstanding career wearing the crimson and white of Alabama by posting the Tide's second-ever SEC all-around title, with a new championship record. That same year, a program-record eight members of the championship squad earn SEC Academic Honor Roll honors and Robbins earns an SEC Postgraduate Scholarship. Seniors Ali Blumberg, Tracey Tillman and Cheri Way, juniors Kim Masters and Tina Rinker, sophomores Gina Basile, Katherine Kelleher and Shea McFall and freshman Dana Dobransky all help bring home the Tide's second SEC trophy.



On **May 29, 1990**, Dee Foster became the first freshman in Southeastern Conference history to be named the league's Athlete of the Year. Foster was an obvious choice after winning the NCAA All-Around title with an NCAA record of 39.30 and earning four All-American honors as a rookie. She led Alabama to a second place national finish and the Tide's second SEC Team title.





Eleven gymnasts and a lifetime of dreams come together on **April 22, 1988** as Alabama wins its first NCAA Team Championship. Alabama scores an NCAA Championship record 190.05 in front of a rowdy handful of Tide faithful in Salt Lake City, Utah. Utah is second followed by UCLA, LSU, Georgia and Florida. The Tide is led by four All-Americans - senior Kathy Bilodeau, sophomores Marie Robbins and Cheri Way and freshman Tina Rinker. Senior Alli Beldon, sophomores Ali Blumberg and Tracey Tillman and freshmen Wendy Anderson, Kim Masters and Susie Pierce round out the Tide's championship roster.



Alabama wins its first NCAA Regional title on **March 26, 1983**, earning its first trip to the NCAA Championships which will be held at Salt Lake City, Utah, in two weeks. Sarah and David Patterson's first recruiting class helps take the Tide to the top of the South Region, downing the region's until-then dominant team, Florida, the meet's host.



On **May 27, 1987**, Julie Estin becomes the first athlete from Alabama to be honored as the Southeastern Conference Scholar-Athlete of the Year. Julie also wins NCAA and SEC Postgraduate Scholarships, which she puts to good use. In July 1996, Dr. Julie Vaughn set up practice in Tuscaloosa as a pediatrician.

Julie Garrett becomes Alabama's first All-American on **April 4, 1982**. Julie paces the Tide to a fourth-place finish at the 1982 AIAW National Championships before attending the first NCAA Championship as an individual. Undaunted by her first NCAA appearance, Julie earns All-America recognition on the uneven bars.



Crimson Tide legend Penney Hauschild caps a brilliant Crimson Tide career with her second consecutive Honda Broderick Award on **January 11, 1986**. The Honda Broderick Award is given annually to the nation's best gymnast. Hauschild's career includes two NCAA All-Around championships, an NCAA Uneven Bars title and an NCAA Floor Exercise title. Hauschild earned 10 All-American honors during her fabled career. She earned five NCAA Central Regional titles and one SEC All-Around crown.



Alabama is at its third NCAA Championship **April 12-13, 1985**, when junior Penney Hauschild explodes into a Crimson Tide legend by winning the NCAA All-Around title in Salt Lake City, Utah. It is the first time that an athlete from Utah fails to win the all-around title. The Pennsylvania native also wins the uneven bars title. Penney is the first individual NCAA champion in Alabama Gymnastics' history. Penney's all-around total is an NCAA Championship Record. Penney will win four NCAA titles during her legendary career, repeating as all-around champion in 1986 and adding the floor exercise title to her resume that same year.

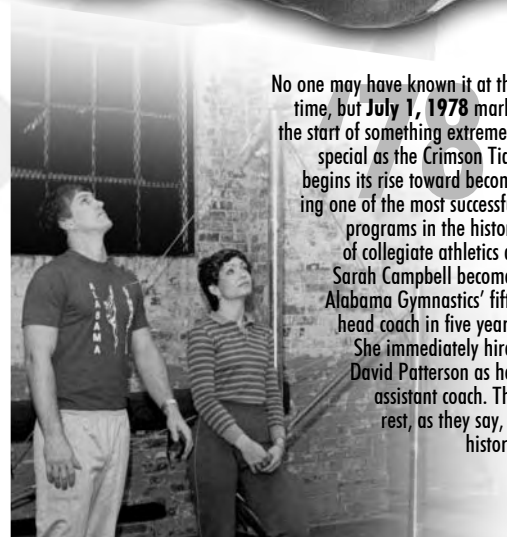
All-American Barbara Mack, a Rhodes Scholarship finalist, the first Alabama gymnast to win the Paul W. Bryant Award, an NCAA Postgraduate Scholarship winner and a two-time Region Champion, caps a brilliant Crimson Tide career by becoming the first Alabama Gymnast to win the AMF American Award on **April 13, 1985**.



No one may have known it at the time, but **July 1, 1978** marks the start of something extremely special as the Crimson Tide begins its rise toward becoming one of the most successful programs in the history of collegiate athletics as Sarah Campbell becomes Alabama Gymnastics' fifth head coach in five years. She immediately hires David Patterson as her assistant coach. The rest, as they say, is history.



History didn't record the first meeting, the first practice or the first vault, those dates are lost in time, but first meet, the first time The University of Alabama put forth a group of young women wearing crimson and white leotards came on **January 10, 1975**. Alabama opens at home, falling to Georgia College 83.75-65.80. And with that, the program that will become one of the most celebrated in collegiate athletics is underway.



ALABAMA AND THE NCAA CHAMPIONSHIPS



On the national level, Alabama has enjoyed staggering success for more than 26 years ever since vaulting into the NCAA standings in 1983 with a fourth place finish. Last season marked Alabama's 26th consecutive NCAA Championship, a stretch

that includes 21 top-4 finishes. Alabama's championship run includes four NCAA Championships (2002, 1996, 1991, 1988) and 10 top-2 finishes.

Alabama gymnasts have also excelled individually, winning 21 individual NCAA Championships, including eight in the past six seasons.

Junior Morgan Dennis won the NCAA floor exercise title in 2007 while Terin Humphrey won her second national uneven bars title that same season, adding it to her 2005 championship.

Ashley Miles won four NCAA Championships during her career, including three vault titles, 2003, 2004, 2006 and the 2004 floor exercise crown. In 2006, she became the first collegiate gymnast in 20 years to win the same event three times.

Jeana Rice brought home Alabama's fifth NCAA All-Around title in 2004, joining Penney Hauschild,

Alabama's first NCAA Champion, who won two all-around titles in 1985 and 1986, as well as Dee Foster and Meredith Willard who managed the feat in 1990 and 1996 respectively. Foster became the first collegiate gymnast to finish top-3 in the all-around all four years of her career. She was first in 1990, second in 1991 and 1993, and third in 1992.

In addition to her all-around titles, Hauschild won the uneven bars championship in 1985 and took home top marks in the floor exercise in 1986. Gina Basile was awarded the balance beam title in 1991, while Dana Dobransky was the first Crimson Tide gymnast to repeat on an individual event when she won back-to-back balance beam titles in 1992 and 1993.

Kim Kelly finished off a stellar career with a winning 10.0 floor exercise performance at the 1996

NCAA Individual Finals. That same year, Stephanie Woods won the uneven bars title as a junior. In 1999, Andree Pickens won the NCAA balance beam as a rookie. She added a Cinderella finish to her standout Alabama career with the 2002 NCAA Uneven Bars titles.

In the category of All-Americans, Alabama has been extremely prolific as 52 Tide gymnasts have earned All-American honors a total of 229 times. In 1993, Foster set an NCAA record when she ended her career with 17 first team All-America honors, a mark that still stands today. In 2004, Rice set the national mark for All-American honors in a career, finishing with 18 combined first and second-team honors.



Alabama at the NCAA Championships

2008	6th	1999	3rd	1990	2nd
2007	9th	1998	3rd	1989	3rd
2006	3rd	1997	9th	1988	1st
2005	2nd	1996	1st	1987	4th
2004	t-3rd	1995	t-2nd	1986	3rd
2003	2nd	1994	2nd	1985	4th
2002	1st	1993	2nd	1984	6th
2001	4th	1992	3rd	1983	4th
2000	5th	1991	1st		

Alabama's NCAA Team Championships

— 2002, 1996, 1991, 1988

Alabama's NCAA Champions:

— Morgan Dennis - 1, Terin Humphrey - 2, Ashley Miles - 4, Jeana Rice - 1, Andree Pickens - 2, Meredith Willard - 1, Kim Kelly - 1, Stephanie Woods - 1, Dana Dobransky - 2, Gina Basile - 1, Dee Foster - 1, Penney Hauschild - 4

Alabama has been to 26 consecutive NCAA Championships, a mark bettered by only one school in history. The Tide has finished in the top-four 21 times. That total includes 10 top-two NCAA finishes. Individually the Crimson Tide has brought home 21 NCAA Championships, including five NCAA All-Around titles.

2008 at Athens, Ga.

1	Georgia	197.450
2	Utah	197.125
3	Stanford	196.750
3	Florida	196.700
5	LSU	196.350
6	ALABAMA	196.125

2007 at Salt Lake City, Utah

1	Georgia	197.850
2	Utah	197.250
3	Florida	197.225
4	UCLA	196.925
5	Stanford	196.825
6	Nebraska	195.975
7	LSU	196.275
8	Oklahoma	196.250
9	ALABAMA	196.125
10	Denver	195.575
11	Oregon State	195.100
	Michigan	195.100

Alabama NCAA Champion-	
Terin Humphrey	UB
Morgan Dennis	FX

2006 at Corvallis, Ore.

1	Georgia	197.750
2	Utah	196.800
3	ALABAMA	196.725
4	Florida	196.275
5	Nebraska	196.175
6	Iowa State	194.725

Alabama NCAA Champion-	
Ashley Miles	V

2005 at Auburn, Ala.

1	Georgia	197.825
2	ALABAMA	197.400
3	UCLA	197.275
4	Utah	197.150
5	Michigan	196.575
6	Nebraska	196.425

Alabama NCAA Champion-	
Terin Humphrey	UB

2004 at Los Angeles, Calif.

1	UCLA	198.125
2	Georgia	197.200
3	ALABAMA	197.125
	Stanford	197.125
5	Florida	196.800
6	Utah	195.775

Alabama NCAA Champions-	
Ashley Miles	V, FX
Jeana Rice	AA

2003 at Lincoln, Neb.

1	UCLA	197.825
2	ALABAMA	197.275
3	Georgia	197.150
4	Nebraska	197.125
5	Michigan	196.050
6	Utah	195.300

Alabama NCAA Champion-	
Ashley Miles	V

2002 at Tuscaloosa, Ala.

1	ALABAMA	197.575
2	Georgia	197.250
3	UCLA	197.150
4	Utah	196.950
5	Nebraska	196.425
6	Stanford	196.025

Alabama NCAA Champion-	
Andree Pickens	UB

2001 at Athens, Ga.

1	UCLA	197.575
2	Georgia	197.400
3	Michigan	197.275
4	ALABAMA	196.550
5	Utah	196.025
	Nebraska	196.025

2000 at Boise, Idaho

1	UCLA	196.850
2	Utah	196.550
3	Georgia	195.950
4	Nebraska	195.900
5	ALABAMA	196.500
6	Michigan	194.800

1999 at Salt Lake City, Utah

1	Georgia	196.850
2	Michigan	196.550
3	ALABAMA	195.950
4	Arizona State	195.900
5	UCLA	195.850
6	Nebraska	194.800

Alabama NCAA Champion-	
Andree Pickens	BB

1998 at Los Angeles, Calif.

1	Georgia	197.725
2	Florida	196.350
3	ALABAMA	195.300
4	Utah	196.025
5	UCLA	195.750
6	Arizona State	196.450

1997 at Gainesville, Fla.

1	UCLA	197.150
2	Arizona State	196.850
3	Georgia	196.600
4	Michigan	196.500
5	Florida	196.425
6	Nebraska	195.250
7	Utah	196.025
8	Washington	195.975
9	ALABAMA	195.600
10	Minnesota	194.775
11	Penn State	194.300
12	LSU	193.825

1996 at Tuscaloosa, Ala.

1	ALABAMA	198.025
2	UCLA	197.475
3	Utah	196.775
	Georgia	196.775
5	Oregon State	196.525
6	Michigan	196.375

Alabama NCAA Champions-	
Meredith Willard	AA
Kim Kelly	FX
Stephanie Woods	UB

1995 at Athens, Ga.

1	Utah	196.650
2	ALABAMA	196.425
	Michigan	196.425
4	UCLA	196.150
5	Georgia	196.075
6	Oregon State	194.850

1994 at Salt Lake City, Utah

1	Utah	196.400
2	ALABAMA	196.350
3	Georgia	195.850
4	Michigan	195.150
5	UCLA	194.975
6	Florida	194.850

1993 at Corvallis, Oregon

1	Georgia	198.000
2	ALABAMA	196.825
3	Utah	195.825
4	UCLA	194.925
5	Auburn	194.725
6	Arizona	194.075

Alabama NCAA Champion-	
Dana Dobransky	BB

1992 at Saint Paul, Minn.

1	Utah	195.650
2	Georgia	194.600
3	ALABAMA	193.350
4	Penn State	192.700
5	Arizona	191.950
6	Oregon State	191.300

Alabama NCAA Champion-	
Dana Dobransky	BB

1991 at Tuscaloosa, Ala.

1	ALABAMA	195.125
2	Utah	194.375
3	Georgia	193.375
4	Oregon State	192.350
5	Penn State	190.950
6	Florida	189.700
7	LSU	188.600
8	BYU	187.700
9	Arizona State	187.650
11	Auburn	187.650
11	Arizona	187.450
12	Utah State	185.950

1990 at Corvallis, Ore.

1	Utah	194.900
2	ALABAMA	194.575
3	Georgia	193.225
4	UCLA	193.100
5	Nebraska	192.225
6	LSU	192.100
7	Oregon State	189.950
8	Cal State Fullerton	189.700
9	Towson State	187.975
10	Arizona	187.175
	Florida	187.175
12	Ohio State	183.650

Alabama NCAA Champion-	
Dee Foster	AA

1989 at Athens, Ga.

1	Georgia	192.650
2	UCLA	192.600
3	ALABAMA	192.100
4	Nebraska	190.800
5	Utah	190.200
6	Cal State Fullerton	189.450
7	Arizona State	187.900
	Oregon State	187.900
9	Oklahoma	187.050
10	Florida	187.000
11	Arizona	186.500
12	Ohio State	186.400

1988 at Salt Lake City, Utah

1	ALABAMA	190.050
2	Utah	189.500
3	UCLA	188.800
4	LSU	187.900
5	Georgia	186.800
6	Florida	186.650
7	Oregon State	186.500
8	Arizona State	185.100
9	Arizona	184.000
10	Nebraska	183.550
11	Penn State	179.700
12	Michigan State	178.800



1987 at Salt Lake City, Utah

1	Georgia	187.900
2	Utah	187.550
3	UCLA	187.000
4	ALABAMA	186.600
5	Arizona State	184.000
6	Florida	183.800
7	LSU	181.500
8	Ohio State	180.200
9	Washington	179.850
10	Nebraska	179.500
11	Arizona	179.450
12	Oregon State	174.500

1986 at Gainesville, Fla.

1	Utah	186.950
2	Arizona State	186.700
3	ALABAMA	186.350
4	Georgia	185.450
5	Cal State Fullerton	185.000
6	Penn State	182.700
7	UCLA	181.700
8	Florida	181.300
9	LSU	180.550
10	Ohio State	177.800

Alabama NCAA Champion-	
Penney Hauschild	FX, AA

1985 at Salt Lake City, Utah

1	Utah	188.350
2	Arizona State	186.600
3	Florida	184.300
4	ALABAMA	184.050
5	Cal State Fullerton	183.500
6	Oregon	183.150
7	Georgia	180.900
8	Ohio State	179.750
9	Penn State	179.000
10	Oklahoma	177.400

Alabama NCAA Champion-	
Penney Hauschild	UB, AA

1984 at Los Angeles, Calif.

1	Utah	186.050
2	UCLA	185.550
3	Cal State Fullerton	193.900
4	Arizona State	183.650
5	Florida	182.200
6	ALABAMA	180.800
7	Penn State	179.450
8	Washington	178.550
9	Georgia	177.600
10	Arizona	176.900

1983 at Salt Lake City, Utah

1	Utah	184.650
2	Arizona State	183.300
3	Cal State Fullerton	179.250
4	ALABAMA	179.050
5	Florida	177.850
6	LSU	177.800
	UCLA	177.800
8	Ohio State	176.650
9	Oregon State	173.550
10	Nebraska	165.550

1982 at Salt Lake City, Utah

1	Utah	148.600
2	Cal State Fullerton	144.150
3	Penn State	143.100
4	Oregon State	143.000
5	Arizona State	142.950
6	UCLA	142.400
7	Florida	140.900
8	Nebraska	138.100
9	Oklahoma State	137.200
10	Michigan	136.900



Honda Award for Gymnastics

Awarded to the nation's best collegiate gymnast.

- 2006** Ashley Miles
- 2004** Jeana Rice
- 2002** Andréé Pickens
- 1993** Dee Foster
- 1986** Penney Hauschild
- 1985** Penney Hauschild

NCAA Top VIII Award

The NCAA Top VIII Award is the NCAA's most prestigious award, given annually to the nation's top eight senior athletes regardless of gender or sport. The award encompasses athletics, academics and character.

- 2003** Kristin Sterner
- 2002** Andréé Pickens
- 1997** Meredith Willard

NCAA Woman of the Year

First awarded in 1991, the NCAA Woman of the Year program honors academic and athletics excellence, as well as community service and leadership, on a national level. From 1991 to 2006, there were three levels: state winner, finalist (top-10) and Woman of the Year. There are still three levels, but now the first is conference winner.

- 2005** Michelle Reeser Top-10 Finalist
- 2004** Stephanie Kite..... State Winner
- 2003** Kristin Sterner Top-10 Finalist
- 2002** Andréé Pickens State Winner
- 2000** Lexa Evans State Winner
- 1998** Merritt Booth..... Top-10 Finalist
- 1997** Meredith Willard..... Top-10 Finalist
- 1993** Dana Dobransky..... State Winner
- 1992** Katherine Kelleher..... State Winner

NCAA Postgraduate Scholarships

- 2004** Stephanie Kite
- 2003** Kristin Sterner
- 1998** Merritt Booth
- 1997** Meredith Willard
- 1993** Dana Dobransky
- 1992** Katherine Kelleher
- 1989** Kelly Good
- 1987** Julie Estin
- 1985** Barbara Mack
- 1983** Julie Garrett

National Coach of the Year

- 2002** Sarah Patterson
- 1991** Sarah Patterson
- 1988** Sarah Patterson
- 1986** Sarah Patterson

Honda Award Recipients



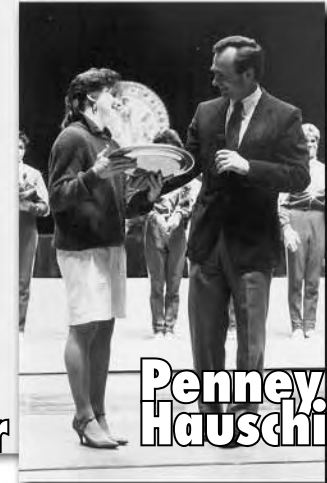
Ashley Miles



Jeana Rice



Dee Foster



Penney Hauschild



Michelle Reeser was a finalist for the NCAA Woman of the Year Award.



NCAA Woman of the Year finalist Merritt Booth was presented with her NCAA Postgraduate Scholarship during the 1999 Georgia meet.



In addition to earning Alabama's first NCAA Top VIII award, Meredith Willard was a 1997 NCAA Woman of the Year top-10 finalist.



NCAA Postgraduate Scholarship winner Julie Estin was also named SEC Scholar-Athlete of the Year.



Andréé Pickens earned the NCAA Top VIII award, the Honda Award and was the NCAA Woman of the Year for the State of Alabama.

Kristin Sterner earned an NCAA Postgraduate Scholarship, NCAA Top VIII award and was an NCAA Woman of the Year Award finalist.

THE 2002 NCAA CHAMPIONS

On the way to winning its fourth NCAA Championship, Alabama was a study in contrast. In the locker room, which the coaches and gymnasts had turned into a beach getaway, complete with sand, umbrellas, floats and beach music, the Tide was laid back and laughing. Out in the arena, moving ever closer to the title, they were cool, calm and collected.

"We have always done our best when we are loose and laughing," All-American Kristin Sterner said. "So the coaches made sure that while we were in the locker room, we didn't get tense or uptight."

On the night of the Super Six, head coach Sarah Patterson even went so far as to pull out the dress she wore to the championships the first time Alabama won at home, in 1991, a red and white striped, strapless sequined number.

"At first they were surprised, and then they started laughing pretty hard," Patterson said. "I think they really enjoyed seeing that, especially since it's pretty far removed from the kinds of things I wear today."

Sarah and David Patterson, coaching at their 20th NCAA Championship, knew that staying loose would give their team an edge in a tight competition. The night of the NCAA Super Six, none of the six teams had a fall. It would be the second highest scoring night in championship history.

It didn't seem to matter though, the higher the other teams turned up the heat, the cooler Alabama gymnasts got.

For two nights in a row, Alabama started the night on the floor exercise, which means that for two nights in a row, Alabama's championship hopes came down to six routines on the balance beam, often the most daunting event of the four, especially when the pressure is on.

And on the final night, just to add more drama to the evening, Alabama was on the balance beam during the last rotation while second place Georgia was on the floor exercise. Not only would Alabama have to hit their routines, but they would also have to hold Georgia off.

Each routine grew in importance as both teams moved through the rotation. Alabama hit routine after routine until Sterner came up in the number five spot. A hit routine from Sterner and the championship belonged to Alabama; a miss would open the door for Georgia.

Sterner put together a rock solid routine and finished it off by nailing her landing. The title belonged once again to the Tide. But the team didn't know that, not for sure, so for them, there was one more routine to go, this time from Andree Pickens, the Tide's all-everything senior.

"I started to cry when Kristin landed her routine," Pickens said. "Jeana (Rice) came over to me and told me that it was ok, I could do it, I could do it one more time. That whole routine was in slow motion. It wasn't rushed and I wasn't nervous, I was happy and I was confident."

She nailed her routine. And when she threw her arms in the air after her dismount, the Coleman Coliseum crowd knew what had happened. They knew the Bama team had again, as the Tide fight song says, "Writ her name in crimson flame..." and brought a fourth national title to Tuscaloosa. They roared their approval, stomping, clapping and screaming, much like the pandemonium that had broken out on the floor amongst the Tide athletes, coaches and staff.

It had been a remarkable run. Since counting a fall on the last event of the SEC Championships, Alabama had gone a perfect 72 for 72 during their championship march. Pickens, senior Natalie Barrington, Sterner, sophomore Jeana Rice and freshmen Alexis Brion and Shannon Hrozek earned 14

All-American honors between them, the most of any team at the championship. On Saturday, an exhausted Pickens, who went 12 routines in three days, had enough energy left to win the NCAA Uneven Bars title to go with the American Award she'd picked up earlier in the day which denotes the nation's top senior.

There would be more moments of celebration in the days and weeks that followed. Alabama received their championship rings in front of 83,000-plus fans at the halftime of the Alabama-Southern Mississippi football game. They were also honored at the Homecoming parade and the pep rally/bonfire the night before.



Sarah Patterson and the 2002 NCAA Champion Crimson Tide share their excitement with CBS's **Bonnie Bernstein** and the national television audience after winning national title No. 4.



But perhaps the best moment came just after the team received the trophy from Alabama Athletics Director Mal Moore, when everyone was laughing and hugging. It was Pickens, who had come back from a torn Achilles that ended her junior season just days before the 2001 NCAA Championship, who put it best.

Standing in the middle of her teammates tightly clutching the Tide's golden prize to her chest she said, "This is why I came back. This is why I worked so hard for so many months to get back – to be able to share this moment, this feeling with these girls and this crowd.

"This," she said again, sweeping her eyes over the mob scene in Coleman Coliseum, "is what we wanted."

THE 1996 NCAA CHAMPIONS

For the Alabama Gymnastics team, two long years of planning, training and dedication had come down to the next 24 hours. Their motto for the season had been "Enjoy the Journey," and they had with great success. Now, in April 1996, Alabama was on the verge of competing for the national championship on its home floor. Sarah and David Patterson gathered their team and told them, "We've enjoyed the journey, now it's time to enjoy our destination."

Alabama started its drive for its third NCAA Championship on the same two events on which it had counted falls on the first night of team competition. On the uneven bars, sophomore Danielle McAdams produced a 9.875, a mark echoed by freshman Gwen Spidle who was followed by junior Meredith Willard, who posted a 9.9. In the fourth position senior Kim Kelly suffered a fall, putting the Tide's final two performers in clutch positions. Junior Stephanie Woods responded with a 9.95. Senior Marna Neubauer came up in the final position. The senior had been battling a sore shoulder for the latter half of the season but came up big for the Tide, swinging to a 9.875. Alabama produced a 49.475, the second-best total in school history.

Alabama then moved to the balance beam. Willard took to the beam in her customary first spot and for the first time all season, on any event, she fell. Sarah Patterson gathered the team together and told them, "Meredith has been our rock all season long. Now we'll be there for her."

Sophomore Shay Murphy was next up and responded with a solid 9.8. Senior Kim Bonaventura posted a 9.825 and Kelly scored 9.9. McAdams came up in the fifth position. Midway through her routine, she wobbled on a landing, staying on the beam seemingly through sheer force of will. She steadied herself and finished the routine to thunderous applause and a 9.725 score. Woods finished things off for the Tide with a 9.9. The Tide posted a 49.150.

Despite a strong first half, Alabama still trailed UCLA, a squad making a push for the top, by .075 with two rotations left.

The Tide moved to the floor exercise, and it was there that the Tide and the crowd of 10,000-plus fans caught fire. Neubauer scored a 9.85 followed by Booth's 9.875.

Then Kelly brought her floor routine out, the routine she had learned during the season, and introduced only four meets before. To the strains of "Yea Alabama" and "Sweet Home Alabama" the Pennsylvania native captured her audience and judges, producing a perfect 10.0 performance and raising the decibel level in Coleman Coliseum to near-deafening heights.

Willard carried the banner of enthusiasm throughout her performance, producing a 9.95. McAdams came up in the

final spot and capped Alabama's performance with a career high 9.95.

When the counting was done, Alabama had produced a NCAA Floor Exercise record 49.625.

The Bruins were tenacious though, matching the Tide's record floor effort with an NCAA record of their own on the balance beam (49.50). Going into the last rotation, perennial favorites Georgia and Utah were already out of the championship picture - barring a complete meltdown by both the Crimson Tide and UCLA. It came down to two teams and one last rotation.

Alabama headed to the vault, just .05 ahead of floor exercise bound UCLA.

What happened during the last rotation is the stuff of legend. Alabama ran off a blistering set of vaults in which the Tide scored nothing less than a 9.9 and posted two perfect, golden 10.0s.

Booth got Alabama off to a 9.925 start. Bonaventura and Neubauer chimed in with back-to-back 9.9 scores. McAdams came up in the fourth spot and put the ultimate exclamation point on what had already been a career night. She flew down the runway, hit the springboard, then the vault, landed on the mat and did not move. Feet planted, arms thrown back and head held high, McAdams scored her first perfect 10.0 and the fans roared, clapped and screamed their approval. Kelly responded with a 10.0 of her own, the sixth perfect vault of her career and one that raised the roof right off the coliseum. Willard finished the Tide's evening with a 9.95.

The Tide's vault total, 49.775, set yet another NCAA record. UCLA mustered a 49.275 on the floor. The title was Alabama's.

Alabama totaled a 198.025, a new NCAA 'Super Six' record, to win its third NCAA title, second in front of the home crowd. UCLA was second with a 197.475, a score that would have won all but one other NCAA Championship. Utah and Georgia

tied for third with a 196.775. Oregon State was fifth with a 196.525, while Michigan finished sixth with a 196.375. It marked the first time in NCAA history that all six members of the "Super Six" scored 196 or better.

Willard started the Tide's winning ways on the first night of competition, earning Alabama's fourth NCAA All-Around title.

The Tide would roll to two more titles during Saturday night's individual competition. Woods posted a 9.975 to win the NCAA Uneven Bars title. And Kelly, in the last meet of her storied career, inked the perfect final chapter. She posted yet another perfect 10.0 floor routine to win that title.



Alabama totaled a 198.025, a new NCAA 'Super Six' record, to win its third NCAA title, second in front of the home crowd.

THE 1991 NCAA CHAMPIONS



Alabama hosted the NCAA Championships for the first time in 1991, coming away with the title.

In 1991, Sarah Patterson finally had the championships right where she wanted them: in Coleman Coliseum.

Alabama had already gained national prominence, winning its first title in 1988. In 1990, the team brought home its second Southeastern Conference title and placed second to Utah at the championship. The 1991 team boasted a contingent that included five All-Americans and the 1990 NCAA all-around champion. If the gymnasts did their jobs, there was no doubt in Patterson's mind they would compete in front of the home crowd that final Friday of competition.

Hosting the championships had been a Patterson goal since her team began its climb to distinction. Competing for the title on her turf would not only validate the program, but also bring in the support Patterson felt the team deserved.

"I remember being told that you build a crowd by winning a national championship, but you could also do it by hosting a championship," Patterson explained. The first step toward building the fan base was accomplished with the 1988 NCAA title, which spurred increased interest in the program.

The Tide was young in 1991, with six underclassmen, including four freshmen. The two seniors, Kim Masters and Tina

Rinker, sought to weave the 11 girls together to form a squad reminiscent of the 1988 championship they were members of as freshmen.

"I remember feeling that the team had so much talent that we should be able to win the national championship if we could become unified and get into the flow," Rinker reminisced.

Alabama had the opportunity to shine at home, but the team was not fulfilling expectations in the pre-season. "I can remember in December thinking that we were hosting the championships and that we might not even be there," Patterson said. Pre-season practices were not characteristic of a team that should be in contention for a gold, and Patterson predicted a nightmarish outcome if the team did not shape up.

"One day, Sarah sat us down and we got a good lecture," freshman Kara Stilp recalled. "I will never forget it. She told us that we were going to be really embarrassed when we hosted nationals, and we would not be competing in it. We agreed that we all needed to get in gear."

That proved to be a turning point for the gymnasts. Once its first competition rolled around, the Tide was ready to go. If pre-season was tough, the competition season was just as demanding.

The Tide defeated Auburn in the 1991 season opener even though they had to count three falls on balance beam, an event on which the program had built its reputation. In its home opener against Penn State, the team tumbled to three more falls from the 4-inch wide apparatus. Fortunately, they still came away with a "W" in the win column.

To Patterson, these mistakes were unacceptable for a championship-caliber team. Beam intra-squads came frequently, and the team's self-assurance rose. The team members began to refer to themselves as the "Beam Team."

"We had so much confidence because Sarah made us do so many intra-squads," sophomore Sheryl Dundas said. "We could do routines in our sleep if we had to."

Even half way through the season, the Tide would not take a moment's break.

"We can't rest because we still have to learn," Patterson explained to the media at the time.

The Tide traveled to Lexington, Ky., for the Southeastern Conference Championships. Forced to count two falls on the final event, vault, the SEC title slipped from Alabama's hands by .05. The disappointment and frustration made the Tide even more determined to earn the national crown.

"Good teams aren't going to let defeats defeat them overall," junior Katherine Kelleher told reporters. "They use it to their advantage. That's what we are going to do."

"I've always said that in this conference, you can be third at the conference championship and win the national championship," Patterson explained. "1991 was definitely indicative of that scenario."

At the regional championships at Auburn, the Tide turned in one of its best performances of the season. The team entered the NAAs as the No. 1 seed.

At the NCAA Championships, the Tide drew a favorable rotation, starting on the vault, finishing on the floor exercise. After charging through the first two events, the "Beam Team" was put to its final test. The Crimson Tide hit all six routines, passing the exam with flying colors. No other team competed on the balance beam without a fall.

Before the team rotated to floor, Patterson offered only one piece of advice to her charges: "I just told the kids to land on their feet and stay in bounds."

The floor music reverberated through the Coliseum and each tumbling pass was met with the type of cheers that had once been reserved for the extra point kicked for the win in the final seconds of a football game. The Crimson Tide emerged victorious.

"Winning one (the championship in 1988) was great, but there was nothing like winning at home," the excited head coach said.

"I felt like winning one championship was exciting, but to win a second one just validated our program at that point," Patterson continued. "It wasn't just a one-time thing. Yes, we can have this philosophy of having the best students and athletes and well-rounded individuals and still win a championship."

The team also taught Patterson a thing or two about the seven-month journey to the national championship competition, as well as the expectations that come with the quest.

"It doesn't matter where you start in December," Patterson said. "It only matters where you end in April. Sometimes, when it looks like you have your hardest road to go in pre-season, you need to stay focused on the outcome and take it one step at a time. So, more than anything, I learned from this team to not look too far down that road."

THE 1988 NCAA CHAMPIONS

Sarah and David were celebrating their 10th anniversary of coaching the Crimson Tide in 1988. Their success had been nothing short of amazing, with five consecutive top-6 finishes including a high of third in 1986. Alabama was a strong team, with a solid foundation built on its coaches and the type of athletes they chose to bring into the program.

The questions began brewing in Sarah and David's mind though - could their philosophy of developing the whole person produce championships? Would they be able to do things the way they wanted and still climb the final rung and produce a championship? The questions were answered emphatically in 1988.

Alabama started the 1987-88 school year 10-strong. It was a young squad, with two seniors, one junior, four sophomores and three freshmen. The Pattersons added to the Tide's arsenal in January, when Kim Masters joined the Tide. Masters had planned to delay college for a year to train for the Seoul Olympics. After finishing ninth at the USA Gymnastics

Championships the summer before, her aspirations for the Olympic rings seemed within her grasp. Striving for that goal lost its appeal though and after much thought, she opted for college and the Crimson Tide. With its roster set, the season began.

Alabama reeled off a trio of wins to get things going. Then something strange happened - Alabama tied LSU. With fractions of points being added up over the course of 24 individual performances, ties are rare in collegiate gymnastics. Then, at the next meet, Alabama did it again; tying Georgia at the UA hosted Red and White Classic and beating Utah.

In any other season, that would have been what the year would be known by, the year of two ties. This squad, though, was destined to be known for far greater things.

Alabama made it out of February sporting a 10-0-2 mark, having faced some of the toughest competition in the nation. Alabama finished the regular season at 14-3-2.

Alabama then set the tone for the postseason by winning its first ever Southeastern Conference Championship with a 190.15. It was only the second time in school history that it had scored in the 190s. The Tide out-pointed second-place Georgia by .95.

The regionals were next for the Tide and to advance to the NCAA Championships, a good performance would be necessary. Instead of a good performance, Alabama produced a school and NCAA-best mark of 191.75. Alabama posted the meet's top score, both individually and as a team, on all four events. Kelly Good was back in the lineup and Masters won the all-around title followed by Marie Robbins in second and Tina Rinker in fourth.

"I didn't think it was going to be possible to exceed what we did at the Southeastern Conference Championship, but they certainly did," Sarah said. "They came back and did a better job."

Nationals were in Salt Lake City, Utah, home of five-time NCAA Champion Utah, the No. 2 seed. Among others, Alabama would face defending NCAA Champs Georgia, No. 3 seeded LSU and No. 4 seeded Florida. Both the competition and the floor were familiar.

The position, being the No. 1 seed, was not, but that did not seem to weigh on the Tide.

"I don't think there's extra pressure on us being the No. 1 seed," Sarah said. "We just achieved so many things - winning the SEC, the record in the regionals and the No. 1 seed - that we're too proud of what we've already accomplished to feel pressure."

If Alabama disagreed with their coach, it did not show. Alabama was cited by those watching from the stands and those on press row as being calm and loose going into the championships, having fun, being playful and displaying an indomitable team spirit.

Alabama scored an NCAA Championship record, shattering the mark previously held by Utah, (188.35), with a 190.05. Alabama's highest all-around finish was ninth-place, highlighting the team effort it took to win the championship.

Consistency, along with confidence and enthusiasm were the keys for the Crimson Tide. The Pattersons' crew hit 23 of 24 routines, including a six-for-six balance beam rotation.

"It was the beam - that's where we won it," Sarah said. "That was our best beam score of the year." And if the beam was the event that led Alabama to the title, its seniors were the class pointing the way.

"This national championship is for our two seniors - Alli Beldon and Kathy Bilodeau. They hit all three events tonight. They were models for us all year. We just learned from their consistency which has been our forte all season."

Four Alabama gymnasts earned seven All-American honors. Sarah was named NCAA Coach of the Year, but most importantly, Alabama had its first NCAA Championship.

"It's so unbelievable," Robbins said. "We had so much fun. That's when we are at our best."

Sophomore Cheri Way said the seeds of the championship were sown long before the trip to Utah. "I realized we could win the national title after one long and tiresome Tuesday practice when we decided to go out and do it for us," Way said. "When I realized we had won . . . my whole body went numb."

The good times were far from over. "The best part about winning the championship was coming back home to Alabama," Blumberg said, a sentiment echoed by all her teammates at one point or another during that magic year.

On April 30, 1988, the State of Alabama declared "Alabama Gymnasts' Day." There was a parade and a ceremony at the base of Denny Chimes. The next fall, the gymnasts received their championship rings at half time of the Vanderbilt football game. The celebration faded into the quiet of accomplishment, but the effects last until this day.



On April 30, 1988, the State of Alabama declared "Alabama Gymnasts' Day." There was a parade and a ceremony at the base of Denny Chimes. The next fall, the Alabama gymnasts were recognized at half time of the Vanderbilt football game and given their championship rings.

ALABAMA'S INDIVIDUAL NCAA CHAMPIONS

Morgan Dennis

2007 NCAA Floor Exercise Champion

Just a freshman, Morgan Dennis had already learned the trick of bringing the crowd to its feet. Her huge tumbling and feet-nailed-to-the-floor landings were enough to excite even veteran gymnastics fans. But a national title, on the floor exercise, as a rookie? That was going to take some doing, especially in 2007 when 18 gymnasts made the floor exercise final.

But Dennis didn't get rattled. She calmly waited, going 17th in the lineup. And when her turn finally did come around, she made the most of it, electrifying the crowd and scoring a 9.9625, the best of the night to that point. One more routine was to come though, so after waiting most of the night to show what she had, she waited a little longer to see if her routine was golden. The last gymnast up came close, with a 9.95, but not close enough and rookie Morgan Dennis took home gold.

Terin Humphrey

2005 & 2007 NCAA
Uneven Bars Champion

She wanted it back. As a freshman, Terin Humphrey had gone from Olympic Silver to NCAA Gold, winning the NCAA Uneven Bars title. As a sophomore, she earned second team All-American honors on the uneven bars, but did not repeat as champion.

Winning title No. 2 wasn't going to be easy. In October she'd had double elbow surgery to help ease problems she had worked through for more than five years. She was also facing the deepest, most talented uneven bars field in NCAA history, one loaded with Olympians and U.S. Champions.

But Humphrey was not going to be denied. She was up sixth out of eight competitors and her 9.95 bettered all that came before and was good enough to hold off the two that followed her. She was once again, queen of the uneven bars.

Her first NCAA title came at the end of a long year, one that included the U.S. Olympic Trials, a spot on the Olympic team and a pair of silver medals at the Athens Olympics. It also included a stint on the T.J. Maxx Olympic Tour before joining the Crimson Tide in January.

And at the end of that very long first Alabama season, she found herself with one more routine to do, the last routine of the 2005 NCAA Championships. Humphrey, last up on the uneven bars, had her work cut out for her with a 9.925 already on the board. But Humphrey was right where she wanted to be, up last with the pressure on.

"It was exactly like the Olympics," she said. "I was the last person up and the person before me fell. I felt something inside me and I knew this was my time and it's my event."

She was right of course. The Olympic silver medalist on the uneven bars grabbed NCAA gold with a 9.9375.



Andréé Pickens

**2002 NCAA Uneven Bars Champion
& 1999 NCAA Balance Beam Champion**

It is a testament to Andréé Pickens' talent and drive that she managed not only to win two NCAA titles, but to win them in the most challenging fashion imaginable. As a freshman she competed in every event all three days of the NCAA Championships. On the last day, after leading Alabama to a third place finish in the thin air of Salt Lake City, Utah the day before, she harnessed her strength and boundless energy to win the NCAA Balance Beam title, earning gold on the event that made her nervous all season.

Three years later, after coming back from a ruptured Achilles tendon that ended her junior season, Pickens again competed in 12 events over three days. But the four events on Saturday were just icing on the cake for the Houston, Texas native who the night before had led the Tide to its fourth NCAA team title.

In the waning moments of a spectacular career, she brought the grit and determination that carried her through injury and rehab to bear on one last routine, winning the NCAA Uneven Bars title. After landing that routine, she gave a tired wave to the crowd, knowing she had given everything she had and it had been more than enough.

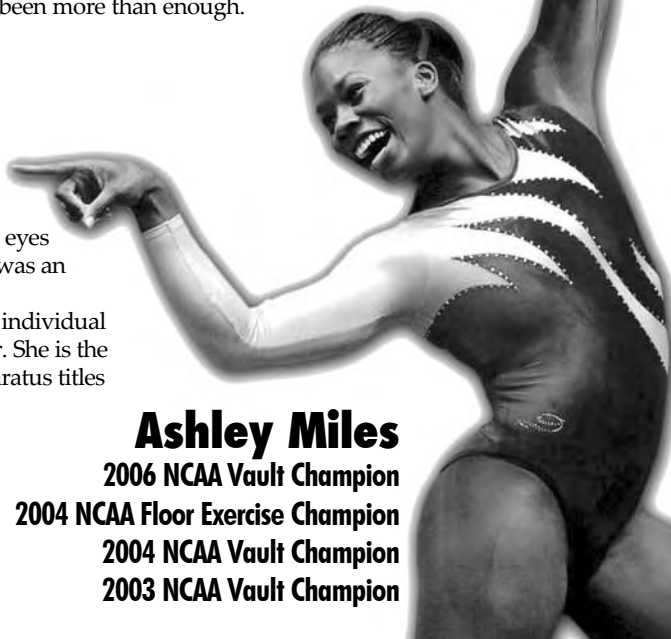


Ashley Miles made it look easy. She made it look like flying. Her huge vaults and tumbling passes on the floor exercise made her the must-see gymnast where ever she was, even at the national championships.

"Wherever we were, when Ashley was on an event, all eyes in the gym were drawn to her," Sarah Patterson said. "It was an amazing phenomenon."

And her outsized brand of gymnastics earned her four individual NCAA titles, tying Penney Hauschild for most in a career. She is the first Alabama athlete to win more than two national apparatus titles during a career.

When she won the 2006 NCAA vault title, she became only the second gymnast in NCAA history to win three national vault championships in a career and the first in 20 years. She is one of only six athletes in NCAA history to win the same event three times and the first in over a decade to manage the feat. Her four individual national titles ties her for third all-time in NCAA history.



Ashley Miles

**2006 NCAA Vault Champion
2004 NCAA Floor Exercise Champion
2004 NCAA Vault Champion
2003 NCAA Vault Champion**

She'd spent a career being as good as anyone in the nation and during her last NCAA Championships, Jeana Rice proved herself better than anyone else. On the first day of competition at the UCLA-hosted championships, Rice, who had already won the two SEC All-Around and three NCAA Regional All-Around titles in her career, posted a 39.650 to win the NCAA All-Around Championship.

Rice's career had been building to this moment from day one. She won six individual SEC Championships and seven NCAA Regional titles over her four years. At the NCAA Championships she finished in the top six in the all-around competition every year as well as posting five finishes in the top six on individual events.

She was rewarded for an outstanding senior year by being named the Honda Award winner for Gymnastics, given annually to the national gymnast of the year.

In addition to all her championship hardware, Rice set a national record as a senior, becoming the first NCAA Gymnast to earn five All-American honors in three different seasons. She also set the record for All-American honors in a career, earning 18 first and second-team accolades.



Jeana Rice
**2004 NCAA
All-Around Champion**

Meredith Willard

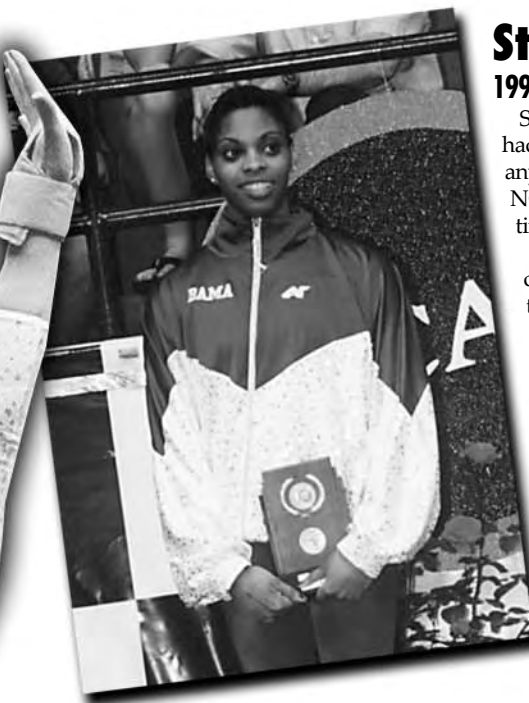
1996 NCAA All-Around Champion

She tugged urgently at the sleeve of the nearest meet official, asking him to check then double check the scores. There had been a mistake, someone else was supposed to be where she was.

No mistake, the scores were right. Meredith Willard, the ultimate team player in a sport filled with individuals, had won the 1996 NCAA All-Around Championship.

Meredith's title shouldn't have come as a surprise. She had been, throughout the 1996 season, the nation's most consistent gymnast. Going into the Main Event, she had hit an astounding and perfect 44 of 44 routines. She had, going into the championships, competed in 45 of a possible 48 events. She had been very nearly unstoppable.

And Willard had not just been consistent, she had been consistently brilliant. She bettered or tied her career best all-around mark six times during the season. And at the Main Event on the night of the all-around, she was the best of the best, winning with a 39.450 total. Her talent and ability led her to Alabama's ninth individual NCAA crown. Her poise and leadership led Alabama to a national team championship the next day.



Stephanie Woods

1996 NCAA Uneven Bars Champion

Stephanie Woods knew that the uneven bars routine she had just finished had been special - she just wasn't sure if anyone else knew. It was the night of the event finals at the NCAA Championships and she had just completed her routine.

But the Austin, Texas, native's feeling about her routine carried over to the judges, who knew they had seen something special, something of championship calibre.

In the history of the NCAA Championships, only three competitors have scored better. There are three 10s scattered over the years. Woods is the first to earn a 9.975.

Woods had been brilliantly consistent all season on the uneven bars. Of her 15 routines, 12 scored 9.9 or better. She collected the 1996 NCAA Central Regional uneven bars and balance beam titles coming into the Main Event. She scored back-to-back 9.950s in the NCAA preliminary and Super Six rounds. Her national championship performance was a career best.

Kim Kelly

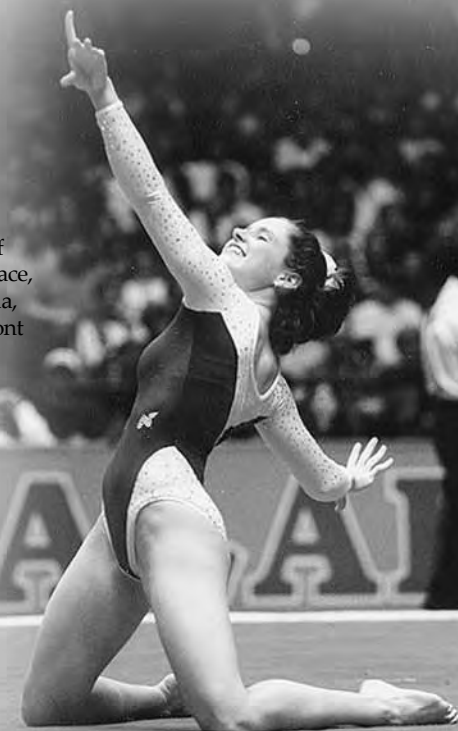
1996 NCAA Floor Exercise Champion

In the final performance of her Crimson Tide career, as the music of her floor routine reached its final beat, and tears streamed down her face, Kim Kelly's success-studded career turned golden. The King of Prussia, Penn. native won the 1996 NCAA Floor Exercise Championship in front of the home crowd with a perfect 10.0 and an avalanche of applause.

As extraordinary as the ending was, the genesis of her championship floor routine is even more so. In college gymnastics, the norm is to change floor routines just once during a career and a mid-season change was unheard of, until Kim Kelly.

Tide freshman Lisa Gianni's floor routine was to the strains of the Alabama fight song. When Gianni went down after the second meet of the season with a ruptured Achilles tendon, there was no one to carry the routine into the Tide-hosted nationals, until Kelly undertook the challenge.

It was a move that Tide coach Sarah Patterson says she would not have been able to consider with anyone except Kelly. The move paid off when Kelly completed the post season triple play, winning the SEC, NCAA Central Regional and NCAA Championships.



1985 & 1986 NCAA All-Around Champion
1986 Floor Exercise Champion
1985 Uneven Bars Champion

On her National Championships:

"It was definitely the pinnacle of my gymnastics career. But I know that nothing could have been done without Sarah, David, my teammates, the trainers, and really the entire athletic department. Although my titles were a great experience, I would have given anything to be able to be with the team in 1988 when they won the team national title."

Best memory: "After my floor exercise at 1986 Nationals, which was the last event of my career, Sarah was standing right there. She had tears in her eyes, I had tears in my eyes, and we just came together and hugged. That will always be the one moment that will stand out in my mind."

Penney Hauschild

Gina Basile

1991 NCAA Balance Beam Champion

On the 1991 team title:

"It was a very rewarding experience for me. It was especially great because it was at home in front of our families and our fans. It's really a feeling that you can't put into words. The best way that I can describe winning the national team title is that it is 11 girls, separated around the country, who are bonded together for life by a ring which represents talent, dedication, friendship and crimson pride."

Best memory:

"Really, the thing that stands out in my mind is that there was no real pressure. There was some pressure, but really we just had a good time. Usually the person who wants it the most wins, and we just always pulled together, had a good time, and usually won. That's what I will always remember."



Dana Dobransky

1992 & 1993 NCAA Balance Beam Champion

On her 1993 beam title:

"Ending my career with a 10.0 on balance beam finally represented that I had worked for perfection. It made all of the mental perfection, all of the hard work, all of the falling, and getting up, worth it. It was great to be able to represent The University of Alabama with a perfect 10."

Best memory:

"My most lasting memory is the love and support of our fans. That fan support was one of the reasons that I was attracted to Alabama, and when I got there, it was just great. I know that we wouldn't have been as successful as we were, or are, without the love and support of all of our fans. The fans at Alabama are so supporting of everything, and that is the one thing that really stands out in my mind."

Dee Foster

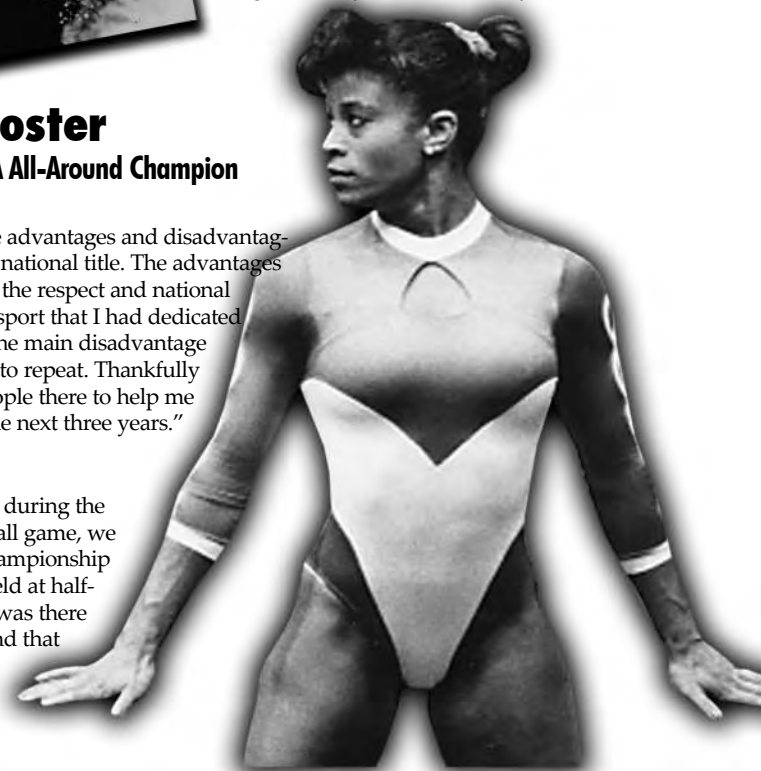
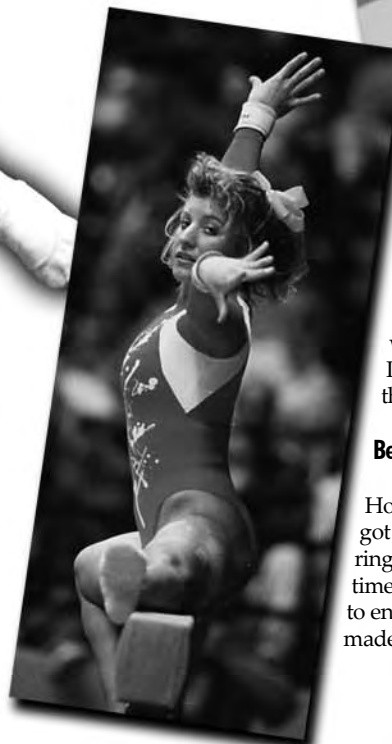
1990 NCAA All-Around Champion

On her title:

"There were advantages and disadvantages to winning a national title. The advantages were, of course, the respect and national recognition in a sport that I had dedicated my life to. And the main disadvantage was the pressure to repeat. Thankfully I had 10 other people there to help me through each of the next three years."

Best memory:

"My junior year, during the Homecoming football game, we got our National Championship rings down on the field at half-time. My best friend was there to enjoy it with me, and that made it extra special."



ALABAMA'S ALL-AMERICANS



**Morgan
Dennis**

2008

Morgan Dennis - FX (4th)
Kayla Hoffman - V (5th)
Kassi Price - UB (8th)

2007

Terin Humphrey - UB (1st), BB (8th)
Morgan Dennis - FX (1st)

2006

Terin Humphrey - BB (4th)
Ashley Miles - AA (5th), V (1st), FX (3rd)

2005

Dana Filetti - UB (10th)
Terin Humphrey - BB (5th), UB (1st),
FX (5th)
Ashley Miles - AA (3rd), V (4th), UB
(7th), FX (2nd)

2004

Alexis Brion - FX (5th)
Ashley Miles - V (1st), FX (1st), UB (6th)
Jeana Rice - AA (1st), BB (2nd), UB
(13th)

2003

Mari Bayer - UB (8th)
Alexis Brion - V
Ashley Miles - V (1st), FX (3rd)
Jeana Rice - AA (4th), V (8th), BB (3rd),
UB (4th)
Kristin Sterner - BB (6th)

2002

Natalie Barrington - UB (4th)
Andréé Pickens - AA (2nd), V (3rd), BB
(5th), UB (1st), FX (5th)
Shannon Hrozek - BB (9th)
Alexis Brion - V (6th), FX (4th)
Jeana Rice - AA (6th), BB (2nd)
Kristin Sterner - BB (3rd), FX (11th)

2001

Natalie Barrington - UB (6th)
Jeana Rice - AA (3rd), FX (6th)
Lissy Smith - BB (6th)
Kristin Sterner - BB (5th)

2000

Natalie Barrington - UB (7th)
Katie Homecker - V (8th)
Andréé Pickens - AA (8th), V (2nd),
UB (4th)
Kristin Sterner - UB (11th), FX (5th)
Dara Stewart - UB (9th)

1999

Andréé Pickens - AA (4th), V (5th), UB
(4th), BB (1st), FX (10th)
Lissy Smith - BB (4th)
Gwen Spidle - V (8th)

1998

Merritt Booth - FX (17th)
Shay Murphy - FX (8th)
Gwen Spidle - AA (3rd), BB (8th)

1997

Meredith Willard - AA (2nd), V, UB
(4th), BB (3rd), FX (4th)
Stephanie Woods - UB (2nd)

1996

Merritt Booth - V (5th)
Kim Kelly - FX (1st), BB (8th)
Danielle McAdams - FX (3rd)
Mama Neubauer - V (9th)
Meredith Willard - AA (1st), UB (4th),
FX (7th)
Stephanie Woods - UB (1st)

1995

Kim Bonaventura - UB (3rd)
Merritt Booth - FX (9th)
Meredith Willard - FX (11th)
Stephanie Woods - BB (5th), UB (6th)

1994

Chasity Junkin - AA (6th), V (7th)
Kim Kelly - V (8th), UB (11th), FX (11th)
Kara Stilp - UB (10th)
Meredith Willard - AA (3rd), FX (4th)

1993

Dana Dobransky - BB (1st), FX (11th)
Dee Foster - AA (2nd), V (4th),
UB (T9th), FX (T4th)

1992

Dana Dobransky - BB (1st)
Sheryl Dundas - BB (6th)
Dee Foster - AA (3rd), UB (3rd), BB
(3rd), FX (2nd)
Katherine Kelleher - V (11th)

1991

Gina Basile - BB (3rd)
Dana Dobransky - BB (6th), FX (T3rd)
Dee Foster - AA (2nd), V, UB, BB, FX
Katherine Kelleher - V (7th)
Shea McFall - V (6th)
Kim Masters - V (5th), AA (8th)
Kara Stilp - FX (8th)

1990

Dee Foster - AA (1st), V (4th), UB
(T2nd), BB (T2nd)
Katherine Kelleher - BB (7th)
Shea McFall - V (7th)

1989

Kim Masters - AA (6th)
Cheri Way - BB (7th)

1988

Kathy Bilodeau - BB (6th), FX (7th)
Tina Rinker - UB (7th)
Marie Robbins - UB (2nd), BB (5th)
Cheri Way - UB (3rd), FX (6th)

1987

Julie Estin - AA (4th), BB (4th), FX (7th)
Marie Robbins - UB (5th), FX (3rd)

1986

Julie Estin - AA (5th)
Lisa Farley - BB (7th)
Kelly Good - V (6th)
Penney Hauschild - AA (1st), V (3rd),
UB (3rd), FX (1st)

1985

Julie Estin - V (7th), UB (4th)
Penney Hauschild - AA (1st), UB (1st),
BB (4th)

1984

Penney Hauschild - AA (4th), UB (2nd),
BB (4th)
Barbara Mack - BB (6th)

1982

Julie Garrett - UB (4th),
AIAW AA (5th), AIAW UB (4th)



Kassie Price



**Kayla
Hoffman**

Second-Team All-Americans

2008
Morgan Dennis - AA, UB
Casey Overton - BB

2007
Morgan Dennis - AA
Kassi Price - UB

2006
Melanie Banville - UB
Terin Humphrey - AA, UB, FX
Brittany Magee - FX

2005
Shannon Hrozek - BB
Terin Humphrey - AA
Michelle Reeser - BB

2004
Alexis Brion - V
Jeana Rice - V, FX

2003
Mari Bayer - BB
Shannon Hrozek - BB
Stephanie Kite - FX
Jeana Rice - FX
Kristin Sterner - AA

2002
Jeana Rice - V

2001
Jeana Rice - V, UB, BB

Kristin Sterner - AA, V, FX
Raegan Tomasek - BB

2000
André Pickens - FX
Lissy Smith - BB
Kristin Sterner - AA

1999
Lexa Evans - FX
Dara Stewart - UB

1998
Merritt Booth - V
Gwen Spidle - V
Dara Stewart - UB

1997
Merritt Booth - FX
Mandy Chapman - BB
Gwen Spidle - FX

1996
Kim Bonaventura - BB
Merritt Booth - FX
Kim Kelly - AA, V
Danielle McAdams - V, UB
Shay Murphy - BB
Marna Neubauer - FX
Meredith Willard - BB

1995
Kim Bonaventura - BB
Kim Kelly - BB, FX, V

Marna Neubauer - UB
Meredith Willard - AA

1994
Kim Bonaventura - UB
Meredith Willard - V, UB, BB
Stephanie Woods - BB

1993
Dana Dobransky - AA
Kara Stilp - FX

1992
Dana Dobransky - AA, UB
Katherine Kelleher - UB



Casey Overton



Brittany Magee

All-Americans by Career Total

Jeana Rice, 2001-04.....	18	Tina Rinker, 1984-87.....	1
Dee Foster, 1990-93.....	17 *	Sheryl Dundas, 1991-94.....	1
Meredith Willard, 1994-97.....	16	Raegan Tomasek, 1999-02.....	1
André Pickens, 1999-2002.....	14	Mandy Chapman, 1996-98.....	1
Ashley Miles, 2003-06.....	12	Lisa Farley, 1985-87.....	1
Kristin Sterner, 2000-03.....	11	Lexa Evans, 1997-2000.....	1
Penney Hauschild, 1983-86.....	10	Kelly Good, 1986-89.....	1
Kim Kelly, 1993-96.....	10	Katie Hornecker, 1998-2001.....	1
Terin Humphrey, 2005-08.....	10	Gina Basile, 1989-92.....	1
Dana Dobransky, 1990-93.....	8	Barbara Mack, 1982-85.....	1
Merritt Booth, 1995-98.....	6	Stephanie Kite, 2001-04.....	1
Julie Estin, 1984-87.....	6	Michelle Reeser, 2002-05.....	1
Stephanie Woods, 1994-97.....	5	Dana Filetti, 2003-06.....	1
Gwen Spidle, 1996-99.....	5	Melanie Banville, 2006.....	1
Alexis Brion, 2002-05.....	5	Brittany Magee, 2006-present.....	1
Morgan Dennis, 2007-present.....	5	Kayla Hoffman, 2008-present.....	1
Marie Robbins, 1987-90.....	4	Casey Overton, 2007-present.....	1
Kim Bonaventura, 1994-97.....	4	52 TOTAL.....	229
Katherine Kelleher, 1989-92.....	4		
Marna Neubauer, 1993-96.....	3		
Lissy Smith, 1998-2001.....	3		
Kim Masters, 1988-91.....	3		
Kara Stilp, 1991-94.....	3		
Julie Garrett, 1982-83.....	3		
Dara Stewart, 1998-2001.....	3		
Danielle McAdams, 1995-98.....	3		
Cheri Way, 1987-90.....	3		
Natalie Barrington, 1999-2002.....	3		
Shannon Hrozek, 2002-05.....	3		
Shea McFall, 1989-92.....	2		
Shay Murphy, 1995-98.....	2		
Kathy Bilodeau, 1985-88.....	2		
Chasity Junkin, 1992-95.....	2		
Mari Bayer, 2003-06.....	2		
Kassi Price, 2007-present.....	2		

* Dee Foster's total of 17 first-team All-American honors is best in NCAA History

***** In addition to winning the 1990 NCAA All-Around Title, Dee Foster earned 17 first team All-American honors, the most in NCAA history.

ALABAMA AT THE NCAA REGIONAL CHAMPIONSHIPS

Alabama has dominated the NCAA Regional Championships for 20-plus years and last season was no exception.

Alabama traveled to Norman, Okla. and came away with its 23rd regional title, advancing to its 26th consecutive NCAA Championships. Morgan Dennis won the NCAA South Central Region all-around, vault and floor exercise titles, Kassi Price won the uneven bars and shared the balance beam with Brittany Magee.

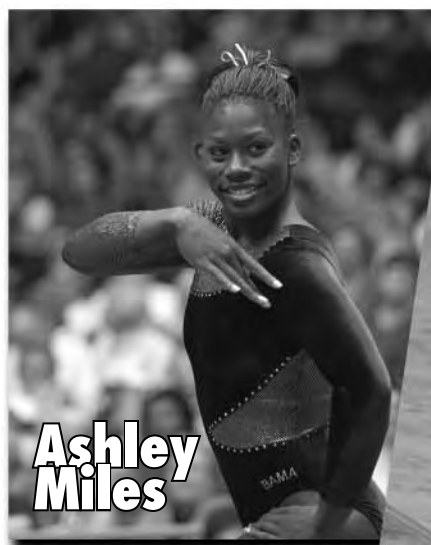
Ashley Miles set the Alabama career record for regional titles in 2006 when she won a pair of titles to push her all-time mark to 10. Miles is also the first Tide gymnast to win the same regional event all four years of her career, sweeping the vault and floor exercise from 2003 to 2006.

On her way to the Tide regional title record, Miles passed Andréé Pickens and Dee Foster who were tied for the record with nine apiece. Foster and Miles also own the most titles in a single season. Foster won four in 1993 a number Miles matched in 2005.

The regional is a crucial step to making it to the NCAA Championships. The top 36 teams around the nation advance to six regional sites. The top 18 teams in the nation are seeded into the regions, while team's 19-36 stay in their home region or are placed in the next nearest regional. To advance to the NCAA Championships, a team must finish first or second in one of the six regions.

Alabama gymnasts have won 111 individual regional titles over the past 26 years. Ashley Miles was named NCAA Central Region Gymnast of the Year in 2006 while Andréé Pickens won the same award four years running, from 1999 to 2002 before giving way to Jeana Rice in 2003.

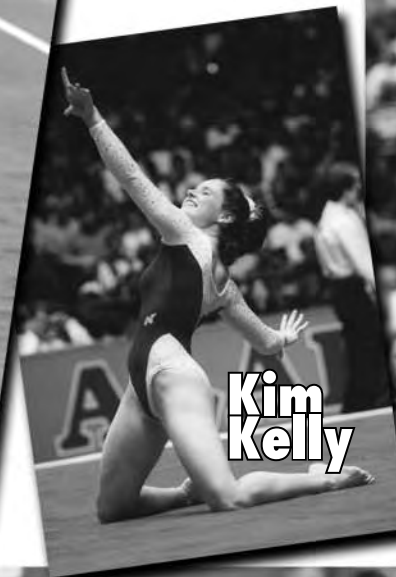
Twice, in 1992 and 1993, assistant head coach David Patterson was named NCAA Central Region Assistant Coach of the Year. In 2000 and 2002, former UA gymnast and current Associate Athletics Director for the Crimson Tide Marie Robbins was named NCAA Central Region Administrator of the Year.



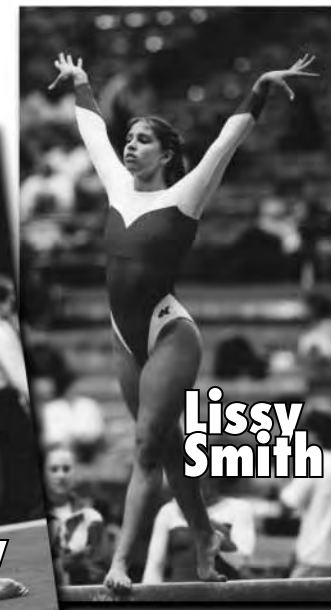
Ashley Miles



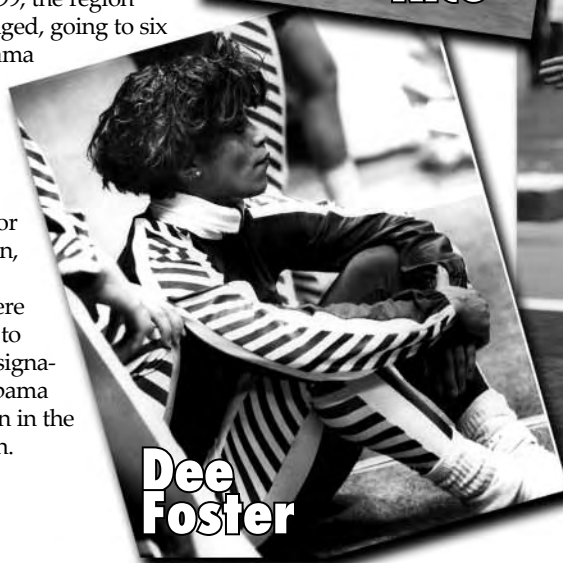
Jeana Rice



Kim Kelly



Lissy Smith



Dee Foster



Andréé Pickens

The Crimson Tide owns one Southeast Regional title, 1983, before making the jump to the Central Regional, and winning 13 there. In 1999, the region structure changed, going to six regions. Alabama won the inaugural Region 6 title in 1999 and the Region 4 title in 2000. For the 2001 season, the names of the regions were changed back to directional designations and Alabama was once again in the Central Region.

The list below includes all of Alabama's NCAA Regional appearances. The Crimson Tide competed in the Southeast region in 1982 and 1983. From 1984 to 1998, the Tide competed in the Central region. In 1999 and 2000, after the NCAA went from five to six regions, Alabama competed out of Region 4. In 2002, Region 4 was renamed the Central region.

2008 - Norman, Okla.

1. Alabama	197.300
2. Oklahoma	195.875
3. Iowa	195.425

Alabama Regional Champions-

AA Morgan Dennis	39.625
V Morgan Dennis	9.950
UB Kassi Price	9.900
BB Kassi Price	9.900
BB Brittany Magee	9.900
FX Morgan Dennis	9.925

2007 - Tuscaloosa, Ala.

1. Alabama	196.475
2. *Oklahoma	195.925
3. Iowa State	195.925

Alabama Regional Champions-

AA Terin Humphrey	9.900
V Morgan Dennis	9.950
UB Terin Humphrey	9.900

*Advanced on the tie-breaker

2006 - Palo Alto, Calif.

1. Alabama	196.475
2. Oregon State	195.800
3. Stanford	195.275

Alabama Regional Champions-

V Ashley Miles	9.900
BB Brittany Magee	9.900
BB Terin Humphrey	9.900
FX Ashley Miles	9.900
BB Brittany Magee	

2005 - Tuscaloosa, Ala.

1. Alabama	196.675
2. Iowa State	195.625
3. Auburn	194.800

Alabama Regional Champions-

AA Ashley Miles	39.525
V Ashley Miles	9.925
UB Ashley Miles	9.850
BB Terin Humphrey	9.850
FX Ashley Miles	9.950

2004 - Corvallis, Ore.

1. Oklahoma	197.100
2. Alabama	196.900
3. Oregon State	196.850

Alabama Regional Champions-

AA Jeana Rice	39.550
V Ashley Miles	9.950
UB Jeana Rice	9.900
BB Shannon Hrozek	9.900
FX Ashley Miles	9.950

2003 - Tuscaloosa, Ala.

1. Alabama	197.550
2. *Auburn	196.350
3. Central Michigan	196.350

Alabama Regional Champions-

AA Kristin Sterner	39.625
V Ashley Miles	9.950
BB Kristin Sterner	9.950
FX Ashley Miles	10.000

*Advanced on the tie-breaker

2002 - Morgantown, WV

1. Alabama	197.900
2. Minnesota	196.050
3. West Virginia	194.850

Alabama Regional Champions-

AA Jeana Rice	39.625
V Alexis Brion	9.900
BB Jeana Rice	9.900
UB Andréé Pickens	9.975
BB Alexa Martinez	9.950
BB Andréé Pickens	9.950
BB Jeana Rice	9.950
BB Kristin Sterner	9.950
FX Andréé Pickens	9.950

2001 - Tuscaloosa, Ala.

1. Alabama	198.000
2. Arizona State	195.950
3. Minnesota	195.800

Alabama Regional Champions-

AA Jeana Rice	39.475
V Andree Pickens	9.925
BB Kristin Sterner	9.925
UB Andréé Pickens	9.950
BB Lissy Smith	9.950
FX Jeana Rice	9.975

2000 - Tuscaloosa, Ala.

1. Alabama	197.300
2. Iowa State	196.100
3. Central Michigan	193.200

Alabama Regional Champions-

AA Andréé Pickens	39.475
UB Dara Stewart	9.975
BB Lissy Smith	9.925
FX Andréé Pickens	9.925

1999 - Morgantown, WV

1. Alabama	196.625
2. West Virginia	195.275
3. NC State	194.900

Alabama Regional Champions-

AA Robin Hawkins	39.225
UB Andréé Pickens	9.875
BB Lissy Smith	9.925
FX Andréé Pickens	9.950

1998 - Tuscaloosa, Ala.

1. Alabama	196.550
2. Michigan	196.000
3. LSU	195.250

Alabama Regional Champions-

UB Dara Stewart	9.900
BB Gina Logan	9.900
BB Gwen Spidle	9.900
BB Danielle McAdams	9.900

1997 - Ann Arbor, Mich.

1. Michigan	197.700
2. Alabama	196.250
3. LSU	196.175

Alabama Regional Champions-

AA Meredith Willard	39.625
BB Meredith Willard	9.925

1996 - Baton Rouge, La.

1. Alabama	198.075
2. Michigan	196.275
3. LSU	194.525

Alabama Regional Champions-

AA Kim Kelly	39.750
V Kim Kelly	9.950
UB Meredith Willard	9.925
BB Stephanie Woods	9.925

1995 - Ann Arbor, Mich.

1. Alabama	196.675
2. Michigan	195.725
3. LSU	195.075

Alabama Regional Champions-

V Kim Kelly	10.000
UB Kimbo Bonaventura	9.850
BB Stephanie Woods	9.950

1994 - Tuscaloosa, Ala.

1. Alabama	196.900
2. LSU	194.400
3. Michigan	193.600

Alabama Regional Champion-

FX Kim Kelly	9.925
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1993 - Baton Rouge, La.

1. Alabama	196.075
2. LSU	194.700
3. Auburn	194.200

Alabama Regional Champions-

AA Dee Foster	39.800
V Dee Foster	9.925
BB Dee Foster	9.950
FX Dee Foster	9.975

1992 - Columbia, Mo.

1. Alabama	193.125
2. Michigan	189.775
3. Auburn	188.525

Alabama Regional Champions-

V Dee Foster	9.850
BB Gina Basile	9.800
FX Kara Siilp	9.700

1991 - Auburn, Ala.

1. Alabama	195.575
2. Auburn	192.150
3. LSU	191.750

Alabama Regional Champions-

AA Dee Foster	39.375
V Kim Masters	9.850
UB Dee Foster	9.825
BB Katherine Kelleher	9.825
BB Sheryl Dundas	9.925
FX Dee Foster	9.925

1990 - Minneapolis, Minn.

1. Alabama	194.150
2. LSU	190.850
3. Minnesota	188.650

Alabama Regional Champions-

V Marie Robbins	9.800
BB Dana Dobransky	9.725
FX Dee Foster	9.825

1989 - Tuscaloosa, Ala.

1. Alabama	192.750
2. LSU	187.550
3. Michigan State	186.700

Alabama Regional Champions-

UB Gina Basile	9.800
BB Cheri Way	9.800
BB Katherine Kelleher	9.700
FX Tina Rinker	9.850

1988 - Baton Rouge, La.

1. Alabama	191.750
2. LSU	190.050
3. Michigan State	187.150

Alabama Regional Champions-

AA Kim Masters	38.600
V Kim Masters	9.750
UB Kim Masters	9.750
BB Marie Robbins	9.750
BB Kathy Bilodeau	9.700
FX Cheri Way	9.750

1987 - Tuscaloosa, Ala.

1. Alabama	189.050
2. LSU	186.600
3. Michigan State	183.600

Alabama Regional Champions-

AA Marie Robbins	38.150
FX Cheri Way	9.700

1986 - Baton Rouge, La.

1. LSU	185.250
2. Alabama	185.050
3. Michigan State	177.950

Alabama Regional Champions-

AA Julie Estin	37.850
UB Julie Estin	9.600
FX Penney Hauschild	9.650

1985 - Tuscaloosa, Ala.

1. Alabama	186.350
2. LSU	181.500
3. Michigan State	178.350

Alabama Regional Champions-

AA Penney Hauschild	37.700
V Cindy Wilson	9.550
UB Penney Hauschild	9.550
BB Barbara Mack	9.550
BB Barbara Mack	9.600
FX Kathy Bilodeau	9.550

1984 - Columbia, Mo.

1. Alabama	180.500
2. Southern Illinois	173.550
3. Missouri	173.300

Alabama Regional Champions-

AA Julie Estin	37.350
UB Penney Hauschild	9.400
BB Julie Estin	9.200
FX Julie Estin	9.400
BB Penney Hauschild	9.400

1983 - Gainesville, Fla.

1. Alabama	184.750
2. Florida	184.650
3. LSU	182.650

1982 - Athens, Ga.

1. Florida	144.850
2. Alabama	143.900
3. Georgia	143.700

ALABAMA AND THE SOUTHEASTERN CONFERENCE

The Southeastern Conference has long been the most dominating gymnastics conference in the NCAA and Alabama has led the charge. Since the first NCAA championship in 1982, the SEC has had at least one team in the top-10 and since 1983, the conference has placed at least one team in the top-5 and at least two teams in the top-10. Alabama has been the league's top finisher at the NCAA Championships 10 times.

Each of the past 24 years, the conference has placed at least one team in the NCAA top-3 and in 1998 the national top-3 all hailed from the SEC, as Georgia, Florida and Alabama took first, second and third respectively. Last season four of the six teams in the NCAA Super Six Team Finals hailed from the SEC. The SEC put a conference-high five teams in the national top-10 in 1993, 2003 and 2008. An SEC school has stood atop the collegiate gymnastics world as national champions 13 times since 1987, with Alabama winning four titles, the last coming in 2002.

The SEC has done well on an individual level as well. Thirteen times a conference athlete has taken home the NCAA all-around title. Alabama athletes have been especially productive in that arena as four Crimson Tide athletes have produced five all-around titles (Jeana Rice 2004, Meredith Willard 1996, Dee Foster 1990, Penney Hauschild 1985 and 1986). From 1989-98, the conference claimed nine of the 10 crowns, including six straight from 1993-98.

Of the 12 conference schools, seven sponsor gymnastics programs: Alabama, Arkansas, Auburn, Florida, Georgia, Kentucky and Louisiana State.

Alabama in the SEC

The Crimson Tide has won five SEC Championships, with the first coming in 1988 and the latest in 2003. Individually, Alabama has tallied 47 conference crowns, including an incredible 31 titles since 2000. Last season three Alabama gymnasts won six titles. Morgan Dennis won the vault and floor exercise, Ricki Lebegern repeated as balance beam champion and added a vault title to her resume and Casey Overton won a share of the balance beam title.

Four times an Alabama gymnast has been voted SEC Female Athlete of the Year, an award that spans all sports offered by the league. The league's top scholar-athlete has come from the Tide three times as well.

The SEC Gymnast of the Year has hailed from Alabama five times and the Freshman Gymnast of the Year has worn Alabama's crimson and white three times. In the classroom Alabama has earned SEC Academic Honor Roll honors 184 times, including a conference record 15 in 2002.



SEC Quick Facts

Founded: 1933

Headquarters: Birmingham, Ala.

Commissioner: Mike Slive

Members (Those with Gymnastics in bold): Alabama, Arkansas, Auburn, Florida, Georgia, Kentucky, Louisiana State, Mississippi, Mississippi State, South Carolina, Tennessee & Vanderbilt

First Year to Sponsor Championship: 1985

2008 Champion: Georgia

2009 Championship Site: Nashville, Tenn.

Associate Commissioner for Gymnastics: Debbie Corum

Media Contact for Gymnastics: Chuck Dunlap

Dunlap's e-mail address: cdunlap@sec.org

Phone: (205) 458-3010

World Wide Web Site: www.sec.org

Mailing Address: 2201 Civic Center Blvd, Birmingham, AL 35203

2008 at Gwinnett, Ga.

1.	Georgia	197.350
2.	Alabama	197.325
	Florida	197.325
4.	LSU	196.250
5.	Arkansas	194.550
6.	Auburn	194.475
7.	Kentucky	194.000

Alabama SEC Champions-

V	Morgan Dennis	9.950
	Ricki Lebegern	9.950
BB	Morgan Dennis	9.900
	Ricki Lebegern	9.900
	Casey Overton	9.900
FX	Morgan Dennis	9.950

2007 at Little Rock, Ark.

1.	Florida	197.325
2.	Georgia	197.175
3.	Alabama	197.000
4.	LSU	196.250
5.	Arkansas	194.550
6.	Auburn	194.475
7.	Kentucky	194.000

Alabama SEC Champion-

BB	Ricki Lebegern	9.900
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2006 at Birmingham, Ala.

1.	Georgia	197.275
2.	Alabama	196.975
3.	Florida	196.275
4.	LSU	195.900
5.	Auburn	194.975
6.	Arkansas	194.650
7.	Kentucky	191.150

Alabama SEC Champions-

UB	Melanie Banville	9.900
FX	Ashley Miles	9.950
	Brittany Magee	9.950

2005 at Duluth, Ga.

1.	Georgia	197.250
2.	LSU	196.975
3.	Alabama	196.700
4.	Florida	196.050
5.	Arkansas	195.225
6.	Auburn	195.125
7.	Kentucky	193.925

Alabama SEC Champions-

V	Ashley Miles	9.925
UB	Ashley Miles	9.950
	Terin Humphrey	9.950
FX	Ashley Miles	9.950

2004 at Duluth, Ga.

1.	Georgia	198.175
2.	Alabama	197.950
3.	LSU	197.275
4.	Florida	197.225
5.	Auburn	195.925
6.	Arkansas	194.825
7.	Kentucky	193.850

Alabama SEC Champions-

V	Jeana Rice	9.975
UB	Jeana Rice	9.950
FX	Ashley Miles	10.000
AA	Jeana Rice	39.850

2003 at Birmingham, Ala.

1.	Alabama	197.575
2.	Georgia	197.525
3.	Florida	195.950
4.	LSU	195.650
5.	Auburn	195.025
6.	Arkansas	194.875
	Kentucky	194.875

Alabama SEC Champions-

UB	Jeana Rice	9.925
BB	Jeana Rice	9.950
FX	Ashley Miles	9.975
AA	Jeana Rice	39.600

2002 at Birmingham, Ala.

1.	Georgia	197.025
2.	Alabama	196.925
3.	Florida	196.425
4.	LSU	196.225
5.	Auburn	194.325
	Kentucky	194.325

Alabama SEC Champions-

V	André Pickens	9.950
UB	André Pickens	9.950
BB	André Pickens	9.925
AA	André Pickens	39.725

2001 at Birmingham, Ala.

1.	Georgia	198.000
2.	Alabama	197.425
3.	Florida	196.450
4.	LSU	196.300
5.	Kentucky	195.850
6.	Auburn	194.500

Alabama SEC Champions-

UB	Natalie Barrington	9.950
BB	Lissy Smith	9.950

2000 at Gainesville, Fla.

1.	Alabama	197.200
2.	LSU	196.825
	Georgia	196.825
4.	Florida	195.775
5.	Kentucky	194.650
6.	Auburn	192.500

Alabama SEC Champions-

V	André Pickens	9.925
UB	André Pickens	9.925
AA	André Pickens	39.600

1999 at Tuscaloosa, Ala.

1.	Georgia	197.475
2.	Alabama	196.775
3.	Florida	195.875
4.	LSU	195.375
5.	Kentucky	194.875
6.	Auburn	194.000

1998 at Baton Rouge, La.

1.	Georgia	198.375
2.	Florida	196.050
3.	LSU	196.025
4.	Alabama	195.775
5.	Kentucky	195.075
6.	Auburn	192.550

1997 at Athens, Ga.

1.	Georgia	198.375
2.	Florida	196.050
3.	LSU	196.025
4.	Alabama	195.775
5.	Kentucky	195.075
6.	Auburn	192.550

1996 at Lexington, Ky.

1.	Georgia	197.450
2.	Alabama	196.950
3.	Florida	195.650
4.	Kentucky	195.250
5.	LSU	193.150
6.	Auburn	191.150

Alabama SEC Champion-

FX	Kim Kelly	9.950
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1995 at Gainesville, Fla.

1.	Alabama	196.175
2.	LSU	196.125
3.	Georgia	195.875
4.	Florida	195.650
5.	Kentucky	191.975
6.	Auburn	190.675

Alabama SEC Champions-

V	Kim Kelly	10.000
UB	Stephanie Woods	9.900

1994 at Auburn, Ala.

1.	Georgia	196.700
2.	Alabama	195.175
3.	LSU	194.150
4.	Florida	194.125
5.	Auburn	192.700
6.	Kentucky	189.750

1993 at Tuscaloosa, Ala.

1.	Georgia	197.05
2.	Alabama	196.05
3.	Auburn	193.20
4.	LSU	192.90
5.	Florida	192.10
6.	Kentucky	189.35

Alabama SEC Champion-

AA	Dee Foster	39.650
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1992 at Baton Rouge, La.

1.	Georgia	196.40
2.	Alabama	194.50
3.	Auburn	191.35
4.	Florida	189.60
5.	LSU	188.65
6.	Kentucky	185.95

Alabama SEC Champion-

BB	Dana Dobransky	9.900
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1991 at Lexington, Ky.

1.	Georgia	194.10
2.	Alabama	194.05
3.	LSU	192.40
4.	Florida	191.30
5.	Auburn	189.25
6.	Kentucky	186.00

Alabama SEC Champions-

V	Dee Foster	9.950
UB	Gina Basile	9.850
BB	Dee Foster	9.850
FX	Dee Foster	9.950

1990 at Athens, Ga.

1.	Alabama	193.55
2.	LSU	192.05
3.	Georgia	191.85
4.	Auburn	188.15
5.	Florida	188.00
6.	Kentucky	186.30

Alabama SEC Champion-

AA	Marie Robbins	38.800
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1989 at Gainesville, Fla.

1.	Florida	191.50
2.	Alabama	191.05
3.	Georgia	190.40
4.	LSU	187.90
5.	Kentucky	182.65
6.	Auburn	185.05

Alabama SEC Champion-

V	Katherine Kelleher	9.550
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1988 at Tuscaloosa, Ala.

1.	Alabama	190.15
2.	Georgia	189.20
3.	Florida	188.85
4.	LSU	187.40
5.	Kentucky	183.40
6.	Auburn	183.20

1987 at Athens, Ga.

1.	Georgia	189.40
2.	Florida	185.65
3.	Alabama	185.30
4.	LSU	184.45
5.	Auburn	181.40
6.	Kentucky	180.95

1986 at Gainesville, Fla.

1.	Georgia	185.15
2.	Florida	184.10
3.	Alabama	183.75
4.	LSU	176.60
5.	Kentucky	175.95
6.	Auburn	171.40

Alabama SEC Champion-

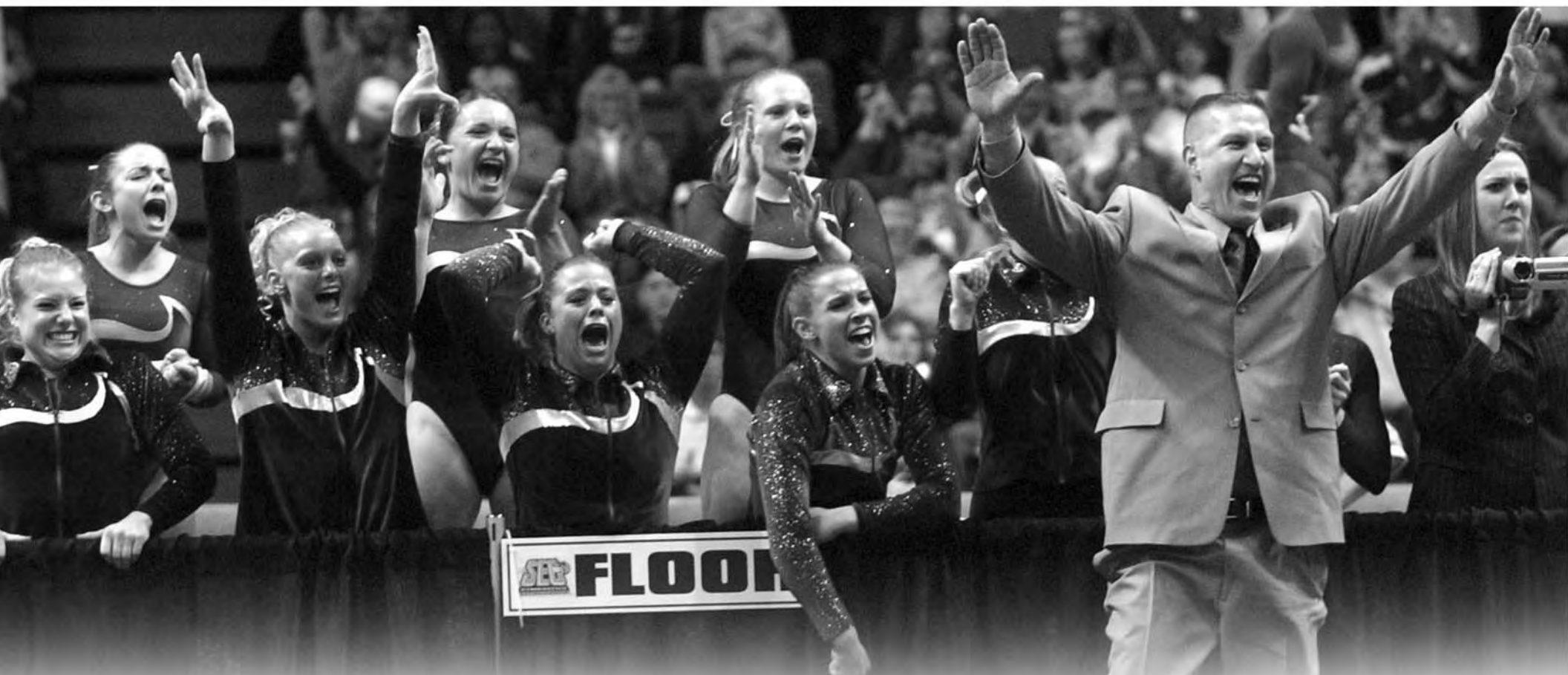
V	Julie Estin	9.550
UB	Julie Estin	9.550

1985 at Tuscaloosa, Ala.

1.	Florida	185.65
2.	Alabama	183.65
3.	Georgia	181.80
4.	LSU	180.50
5.	Kentucky	173.45
6.	Auburn	158.90

Alabama SEC Champion-

UB	Barbara Mack	19.050
AA	Penney Hauschild	37.700



SEC Athlete of the Year

2004	Jeana Rice
2002	Andréé Pickens
1990	Dee Foster
1985	Penney Hauschild

H. Boyd McWhorter SEC Scholar-Athlete of the Year

2003	Kristin Sterner
1997	Meredith Willard
1987	Julie Estin

SEC Postgraduate Scholarship

2003	Kristin Sterner
2002	Andréé Pickens
1997	Meredith Willard
1993	Dana Dobransky
1992	Katherine Kelleher
1990	Marie Robbins
1989	Kelly Good
1987	Julie Estin

SEC Gymnast of the Year

2003	Jeana Rice
2002	Andréé Pickens
2001	Andréé Pickens
2000	Andréé Pickens
1997	Meredith Willard

SEC Gymnastics Freshman of the Year

1999	Andréé Pickens
1998	Robin Hawkins
1994	Meredith Willard

SEC Gymnastics Scholar-Athlete of the Year

2005	Michelle Reeser
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SEC Good Works Team

2008	Ricki Lebegern
2007	Courtney Priess
2006	Dana Pierce
2005	Dana Pierce
2004	Stephanie Kite

SEC Athletes of the Year



**Jeana
Rice**



**Andree
Pickens**



**Dee
Foster**



**Penney
Hauschild**

SEC Gymnasts and Freshmen of the Year



**Meredith
Willard**
1997 SEC
Gymnast of the
Year & 1994
SEC Freshman
Gymnast of the
Year



**Robin
Hawkins**
1998 SEC
Freshman
Gymnast of the
Year



Andree Pickens
2000, 2001 & 2002 SEC
Gymnast of the Year
&
1999 SEC Freshman
Gymnast of the Year



Jeana Rice
2003 SEC
Gymnast of the
Year

SEC Scholar Athletes of the Year



**Julie
Estin**



**Meredith
Willard**



**Kristin
Sterner**

Alabama's SEC Team Championships

2003 SEC Championships

It was a battle from the word 'go'. But in the end, the youngest team Alabama had ever put on the floor won the program's fifth Southeastern Conference team title, upending second place Georgia 197.575-197.525. Junior Jeana Rice was named SEC Gymnast of the Year after winning three events including the all-around. Freshman phenom Ashley Miles won the floor exercise with a 9.975 that clinched the Tide's victory. Sophomore Michelle Reeser earned second-team All-SEC honors on the balance beam and freshman Larissa Stewart was second-team All-SEC on the uneven bars.

2000 SEC Championships

Sarah Patterson and company couldn't have been much looser coming into the championships. Warm-ups in Florida's O'Connell Center were filled with laughter. Time in the locker room was spent playing games and singing along with CDs the Tide had brought along. And along with the laughter and the smiles there was a quiet confidence.

"Our ladies were relaxed and loose from the start of the warm-up," Sarah Patterson said. "They were confident. I told them at the beginning to focus only on themselves, because they controlled their own destiny."

From start to finish the Tide stayed loose and stayed in control of the meet. By the time Alabama finished up, they knew after the very last vault, that they had won the meet over LSU and Georgia, which tied for second, by .375.

In addition to winning the all-around, vault and uneven bars, Pickens earned All-SEC honors and was named SEC Gymnast of the Year. Her three SEC titles in one season matched Dee Foster's 1991 effort for best in Tide history.

"I couldn't be more proud of this team," Sarah Patterson said just after the meet. "What they have endured throughout the season and what they have overcome, has made them the team they are today. We

have great memories of all our Southeastern Conference championships, but the road we traveled to win this one makes it the most rewarding."

1995 SEC Championships

Alabama was in Gainesville, Fla., for the SEC Championships and going into the last rotation, the vault, Alabama was fourth.

"We dug a tremendous hole for ourselves on bars, the first event," Sarah said. "David told the ladies, 'We can be first or we can be fourth, you just have to go out there and lay it on the line and do the absolute best job that you can'."

Alabama responded with the highest vault total in NCAA history, counting nothing less than a 9.9. Freshman Merritt Booth and senior Chasity Junkin both posted career-best marks of 9.975. Junior Kim Kelly posted a perfect 10.0 to finish the series. Now the Tide had to wait and see if their best had been good enough. Even the coaches didn't know until the scores were announced. Auburn was sixth, Kentucky fifth, Florida fourth, Georgia third, at this point a sigh of relief went up from the Crimson Tide contingent - they were at least second. LSU was second, and the Alabama contingent roared with the pleasure of winning by .05.

1990 SEC Championships

Alabama started the decade of the '90s off with a bang. Sarah and David Patterson and company won the 1990 SEC Championship in Athens, Ga. Senior Marie Robbins led the Tide, winning the all-around. It marked a triumphant return from an ankle injury that had cut short her 1989 season.

If Florida was Alabama's main rival in the early to mid '80s, Georgia stepped into that position in the late '80s through today.

"It was nice because we quieted them, quieted their crowd," Sarah Patterson said of winning in Georgia's arena. "In the '80s, our main rival was Florida, and we

would have to go down to Gainesville for the regional championships. I remember finally beating them in Gainesville in 1983. The '90 SEC Championship was very reminiscent of that, going into our main rival's arena and coming away with a title."

1988 SEC Championships

At the 1988 SEC Championships the Crimson Tide faced Georgia, LSU and Florida, all three of which were ranked in the top-10 nationally. All three, along with the Tide, would be in the hunt for the NCAA title come April.

The championships were in Tuscaloosa, where they had been in 1985, the year Alabama's captains, the senior duo of Alli Beldon and Kathy Bilodeau had been freshmen.

"I remember when we had SECs here when I was a freshman, and we didn't do a good job at all and I felt really bad for our senior, Barbara Mack," Beldon said. "I said if we get SECs here my senior year, I want to win it more than anything."

Alabama didn't claim a single individual title, but came away with its first conference crown, and an SEC championship record as well. UA's 190.15 marked only the second time in school history that it had scored in the 190s. The Tide outpointed second-place Georgia by .95.

In 1988, Sarah noted how important the senior leadership was for that team.

"The depth and strength of our team is with our freshman and sophomore classes," Sarah said at the time. "I don't think those young ladies could ever have competed on this level without Alli and Kathy. They have been the backbone of our team. If it weren't for them, I don't think we could have gotten here tonight."

Alabama's SEC Champions



2008
Morgan Dennis vault, floor exercise, balance beam
Ricki Lebegern vault, balance beam
Casey Overton balance beam

2007
Ricki Lebegern balance beam

2006
Melanie Banville uneven bars
Brittany Magee floor exercise
Ashley Miles floor exercise

2005
Terin Humphrey uneven bars
Ashley Miles vault, uneven bars, floor exercise

2004
Jeana Rice all-around, vault, uneven bars
Ashley Miles floor exercise

2003
Alabama
Jeana Rice all-around, uneven bars, balance beam
Ashley Miles floor exercise

2002
André Pickens all-around, vault, uneven bars, balance beam

2001
Natalie Barrington uneven bars
Lissy Smith balance beam

2000
Alabama
André Pickens all-around, vault, uneven bars

1996
Kim Kelly floor exercise

1995
Alabama
Kim Kelly
Stephanie Woods

1993
Dee Foster

1992
Dana Dobransky

1991
Gina Basile
Dee Foster

1990
Alabama
Marie Robbins

1989
Katherine Kelleher

1988
Alabama

1986
Julie Estin

1985
Penney Hauschild
Barbara Mack

1983
Patti Rice

1982
Julie Garrett

Team
vault
uneven bars

all-around

balance beam

uneven bars
vault, balance beam, floor exercise

Team
all-around

vault

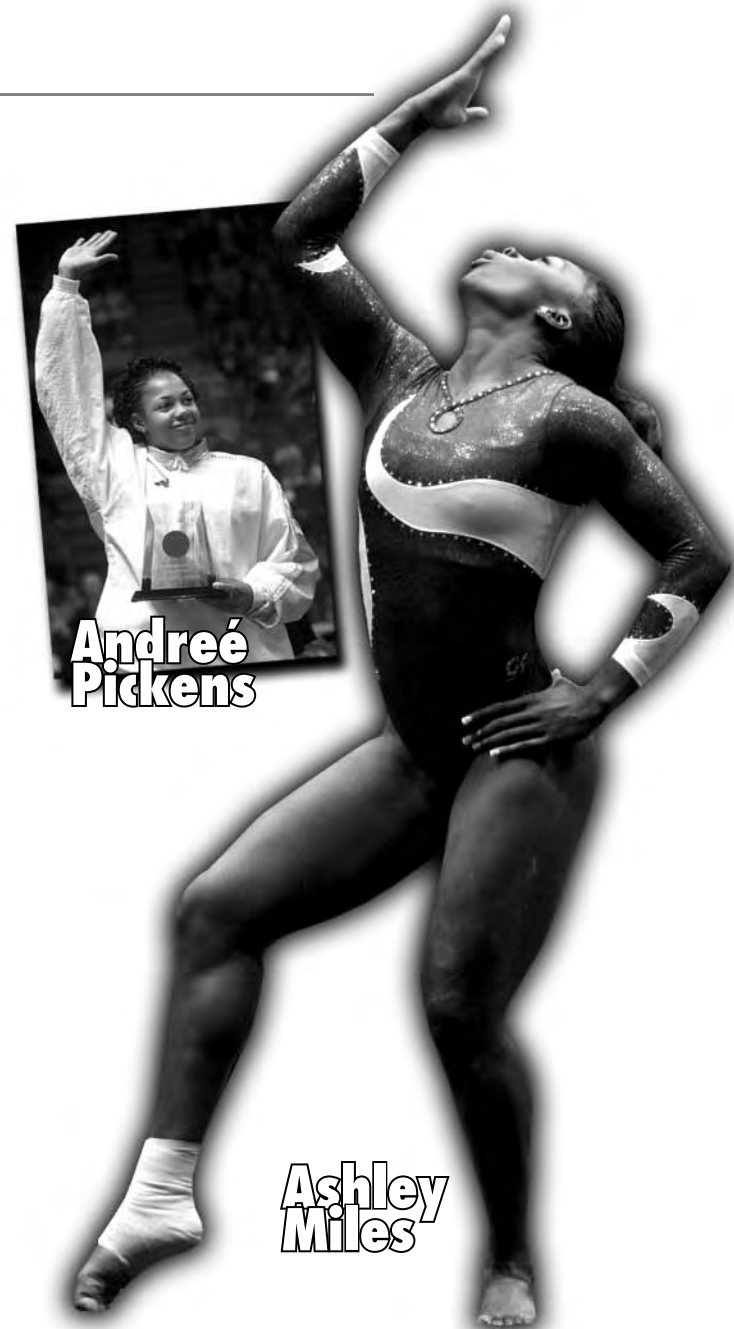
Team

vault, uneven bars

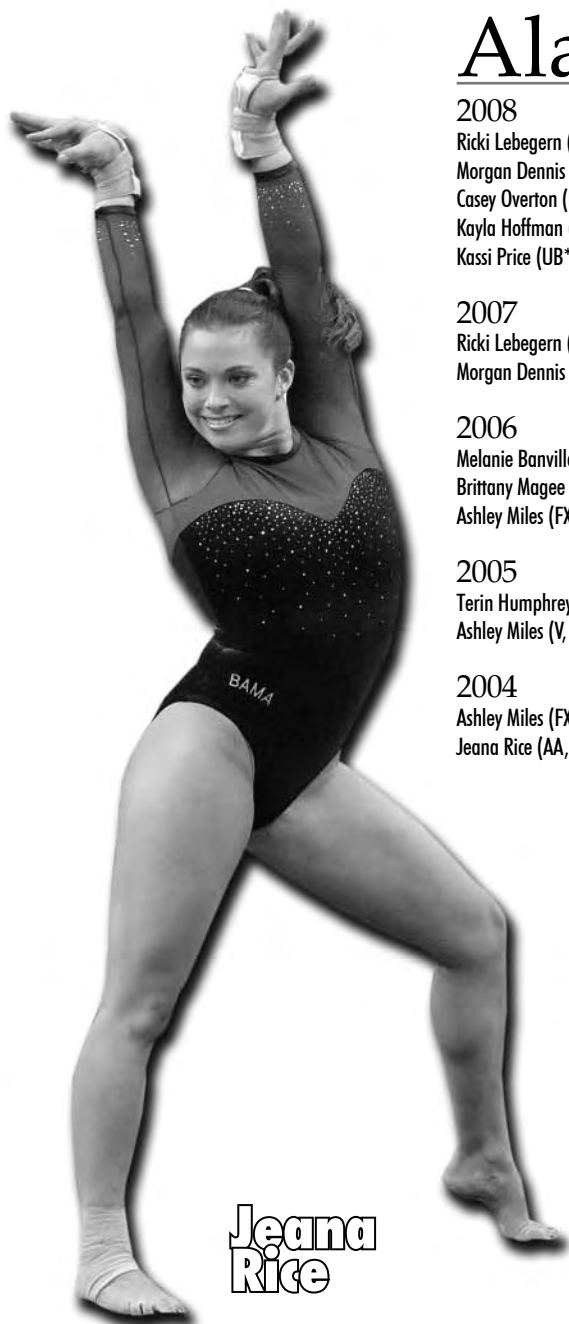
all-around
uneven bars

floor exercise

uneven bars



Alabama's All-SEC



**Jeana
Rice**

2008
Ricki Lebegern (V, BB)
Morgan Dennis (AA, V, BB, FX)
Casey Overton (BB)
Kayla Hoffman (V*#, F)
Kassi Price (UB*)

2007
Ricki Lebegern (BB)
Morgan Dennis (AA*)

2006
Melanie Banville (UB)
Brittany Magee (FX)
Ashley Miles (FX)

2005
Terin Humphrey (UB)
Ashley Miles (V, UB, FX)

2004
Ashley Miles (FX)
Jeana Rice (AA, V, UB)

2003
Ashley Miles (FX)
Jeana Rice (AA, UB, BB)
Michelle Reeser (BB*)
Larissa Stewart (UB*)

2002
Andree' Pickens (AA, V, UB, BB)
Alexis Brion (FX*)
Natalie Barrington (UB*)
Raegan Tomasek (FX*)

2001
Natalie Barrington (UB)
Andree' Pickens (AA)
Jeana Rice (AA)
Lissy Smith (BB)
Kristin Sterner (AA)

2000
Andree' Pickens (AA, V, UB)
Kristin Sterner (AA)

1998
Mandy Chapman (AA)

1997
Mandy Chapman (AA)

1996
Kim Kelly (AA, FX)
Meredith Willard (AA)

1995
Kim Kelly (V)
Stephanie Woods (UB)

1994
Kim Kelly (AA)

1993
Dee Foster (AA)

1992
Dana Dobransky (AA)
Katherine Kelleher (AA)

1991
Gina Basile (UB)
Dee Foster (V, BB, FX)

1990
Dee Foster (AA)
Marie Robbins (AA)

1989
Katherine Kelleher (AA)
Kim Masters (AA)
Tina Rinker (AA)

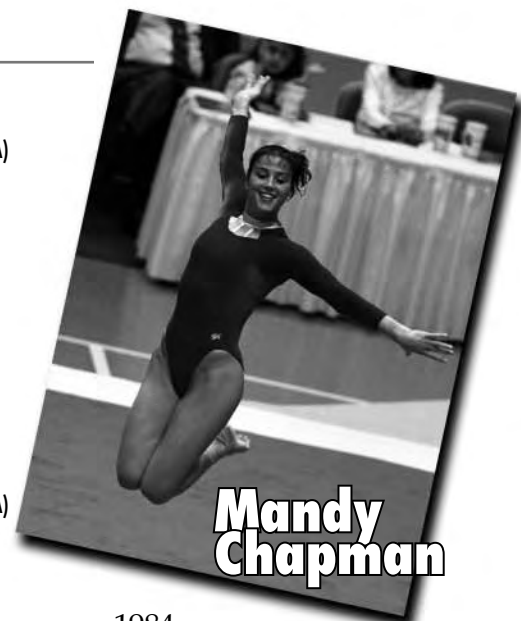
1988
Kim Masters (AA)
Tina Rinker (AA)
Marie Robbins (AA)

1987
Julie Estin (AA)

1986
Julie Estin (AA)
Penney Hauschild (AA)

1985
Julie Estin (AA)
Penney Hauschild (AA)

* indicates second team honor
indicates Freshman All-SEC honor (started in 2008)



**Mandy
Chapman**

1984
Julie Estin (AA)

1983
Julie Garrett (AA)
Patti Rice (AA)

1982
Julie Garrett (AA)



**Kristin
Sterner**

SEC ACADEMIC HONOR ROLL

While it is evident that Alabama gymnastics is one of the nation's best teams in the gym, it is absolutely dominant when it comes to the classroom. The best barometer of such success on a conference level is the SEC Academic Honor Roll, instituted in 1984, and a league-best 184 Alabama gymnasts have earned the award. The Crimson Tide has averaged over 10 honors a year since 2000 including a program best 15 in 2002. From 1984-2001 the honor roll was open to all gymnasts sophomore class or better in academic standing. Starting in 2002, the awards were determined by the academic year (fall and spring semester) or cumulative GPA, making freshmen eligible for the first time.

2008

Alyssa Chapman	Soph.	Pre-Physical Therapy
Morgan Dennis	Soph.	Pre-Major Studies
Kayla Hoffman	Fc.	Pre-Major Studies
Jennifer Iovino	Fc.	Pre-Major Studies
Ricki Lebegern	Soph.	Exercise Science
Brittany Magee	Jr.	Criminal Justice
Cassie Martin	Jr.	Interdisciplinary
Megan Mashburn	Fc.	General Health Studies
Amanda Montgomery	Jc.	Management
Ashley O'Neal	Jc.	Restaurant & Hospitality Mgt.
Casey Overton	Jc.	Pre-Major Studies
Kassi Price	Soph.	Pre-Business
Kaitlin White	Sr.	Consumer Sciences

2007

Morgan Dennis	Fc.	Pre-Major Studies
Terin Humphrey	Jr.	Criminal Justice
Ricki Lebegern	Fc.	Pre-Major Studies
Brittany Magee	Soph.	Criminal Justice
Cassie Martin	Soph.	Interdisciplinary
Amanda Montgomery	Soph.	Pre-Business
Casey Overton	Fc.	Pre-Major Studies
Kassi Price	Fc.	Pre-Business
Erin Rightley	Sr.	Psychology

2006

Melanie Banville	Fc.	Human Environmental Science
Mari Bayer	Sr.	Nutrition
Ashley Ford	Fc.	Pre-Major Studies
Rachael Delahoussaye	Sr.	Pre-Medicine
Dana Filetti	Sr.	Restaurant & Hospitality Mgt.
Terin Humphrey	Soph.	Pre-Psychology
Ashley Miles	Sr.	Advertising
Cassie Martin	Fc.	Pre-Major Studies
Amanda Montgomery	Fc.	Human Environmental Science
Ashley O'Neal	Fc.	Pre-Business
Dana Pierce	Sr.	Physical Education
Courtney Priest	Fc.	Communication
Bianca Puello	Fc.	Pre-Major Studies
Erin Rightley	Jr.	Psychology

2005

Mari Bayer	Jc.	Nutrition
Rachael Delahoussaye	Jc.	Pre-Medicine
Shannon Hrozek	Sr.	Consumer Science
Meredith Laxton	Soph.	Restaurant & Hospitality Mgt.
Dana Pierce	Jc.	Physical Education
Michelle Reaser	Sr.	Accounting
Erin Rightley	Soph.	Psychology

2004

Mari Bayer	Soph.	Nutrition
Rachael Delahoussaye	Soph.	Pre-Medicine
Johanna Gay	Fc.	Elementary Education
Lauren Holdefer	Sr.	Psychology
Shannon Hrozek	Jc.	Consumer Science
Stephanie Kite	Sr.	International Marketing
Meredith Laxton	Fc.	Pre-Major Studies
Ashley Miles	Soph.	Advertising
Michelle Reaser	Jc.	Accounting
Erin Rightley	Fc.	Pre-Physical Therapy
Larissa Stewart	Soph.	Pre-Medicine

2003

Mari Bayer	Fc.	Pre-Major Studies
Rachael Delahoussaye	Fc.	Pre-Medicine
Lauren Holdefer	Jc.	Psychology
Shannon Hrozek	Soph.	Consumer Science
Stephanie Kite	Jc.	International Marketing
Dana Pierce	Fc.	Physical Education
Michelle Reaser	Soph.	Accounting
Kristin Sterner	Sr.	Biology

2002

Natalie Barrington	Sr.	Sports Fitness Mgt.
Helen Burgin	Soph.	Elementary Education
Tiffany Byrd	Soph.	Pre-Medicine
Erin Holdefer	Soph.	Public Relations
Lauren Holdefer	Soph.	Psychology
Shannon Hrozek	Fc.	Pre-Major Studies
Stephanie Kite	Soph.	Marketing
Alexa Martinez	Sr.	Advertising
Whitney Morgan	Sr.	Secondary Education
Andreé Pickens	Sr.	Biology
Jeanne Rice	Soph.	Advertising
Sara Scarborough	Jc.	Nursing
Kristin Sterner	Jc.	Biology
Raegan Tomasek	Jc.	Restaurant & Hospitality Mgt.

2001

Natalie Barrington	Jc.	Sports Fitness Mgt.
Krista Gale	Jc.	Health Care Mgt.
Robin Hawkins	Sr.	Telecommunication/Film
Katie Hornecker	Sr.	Mechanical Engineering
Alexa Martinez	Jc.	Advertising
Whitney Morgan	Jc.	American Studies
Andreé Pickens	Jc.	Biological
Sara Scarborough	Soph.	Human Nutrition
Lissy Smith	Sr.	Psychology
Kristin Sterner	Soph.	Pre-Major Studies
Dara Stewart	Sr.	Human Development
Raegan Tomasek	Jc.	Human Nutrition

The 2008 SEC Academic Honor Roll



ALYSSA CHAPMAN



MORGAN DENNIS



KAYLA HOFFMAN



JENNIFER IOVINO



RICKI LEBEGERN



BRITTANY MAGEE



CASSIE MARTIN



MEGAN MASHBURN



AMANDA MONTGOMERY



ASHLEY O'NEAL



CASEY OVERTON



KASSI PRICE



KAITLIN WHITE

2000

Natalie Barrington	Soph.	Elementary Education
Krista Gale	Soph.	Pre-Business
Lexa Evans	Sr.	Journalism
Robin Hawkins	Jr.	Telecommunication/Film
Katie Hornecker	Jr.	Mechanical Engineering
Gina Logan	Sr.	Health Care Mgt.
Alexa Martinez	Soph.	Advertising
Whitney Morgan	Soph.	Biology
Andreé Pickens	Jc.	Psychology
Lissy Smith	Jc.	Human Development
Dara Stewart	Jc.	Nutrition
Raegan Tomasek	Soph.	

1999

Mandy Chapman	Sr.	Food & Nutrition
Lexa Evans	Jr.	Journalism
Robin Hawkins	Soph.	Telecommunication/Film
Katie Hornecker	Soph.	Chemical Engineering
Gina Logan	Jc.	Health Care Mgt.
April Makinson	Soph.	Human Development
Lissy Smith	Soph.	Elementary Education
Gwen Spidle	Sr.	Social Work
Dara Stewart	Soph.	Pre-Major Studies

1998

Merritt Booth	Sr.	Psychology
Mandy Chapman	Jr.	Food & Nutrition
Lexa Evans	Soph.	Journalism
Becca Fields	Soph.	Pre-Major studies
Gina Logan	Soph.	Health Care Mgt.
Danielle McAdams	Sr.	Sports Fitness Mgt.
Shay Murphy	Sr.	Biology

1997

Merritt Booth	Jc.	Psychology
Mandy Chapman	Soph.	Biology
Lisa Gianni	Soph.	Interior Design
Gina Logan	Soph.	Health Care Mgt.
Danielle McAdams	Jc.	Sports Fitness Mgt.
Shay Murphy	Jc.	Biological
Heather Nasser	Jc.	Education
Meredith Willard	Sr.	Marketing

1996

Merritt Booth	Soph.	Pre-Major Studies
Kim Kelly	Sr.	Elementary Education
Danielle McAdams	Soph.	Pre-Business
Shay Murphy	Soph.	Biology
Heather Nasser	Soph.	Early Child. Education
Marna Neubauer	Sr.	Early Child. Education
Meredith Willard	Jc.	Marketing

1995

Chasity Junkin	Sr.	Accounting
Kim Kelly	Jr.	Elementary Education
Marna Neubauer	Jc.	Elementary Education
Meredith Willard	Soph.	Pre-Business

1994

Sheryl Dundas	Sr.	Accounting
Chasity Junkin	Jc.	Accounting
Kara Stip	Jr.	Marketing
Gretchen Stockley	Jr.	Sports Psychology
Marti Watson	Sr.	Management

1993

Dana Dobransky	Sr.	Telecommunication/Film
Sheryl Dundas	Jr.	Interdisciplinary
Chasity Junkin	Soph.	Pre-Major Studies
Gretchen Stockley	Soph.	Pre-Medicine

1992

Gina Basile	Sr.	Advertising
Dana Dobransky	Jc.	Telecommunication/Film
Sheryl Dundas	Soph.	Pre-Major Studies
Katherine Kelleher	Sr.	Corporate Finance
Shea McFall	Sr.	Corporate Finance
Kara Stip	Soph.	Pre-Major Studies
Marti Watson	Soph.	Human Environmental Science

1991

Dana Dobransky	Soph.	Communication
Katherine Kelleher	Jc.	Corporate Finance
Shea McFall	Jc.	Corporate Finance
Tina Rinker	Sr.	Chemical Engineering

1990

Gina Basile	Soph.	Communication
Ali Blumberg	Sr.	Recreation & Park Leadership
Katherine Kelleher	Soph.	Commerce & Business
Shea McFall	Soph.	Arts & Sciences
Tina Rinker	Jc.	Chemical Engineering
Marie Robbins	Jc.	Interdisciplinary
Tracey Tillman	Sr.	Public Relations
Cheri Way	Sr.	Advertising

1989

Wendy Anderson	Soph.	Sports Fitness Mgt.
Kelly Good	Sr.	Interdisciplinary
Tina Rinker	Soph.	Interdisciplinary
Marie Robbins	Jc.	Advertising
Tracey Tillman	Jc.	Advertising
Cheri Way	Jc.	Advertising

1988

Alli Beldon	Sr.	Marketing
Kathy Bilodeau	Sr.	Public Relations
Kelly Good	Jc.	Biology
Marie Robbins	Jc.	Arts & Sciences
Tracey Tillman	Soph.	Communications

1987

Alli Beldon	Jc.	Interdisciplinary
Kathy Bilodeau	Jc.	Public Relations
Julie Estin	Sr.	Mathematical Stats

1986

Alli Beldon	Soph.	Fashion Marketing
Julie Estin	Jc.	Pre-Medicine
Stephanie Kehr	Soph.	Marketing

1985

Julie Estin	Soph.	Pre-Medicine
Barbara Mack	Sr.	Political Science

1984

Barbara Mack	Jc.	Political Science
Patrice Rice	Soph.	Marketing

THE ALABAMA GYMNASTICS HALL OF FAME



Terin Humphrey 2008

2005 and 2007 NCAA Uneven Bars Champion
• 10-time All-American
• Three-time NCAA Regional Champion
• SEC Champion • All-SEC
• SEC Academic Honor Roll



Mari Bayer 2006

2003 SEC Championship team • Two-time All-American • Four-year Scholastic All-American
• Four-year SEC Academic Honor Roll



Dana Filetti 2006

2003 SEC Championship team • All-American • SEC Academic Honor Roll



Ashley Miles 2006

2003 SEC Championship team • Four-time NCAA Champion - 2006, 2004, 2003 Vault, 2004 Floor Exercise • Six-time SEC Champion - 2006, 2005, 2004, 2003 Floor Exercise, 2005 Vault, 2005 Uneven Bars • First Gymnast in SEC history to win the same event, floor exercise, all four years • Four-year

All-SEC • 10-time NCAA Regional Champion • 12-time All-American • Honda Award Winner • SEC Academic Honor Roll



Alexis Brion 2004

2002 NCAA Championship team • 2003 SEC Championship team • Five-time All-American
• NCAA Regional Vault Champion



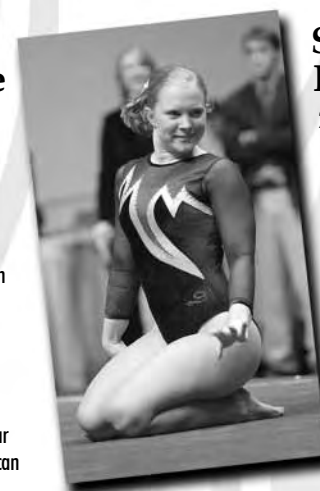
Shannon Hrozek 2005

2002 NCAA Championship team • 2003 SEC Championship team • 3-time All-American
• NCAA Regional Champion • Four-year Scholastic All-American
• Four-year SEC Academic Honor Roll



Michelle Reeser 2005

2002 NCAA Championship team • 2003 SEC Championship team • NCAA Woman of the Year finalist • All-American
• SEC Gymnastics Scholar-Athlete of the Year • Four-year Scholastic All-American
• Four-year SEC Academic Honor Roll • All-SEC



Stephanie Kite 2004

2002 NCAA Championship team • 2003 SEC Championship team • All-American • NCAA Woman of the Year State Honoree • Four-year Scholastic All-American
• CoSIDA Academic All-American At-Large Student-Athlete of the Year • Two-year CoSIDA Academic All-American At-Large First Team • Three-year SEC Academic Honor Roll



Jeana Rice 2004

2002 NCAA Championship team • 2003 SEC Championship team • 18-time All-American • NCAA All-Around Champion • Honda Award • SEC Athlete of the Year • SEC Gymnast of the Year • Six-time

SEC Champion • Three-year NCAA Regional All-Around Champion • SEC All-Around Record



Kristin Sterner 2003

2002 NCAA Championship team • 2000 & 2003 SEC Championship teams • NCAA Top VIII Award • NCAA Woman of the Year finalist • SEC Scholar-Athlete of the Year • NCAA Postgraduate Scholarship • SEC H. Boyd McWhorter Scholarship • CoSIDA Academic All-American • 11-time All-American •

Four-time NCAA Region Champion • Two-year All-SEC • Four-year Scholastic All-America • Three-year SEC Academic Honor Roll



Natalie Barrington 2002

2002 NCAA Championship team • 2000 SEC Championship team • Three-time All-American • Two-year Scholastic All-American • Three-year SEC Academic Honor Roll



Andree Pickens 2002

2002 NCAA Championship team • 2000 SEC Championship team • 1999 NCAA Balance Beam Champion • 2002 NCAA Uneven Bars Champion • 13-time All-American • Scholastic All-American • Three-year SEC Academic Honor Roll • State of Alabama NCAA Woman of the Year • SEC Postgraduate Scholarship Winner • NCAA Top VIII Award Winner • Honda Award Winner



Raegan Tomasek 2002

2002 NCAA Championship team • 2000 SEC Championship team • All-American • Scholastic All-American • Three-year SEC Academic Honor Roll



Katie Hornecker 2001

2000 SEC Championship team • All-American • Two-year Scholastic All-American • Three-year SEC Academic Honor Roll • All-SEC



Lissy Smith 2001

2000 SEC Championship team • Three-time All-American • Three-year Scholastic All-American • Three-year SEC Academic Honor Roll • All-SEC • 2001 SEC Balance Beam Champion • Three-year NCAA Regional Balance Beam Champion



Dara Stewart 2001

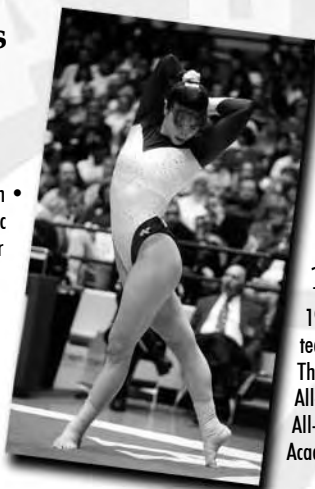
2000 SEC Championship team • Three-time All-American • Two-year Scholastic All-American • Three-year SEC Academic Honor Roll • 1998 and 2000 NCAA Regional Uneven Bars Champion • All-SEC

THE ALABAMA GYMNASTICS HALL OF FAME



Lexa Evans 2000

2000 SEC Championship team • NCAA Woman of the Year — State of Alabama • All-American • Three-year SEC Academic Honor Roll • Three-year Scholastic All-American



Mandy Chapman 1999

1996 NCAA Championship team • All-American • Three-year Scholastic All-American • Two-year All-SEC • Three-year SEC Academic Honor Roll



Gwen Spidle 1999

1996 NCAA Championship team • Five-time All-American • Three-year SEC Academic Honor Roll • NCAA Team Record squad



Merritt Booth 1998

1996 NCAA Championship team • 1995 SEC Championship team • Six-time All-American • Four-year Scholastic All-American • Three-year SEC Academic Honor Roll • NCAA Woman of the Year finalist • GTE Academic All-American • NCAA Postgraduate Scholarship Winner



Shay Murphy 1998

1996 NCAA Championship team • 1995 SEC Championship team • Two-time All-American • Three-year SEC Academic Honor Roll • Scored a 10.0 on the floor exercise in 1998 • NCAA Team Record squad



Danielle McAdams 1998

1996 NCAA Championship team • 1995 SEC Championship team • Three-time All-American • Four-year Scholastic All-American • Three-year SEC Academic Honor Roll • Scored a 10.0 on the vault at the 1996 NCAA Championships • NCAA Team Record squad

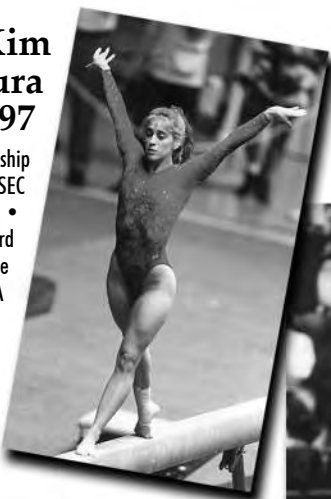


Meredith Willard 1997

1996 NCAA Championship Team • 1995 SEC Championship team • NCAA Team Record squad • NCAA All-Around Champion • 11-time All-American • NCAA "Top-Eight" Award • SEC "Scholar-Athlete of the Year" • H. Boyd McWhorter SEC Postgraduate Scholarship Winner • NCAA Postgraduate Scholarship Winner • SEC "Gymnast of the Year" • NCAA "Woman of the Year" finalist • NCAA Central Regional Champion • Four-year Scholastic All-American • CoSIDA Academic All-American • Three-year SEC Academic Honor Roll

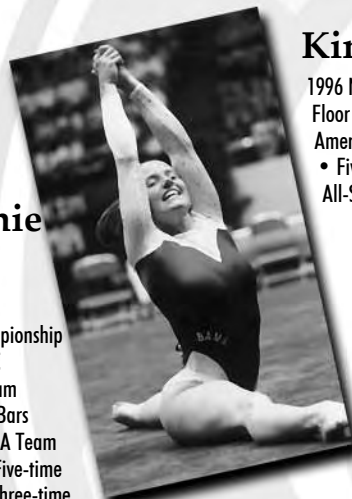
Kim Bonaventura 1997

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Team Record squad • Four-time All-American • NCAA Central Regional Champion



Stephanie Woods 1997

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Uneven Bars Champion • NCAA Team Record squad • Five-time All-American • Three-time NCAA Regional Champion • SEC Uneven Bars Champion



Kim Kelly 1996

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Floor Exercise Champion • NCAA Team Record squad • Nine-time All-American • NCAA Team Vault Record • NCAA Team Floor Exercise Record • Five-time Regional Champion • Two-time SEC Champion • Three-year All-SEC • Scholastic All-American • Two-year SEC Academic Honor Roll



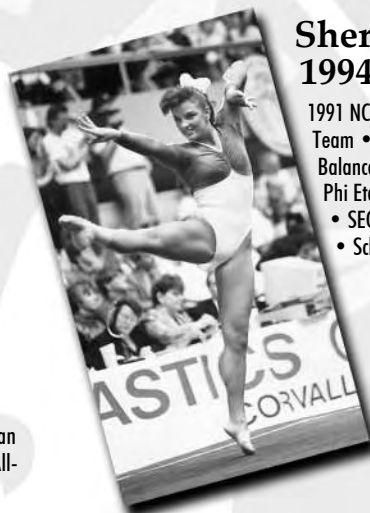
Marna Neubauer 1996

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Team Record squad • Three-time All-American • NCAA Floor Exercise Team Record • Two-year Scholastic All-American • Two-year SEC Academic Honor Roll



Chasity Junkin 1995

1995 SEC Championship Team • Two-time All-American • AAI Senior Award Finalist • Three-year Scholastic All-American • Three-year SEC Academic Honor Roll



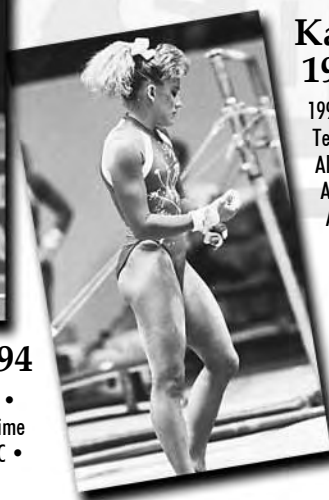
Sheryl Dundas 1994

1991 NCAA Championship Team • NCAA Central Region Balance Beam Champion • Phi Eta Sigma • All-American • SEC Academic Honor Roll • Scholastic All-American



Shea McFall 1994

1991 NCAA Championship Team • Two-time All-American • Three-time SEC Academic Honor Roll • All-SEC • Scholastic All-American



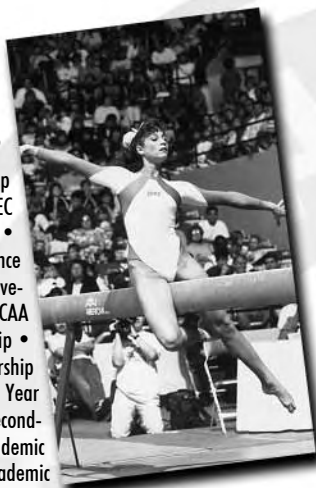
Kara Stilp 1994

1991 NCAA Championship Team • Two-time All-American • Scholastic All-American • SEC Academic Honor Roll

THE ALABAMA GYMNASTICS HALL OF FAME

Dana Dobransky 1993

1991 NCAA Championship team • 1990 SEC Championship team • Two-time NCAA Balance Beam Champion • Five-time All-American • NCAA Postgraduate Scholarship • SEC Postgraduate Scholarship • NCAA Woman of the Year - State Honoree • Second-team GTE/CoSIDA Academic All-American • SEC Academic Honor Roll • All-SEC • Regional Champion • SEC Champion



Dee Foster 1993

1991 NCAA Championship team • 1990 SEC Championship team • Honda Award for Gymnastics • NCAA All-Around Champion • SEC Athlete of the Year • 17-time All-American • Four-time SEC Champion • Nine-time Regional Champion • Four-time All-SEC • 1993 Alabama Amateur Athlete of the Year



Gina Basile 1992

1991 NCAA Championship Team • 1990 SEC Championship Team • NCAA Champion • All-American • All-SEC • Two-time SEC Academic Honor Roll • SEC Champion • Regional Champion

Katherine Kelleher 1992

1991 NCAA Championship Team • 1990 SEC Championship Team • Three-time All-American • NCAA & SEC Postgraduate Scholarships • Alabama NCAA Woman of the Year • Two-time All-SEC • Three-time SEC Academic Honor Roll • Paul W. Bryant Award • SEC Champion • Two-Time Regional Champion • Scholastic All-American



Kim Masters 1991

1988 & 1991 NCAA Championship Teams • 1988 & 1990 SEC Championship Teams • Three-time All-American • Two-time All-SEC • Four-time Regional Champion • SEC Academic Honor Roll



Tina Rinker 1991

1988 & 1991 NCAA Championship Teams • 1988 & 1990 SEC Championship Teams • All-American • Two-time All-SEC • Regional Champion • Three-Time SEC Academic Honor Roll

Marie Robbins 1990

1988 NCAA Championship Team • 1988 SEC Championship Team • Four-time All-American • Two-time SEC Champion • Two-time Regional Champion • Two-time All-SEC • Paul W. Bryant Award • NCAA Postgraduate Scholarship • Three-time SEC Academic Honor Roll



Cheri Way 1990

1988 NCAA Championship Team • 1988 SEC Championship Team • Three-time All-American • Two-time SEC Academic Honor Roll • Four-time Regional Champion



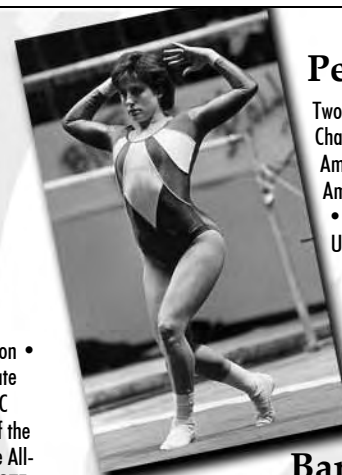
Kathy Bilodeau 1988

1988 NCAA Championship Team • 1988 SEC Championship Team • Two-time All-American • Two-time SEC Academic Honor Roll



Julie Estin 1987

Six-time All-American • Two-time SEC Champion • Five-time Regional Champion • NCAA Postgraduate Scholarship • SEC Scholar Athlete of the Year • Four-time All-SEC • Two-time GTE Academic All-American • Paul W. Bryant Award • Three-time Academic All-SEC



Penney Hauschild 1986

Two-time NCAA All-Around Champion • Floor Exercise Champion • NCAA Uneven Bars Champion • 10-time All-American • Two-time Broderick Award Winner • AMF American Award • SEC Athlete of the Year • SEC Champion • Five-time Regional Champion • Two-time All-SEC • World University Games



Kelly Good 1989

1988 NCAA Championship Team • 1988 SEC Championship Team • All-American • GTE District IV Academic All-American • NCAA Postgraduate Scholarship • SEC Postgraduate Scholarship • Two-time SEC Academic Honor Roll

Barbara Mack 1985

All-American • SEC Champion • AMF American Award • Rhodes Scholarship Finalist • Paul W. Bryant Award • NCAA Postgraduate Scholarship Two-time Regional Champion • Two-time SEC Academic Honor Roll



Julie Garrett 1983

Three-time All-American • SEC Champion • Two-time All-SEC • Regional Champion • NCAA Postgraduate Scholarship



Luann Guzzetti 1983

All-SEC

Denise Balk 1983

All-SEC



Patti Rice 1984

SEC Champion • All-SEC • SEC Academic Honor Roll



Patti Kleckner 1983

All-SEC



Ann Wilhide 1983

All-SEC



Angie Alexander 1982

All-SEC





The success Sarah Patterson has enjoyed coaching the Alabama Gymnastics team over the last 30-plus years has brought a host of honors her way but there are two that stand above all the rest.

In 2003, she became the first female coach, and only the sixth woman ever, to be inducted into the Alabama Sports Hall of Fame and in 2007 she received the highest honor the University of Alabama can bestow when she was named the E. Roger Sayers Distinguished Service Award winner.

"I have been fortunate through my career to be honored for what we have achieved here at Alabama," Patterson said. "But the Sayers Award and being elected to the Alabama Sports Hall of Fame stand atop the list."

E. Roger Sayers Distinguished Service Award - 2007

She was stunned when she first found out that she was to receive the E. Roger Sayers Distinguished Service Award, absolutely floored.

"Never in my wildest dreams did I ever think I'd be nominated much less be the recipient of the Sayers Award," Patterson said. "That's right up there with being selected to the Alabama Sports Hall of Fame"

Created in 1996 by members of the President's Cabinet and the National Alumni Association, the E. Roger Sayers Distinguished Service Award recognizes faculty and exempt administrative personnel who have performed in an exemplary manner to further the mission of the University. It is one of the highest honors bestowed by the University.

What made the award even sweeter for Patterson, beyond what it represented, was that she had worked for Sayers during his tenure as the University's President and had a great respect and admiration for what he'd accomplished for Alabama.

"I have a tremendous amount of respect for Dr. Sayers and what he meant to the University," Patterson said. "One of my most memorable moments from any of our championships is of him holding

the championship trophy up in one hand and having a look of such satisfaction as he presented it to the team. I have that picture in my office and it is one of my most prized possessions. He had such a sincere appreciation for what we had accomplished and that meant the world to me."

The only drawback to the whole affair was that the award was presented during the University's annual Honors Day, while Patterson and the Crimson Tide were at the NCAA Championships in Salt Lake City, Utah.

"Very few things outside of the championships could have kept me from being there to receive that award from Dr. Sayers," Patterson said. "I would have relished being there for that moment."

Her daughter Jessie, a UA junior and sports editor of the Crimson White at the time, accepted on her behalf.

"Building a championship program that brought recognition to this great university was always my mother's dream," Jessie Patterson said at the ceremony. "But over the years her desire to help make a difference in the

lives of others became of equal importance to her. Her love for this university and the Tuscaloosa community has been a driving force in her career."

It is an honor that Sarah Patterson will cherish for the rest of her life.

"I don't think there will be a recipient that is more proud to receive that award than I am," Sarah Patterson said. "There may be someone equally as proud, but not more proud."

Alabama Sports Hall of Fame - 2003

As for the Hall of Fame, it came sooner than she thought it would, and to be honest, she wasn't sure it would ever happen.

"I never really thought about making it into the hall much," Sarah Patterson said. "I guess in the back of my mind I thought that if I ever did make it, it would be long after my career was over and you'd have to push me up in my wheelchair."

But her induction into the Alabama Sports Hall of Fame came sooner rather than later. Sarah and David Patterson were in the midst of their 25th season coaching the Crimson Tide when the induction ceremony rolled around on March 8, 2003.



"For me, the most important thing to understand is that while it's my name on the plaque, this honor is David and mine together," she said. "Because everything we've been able to accomplish over the past 25 years, we've done together."

So on that night, the Pattersons, surrounded by family, friends and supporters, traveled to Birmingham for the induction ceremony.

They were surrounded by living reminders of just how much they have accomplished over the years. Many of their former gymnasts made the trip from all over the country for the induction banquet.

"To our student-athletes, past and present, you are the reason I continue to coach," Patterson said during her induction speech. "To see you grow and mature into confident, successful young women - doctors, lawyers, businesswomen and mothers - I stand in awe of your accomplishments in life and feel honored that David and I have been a small part of your success."

Patterson also thanked her staff, both past and present, making special mention of current assistant coach Bryan Raschilla, past assistants Marc Cohen and Scott Mackall and long time administrative assistant Rita Martin.

"You believed in our dream and shared in our vision for the future," Patterson said. "I am grateful for your loyalty, your

support and most of all your friendship."

In being inducted, she joins an impressive group. Founded in 1967, nine of ESPN's top 100 athletes of the past century are also members of the Alabama Sports Hall of Fame. Olympic champions Jesse Owens and Carl Lewis are both members as is legendary Alabama football coach Paul "Bear" Bryant, who hired Patterson in his role as athletics director in 1978.

Among the legends in the hall, Patterson is both worthy and unique. In the history of the ASHoF, among its hundreds of inductees, Patterson is both the first coach of a women's sport and the first female coach. She is only the sixth woman to gain entrance.

Patterson was inducted with friend and former boss Steve Sloan, who in addition

to an All-American football career at Alabama that included a national title in 1965, was athletics director in the late 1980s.

"Steve, it is an honor to stand here with you tonight," Patterson said during her speech. "I will never forget the thrill of you presenting me with our first national championship ring in front of 85,000 fans. It doesn't get much better than that."





2008

REGULAR SEASON RECORD — 10-4-0
SEC CHAMPIONSHIPS — 2nd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 6th

The Team:

Alyssa Chapman, So.
 Morgan Dennis, So.
 Kayla Hoffman, Fr.
 Terin Humphrey, Jr.
 Jennifer Iovino, Fr.
 Ricki Lebegern, So.
 Brittany Magee, Jr.
 Cassie Martin, Jr.

Megan Mashburn, Fr.
 Amanda Montgomery, Jr.
 Ashley O'Neal, Jr.
 Casey Overton, So.
 Kassi Price, So.
 Courtney Priess, Jr.
 Jacqueline Shealy, So.
 Kaitlin White, Sr.

Head Coach: Sarah Patterson
Assistant Head Coach: David Patterson
Assistant Coach: Bryan Raschilla
Volunteer Coach: Dana Dobransky Duckworth



2007

REGULAR SEASON RECORD — 8-2-0
SEC CHAMPIONSHIPS — 3rd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 9th

The Team:

Alyssa Chapman, Fr.
 Morgan Dennis, Fr.
 Terin Humphrey, Jr.
 Ricki Lebegern, Fr.
 Brittany Magee, So.
 Cassie Martin, So.
 Amanda Montgomery, So.

Ashley O'Neal, So.
 Casey Overton, Fr.
 Kassi Price, Fr.
 Courtney Priess, So.
 Erin Rightley, Sr.
 Jacqueline Shealy, Fr.
 Kaitlin White, Jr.

Head Coach: Sarah Patterson
Assistant Head Coach: David Patterson
Assistant Coach: Bryan Raschilla
Volunteer Coach: Dana Dobransky Duckworth



2006

REGULAR SEASON RECORD — 14-1-0
SEC CHAMPIONSHIPS — 2nd
NCAA WEST REGIONALS — 1st
NCAA CHAMPIONSHIPS — 3rd

The Team:

Melanie Banville, Fr.
 Mari Bayer, Sr.
 Rachael Delahoussaye, Sr.
 Dana Filetti, Sr.
 Ashley Ford, Fr.
 Terin Humphrey, So.
 Brittany Magee, Fr.
 Cassie Martin, Fr.

Ashley Miles, Sr.
 Amanda Montgomery, Fr.
 Ashley O'Neal, Fr.
 Dana Pierce, Sr.
 Courtney Priess, Fr.
 Erin Rightley, Jr.
 Kaitlin White, So.

Head Coach: Sarah Patterson
Assistant Head Coach: David Patterson
Assistant Coach: Bryan Raschilla
Volunteer Coach: Dana Dobransky Duckworth



2005

REGULAR SEASON RECORD — 11-3-0
SEC CHAMPIONSHIPS — 3rd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 2nd

The Team:

Mari Bayer, Jr.
 Alexis Brion, Sr.
 Brittany Comeaux, So.
 Rachael Delahoussaye, Jr.
 Dana Filetti, Jr.
 Shannon Hrozek, Sr.
 Terin Humphrey, Fr.

Meredith Laxton, So.
 Ashley Miles, Jr.
 Dana Pierce, Jr.
 Michelle Reeser, Sr.
 Erin Rightley, So.
 Jessie Silver, Fr.
 Kaitlin White, Fr.

Head Coach: Sarah Patterson
Assistant Head Coach: David Patterson
Assistant Coach: Bryan Raschilla
Volunteer Coach: Dana Dobransky Duckworth



2004

REGULAR SEASON RECORD — 12-1-0
SEC CHAMPIONSHIPS — 2nd
NCAA CENTRAL REGIONALS — 2nd
NCAA CHAMPIONSHIPS — 3rd

The Team:

Mari Bayer, So.
 Alexis Brion, Jr.
 Brittany Comeaux, Fr.
 Rachael Delahoussaye, So.
 Dana Filetti, So.
 Johnna Gay, Fr.
 Lauren Holdefer, Sr.
 Shannon Hrozek, Jr.

Stephanie Kite, Sr.
 Meredith Laxton, Fr.
 Ashley Miles, So.
 Dana Pierce, So.
 Michelle Reeser, Jr.
 Jeana Rice, Sr.
 Erin Rightley, Fr.
 Larissa Stewart, So.

Head Coach: Sarah Patterson
Assistant Head Coach: David Patterson
Assistant Coach: Bryan Raschilla
Volunteer Coach: Dana Dobransky Duckworth



2003

REGULAR SEASON RECORD — 10-7-0
SEC CHAMPIONSHIPS — 1st
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 2nd

The Team:

Mari Bayer, Fr.
 Alexis Brion, So.
 Rachael Delahoussaye, Fr.
 Dana Filetti, Fr.
 Lauren Holdefer, Jr.
 Shannon Hrozek, So.
 Stephanie Kite, Jr.

Ashley Miles, Fr.
 Dana Pierce, Fr.
 Lauren Pruitt, Fr.
 Michelle Reeser, So.
 Jeana Rice, Jr.
 Kristin Sterner, Sr.
 Larissa Stewart, Fr.

Head Coach: Sarah Patterson
Assistant Head Coach: David Patterson
Assistant Coach: Bryan Raschilla
Volunteer Coach: Dana Dobransky Duckworth



2002

REGULAR SEASON RECORD — 12-3-0
SEC CHAMPIONSHIPS — 2nd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 1st

The Team:

Natalie Barrington, Sr.
 Alexis Brion, Fr.
 Helen Burgin, So.
 Tiffany Byrd, So.
 Erin Holdefer, So.
 Lauren Holdefer, So.
 Shannon Hrozek, Fr.
 Stephanie Kite, So.

Alexa Martinez, Sr.
 Whitney Morgan, Sr.
 Andréé Pickens, Sr.
 Michelle Reeser, Fr.
 Jeana Rice, So.
 Sara Scarborough, Jr.
 Kristin Sterner, Jr.
 Raegan Tomasek, Sr.

Head Coach:
 Sarah Patterson
Assistant Head Coach:
 David Patterson
Assistant Coach:
 Bryan Raschilla
Volunteer Coach:
 Dana Dobransky



2001

REGULAR SEASON RECORD — 15-2-1
SEC CHAMPIONSHIPS — 2nd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 4th

The Team:

Natalie Barrington, Jr.
 Helen Burgin, Fr.
 Tiffany Byrd, Fr.
 Robin Hawkins, Sr.
 Erin Holdefer, Fr.
 Lauren Holdefer, Fr.
 Katie Hornecker, Jr.
 Stephanie Kite, Fr.
 Alexa Martinez, Jr.

Whitney Morgan, Jr.
 Andréé Pickens, Jr.
 Jeana Rice, Fr.
 Sara Scarborough, So.
 Lissy Smith, Sr.
 Kristin Sterner, So.
 Dara Stewart, Sr.
 Raegan Tomasek, Jr.

Head Coach:
 Sarah Patterson
Assistant Head Coach:
 David Patterson
Assistant Coach:
 Bryan Raschilla
Volunteer Coach:
 Tom Haley



2000

REGULAR SEASON RECORD — 14-3-0
SEC CHAMPIONSHIPS — 1st
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 5th

The Team:

Natalie Barrington, So.
 Lexa Evans, Sr.
 Krista Gole, So.
 Robin Hawkins, Jr.
 Katie Hornecker, Jr.
 Gina Logan, Sr.
 April Makinson, Jr.
 Alexa Martinez, So.

Whitney Morgan, So.
 Andréé Pickens, So.
 Sara Scarborough, Fr.
 Lissy Smith, Jr.
 Kristin Sterner, Fr.
 Dara Stewart, Jr.
 Raegan Tomasek, So.

Head Coach:
 Sarah Patterson
Assistant Head Coach:
 David Patterson
Assistant Coach:
 Bryan Raschilla
Volunteer Coach:
 Tom Haley



1999

REGULAR SEASON RECORD — 8-3-0
SEC CHAMPIONSHIPS — 2nd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 3rd

The Team:

Natalie Barrington, Fr.
 Mandy Chapman, Sr.
 Lexa Evans, Jr.
 Krista Gole, Fr.
 Robin Hawkins, So.
 Katie Hornecker, So.
 Gina Logan, Jr.

April Makinson, So.
 Alexa Martinez, Fr.
 Whitney Morgan, Fr.
 Andréé Pickens, Fr.
 Lissy Smith, So.
 Gwen Spidle, Sr.
 Dara Stewart, So.
 Raegan Tomasek, Fr.

Head Coach:
 Sarah Patterson
Assistant Head Coach:
 David Patterson
Assistant Coach:
 Bryan Raschilla
Volunteer Coach: Dana Dobransky



1998

REGULAR SEASON RECORD — 10-3-0
SEC CHAMPIONSHIPS — 4th
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 3rd

The Team:

Merritt Booth, Sr.
 Mandy Chapman, Jr.
 Lexa Evans, So.
 Becca Fields, So.
 Robin Hawkins, Fr.
 Katie Hornecker, Jr.
 Gina Logan, So.

April Makinson, Fr.
 Danielle McAdams, Sr.
 Shay Murphy, Sr.
 Lissy Smith, Fr.
 Gwen Spidle, Jr.
 Dara Stewart, Fr.

Head Coach:
 Sarah Patterson
Assistant Head Coach:
 David Patterson
Assistant Coach:
 Bryan Raschilla
Volunteer Coach:
 Dana Dobransky



1997

REGULAR SEASON RECORD — 13-2-0
SEC CHAMPIONSHIPS — 4th
NCAA CENTRAL REGIONALS — 2nd
NCAA CHAMPIONSHIPS — 9th

The Team:

Kim Bonaventura, Sr.
 Merritt Booth, Jr.
 Mandy Chapman, So.
 Lexa Evans, Fr.
 Becca Fields, Fr.
 Lisa Gianni, So.
 Lauren Graffeo, Fr.
 Heidi Harriman, Fr.

Gina Logan, Fr.
 Danielle McAdams, Jr.
 Shay Murphy, Jr.
 Heather Nasser, Jr.
 Rachel Rochelli, Fr.
 Gwen Spidle, So.
 Meredith Willard, Sr.
 Stephanie Woods, Sr.

Head Coach:
 Sarah Patterson
Assistant Head Coach:
 David Patterson
Assistant Coach:
 Bryan Raschilla

ALABAMA YEAR-BY-YEAR



1996

REGULAR SEASON RECORD — 12-1-0
SEC CHAMPIONSHIPS — 2nd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 1st

The Team:

Kim Bonaventura, Jr.
 Merritt Booth, So.
 Mandy Chapman, Fr.
 Lisa Gianni, Fr.
 Kim Kelly, Sr.
 Danielle McAdams, So.

Shay Murphy, So.
 Heather Nasser, So.
 Marna Neubauer, Jr.
 Gwen Spidle, Fr.
 Meredith Willard, Jr.
 Stephanie Woods, Jr.

Head Coach:
 Sarah Patterson
Assistant Coach:
 David Patterson
Assistant Coach:
 Scott Mackall



1995

REGULAR SEASON RECORD — 15-1-0
SEC CHAMPIONSHIPS — 1st
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 2nd

The Team:

Kim Bonaventura, So.
 Merritt Booth, Fr.
 Chasity Junkin, Sr.
 Kim Kelly, Jr.
 Danielle McAdams, Fr.

Shay Murphy, Fr.
 Heather Nasser, Fr.
 Marna Neubauer, Jr.
 Meredith Willard, So.
 Stephanie Woods, So.

Head Coach:
 Sarah Patterson
Assistant Coach:
 David Patterson
Assistant Coach:
 Scott Mackall



1994

REGULAR SEASON RECORD — 7-3-1
SEC CHAMPIONSHIPS — 2nd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 2nd

The Team:

Kim Bonaventura, Fr.
 Keri Duley, Sr.
 Sheryl Dundas, Sr.
 Kim Gigante, Fr.
 Chasity Junkin, Jr.
 Kim Kelly, So.

Marna Neubauer, So.
 Kara Stilp, Sr.
 Gretchen Stockley, Jr.
 Marti Watson, Sr.
 Meredith Willard, Fr.
 Stephanie Woods, Fr.

Head Coach:
 Sarah Patterson
Assistant Coach:
 David Patterson
Assistant Coach:
 Scott Mackall



1993

REGULAR SEASON RECORD — 9-2-0
SEC CHAMPIONSHIPS — 2nd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 2nd

The Team:

Dana Dobransky, Sr.
 Keri Duley, Jr.
 Sheryl Dundas, Jr.
 Dee Foster, Sr.
 Chasity Junkin, So.

Kim Kelly, Fr.
 Marna Neubauer, Fr.
 Jenny McKernan, Fr.
 Kara Stilp, Jr.
 Gretchen Stockley, So.
 Marti Watson, Jr.

Head Coach:
 Sarah Patterson
Assistant Coach:
 David Patterson
Assistant Coach:
 Scott Mackall



1992

REGULAR SEASON RECORD — 8-4-0
SEC CHAMPIONSHIPS — 2nd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 3rd

The Team:

Gina Basile, Sr.
 Dana Dobransky, Jr.
 Keri Duley, So.
 Sheryl Dundas, So.
 Dee Foster, Jr.
 Chasity Junkin, Fr.

Katherine Kelleher, Sr.
 Shea McFall, Sr.
 Kara Stilp, So.
 Gretchen Stockley, Fr.
 Holly Voorheis, Fr.
 Marti Watson, So.

Head Coach:
 Sarah Patterson
Assistant Coach:
 David Patterson



1991

REGULAR SEASON RECORD — 16-0-0
SEC CHAMPIONSHIPS — 2nd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 1st

The Team:

Gina Basile, Jr.
 Dana Dobransky So.
 Keri Duley, Fr.
 Sheryl Dundas, Fr.
 Dee Foster, So.
 Katherine Kelleher, Jr.

Shea McFall, Jr.
 Kim Masters, Sr.
 Tina Rinker, Sr.
 Kara Stilp, Fr.
 Marti Watson, Fr.

Head Coach:
 Sarah Patterson
Assistant Coach:
 David Patterson



1990

REGULAR SEASON RECORD — 14-1-0
SEC CHAMPIONSHIPS — 1st
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 2nd

The Team:

Gina Basile, So.
 Ali Blumberg, Sr.
 Dana Dobransky, Fr.
 Dee Foster, Fr.
 Katherine Kelleher, So.
 Shea McFall, So.

Kim Masters, Jr.
 Tina Rinker, Jr.
 Marie Robbins, Sr.
 Tracey Tillman, Sr.
 Cheri Way, Sr.

Head Coach:
 Sarah Patterson
Assistant Coach:
 David Patterson



1989

REGULAR SEASON RECORD — 13-3-0
SEC CHAMPIONSHIPS — 2nd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 3rd

The Team:

Wendy Anderson, So.
 Gina Basile, Fr.
 Ali Blumberg, Jr.
 Kelly Good, Sr.
 Katherine Kelleher, Fr.
 Kim Masters, So.

Michelle Maxwell, Fr.
 Shea McFall, Fr.
 Tina Rinker, So.
 Marie Robbins, Jr.
 Tracey Tillman, Jr.
 Cheri Way, Jr.

Head Coach:
 Sarah Patterson
Assistant Coach:
 David Patterson
Assistant Coach:
 Marc Cohen



1988

REGULAR SEASON RECORD — 14-3-0
SEC CHAMPIONSHIPS — 1st
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 1st

The Team:

Wendy Anderson, Fr.
 Alli Beldon, Sr.
 Kathy Bilodeau, Sr.
 Ali Blumberg, So.
 Kelly Good, Jr.
 Kim Masters, Fr.

Susie Pierce, Fr.
 Tina Rinker, Fr.
 Marie Robbins, So.
 Tracey Tillman, So.
 Cheri Way, So.

Head Coach:
 Sarah Patterson
Assistant Coach:
 David Patterson
Assistant Coach:
 Marc Cohen



1987

REGULAR SEASON RECORD — 12-5-0
SEC CHAMPIONSHIPS — 3rd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 4th

The Team:

Alli Beldon, Jr.
 Kathy Bilodeau, Jr.
 Ali Blumberg, Fr.
 Julie Estin, Sr.
 Lisa Farley, Jr.
 Kelly Good, So.

Jamie Jenkins, So.
 Marie Robbins, Fr.
 Tracey Tillman, Fr.
 Cheri Way, Fr.
 Ann Winston, So.

Head Coach:
 Sarah Patterson
Assistant Coach:
 David Patterson
Assistant Coach:
 Marc Cohen



1986

REGULAR SEASON RECORD — 18-2-0
SEC CHAMPIONSHIPS — 3rd
NCAA CENTRAL REGIONALS — 2nd
NCAA CHAMPIONSHIPS — 3rd

The Team:

Alli Beldon, So.
 Kathy Bilodeau, So.
 Julie Estin, Jr.
 Lisa Farley, So.
 Kelly Good, Fr.
 Penney Hauschild, Sr.

Jamie Jenkins, Fr.
 Stephanie Kehr, So.
 Patty O'Donohue, Fr.
 Cindy Wilson, Jr.
 Ann Winston, Fr.

Head Coach:
 Sarah Patterson
Assistant Coach:
 David Patterson
Assistant Coach:
 Marc Cohen





1985

REGULAR SEASON RECORD — 16-4-0
SEC CHAMPIONSHIPS — 2nd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 4th

The Team:

Alli Beldon, Fr.
 Kathy Bilodeau, Fr.
 Julie Estin, So.
 Lisa Farley, Fr.
 Penney Hauschild, Jr.

Stephanie Kehr, Fr.
 Barbara Mack, Jr.
 Patti Rice, Jr.
 Cindy Wilson, So.

Head Coach:
 Sarah Patterson
Assistant Coach:
 David Patterson
Assistant Coach:
 Marc Cohen



1984

REGULAR SEASON RECORD — 15-5-0
SEC CHAMPIONSHIPS — 3rd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 6th

The Team:

Julie Estin, Fr.
 Beverly Fry, So.
 Penney Hauschild, So.
 Stacey Helm, So.
 Nora Kirk, Jr.

Barbara Mack, Jr.
 Patti Rice, Jr.
 Wendy Wilfong, Fr.
 Cindy Wilson, Fr.

Head Coach:
 Sarah Patterson
Assistant Coach:
 David Patterson



1983

REGULAR SEASON RECORD — 15-1-0
SEC CHAMPIONSHIPS — 2nd
NCAA CENTRAL REGIONALS — 1st
NCAA CHAMPIONSHIPS — 4th

The Team:

Denise Balk, Sr.
 Beverly Fry, Fr.
 Julie Garrett, Sr.
 LuAnn Guzzetti, Jr.
 Penney Hauschild, Fr.
 Stacey Helm, Fr.

Nora Kirk, So.
 Patricia Kleckner, Sr.
 Barbara Mack, So.
 Patti Rice, So.
 Ann Wilhide, Sr.
 Wendy Wilfong, Fr.

Head Coach:
 Sarah Patterson
Assistant Coach:
 David Patterson



1982

REGULAR SEASON RECORD — 17-2-0
SEC CHAMPIONSHIPS — 2nd
NCAA CENTRAL REGIONALS — 2nd
IAIW NATIONAL CHAMPIONSHIPS — 4th

The Team:

Angie Alexander, So.
 Denise Balk, Jr.
 Kim Drane, Fr.
 Julie Garrett, Jr.
 LuAnn Guzzetti, Jr.

Nora Kirk, Fr.
 Patti Kleckner, Jr.
 Barbara Mack, Fr.
 Ann Wilhide, Jr.

Head Coach:
 Sarah Campbell
Assistant Coach:
 David Patterson



1981

REGULAR SEASON RECORD — 14-1-0
SEC CHAMPIONSHIPS — 4th

The Team:

Angie Alexander, Fr.
 Cindy DeLucas, Fr.
 Alison Green, So.
 LuAnn Guzzetti, So.

Patti Kleckner, So.
 Stacy Murin, So.
 Lisa Palk, So.
 Ann Wilhide, So.

Head Coach:
 Sarah Campbell
Assistant Coach:
 David Patterson



1980

REGULAR SEASON RECORD — 16-4-0

The Team:

Susan Blake, Fr.
 Beth Cook, Jr.
 Alison Green, Fr.
 LuAnn Guzzetti, Fr.
 Patti Kleckner, Fr.

Stacy Murin, Fr.
 Judie Norton, Sr.
 Lisa Palk, Fr.
 Ann Wilhide, Fr.

Head Coach:
 Sarah Campbell
Assistant Coach:
 David Patterson



1979

REGULAR SEASON RECORD — 7-7-0

The Team:

Debra Bodley, Jr.
Leslie Chrisman, Fr.
Judie Norton, Jr.
Snow White, Sr.

Kathy Willis, So.
Stacey Willis, Fr.
Ann Wood, So.

Head Coach:
Sarah Campbell
Assistant Coach:
David Patterson



1978

REGULAR SEASON RECORD — 6-7-0

The Team:

Holley Brauer, So.
Cindy Dorman, Jr.
Beth Mandy, Jr.

Judie Norton, So.
Patty Sprado, Jr.
Snow White, Jr.

Kathy Willis, Fr.
Ann Wood, Fr.
Head Coach: Tom Steele



1977

REGULAR SEASON RECORD — 1-7-0

The Team:

Cindy Beckler, So.
Melissa Hunt, Fr.
Beth Mandy, So.
Judie Norton, Fr.

Patty Sprado, So.
Carla Spruill, So.
Janice Stramiello, So.
Snow White, So.

Head Coach: Phyllis Draper



1976

REGULAR SEASON RECORD — 3-7-0

The Team:

Cindy Beckler, Fr.
Sherry Johnson, Fr.
Beth Mandy, So.

Becky Payne, Fr.
Patty Sprado, Fr.
Beth Troxell, Fr.

Harriet Troxell, Fr.
Snow White, Fr.
Head Coach: Sheila Hill



1975

REGULAR SEASON RECORD — 4-4-0

The Team:

Deane Chapman, Fr.
Carmen Charnock, Fr.
Lucy Harris, Sr.
Joy Kelly, Sr.

Pam McAneny, Jr.
Debbie Moore, So.
Francie Scarborough, So.
Susan Smith, So.

Janice Stramiello, So.
Head Coach: Riki Sutton

RECORDS

Team Records

Team Total

198.075	NCAA Central Regional 4/13/96
198.025	NCAA Champ. - Super Six 4/26/96
198.000	NCAA Regional 4/3/01
197.975	Auburn 3/1/03
197.950	SEC Championships 3/20/04
197.925	Florida 1/30/04
197.900	NCAA Regional 4/6/02
197.825	LSU 3/6/99
197.800	UMass 2/21/99
197.725	Michigan 3/12/04
197.650	UCLA 3/16/02
197.600	LSU 1/23/04
197.575	NCAA Champ. - Super Six 4/19/02
197.575	SEC Championship 3/29/03
197.550	Georgia 3/1/96
197.550	Georgia 2/20/04
197.525	Penn State 3/17/01
197.500	Georgia 2/16/01
197.475	Auburn 1/26/07
197.425	SEC Championship 3/23/01
197.425	Kentucky 3/8/02
197.400	LSU 2/14/03
197.400	NCAA Champ. - 4/22/05
197.375	Auburn 3/16/07
197.350	LSU 2/2/01
197.325	LSU 2/21/97
197.325	Arkansas 2/27/04
197.325	SEC Championship 3/29/08
197.300	NCAA Regional 4/1/00
197.300	NCAA Regional 4/12/08
197.300	Penn State 3/14/08
197.275	NCAA Champ. - Super Six 4/25/03
197.250	Georgia 2/15/02
197.250	LSU 3/2/07

Vault

49.775	NCAA Champ. - Super Six 4/26/96
49.750	SEC Championships 3/35/95
49.675	Georgia 2/20/04
49.625	SEC Championships 3/20/04
49.625	Auburn 3/1/03
49.625	NCAA Champ. - Super Six 4/22/05

Uneven Bars

49.625	NCAA Central Regional 4/7/01
49.600	Penn State 2/19/99
49.575	NCAA SE Regional 4/6/02
49.550	NCAA Central Regional 4/13/96
49.550	Minnesota 1/30/99
49.550	Auburn 1/30/00

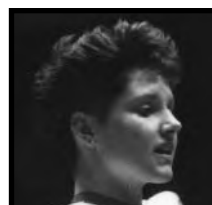
Balance Beam

49.725*	NCAA SE Regional 4/6/02
49.625	UMass 1/21/99
49.550	Georgia 1/18/03
49.500	NCAA Central Regional 4/8/95
49.500	Quad Meet 3/8/97

Floor Exercise

49.700	Georgia 2/16/01
49.675	SEC Championships 3/20/04
49.650	Auburn 3/21/08
49.625	NCAA Champ. - Super Six 4/26/96
49.625	Auburn 3/1/03
49.600	Nebraska 2/2/02
49.600	Kentucky 3/8/03
49.600	Georgia 3/15/03
49.600	SEC Championships 3/29/03
49.600	Super Six Challenge 1/9/04
49.600	Florida 1/30/04
49.600	NCAA Champ. - Super Six 4/22/05

* NCAA Record



From the left — Dee Foster, Kim Kelly, Meredith Willard, Shay Murphy and Ashley Miles all earned 10.0s on the floor exercise during their Crimson Tide careers.

Individual Records

All-Around

39.850	André Pickens	UCLA 3/16/02
39.850	Jeana Rice	SECs 3/20/04
39.800	Dee Foster	NCAA Central Regional 4/3/93, NCAA - Super Six 4/16/93
39.775	Meredith Willard	Quad Meet 3/8/97
39.750	Dee Foster	Kentucky 1/30/93, UGA 2/26/93
39.750	Kim Kelly	LSU 3/18/94, NCAA Central Regional 4/13/96
39.750	Jeana Rice	Michigan 1/31/03, UGA 3/15/03

Vault

10.000	Dee Foster	UGA 3/14/92, Auburn 1/16/93, UGA 1/22/93, Kentucky 1/30/96, NCAA - Super Six 4/16/96
10.000	Kim Kelly	UGA 3/12/94, UGA 3/4/95, SEC 3/25/95, NCAA Central Regional 4/8/95, Auburn 3/19/96, NCAA - Super Six 4/26/96
10.000	Danielle McAdams	NCAA - Super Six 4/26/96
10.000	André Pickens	UMass 2/21/99, Kentucky 2/26/99, LSU 2/8/02, UCLA 3/16/02
10.000	Ashley Miles	Auburn 3/1/03, NCAA Prelims 4/24/03, NCAA Event Finals 4/26/03, Florida 1/30/04, Kentucky 2/13/04, LSU 1/21/05, Auburn 2/4/05, NCAA - Super Six 4/22/05
10.000	Jeana Rice	UGA 3/15/03
9.975	Kim Kelly	LSU 3/18/94, SEC Champ. 3/26/94, NCAA 4/21/94
9.975	Chasity Junkin	SEC Champ. 3/25/95
9.975	Merritt Booth	SEC Champ. 3/25/95
9.975	Kim Bonaventura	Kentucky 2/7/97
9.975	André Pickens	Nebraska 2/2/02, UGA 2/15/02, Florida 2/22/02, Auburn 3/1/02
9.975	Jeana Rice	Kentucky 3/8/03, Arkansas 2/27/04, SECs 3/20/04
9.975	Ashley Miles	UGA 3/15/03, Kentucky 2/11/05, UGA 2/18/05, Auburn 1/27/06
9.975	Alexis Brion	Georgia 2/20/04, Michigan 3/12/04
9.975	Kayla Hoffman	UCLA Quad 3/9/08

Uneven Bars

10.000	Dee Foster	LSU 2/12/93
10.000	André Pickens	Minnesota 1/30/99, UMass 2/21/99, UGA 3/4/00, UGA 2/16/01, Auburn 2/10/02
10.000	Natalie Barrington	UGA 2/16/01
9.975	Stephanie Woods	NCAA - Event Finals 4/27/96
9.975	André Pickens	Auburn 1/22/99, Penn State 2/19/99, Regionals 4/6/02
9.975	Dara Stewart	NCAA Regional 4/1/00
9.975	Jeana Rice	Michigan 1/31/03, LSU 1/23/04

Balance Beam

10.000	Dana Dobransky	UGA 2/26/93, NCAA - Event Finals 4/17/93
10.000	Stephanie Woods	Kentucky 2/7/97
10.000	Raegan Tomasek	UMass 2/21/99
10.000	Jeana Rice	UGA 1/18/03
9.975	Danielle McAdams	Florida 1/24/97
9.975	Lissy Smith	UMass 2/21/99
9.975	Jeana Rice	SECs 3/20/04

Floor Exercise

10.000	Dee Foster	SE Missouri St./Minnesota 2/6/93, UGA 2/26/93
10.000	Kim Kelly	NCAA Central Regional 4/13/96, NCAA - Super Six 4/26/96, NCAA - Event Finals 4/27/96
10.000	Meredith Willard	LSU 2/21/97, Quad Meet 3/8/97
10.000	Shay Murphy	Utah State 3/14/98
10.000	Ashley Miles	NCAA Central Regional 4/12/03, SECs 3/20/04, NCAA - Super Six 4/22/05
9.975	Dee Foster	NCAA Central Regional 4/3/93
9.975	Kim Kelly	LSU 3/18/94, NCAA - Event Finals 4/23/94, NCAA - Prelims 4/25/96
9.975	André Pickens	Minnesota 1/30/99, UCLA 3/16/02
9.975	Jeana Rice	UGA 2/16/01, NCAA Central Regional 4/7/01
9.975	Kristin Sterner	UGA 2/16/01, Nebraska 2/2/02, Auburn 3/1/03
9.975	Michelle Reeser	Auburn 2/10/02
9.975	Morgan Dennis	Auburn 1/26/07, Auburn 3/21/08

Coleman Coliseum Records

Individual Records

All-Around

39.850 Andréé Pickens (Alabama) 3/16/02

Vault

10.00 Dee Foster (Alabama) 1/30/93
 Hope Spivey-Sheeley (Georgia) 2/26/93
 Jenny Hansen (Kentucky) 3/20/93, 4/25/96
 Kim Kelly (Alabama) 3/4/95, 3/16/96, 4/26/96
 Kim Arnold (Georgia) 3/4/95
 Leah Brown (Georgia) 4/25/96, 4/26/96, 4/27/96
 Danielle McAdams (Alabama) 4/26/96
 Andréé Pickens (Alabama) 2/26/99, 3/16/02
 Ashley Miles (Alabama) 3/1/03, 4/12/03, 1/30/04, 1/21/05, 2/4/05
 Jeana Rice (Alabama) 3/15/03

Uneven Bars

10.00 Dee Foster (Alabama) 2/12/93
 Andréé Pickens (Alabama) 1/30/99, 3/4/00, 2/24/01
 Natalie Barrington (Alabama) 2/24/01

Balance Beam

10.00 Dana Dobransky (Alabama) 2/26/93
 Stephanie Woods (Alabama) 2/7/97

Floor Exercise

10.00 Dee Foster (Alabama) 2/6/93
 Hope Spivey-Sheeley (Georgia) 2/26/93, 3/20/93
 Kim Kelly (Alabama) 4/26/96, 4/27/96
 Heidi Hornbeek (Arizona) 4/27/96
 Meredith Willard (Alabama) 2/21/97, 3/8/97
 Shay Murphy (Alabama) 3/14/98
 Ashley Miles (Alabama) 4/12/03

Team Records

Team Total

198.025 Alabama 4/26/96
 198.000 Alabama 4/7/01
 197.925 Alabama 1/30/04
 197.825 Alabama 3/6/99
 197.650 Alabama 3/16/02

Vault

49.775 Alabama 4/26/96

Uneven Bars

49.625 Alabama 4/7/01

Balance Beam

49.500 Alabama 3/8/97
 49.500 UCLA 4/26/96

Floor Exercise

49.700 Alabama 2/16/01

ADDING UP CRIMSON TIDE SUCCESS



1 Alabama has finished No. 1 in the nation four times. The first time came in 1988 and the latest was in 2002. The Tide is one of only four programs in NCAA history to win an NCAA title.

2 Alabama has finished in the top-2 nationally 10 times since first breaking into the top-10 in 1983.

3 Three Crimson Tide gymnasts have been named H. Boyd McWhorter SEC Scholar-Athlete of the Year, an award that spans all sports and all schools.

4 Four Crimson Tide gymnasts have been named Southeastern Conference Female Athlete of the Year, an award that spans all sports and all schools.

5 Five times an Alabama Gymnast has won the NCAA All-Around Title with Jeana Rice winning the latest Tide title in 2004.

6 Alabama has won the Honda Award for Gymnastics, which recognizes the national gymnast of the year, six times, including Ashley Miles in 2006.

9 Since it's inception in 1991, Alabama has had nine gymnasts named NCAA Woman of the Year for the State of Alabama, including four that went on to be named top-10 finalists for the award. Those figures lead the nation. The next closest program has four.

10 Alabama gymnasts have earned 10 NCAA Postgraduate Scholarships over the years, a total that leads the nation by a healthy margin.

17 Dee Foster's 17 first-team All-American honors stands as the NCAA career record.

21 Individual national championships are hard to come by, but the Crimson Tide has won 21. Over the last seven seasons Alabama has won nine individual championships.

26 The Crimson Tide has gone to 26 consecutive NCAA Championships, the second longest streak in the championship history.

31 For 31 years, Alabama has been led by Sarah and David Patterson a span that has included unprecedented success in the gym, the classroom and in the lives of their gymnasts.

127 Alabama gymnasts have earned Scholastic All-American honors 127 times since the award's inception in 1991.

184 Since the award was first given in 1984, Alabama gymnasts have earned SEC Academic Honor Roll honors 184 times, more than two-dozen better than the next school.

229 Every year Alabama has some of the nation's top gymnasts, which is why every year, Alabama adds to its All-American count. Since 1982, the Crimson Tide has had 52 gymnasts rack up 229 honors.

The Power of Pink



This season marks the fifth anniversary of Alabama Gymnastics' "Power of Pink" initiative, designed to raise awareness for the fight against breast cancer. The Crimson Tide will host its fifth "Drive 4 the Cause" meet Friday, February 27, 2009. The last three "pink" meets have drawn sellout crowds and all together nearly 60,000 fans have filled Coleman Coliseum with pink in support of this vital cause over the past four years. That growth hasn't been limited to the Tuscaloosa area or even the state of Alabama. The Power of Pink has gone nationwide. Since the Crimson Tide hosted its first meet in 2005, more than three dozen of the nation's top gymnastics programs have either hosted or participated in a "pink" meet, including every member of the Southeastern Conference. The "Power of Pink" also supports the Alabama Gymnastics/DCH Foundation Breast Cancer Fund which has raised more than \$750,000 for the fund which provides breast cancer screenings and treatment for the less fortunate in the Tuscaloosa community.



A Championship Tradition